



2018 BC Athletics AGM Report Technical Manager – Track & Field

Chris Winter, BC Athletics Technical Manager - Track & Field

As per BC Athletics Strategic Plan, the Technical Manager's report is framed within the four Pillars of Athlete Development, Technical Leadership, Competition, and Organization Capacity.

Track & Field Committee

BC Athletics has successfully recruited members for all Track & Field Committee members in 2018. There may be a need to recruit further for 2018/2019 for openings in the Track & Field Committee. BC Athletics will be working with the Chair of the Track & Field Committee for this. All interested coaches are asked to please contact the Track & Field Technical Manager to put names forward.

Current Committee:

1. Tara Self (Chair)
 2. Evan Dunfee (Athlete Rep / Walks) **(Stepping down from position)**
 3. Katelyn Ramage (Athlete Rep / Walks)
 4. Chris Johnson (Middle Distance)
 5. Mark Bomba (Middle Distance)
 6. Richard Lee (Endurance)
 7. Laurie Willett (Throws)
 8. Byron Jack (Jumps)
 9. Ana Karanovic (Para)
 10. Taylyr Dickenson (Para)
 11. Pat Sima-Ledding (Combined Events)
 12. Barb Vida (Combined Events)
 13. Elena Voloshin (Sprints / Hurdles)
 14. Neal Currie (Sprint / Hurdles) **(Stepping down from position)**
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Pillar: Athlete Development

Training & Competitions:

1. **2017/2018 BC Athlete Assistance Program (AAP)**
 - 34 Athletes awarded for a total investment of \$42,215.
 - [2017/18 BC Athletics AAP Athlete List](#)
 - [2018/19 AAP Criteria](#)
2. **2017/18 BC Athletics High Performance Targeted Athlete Program**
 - 192 athletes were nominated



- As of July 2018 128 (66%) of Athletes have registered with CSI Pacific
- Criteria for 2018/19 has been reviewed & updated. Approved by T&F Committee and posted on April 24, 2018
- [Updated Criteria](#)

3. BC Throws Project

- Project Leadership:
 - Garrett Collier, Sheldan Gmitroski, Laurie Willett, & BCA Staff
- BC Athletics Funding:
 - Up to \$10,000.00 (Portion of this was used to host 2017 BC Throws Summit)
- Remaining Funds were distributed to targeted athletes in support for:
 - Athlete Camps and Services
 - Competition Entry & Travel
 - Equipment
 - Training Facility Access
 - CAIP Insurance Premium

4. BC Sprint / Hurdles Project

- Project Leadership:
 - Laurier Primeau, Tara Self, & BCA Staff
- BC Athletics Funding:
 - Up to \$10,000.00
- Remaining Funds were distributed to targeted athletes and their personal in support for:
 - Attending the 2018 BC Sprint/Hurdle Project Camp in Las Vegas

5. 2018 BC Team Program

a. BC Senior Team

- Competed at the Canadian Track & Field Championships (Ottawa, ON) July 2nd – 8th, 2018
- 23 Athletes Selected – [Team List](#)
- 5 Coaches, 1 Manager, & 1 Chiro travelled with team
- [Performance Analysis](#)

b. 2018 BC Para Athletics Team

- Competed at the National Para-Athletics Championships (Ottawa, ON) July 2nd – 8th, 2018
- 6 Athletes Selected – [Team List](#)
- 5 Coaches, 1 Manager, & 1 Chiro travelled with team(same staff as the Senior Team)
- [Performance Analysis](#)

c. 2018 BC Junior Team

- Competed at the Canadian Track & Field Championships (Ottawa, ON) July 2nd – 8th, 2018
- 22 Athletes Selected – [Team List](#)
- 5 Coaches, 1 Manager, & 1 Chiro travelled with team(same staff as the Senior Team)
- [Performance Analysis](#)

d. BC/Yukon Team

- Competed at the 2018 Legion National Track & Field Championships (Brandon, MB) August 8th - August 14th



- Legion National Track & Field Selection Trials were held in combination with the BC Athletics Jamboree on July 13-15th, 2018
 - Full team of 40 athletes (25 Youth, 15 Midget) were selected and travelled to the Championships
 - Team Lists ([Midget](#)), ([Youth](#))
 - 4 Coaches and 4 Managers/Chaperones travelled with team
 - [Performance Analysis](#)
- e. **2018 BC Athletes on National Teams – Performance Analysis**
- [2018 IAAF World Junior \(U20\) Championships Recap](#)
 - [2018 Commonwealth Games Recap](#)
 - [2018 NACAC Championships Recap](#)

4. 2017/2018 BC Athletics Training Camps

I. College Choices: Navigating the Decision Making Process

- Date: Nov 8th, 2018
- Location: Fortius Sport & health
- Attendees: 90+ high school athletes, parents & coaches
- Presenter: Natalie O’Leary, Game Plan Advisor

II. High Performance Targeted Athlete Intro Session

- Held Feb 4, 2018 at Executive Inn, Richmond
- Objective of session was to grow awareness for the High Performance Targeted Athlete Program and the benefits/services offered through CSI Pacific and PacificSport
- Attend by about 20 targeted athletes and their coaches/parents
- Presentation made by CSI Pacific

III. Athletics Canada NextGen Healthy Athlete Program Day

- Took place March 4, 2018.
- Hosted at Canadian Sport Institute’s Vancouver Campus
- NextGen Tier 1 & 2 athletes received funding to attend
- Topics: Mental Performance, Sports Nutrition, Strength and Conditioning

