Key Performance Indicators – 2013-2016 Strategic Plan (Sport Development) & BC Sport Participation Program target numbers

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<tbody>
<tr>
<td>Growth in RJT annual participants</td>
<td>13,203</td>
<td>16,771 (BCSPP 14,000)</td>
<td>5,357*</td>
<td>16,000 (BCSPP 16,000)</td>
<td>-59%*</td>
<td>75% increase from 2012 20,812</td>
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<tr>
<td>Growth in RJT trained instructors</td>
<td>270</td>
<td>500</td>
<td>228*</td>
<td>550</td>
<td>-15%*</td>
<td>75% increase from 2012 651</td>
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<tr>
<td>Courses Hosted</td>
<td>19</td>
<td>40</td>
<td>29*</td>
<td>41</td>
<td>+53%*</td>
<td>-</td>
</tr>
<tr>
<td>Growth in Track Rascals participants</td>
<td>331</td>
<td>400</td>
<td>401*</td>
<td>406</td>
<td>+21%*</td>
<td>100% increase from 2012 406</td>
</tr>
<tr>
<td>Growth in Track Rascals programs</td>
<td>17</td>
<td>20</td>
<td>19*</td>
<td>18</td>
<td>+12%*</td>
<td>100% increase from 2012 34</td>
</tr>
<tr>
<td>Total number of RJTW sessions</td>
<td>180</td>
<td>-</td>
<td>95*</td>
<td>200</td>
<td>-47%*</td>
<td>75% increase from 2012 222</td>
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*As of November 23, 2015 – other programs and courses pending through the end of the year (March 31, 2016).

Run Jump Throw Wheel – 2015-16 Initiatives from BC Sport Participation Program 2015-16 Funding Application (as related to Strategic Plan objectives)

** = potential Club involvement

### RUN JUMP THROW WHEEL PROGRAM EXPANSION

**Outcomes:**
- Formal inclusion of ‘wheel’ to the program and revision of program structure
  - New logo (Run Jump Throw Wheel)
  - New course formats currently being developed to provide a more tailored package of RJTW services to organizations that request training (school, recreation, club, disability specific etc.) – new shortened NCCP credit course
  - Addition of wheel module to instructor course (piloted September 2015)
  - Specific lesson plans being developed for the following priority groups in 2015-16:
    1. School – split into grades 1-2, 3-4 & 5-6
    2. After-school program
    3. Recreation
- Introduction of RJTW ‘Delivery Partner’ registration through new RJTW Web Portal
  - Launch of RJTW Web Portal site September 2015 [www.runjumpthrowwheel.ca](http://www.runjumpthrowwheel.ca) – a centralized source of program information, local program finder, and registration as a delivery partner for additional benefits which include: national recognition, customized promotional material, preferred pricing on equipment, tailored lesson plans & program templates – coming in 2016
  - Delivery partner registration fees vary and are TBC (BC Athletics Member Clubs with Track Rascals programs, no fee payment required!) Clubs can register their Track Rascals program online.
• Addressing the gap in regularly delivered quality physical literacy programming offered for children with a disability
  - Strengthening partnership with BC Wheelchair Sports and other Disability Sport Organizations and look for program delivery collaboration opportunities – BCWSA is involved with RJT wheel program development at the national level specifically in providing guidance on proper wheel technique and how to adapt RJTW activities
  - RJTW & Let’s Play program partnership deliveries
**- Hosting of disability focused workshops – wheel specific workshop for RJTW LF’s/instructors is planned for April 2016**

Challenges:

- Although RJTW program delivery partners are not required to include a wheel component to their program, they are encouraged to where equipment permits – additional equipment (wheelchairs) are not available at all major partner organizations and schools for inclusion of wheeling activities for all participants
- Current adaptations to activities for disabilities in RJTW training manuals require updates. LF’s delivering instructor training may require more experience in adapting activities to different disability groups (not just for those in wheelchairs) as the level of comfortability in doing so may not be high

**II FACILITATOR & INSTRUCTOR TRAINING**

- There are currently at least 2 LF’s trained to deliver RJT courses/programs in every BC Games Zone
- Training of new instructors to sustain ongoing delivery of programs (recreation, school, club etc.)
- Increased involvement with university students who have taken RJT embedded training within their respective program (Prince George, Cranbrook, Vancouver and Victoria have existing training)

Outcomes:

- Continual identification and training of new LF’s needed to cost effectively host instructor training/program deliveries in all regions of BC
- Identification of key community members/parents by clubs that can be trained to be RJTW instructors! RJTW is the first step on the Athletics Coach pathway!

