

## Roberta Tetlock

Initiatives undertaken in 2015 that relate to the 2013-2016 Strategic Plan objectives.

### Coaching Education & Development

Zone 2 Clubs hosted a variety of clinics available to educate and develop Coaches

- Kelowna – 2 Pro D clinics - Club Coach Clinic - Road Running Sport Coach
- Kamloops – Club, Sport, & Performance Coach clinics  
all clinics were well attended
- Run, Jump, Throw, Wheel presentations/course in Cranbrook.

### Competition

- Trail, Kelowna, Kamloops & Vernon clubs, working on recruiting/training Officials  
each club hosted clinics and/or had members attend level 1 & 2 officiating clinics
- OAC added 3 twilight meets to the competition calendar
- KTFC hosted a minimum of 8 meets offering a full range of competitions from Elementary School relays to Provincial Championships.
- Vernon's new multi-use sports facility up and running, VAA now has a home track/field to grow on.
- Running Clubs hosted a variety of events including weekly drop in runs, 2 events in the Timex Road Running Series, and 7 Canadian Tire Interior Road Race Series Events

### Outcomes of the initiatives

- Increased number of qualified, confident coaches – ability to offer more in training programs
- Clubs more self-sufficient when hosting competitions.
- Mini-meets create opportunities for training of Officials, Coaches, Executive, and Athletes.
- Performance growth, Athletes & Coaches have enjoyed an increase in athlete PB's, podium finishes, Athletes & Coaches named to Provincial & National Teams.
- Anticipating growth of club and competition with Vernon's new facility.
- Kelowna included in the new BC Super Series (Road Race)

### Challenges

- TIME, never enough time! Recruiting/retaining volunteers, managing workloads, avoiding burnout.
- marketing the sport/club in the local communities
- the need to grow membership while maintaining the status quo
- supporting high performance Athlete needs. (proper equipment, coach time, travel, competition, specialized training & finances).

### 2015 Highlights

Zone 2 Athletes compete around the World

\* World Youth (Cali Colombia July) - Hannah Bennison - Glynis Sim - Sean Bergman –all finished in the Top Ten

\* Deca Star (Talence France Sept) - James Turner – 8<sup>th</sup>

\* IPC Athletics World Champs (Doha Qatar Oct.) - Tristan Smith - Kelly Smith (Coach)

Zone 2 Athletes/Coaches on the National Stage

\* WCSG\_(Wood Buffalo, Alta) - Coach Pat Sima-Ledding

Jerome Blake –Gold 100m & 200m

John Gay – Silver 3000 STC

Rostam Turner – Gold Discus & Decathlon

Alex Smith- 5<sup>th</sup> PV

Keely Watts-Watling – Silver Heptathlon & 7<sup>th</sup> Javelin

Tyra Gilbert – 100mH 5<sup>th</sup> – TJ-7<sup>th</sup> –LJ 10<sup>th</sup>

\* Legions (St. Therese, Quebec Aug) Manager - Dan Horan & Coach - Ian Cameron

Sean Bergman - Gold & new record 2000 StC

Glynis Sim - Gold 2000StC & Silver 1500m

Trinity Hansma – 4<sup>th</sup> HJ

\* Canadian Jnr/Snr Championships (Edmonton, Alta) – Coach Derek Evely

Congrats to: Lauren Stuart Silver Hammer - John Gay Bronze 5000 Silver 3000StC – Aaron Stroda Gold Hammer

Zone 1&2 Athletes have earned a fair share of medals and awards at the Provincial level as well. A good showing at BC Masters Championships, BC High Schools, BC Champs Jamboree, and the BC JD Championships.

2016 BC Athletics Board of Directors position open for nominations – interested in representing Zone 1&2 Please check out the information on the BC Athletics website or contact [rltetlock@shaw.ca](mailto:rltetlock@shaw.ca) for info.