

Gary Reed

Current athletes:

- Tegan Heshka
  - Logan Hwang
  - Calum Carrigan
  - Ty Fuoco
  - Faryn Brown
  - Ian Polos
  - Lauren Brouwer
  - Hanneli Ladyman
  - Alyssa Herrera
  - Holly Antifay
  - Martina Antifay
  - Christopher Crowe
  - Kiara MACK
  - Zoe PAUL
  - Courtney Sauer
  - Alexander Spice
  - Stephan Kruger
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- There have been several new additions to the training group this fall. Several athletes have joined the group with diverse training backgrounds such as triathlon, CC skiing and speed skating. These new talents have brought a raised level of high performance to the group and have made a positive contribution.
  
  - Cross country season came to an end this past weekend with several athletes in our group competing and doing well. As we now focus our attention to the indoor season we will be looking for more strong performances.
  
  - One of the great achievements for the 2015 CC season was having 5 athletes qualify for the provincial championships. (results to follow) I am very pleased with the effort all the athletes in the group.

I am very much looking forward to 2016 and am excited about all the positive experiences that this talented group has to look forward to.

Yours in sport

Gary Reed.

Please see the table of results/ placings for the athletes who competed during this CC season.

October 3, 2015 – TRU-UBCO dual meet

Boys - High school division	Girls – High school division
Josh Ogilvie: 1st place	Sophie Ogilvie: 1 <sup>st</sup> place
Logan Hwang: 2nd place	
Calum Carrigan: 3rd place	

Oct 7, 2015 W Kelowna OCSAA Race #3

Senior Boys (6000m)	Junior girls (4000m)
Josh Ogilvie: 5 <sup>th</sup> place: time: 20:43	Sophie Ogilvie: 3 <sup>rd</sup> place: time 14:09

October 14, 2015 – Kalamalka Lake Park; Okanagan North Zone race

Junior Boys	Junior girls
Logan Hwang: 1 <sup>st</sup> place: time: 23:24	Sophie Ogilvie: off course: no place, no time
Calum Carrigan 2 <sup>nd</sup> place: time; 23:36	
Senior boys	
Josh Ogilvie: 4 <sup>th</sup> place: time: 22:58	

October 27, 2015 - 2015 O.V.S.A.A. Championships (Valley Championships) (those in red qualified for provincials)

Junior boys (6300m)	Junior girls (4800m)
Logan Hwang: 2 <sup>nd</sup> place: time n/a	Sophie Ogilvie: 6 <sup>th</sup> place: time n/a
Calum Carrigan: 8 <sup>th</sup> place: time: n/a	Hannneli Ladyman: 13 <sup>th</sup> place: time n/a
Stephan Kruger: 30 <sup>th</sup> place: time n/a	Kiara Mack: 23 <sup>rd</sup> place: time n/a
Senior Boys (6300m)	Senior girls (4800m)
Josh Ogilvie: 4 <sup>th</sup> place: time: 24:15.00	Courtney Sauer: 24 <sup>th</sup> place: time 26:40

Nov 7<sup>th</sup>, 2015 - 2015 BC high school cross country championships

Junior boys	Junior girls
Logan Hwang: place: 10 <sup>th</sup> time 18:54	Sophie Ogilvie: place: 54 <sup>th</sup> time 20:37
Calum Carrigan: place: 46 <sup>th</sup> time: 20:06	Hannneli Ladyman: place: 57 <sup>th</sup> time 20:40
Senior Boys	
Josh Ogilvie: place 67 <sup>th</sup> : time: 27:28	