

OVERVIEW

The 2018 BC Summer Games took place July 19-22, 2018 in Cowichan (Quw'utsun'), which means "warm land". Athletics was held in Duncan at the Cowichan Sportplex. The Sportplex is a 26-acres facility owned and operated by a non-profit society which was setup in 1996 to provide sport facilities to the surrounding communities. The Athletics facility does not have a stadium or bleachers, but this facilitated a very congenial atmosphere with pop-up tents jammed along the home straight with family and friends either seated on portable chairs or the grass. For all events, spectators were able to be up close to watch their favourites compete. It was remarkable how courteous, responsible and well behaved everyone was respecting the officials and staying out the completion areas as well as the Athletes' Village. The large number of spectators was unexpected and probably due to the perfect weather, full sun with temperatures in the low 20s. The Athlete accommodation was 200m away at the Cowichan Secondary Quamichan campus (which did have showers).

The competition was run exceptionally well due to the efforts of Blaine Castle who took over the role of Sport Chair just nine months prior at the Host Community meeting in November 2017. Blaine pulled together an amazing crew of approximately 80 local volunteers who made sure that everything was in place at the right time. There was significant support in the field of play for the BC Athletics Officials responsible for judging the event. Many thanks must go to Blaine for his commitment, hard work and for also doubling as Meet Director to keep us running on time. Two new BC Summer Games records were achieved:

- Triple Jump 13.30 m Praise Aniamaka Surrey
- 1500 RW 7:22.41 Olivia Lundman Lantzville

BC Games Sports are required to compete on each day the Games or conduct workshops on the non-competition day. On Sunday morning, Athletics organized a ninety-minute developmental program for the athletes and coaches of Athletics, Special Olympics and Golf BC. The program began with the special presentation of a 40th year commemorative medal to all coaches. Four outstanding presenters were invited to speak about their personal journeys in Athletics and why it is important to stay involved in sport. Each presenter had competed at the BC Summer Games and had developed to high levels in Athletics. Thank you Braedon Dolfo, Jasmine Gill, Sabrina Nettie and Lucas Bruchet, for your brilliant talks to the athletes.

Following the program, several athletes were invited to participate in the CSI Pacific PODIUM SEARCH. These athletes participated in a series of basic field tests that measured anthropometry (height/arm span/weight), power, strength, speed, and endurance. The data gathered offers insight for individual athlete fitness evaluation and monitoring and can be compared across sports and/or sport specific athlete development benchmarks. Some athletes may have the opportunity to be invited for further sport specific assessments if they meet PSO/NSO athlete identification benchmarks.

The 2020 BC Summer Games is scheduled to take place in Maple Ridge at the Maple Ridge Secondary track facility, July 23-26, 2020. No Host club or Sport Chair has been assigned.

The 2022 BC Summer Games is scheduled to take place at the new Masich Place Stadium track and field facility July 21-24, 2022.

2018 BC SUMMER GAMES EVALUATION

Following is a summary of our 2018 successes:

1. Athlete Development

- Brought athletes from 8 zones
- Utilized over 97% of athlete allocation

- Athlete workshop conducted at the Games on the non-competition day
 - Podium Search development assessment
 - M:F gender ratio was 50:50 (139:139)
- 2. Coaching Development**
- Head Coach exemptions were not required
 - All Head Coaches were Certified Club Coaches
 - All Assistant Coaches were Trained Club Coaches or Trained Sport Coaches
- 3. Officials' Development**
- Number by Level: ITO-1; NTO-1; Level 1-1; Level 2-7; Level 3-11; Level 4-6; Level 5-16
 - Officials were mentored for advancement to higher levels
 - One National Level Clinic – Photo-timing
 - Several Level 1 and 2 clinics conducted in the Lower Mainland and Vancouver Island
 - Registered Officials were from 4 different zones
- 4. BC Games Partnership**
- Responsive to requests and proactive in addressing issues (assumed - under review)
 - A good partner (assumed – under review)
 - BC Athletics clearly values their inclusion in the Games
- 5. Canadian Sport for Life**
- CSL plan indicates that the current ages of athletes and current level of Coaches and Officials included in the BC Games are a good fit

Overall Performance (not yet reviewed).

ORGANIZATION CAPACITY

The BC Summer Games relies heavily on having key personnel in place to effectively complete the BC Summer Games process. These positions are all unpaid volunteers who commit hundreds of hours of their time to make the BC Summer Games a success. The key positions are the Provincial Advisor, Assistant Provincial Advisor, Sport Chair, eight Zones Reps and the eight Head Coaches. One of the most difficult tasks is attracting enthusiastic and competent people into these positions. We have been very fortunate to have had excellent volunteers but the pool is shallow.

INITIATIVES FOR 2019-2020 RELATING TO THE STRATEGIC PLAN OBJECTIVES

In our last report, we identified key initiatives which are vital for our success:

1. Develop a new Provincial Advisor for the future BC Summer Games.
 - Debbie Foote has been fully mentored as a new Provincial Advisor to replace Dale Loewen for 2020 Maple Ridge BC Summer Games subject to the approval of BC Athletics.
2. Develop a deeper pool of Certified Club Coaches and Trained Sport Coaches willing to participate in the BC Summer Games.
 - This continues to be a critical challenge for the BC Summer Games. We were very fortunate to have been able to recruit Kathy Andrews and Braedon Dolfo to assume the Head coach roles for Zone 7 and 8. Within the Zones there are capable coaches, but they do not possess the required certification. Work needs to be done to develop coaches in Zones 1, 2, 7, and 8.
3. Work with BCHSTF Association to coordinate more zone trials in conjunction with the BCHSTF zone trials.
 - The BC High School Championships now include the Midget Age group. We will look to co-ordinate more of our Trials if possible with the BCHSC area trials.
4. Improve trial selection processes, administrative processes for the games competition and reduce duplication in reporting.
 - We will work with Sam Collier to improve the registration process. Unfortunately, the BC Summer Games requires their own process which is not compatible with our needs.

5. Improve athlete, coach, parent, and volunteer awareness of the policies regarding harassment and bullying.
 - The issue of harassment and bullying is a complex social morass which requires an extensive commitment by all to support anti-policies and to be vigilant in reporting cases of both.
6. Improve athlete, parent and coach knowledge of the rules of the Sport.
 - Ongoing.

MOVING FORWARD TO MAPLE RIDGE JULY 23 – 26, 2020

We wish to thank all who made Cowichan an overwhelming success.

The BC Games is a developmental program for our midget aged athletes. It is their first opportunity to travel to a multi-sport Games, represent their region, be coached by zone coaches who they may not know, and stay away from home in Games accommodation.

The BC Games is a developmental program for zone reps, coaches, assistant coaches, managers, adult supervisors and officials.

If you are new to coaching or want to become a team manager, this is a well organized, structured and good place for you to start and develop your skills. If you are a level 1- 3 official and need mentoring, this is the place for you.

If you who have been faithfully serving and volunteering your time in previous Games, we need you back.

There will be a need for several NEW ZONE REPS: Zone 1, Zone 2, Zone 3, Zone 5, Zone 6, Zone 7.

To be involved, please contact us at the Provincial Advisor Email address below.

Further Information for the 2018 BC Summer Games will be posted on the BC Athletics website, BC Summer Games page.

BC Summer Games Athletics Email to Provincial Advisor: 2018bcsg@gmail.com
Also see the following Link: <https://www.bcgames.org/Games.aspx>

Submitted by:

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