

BC THROWS PROJECT

2018 BC Athletics AGM Report

Overview

- The BC Throws Project (BCTP) was created in an effort to qualify more BC Throws athletes on National Teams through increased Athlete Support, Coaching Support and Event Group Awareness. BC Athletics is the principal funding partner and has been instrumental in working with BCTP leadership in moving forward with planned initiatives;

2017-18 Updates

- The BCTP held the first annual [BC Throws Summit on October 21-22, 2017](#). The emphasis was on the Shot Put event. The speaker/clinician was T.J. Crater (University of Arizona). The summit included classroom and practical (learn-by-doing) sessions. All feedback was positive, and the BCTP will look to follow up with a 2018 edition in November;
- The BCTP provided funding to targeted athletes on the Targeted Athlete List. Funding was available for athletes to use for training purposes in the 2017-18 season;
- The BCTP has entered into partnerships with Jumpstart Athletics and Athletics Canada in addition to its original funding partner, BC Athletics. Partnerships included funding for the BC Throws Summit, discounts on equipment for identified high performance training groups and athlete support for CAPP identified athletes;
- The BCTP has created a social media awareness including Instagram, Twitter and Facebook. As part of this awareness the BCTP has created a logo (below) and will look to utilize social media to build awareness of throwing in BC:



- BCTP has begun the process of outreach, identifying and including other training centers (i.e. Kamloops) to identify athlete and coaching needs and provide feedback in the decision-making process;

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2018-19 Initiatives

- The BCTP will be holding the 2018 BC Throws Summit in November (information to come soon) with an emphasis on the Discus and Hammer events;
- The BCTP is currently planning for a warm weather camp for targeted athletes (information to come soon);
- The BCTP will look to host a local camp in October 2019 (tentatively) with targeted athletes.

On behalf of the BC Throws Project leadership, we would like to thank the tireless support of BC Athletics. We would also like to recognize and thank Athletics Canada and Jumpstart Athletics for their support.

Respectfully submitted:

Garrett Collier
BC Throws Project