

# 2015 BC Masters Track & Field Records

10

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In 2015, there were 49 new BC Masters Outdoor records broken and 1 was tied. Of these, 20 were Canadian records and 2 were World records. Record application forms are missing for the following 3 records: Norm Lesage's 100m, Marilyn Arsenault's 3000m and Nardene Hammond's 5000m Race Walk.

\* All records are pending until approved by the BC Athletics Board at the 2015 AGM

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
<b>100M</b>						
M85	18.00 -1.0	Norm Lesage	85	25/04/15	Surrey, BC	CRp
M95	1:18.82 -0.2	William Falconer	95	27/08/15	Burnaby, BC	CR
W35	13.19 1.4	Natasha Bacchus	37	13/06/15	Coquitlam, BC	
W60	14.60 1.0	Elaine Whidden	60	04/07/15	Burnaby, BC	
<b>200M</b>						
M90	39.99 -1.1	Norm Lesage	85	26/08/15	Burnaby, BC	
W60	30.27 1.4	Elaine Whidden	60	05/07/15	Burnaby, BC	
<b>400M</b>						
W65	1:19.39	Sandra Bissessur	65	28/08/15	Burnaby, BC	
W85	2:11.85	Lenore Montgomery	85	28/08/15	Burnaby, BC	CR
<b>800M</b>						
W85	4:39.14	Lenore Montgomery	85	05/07/15	Burnaby, BC	WR (broken)
W85	4:33.86	Lenore Montgomery	85	27/08/15	Burnaby, BC	CR
<b>1500</b>						
M75	5:56.11	Herb Phillips	75	28/08/15	Burnaby, BC	
M85	7:59.56	Maurice Tarrant	85	16/05/15	Victoria, BC	CR
W85	9:06.76	Lenore Montgomery	85	28/08/15	Burnaby, BC	CR
<b>3000M</b>						
M85	17:01.99	Maurice Tarrant	85	30/05/15	Victoria, BC	CR
W45	9:44.94 p	Marilyn Arsenault	47	30/05/15	Victoria, BC	CRp
<b>5000M</b>						
M75	20:51.35	Herb Phillips	75	26/08/15	Burnaby, BC	
M85	30:12.55	Maurice Tarrant	85	26/08/15	Burnaby, BC	CR
W85	32:36.20	Lenore Montgomery	85	26/08/15	Burnaby, BC	WR
<b>SPRINT HURDLES</b>						
M75	18.96 0.5	Lynn Thompson	76	26/08/15	Burnaby, BC	
W65	17.90 -0.5	Deborah Lee	65	18/07/15	Seattle, WA	
<b>2000 STEEPLECHASE</b>						
M60	7:55.08	Reidar Zapf-Gilje	63	19/06/15	Langley, BC	
<b>4 x 100M RELAY</b>						
W55	1:01.43	Urith Hayley(64), Cindy O'Brien Hugh(57)		27/08/15	Burnaby, BC	

			Marie Johnson(62), Elaine Whidden(60)					
W60	1:03.74		Deborah Lee (64), Christa Bortignon (78) Urith Hayley (64), Elaine Whidden (60)		26/05/15	Eugene, OR	<b>CR</b>	
<b>4 x 400M RELAY</b>								
W60	5:27.92		Marie Johnson (62), Christa Bortignon (78) Valerie Scott (60), Elaine Whidden (60)		07/07/15	Surrey, BC	<b>CR</b>	
<b>LONG JUMP</b>								
M90	1.40	1.1	Harry Thompson	92	20/06/15	Langley, BC		
<b>TRIPLE JUMP</b>								
M60	9.98	1.8	Reidar Zapf-Gilje	63	26/08/15	Burnaby, BC		
M90	3.68	-0.8	Harry Thompson	92	21/06/15	Langley, BC		
W65	8.35	-0.9	Deborah Lee	65	18/07/15	Seattle, WA		
<b>HIGH JUMP</b>								
M65	1.50	tie	John Hawkins	66	28/08/15	Burnaby, BC		
<b>POLE VAULT</b>								
M65	2.80		John Hawkins	66	27/08/15	Burnaby, BC		
M80	2.02		Gerard Dumas	80	24/09/15	Victoria, BC		
M85	1.00		Douglas Monds	86	27/08/15	Burnaby, BC	<b>CR</b>	
W45	3.03		Nancy Craig	49	09/05/15	Victoria, BC	<b>CR</b>	
<b>SHOT PUT</b>								
M85	8.98		Rainer Sillantaus	85	28/08/15	Burnaby, BC		
<b>DISCUS THROW</b>								
<b>JAVELIN THROW</b>								
M85	19.91		Rainer Sillantaus	85	26/08/15	Burnaby, BC		
M90	16.78		Scot Henney	90	26/08/15	Burnaby, BC		
W65	25.27		Marilyn Benz	65	20/06/15	Langley, BC	<b>CR</b>	
<b>HAMMER THROW</b>								
W70	27.79		Kathy Brand	72	16/05/15	Kamloops, BC	<b>CR</b>	
W80	22.46		Myrtle Acton	82	27/08/15	Burnaby, BC	<b>CR</b>	
<b>WEIGHT THROW</b>								
M60	16.95		Dave McDonald	61	25/04/15	Surrey, BC		
<b>M90</b>	<b>7.89</b>		<b>Jim Murray</b>	<b>90</b>	<b>31/07/05</b>	<b>Edmonton, AB</b>		
			<b>(missed from earlier years, result from Throws pentathlon)</b>					
W65	12.21		Rose Hare	66	19/06/15	Langley, BC	<b>CR</b>	
<b>SUPERWEIGHT</b>								
M45	6.28		Jody Cranston	46	30/08/15	Seattle, WA		
M60	8.19		Dave McDonald	61	11/04/15	Coos Bay, OR		
<b>THROWS PENTATHLON</b>								
<b>PENTATHLON</b>								
M60	3575		Reidar Zapf-Gilje	63	13/06/15	Tonsberg, Norway	<b>CR</b>	
			(4.58 w=0.0/684), 38.05/645, 29.01 w=0.0/677, 38.37/680, 5:13.42/889)					
<b>1500M RACE WALK</b>								
M70	10:44.58		Arthur Gee	72	05/07/15	Burnaby, BC		

W60	10:25.40	Suzanne Sharp	61	25/07/15	Tumwater, WA	
<b>3000M RACE WALK</b>						
M70	20:39.30	Jim Dyer	72	19/06/15	Langley, BC	
M75	27:22.35	Mac McNair	79	19/06/15	Langley, BC	
<b>5000M RACE WALK</b>						
W40	25:42.01	<b>p</b> Nardene Hammond	42	03/03/15	Vancouver, BC	<b>CRp</b>
<b>5K ROAD WALK</b>						
<b>10K ROAD WALK</b>						
W40	57:02	Nardene Hammond	43	10/08/15	Lyon, FRA	
<b>20K ROAD WALK</b>						
W40	1:57.00	Nardene Hammond	43	14/08/15	Lyon, FRA	
<b>CR</b>	Bettors listed Canadian record					
<b>WR</b>	Bettors listed World record					
<b>p</b>	pending completed record form					