

2017 NEW BC MASTERS OUTDOOR TRACK AND FIELD RECORDS
 (51 BC + 2 tie, 23 CR, 3 WR) *to Sept 6, 2017

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
100M						
W80	17.14 1.6	Christa Bortignon	80	06/05/17	Kamloops, BC	CR
200M						
M35	23.40 0.6	Brian Carnate	39	26/04/17	Auckland, NZL	
W80	37.00 1.1	Christa Bortignon	80	06/05/17	Kamloops, BC	CR
400M						
W85	2:10.81	Lenore Montgomery	87	08/07/17	Burnaby, BC	CR
800M						
M65	2:24.20	Reidar Zapf-Gilje	65	13/08/17	Toronto, ON	
3000M						
W85	19:58.05	Lenore Montgomery	87	09/07/17	Burnaby, BC	WR
5000M						
W45	16:56.63 x	Catherine Watkins	45	02/04/17	Vancouver, BC	CRx
(Marilyn Arsenault's result from 2015 (16:51.08) was finally recognized as the record)						
W50	17:22.97	Lucy Smith	50	21/06/17	Victoria, BC	CR
SPRINT HURDLES						
M65	17.80 1.1	Reidar Zapf-Gilje	65	08/07/17	Burnaby, BC	
LONG HURDLES						
W40	1:07.45	Jeannette Van Den Bulk	40	23/04/17	Auckland, NZL	CR
W80	46.64 -0.5	Christa Bortignon	80	05/05/17	Kamloops, BC	CR
STEEPLECHASE						
M55	12:27.22	Keith Wakelin	58	28/04/17	Auckland, NZL	
M65	7:52.04	Reidar Zapf-Gilje	65	08/07/17	Burnaby, BC	
4 x 100M RELAY						
M35	44.90	Brian Carnate (39), Marvin Johnson (43) Luke Wang (45), Steve Cobert (52)		09/07/17	Burnaby, BC	
M50	55.50	Jess Aujla (52), Alex Galo (51) Palwinder Chattu (51), Jorge Woods (58)		18/06/17	Langley, BC	
4 x 400M RELAY						
W55	5:18.22	Cindy O'Brien Hugh(58), Elaine Whidden(62) Valerie Scott (62), Linda Ordowski (57)		17/06/17	Langley, BC	CR
4 x 800M RELAY						
W55	12:28.43	Linda Ordowski (57), Sharon Hann (57) Debbie Jordan (60), Janette Wood (57)		11/07/17	Surrey, BC	CR
LONG JUMP						
M85	2.72 0.0	Joe Giegerich	85	11/08/17	Toronto, ON	
W60	4.06 0.5	Margaret Rhebergen	62	17/06/17	Langley, BC	
W65	3.66 0.6 tie	Deborah Lee	67	08/07/17	Burnaby, BC	
W80	3.29 1.8	Christa Bortignon	80	08/07/17	Burnaby, BC	WR
TRIPLE JUMP						
M85	5.86 -1.3	Joe Giegerich	85	09/07/17	Burnaby, BC	
W60	8.30 0.0	Margaret Rhebergen	62	18/06/17	Langley, BC	
W80	7.16 -0.9	Christa Bortignon	80	06/05/17	Kamloops, BC	WR
HIGH JUMP						
M85	1.00	Joe Giegerich	85	09/07/17	Burnaby, BC	
W55	1.30 tie	Monica Pomietlarz	58	17/06/17	Langley, BC	
W55	1.30 tie	Miriam Cavani	56	17/06/17	Langley, BC	
W60	1.30	Margaret Rhebergen	61	06/05/17	Kamloops, BC	CR
POLE VAULT						
M85	1.60	Joe Giegerich	85	09/07/17	Burnaby, BC	CR

SHOT PUT

W55	10.57	Monica Pomietlarz	58	28/05/17	Surrey, BC	CR
W70	7.56	Gabriella Moro	70	18/06/17	Langley, BC	

DISCUS

W40	31.55	Nicole Carlos	43	17/06/17	Langley, BC	
W55	25.29	Monica Pomietlarz	58	17/06/17	Langley, BC	CR
W70	21.87	Gabriella Moro	70	17/06/17	Langley, BC	

JAVELIN THROW

M50	63.39	Graham Morfitt	50	24/06/17	Courtenay, BC	CR
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HAMMER THROW

M45	52.13	Glenn McAtee	45	24/03/17	Columbia, SC	
W40	50.75	Hardeep Kaur	40	16/07/17	Coquitlam, BC	CR
W55	29.29	Celina Wong	55	16/06/17	Langley, BC	cr?

WEIGHT THROW

M45	12.07	Shane Wiebe	47	13/08/17	Toronto, ON	
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SUPERWEIGHT

M70	7.62	Harnek Toor	71	28/05/17	Surrey, BC	
W75	5.23	Frances Steinfeld	79	28/05/17	Surrey, BC	

THROWS PENTATHLON

W40	2510	Nicole Carlos	43	11/08/17	Toronto, ON	
(30.49/620, 7.46/417, 29.48/517, 27.40/504, 7.88/452)						

PENTATHLON

M65	3902	Reidar Zapf-Gilje	65	11/08/18	Toronto, ON	CR
(4.39, +0.9/734, 37.08/706, 29.88 -2.6/699, 39.57/788, 5:14.80/975)						
M85	2185	Joe Giegerich	85	11/08/17	Toronto, ON	
(2.72, 0.0/591, 14.28/367, 43.11, -0.4/517, 11.58/321/ 10:48.69/389)						

1500M RACE WALK

M40	6:13.49	Dmitry Babenko	44	12/08/17	Toronto, ON	CR
M50	11:24.18	Jeff Byington	54	09/07/17	Burnaby, BC	
W55	10:53.24	Lori Graham	59	22/07/17	Olympia, WA	

MILE RACE WALK

M40	6:35.15	Dmitry Babenko	44	28/06/17	Coquitlam, BC	CR
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3000M RACE WALK

M40	12:57.03	Dmitry Babenko	44	16/06/17	Langley, BC	CR
W55	24:31.44	Lori Graham	59	16/06/17	Langley, BC	
W60	19:45.24	Suzanne Sharp	63	16/06/17	Langley, BC	
W75	24:58.47	Renate Cheetham	79	16/06/17	Langley, BC	

5000M RACE WALK

W55	39:25.07	Lori Graham	59	22/07/17	Olympia, WA	
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10000M RACEWALK

M40	46:10.63	Dmitry Babenko	44	16/07/17	Coquitlam, BC	CR
W55	1:24:12.80	Lori Graham	59	16/07/17	Coquitlam, BC	

WR World record**CR** Betters listed Canadian record**cr?** Possible Canadian record