Challenges:

- Identification of new potential RJTW leaders (instructors & LF’s)
- Balance needed between training of LF’s to deliver their own fully sustainable RJTW programs within their own organizations and providing enough available LF’s to sustain RJTW program development and demand for instructor courses initiated by BC Athletics

III POSITION RJTW WITHIN THE BC EDUCATION SYSTEMS AS THE CRITICAL TOOL FOR PHYSICAL LITERACY TRAINING AND DEVELOPMENT

- Revise and tailor Teacher RJTW course (part of RJTW Program Expansion – Initiative I)
- Emphasize RJTW Teacher Training instructor course as a Professional Development option to schools and school districts (part of RJTW Program Expansion – Initiative I)
• Create connections between After-School Sport and Art Initiative coordinators with schools to establish training opportunities for teachers and ASSI program leaders (combine training).

**Outcomes:**

• Training of instructors with flexible schedules to be available during school hours (university students).

  - Students’ receive course credit towards degrees while also gaining practical experience in delivering RJT.
  - Student instructors can complete practical experience as being linked to a track and field club in their local community
  - Identify key students that could be developed as ‘senior instructors’ and LF’s
  - Work with clubs in communities to partner with colleges/universities to create further partnership

• New pilot teacher mentorship program under development with viaSport and DASH to provide elementary generalist teachers within select Vancouver schools physical literacy training through delivery of RJTW – planning for 2016

**Challenges:**

• To increase program delivery within schools, certified instructors and/or LF’s are required to be available to deliver the RJTW program or instructor courses during school (weekday) hours. Currently lack of availability during this time presents a large barrier for booking deliveries and instructor courses to schools

• Lack of ongoing/consistent RJTW program delivery throughout school year (beyond one-time direct delivery in a school)

• Challenge in making appropriate connections with school districts or school administration

2015 Highlights

• Received BC Sport Participation Program funding for the 2015-2016 program year ($25,000) – BCSPP year: April 1, 2015 - Mar 31, 2016

• RBC Learn to Play grant ($6,000) for RJTW program received September 2014. Funding was used to host RJTW Instructor training held in Nelson, Creston and Cranbrook in 2015. (Training of 3 new LF’s & 44 trained instructors!) and support initiation of new programs in Nelson & Creston (Nelson Regional Sports Council & Creston Recreation) – new PacificSport center in Castlegar will further support development of RJTW program in Kootenays region

• RJTW showcase at the International Physical Literacy Conference June 14, Vancouver BC. Active session held for ~150 conference delegates to try out the program – a big success!

• 1st annual Hershey Youth Series hosted by Ocean Athletics (included a RJTW Demo) July 2015

• Successfully received Canadian Paralympic Committee System Development Funding ($7500) which will contribute to wheel development initiatives in 2015-16

2015 Planned Initiatives

• Continued development of programs to lead to 75% increase by 2016

• **BC Athletics TRACK RASCALS summer camps – leaders needed!! Planning for July/August camps in Burnaby

• Source out funding opportunities to supplement BCSPP funding – small grants to support individual projects

• Make connections with new potential delivery partners (recreation, school, sport groups etc.) to incorporate RJT program into programming – new RJTW program development at Richmond Olympic Oval
Hershey Youth Series, RJTW Demo – July 25th, 2015

City of Surrey Move for Health Day – May 8th, 2015

International Physical Literacy Conference, RJTW Active Session – June 14th, 2015

Let’s Play & RJTW Delivery – March 1st, 2015