Sheldan Gmitroski & Richard Collier

1. New records for British Columbia

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance</th>
<th>Athlete</th>
<th>Club</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>Midget Female Shot put 3k</td>
<td>15.19</td>
<td>Dolly Gabri</td>
<td>UNB</td>
<td>06.06.15</td>
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<tr>
<td>Midget Female discus 1k</td>
<td>45.29</td>
<td>Dolly Gabri</td>
<td>UNB</td>
<td>08.07.15</td>
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<tr>
<td>Youth Female Hammer 4k</td>
<td>56.20</td>
<td>Camryn Rogers KJA</td>
<td>UNB</td>
<td>07.04.15</td>
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<tr>
<td>Youth Female Hammer 3k</td>
<td>65.16</td>
<td>Camryn Rogers KJA</td>
<td>UNB</td>
<td>07.10.15</td>
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<tr>
<td>Youth Female Shot Put 3k</td>
<td>15.23</td>
<td>Camryn Rogers KJA</td>
<td>UNB</td>
<td>07.25.15</td>
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<tr>
<td>Senior Female Javelin 600g</td>
<td>64.83</td>
<td>Elizabeth Gleadle</td>
<td>UNB</td>
<td>10.05.15</td>
</tr>
</tbody>
</table>

2. Athletes from BC at international Events

Senior Teams

2015 IAAF World Championships team
Women’s Javelin – Elizabeth Gleadle

Pan Am Team
Women’s Javelin – 1st Elizabeth Gleadle, Melissa Fraser

Universiade (FISU) Team
Women’s Discus - Agnes Esser
Men’s Javelin – Andy White

Pan Am Junior Team
Women’s Hammer - Natasha Akbarizadeh

Women’s Javelin - Teagan Rasche

Men’s Hammer
Aaron Stroda, Hammer
Sam Coulson-Willett

Men’s Javelin
Tyler Kostiuk
Brent Reston

2015 IAAF World Youth Championships in Cali, Colombia, Women’s
Women’s Hammer 3k
Chanell Botsis
Lindsey Frederiksen

3. National Podium finishers
Men Senior Canadian Championships
Shot Put - 0
Hammer - 0
Javelin - 0
Discus – 0

Women Senior Canadian Championships
Shot Put - 0
Hammer women - 2nd Lauren Stuart
Discus – 1st Quinn Erickson
Javelin – 1st Elizabeth Gleadle, 3rd Tiffany Matteazzi,

Men Junior Canadian Junior Championships
Shot Put - 0
Hammer – 1st Aaron Stroda, 2nd Sam Willett
Discus - 0
Javelin – 1st Tyler Kostiuk, 3rd Brent Reston,

Women Canadian Junior Championships
Shot Put - 0
Hammer - 1st Natasha Akbarizadeh, 2nd Camryn Rogers
Discus women – 3rd Olivia Moriconi,
Javelin - 2nd Teagan Rasche

Men Youth Legion Canadian Youth Championships
Shot Put – 0
Hammer – 1st Vikramjit Gondara, 2nd Jayden Driver
Discus - 0
Javelin – 1st Brendan Artley

Women Youth Legion Canadian Youth Championships
Shot Put - 0
Hammer - 1st Lindsey Frederiksen, 3rd Tanika Dolfo
Discus – 3rd Valerie Wideski
Javelin – 0

Men Midget Legion Canadian Youth Championships
Shot Put – 3rd Rowan Hamilton
Hammer – 1st Rowan Hamilton
Discus - 0
Javelin – 2nd Sion Griffiths

Women Midget Legion Canadian Youth Championships
Shot Put - 2nd Dolly Gabi
Hammer –2nd Jessica Katzberg, 3rd Dolly Gabi
Discus – 2nd Dolly Gabi
Javelin – 1st Rori Denness
4. Summary of this year

The throws athletes achieved **26 National Podium finishes** in 2015, with the **women accumulating 16** of those medals. The total medal count decreased by 3 from the previous year. The change of venue from BC to Quebec for Legions could be one factor for less overall medals as some athletes who where ranked as medal contenders did not travel, as they did not make the BC Team and travel costs were prohibitive. Another reason would be in the Senior men’s category where retirement and injuries had less men entered in the throws events.

We have not specifically identified the Western Canada games placing results. The BC Throwers totaled 8/24 possible total medals, including 4 gold.

The number of women medaling in the throw events is deeper notably in the younger age groups.

We need to continue to strengthen the throws in all areas to increase both the depth and quality of all the throws events.

5. Potential for next year

Liz Gleadle has achieved the Olympic standard in women’s javelin.

There may be some BC contenders to hit the qualifying standard for World Junior’s in women’s javelin and possibly Women’s hammer and Men’s hammer.

The representation of the number and success of BC throwers in the national events remain consistent. Building the base to increase the number of athletes hitting standards is an ongoing goal for both and National and international events.

Respectfully submitted

Richard Collier / Sheldan Gmitroski