



## BC SUMMER GAMES RECORDS — MEN

EVENT	RECORD	RECORD HOLDER	HOMETOWN	YEAR	ZONE
100 m	11.06	Peter Ogilvie	Burnaby	1987	4
200 m	22.58	Peter Ogilvie	Burnaby	1987	4
300 m	36.09	Jake Hanna	Surrey	2012	3
800 m	1:58.9	Mark Buschewitz	Vancouver	1980	5
1200 m	3:18.08	Reid Muller	Maple Ridge	2012	3
2000 m	5:46.23	Jemal Reta	Burnaby	2012	4
1500 m Racewalk	7:15.63	Evan Dunfee	Richmond	2004	4
1500 m SC (no water)	4:21.21	Jemal Reta	Burnaby	2012	4
100 m Hurdles	13.58	Nick Blackburn	Courtenay	2008	6
300 m Hurdles	39.04	Nick Blackburn	Courtenay	2008	6
High Jump	1.96 m	Shawn Swartz	Port Coquitlam	2004	3
Long Jump	6.54 m	Aaron Hart	Port Coquitlam	1992	3
<b>Triple Jump</b>	<b>13.30 m</b>	<b>Praise Aniamaka</b>	<b>Surrey</b>	<b>2018</b>	<b>4*</b>
Pole Vault	3.75 m	Matt Clifford	Abbotsford	1998	3
Discus (1 kg)	58.32 m	Dylan Armstrong	Kamloops	1996	2
Hammer (4 kg)	59.67 m	Nolan Henderson	Richmond	2004	4
Javelin (600 g)	53.68 m	Shawn McIsaac	Chilliwack	2000	3
Shot Put (4 kg)	18.70 m	Delore Lakusta	Delta	1983	4
Pentathlon (one day)	3097	Jasper Schiadel	Vancouver	2012	5
4x100 m Relay	45.07	Taylor-Lewis, Whiteley, Marshalok, Gademanns	Fraser Valley	2008	3
4x400 m Relay	3:32.26	Zone 5 Team	Vancouver-Squamish	1986	5

## RETIRED RECORDS — MEN

EVENT	RECORD	RECORD HOLDER	HOMETOWN	YEAR	ZONE
400 m	50.39	Josh Guggenheimer	Prince George	1997	8
1500 m	4:02.2	Mark Buschewitz	Vancouver	1980	5
3000 m	9:01.6	Jason Schultz	Trail	1987	1
1500 m Steeplechase	4:32.66	Jay Gibson	Mission	1992	3
200 m Hurdles	24.95	Jake Hanna	Surrey	2012	3
Hammer (12 lb)	56.76	Dylan Armstrong	Kamloops	1996	2
Discus	41.56	Garrett Collier	Richmond	1994	4
Javelin	52.02	Janne Nikula	Port Moody	1996	3
Octathlon	4785	Greg Dingle	Sidney	1996	6
Octathlon [old]	4548	Nick Wilkes	Maple Ridge	1994	3
Pentathlon	4011	Aaron Dixon	Mackenzie	2002	1
Pentathlon 1000m 2 day	2798	Michael Muniak	Surrey	2010	3

\* Note: Changes to Zone 3, 4, 5 Boundaries in 2016



## BC SUMMER GAMES RECORDS — WOMEN

EVENT	RECORD	RECORD HOLDER	HOMETOWN	YEAR	ZONE
100 m	12.14	Christabel Nettey	Surrey	2006	3
200 m	24.99	Shai-Ann Davis	Richmond	2008	3
300 m	39.36	Jasneet Nijjar	Surrey	2016	4
800 m	2:13.1	Pat Wellman	Victoria	1979	6
1200 m	3:37.35	Madison Heisterman	Nanaimo	2014	6
2000 m	6:24.91	Tanya Humeniuk	Vancouver	2010	5
<b>1500 RW</b>	<b>7:22.41</b>	<b>Olivia Lundman</b>	<b>Lantzville</b>	<b>2018</b>	<b>6</b>
1500 m SC (no water)	4:51.41	Tanya Humeniuk	Vancouver	2010	5
80 m Hurdles	11.67	Jasneet Nijjar	Surrey	2016	4
300 m Hurdles (7)	44.30	Jade Vaughan	Langley	2008	3
High Jump	1.73 m	Holly Parent	Victoria	2006	6
Long Jump	6.12 m	Christabel Nettey	Surrey	2006	3
Triple Jump	12.33 m	Sabrina Nettey	Surrey	2004	3
Pole Vault	3.10 m	Shawni Hayhurst	Smithers	2008	7
Discus (1 kg)	44.36 m	Dolly Gabri	Surrey	2016	4
Javelin (500 g)	43.06 m	Chanell Botsis	Coquitlam	2012	3
Shot Put (3 kg)	13.93 m	Dolly Gabri	Surrey	2016	4
Hammer (3 kg)	55.97 m	Phoebe Price-Roberts	Lake Country	2016	2
Pentathlon	2961	Katie Weaver	North Vancouver	2012	5
4x100 m Relay	48.64	Moore, Lew, Morrison, Vlahovic	Fraser Valley	2014	3
4x400 m Relay	3:55.80	Boylan, Dennis, Hanson-Monnie, Inman	Fraser Valley	1994	3

## RETIRED RECORDS — WOMEN

EVENT	RECORD	RECORD HOLDER	HOMETOWN	YEAR	ZONE
400 m	56.65	Hazel Hanson-Monnie	Port Moody	1994	3
1500 m	4:34.3	Pat Wellman	Victoria	1979	6
3000 m	10:08.3	Juliet Smith	Coquitlam	1980	3
80 m Hurdles	11.77	Trisha Blair	Victoria	1995	6
300 m Hurdles (old spec)	44.07	Natalie Jackson	Burnaby	1996	4
200 m Hurdles	27.60	Megan Champoux	Aldergrove	2014	3
1500 Steeplechase	5:07.98	Samantha Lotnick	Langley	2004	3
Javelin (old)	39.58 m	Stephanie Chamberlain	Gabriola Island	1979	6
Shot Put (6 lb)	15.22 m	Nicole Monroe	Powell River	1984	6
Pentathlon: (6 lb) shot	3890	Judith Cook	North Vancouver	1984	5
Pentathlon: (4 kg) shot	3215	Erin Bell	North Vancouver	1989	5
Pentathlon (two day)	3246	Meghan Palesch	Surrey	2010	3

**Note: Changes to Zone 3, 4, 5 Boundaries in 2016**