IV. BC Sprint/Hurdle Project Warm Weather Camp

- Date: March 18 – 25, 2018
- Location: Las Vegas, Nevada
- Camp Leaders: Derek Evely, Laurier Primeau, Tara Self
- Camp Manager: Gillian Wright
- Attended by 20 targeted athletes and their personal coaches

V. BC Endurance Project – Whistler XC Camp

- August 23-26th, 2018
- Hosted by BC Athletics & the BC Endurance Project
- Location: Whistler, BC
- Attendees: 39 High School athletes (23 males, 16 female)



5. 2018 BC Records

- See: 2018 BC Athletics Pending Records ([Here](#))

Athlete Identification

1. RBC Training Ground

- Events took place throughout BC from the months of Jan, Feb & March in Langley, Prince George, Burnaby, Kamloops, Victoria, Vancouver
- BC Athletics promoted this program to our membership and helped identify coaches to assist at the events.

2. Harry Jerome Scholarship

- Call for applications went out early in 2018. Deadline for nominations was May 18th, 2018.
 - Harry Jerome Scholarship was awarded to 5 athletes on June 4, 2018.
 - 5 Athletes nominated for the award
 - Trinity Hansma (VAAA) - Attending UBC
 - Eric Che (KJAK) – Attending University of Toronto
 - Taryn O’Neill (OAC) - Attending Villanova University
 - Rowan Hamilton (VRTC) – Attending UBC
 - Jasmine Lew (AIRL) – Attending University of Toronto
 - [Press Release](#)
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Pillar: Technical Leadership

Development (Coaches)

- a. BC Throws Summit
 - Date: October 21-22, 2017
 - Location: Fortius Sport & Health
 - Audience: coaches working with high school aged athletes (14-18) in the shot put and discus, but can be used to coach all levels and throws disciplines.
 - b. Athletics Canada West Hub High Performance Endurance & Steeplechase Clinic
 - Date: March 16-17, 2018
 - Location: PISE, Victoria, BC
 - Audience: high performance middle distance coaches and athletes
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Pillar: Competition

a. Competitions

- a. 2018 BC Athletics Event Congress



- BC Athletics Track & Field Events Congress is a meeting held annually to discuss scheduling on the BC Athletics Track & Field Calendar of Events for the upcoming season, and next 2 seasons.
- To be held Sept 8, 2018 at Fortius Sport & Health
- Working with event area experts to ensure that the BCA Calendar of Events sufficiently meets the needs of each event group / discipline (ex. Racewalk, Combined Events, etc.)

b. Para- Athletics

- Implemented first ever BC Para-Athletics Team
- 6 athletes represented BC at Canadian Para-Athletics Championships
- [Performance Analysis](#)

c. Event Sanctioning

- Oversaw the BC Athletics process for the sanctioning of Track & Field Competitions

Year	Sanctioned Events	Not Received	Cancelled Events	Males	Females	Males (Para)	Females (Para)	Total	PESF Fees
2018	67	16	3	10,336	9,831	70	33	20,270	\$5,766.95
2017	76	5	3	10,951	10,087	44	27	21,109	\$6,221.96

- Decrease in # of sanctioned events due, in part, to Vernon not holding the same number of events (twilight meets, coaching seminars) as they did in 2017

Pillar: Organization Capacity

a. Organizational Management - Professional Development

- Began 1-year part-time Graduate Certificate program through UBC, “High Performance Coach & Technical Leadership”
- Runs June 2018 – July 2019

b. Communication and Marketing

- **BC Athletics’ Social Media**
 - Efforts made to highlight BC Athlete’s performances through the use of Events, Blog, Website & Social Media
 - Since Oct 1, 2018 we’ve witnessed growth across all channels:
 - Increase Instagram Followers from ~1282 to 1727 (+35%)
 - Increased Facebook Followers from 1230 to 1366 (+11%)
 - Twitter Followers from ~2303 to 2467 (+7%)
- **Athletics Canada Annual Athlete of the Year Awards**
 - **Winners:**
 - Arnold Boldt Award – Ambulatory Athlete of the Year – Liam Stanley (Victoria)
 - Fred Begley Memorial Trophy – Off-Track Athlete of the Year – Evan Dunfee (Richmond)
 - Eric E. Coy Trophy – U20 Athlete of the Year – Nina Schultz (New West)
 - Jane & Gerry Swan Award – Development Coach of the Year – Harold Willers (Abbotsford)
- **Sport BC Annual Athlete of the Year Awards – March 28, 2018**
 - **Winners:**



- Athlete with a Disability – Liam Stanley (Victoria)
 - Team of the Year – UBC Men’s Track & Field Team
 - Harry Jerome Comeback Award – Spencer Allen (Kamloops)
 - Master Athlete of the Year – Christa Bortignon
 - Female Coach of the Year – Tara Self
 - Kidsport Community Champion of the Year – Evan Dunfee
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- **Athlete Features (BCA Blog)**
 - 2017*/2018 Athlete Interviews posted to BC Athletics Website, Blog, and promoted on Social Media (*since 2017 AGM)
 - [Natasha Wodak](#)
 - [Kevin Coffey](#)
 - [Lucas Bruchet](#)
 - [Adam Keenan](#)
 - [Dylan Wykes](#)
 - [Django Lovett](#)
 - [Alyx Treasure](#)
 - [Christabel Nettey](#)