



BC Athletics Board of Directors Report – Sept 7, 2019

Technical Manager – Track & Field

Chris Winter, BC Athletics Technical Manager - Track & Field

As per BC Athletics Strategic Plan, the Technical Manager's report is framed within the four Pillars of Athlete Development, Technical Leadership, Competition, and Organization Capacity.

Track & Field Committee

There are vacant committee positions for which the Technical Manager is working with the Chair of the Track & Field Committee to fill. All interested coaches/athletes are asked to please contact the Track & Field Technical Manager to put names forward.

Current Committee:

1. Tara Self (Chair)
 2. Open (Male Athlete Rep)
 3. Jessica Smith (Female Athlete Rep)
 4. Open (Middle Distance)
 5. Mark Bomba (Middle Distance)
 6. Open (Endurance)
 7. Laurie Willett (Throws)
 8. Byron Jack (Jumps)
 9. Ana Karanovic (Para)
 10. Taylyr Dickenson (Para)
 11. Pat Sima-Ledding (Combined Events)
 12. Barb Vida (Combined Events)
 13. Elena Voloshin (Sprints / Hurdles)
 14. Open (Sprint / Hurdles)
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Pillar: Athlete Development

1. 2018/2019 BC Athlete Assistance Program (AAP)

- 32 Athletes awarded for a total investment of \$40,875.00
- Upcoming Important Dates:
 - Application Deadline is Nov 1, 2019
 - BC Athletes Assistance Program (AAP) Athletes Identified - February 2020
 - Circulation of Funding - February 2020
- [2019/20 AAP Criteria](#)



2. 2018/2019 BC Athletics High Performance Targeted Athlete Program

- 177 athletes were nominated under this program and receive access to targeted Programming with BC Athletics (ex. BC Throws Project & BC Sprint/Hurdle Project) as well as they are able to register with the Canadian Sport Institute.
 - Provincial Dev Level 2 = 89 Athletes
 - Provincial Dev Level 1 = 40 Athletes
 - Canadian Dev = 25 Athletes
 - Canadian Elite = 23 Athletes
- As of August 2019 108/177 (61%) of athletes have registered with CSI Pacific
 - [2018/2019 Cycle Criteria](#)
- Worked with the Track & Field Committee to update criteria for 2019/20 cycle to include U23 Performance Standards in order to help Athletes Bridge the gap from U20 to Senior.
 - Updated Criteria: [2019/2020 Cycle Criteria](#)

3. BC Throws Project

- Project Leadership: Garrett Collier, Sheldon Gmitroski, Laurie Willett, Dylan Armstrong & BCA Staff
- Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project.
- Past Activities:
 - 2018/2019
 - 2018 BC Throws Summit; Nov 10-11, 2018, Richmond Oval, Richmond, BC
 - Targeted Athlete Funding
 - (i) Up to \$10,000 distributed to targeted athletes in support for:
 - Athlete Camps and Services
 - Competition Entry & Travel
 - Equipment
 - Training Facility Access
 - CAIP Insurance Premium
 - 2019/2020
 - 2019 BC Throws Project Development Camp; Sept 27-29, 2019; Kamloops, BC
 - (i) [More info](#)
 - (ii) Targeted & Coaches have been offered travel grants
 - 2019 BC Throws Summit; Nov 11-12, 2019; Richmond, BC
 - (i) Details TBA

4. BC Sprint / Hurdles Project

- Project Leadership: Laurier Primeau, Tara Self, & BCA Staff
- BC Athletics Funding: Through Enhanced Excellence BCA has received \$15,000.00 in funding to support this project.



- Activities: Past – 2019 BC Sprint/Hurdle Project Warm Weather Camp; March 2019; Las Vegas, Nevada
 - 28 athletes & coaches attended
 - Support for Chiropractor to Attend (Erik Yuill from Fortius Sport & Health)
 - Support for Expert Coach to attend (Paul Gamble from Fortius Sport & Health)
- Discussion around the inclusion of Jumps is taking place

5. 2019 BC Team Program

- [2019 National Championships Performance Summary – Overall Snapshot](#)
- **2019 BC Senior Team**
 - Competed at the Canadian Track & Field Championships (Montreal, QC) July 25th – 28th, 2019
 - 23 Athletes Selected – [Team List](#)
 - 5 Coaches, 1 Manager, & 1 Physio travelled with team
 - [Performance Analysis](#)
- **2019 BC Para Athletics Team**
 - Competed at the Canadian Track & Field Championships (Montreal, QC) July 25th – 28th, 2019
 - 23 Athletes Selected – [Team List](#)
 - 5 Coaches, 1 Manager, & 1 Physio travelled with team
 - [Performance Analysis](#)
- **2019 BC U20 Team**
 - Competed at the Canadian Track & Field Championships (Montreal, QC) July 25th – 28th, 2019
 - 23 Athletes Selected – [Team List](#)
 - 5 Coaches, 1 Manager, & 1 Physio travelled with team
 - [Performance Analysis](#)
- **2019 BC/Yukon Team**
 - Competed at the 2019 Legion National Track & Field Championships (Sydney, NS) August 9th - August 13th
 - Legion National Track & Field Selection Trials were held in combination with the BC Athletics Jamboree on July 5-7th , 2019
 - Full team of 40 athletes (25 U18, 15 U16) were selected and travelled to the Championships
 - Team Lists ([U16](#)), ([U18](#))
 - 4 Coaches and 4 Managers/Chaperones travelled with team
 - [U16 Performance Analysis](#)
 - [U18 Performance Analysis](#)



- **2019 BC Athletes on National Teams – Performance Analysis**

- [2019 Summer Universiade \(FISU\)](#)
- [2019 U18 NACAC Championships](#)
- [2019 U23 NACAC Championships](#)
- [2019 Pan American U20 Championships](#)
- [2019 Pan American Games](#)
- [2019 Para Pan American Games](#)

6. 2018/2019 BC Athletics Training Camps & Events

- **Overview of Athletics Canada’s High Performance Program & The New IAAF World Rankings System**

- Date: Dec 1st, 2018
- Location: Granville Island Hotel, Vancouver, BC
- Attendees: Open to High Performance Athletes & Coaches
- Presenter: Simon Nathan, High Performance Director, Athletics Canada

- **BC Athletics High Performance Development Camp**

- Date: January 19, 2019
- Location: Fortius Sport & health
- Attendees: Open to BC Athletics High Performance Targeted Athletes & Coaches
- Presenters:
 - Mental Performance - Danelle Kabush - Mental Performance Consultant
 - Nutrition: Fuelling for Performance - Joanna Irvine, Performance Nutritionist
 - Injury and Illness Prevention - Stephanie McCann, BScKin, MPT, OLY, CAFCI
 - Anti-Doping - Canadian Centre for Ethics in Sport (CCES)

- **BC Sprint/Hurdle Project Warm Weather Camp**

- Date: March 2019
- Location: Las Vegas, Nevada
- Camp Leaders: Laurier Primeau, Tara Self
- Expert Coach: Paul Gamble
- Attendees: Open to BC Athletics High Performance Targeted Athletes & Coaches

- **BC Throws Project Development Camp**

- Date: Sept 2019
- Location: Kamloops, BC
- Camp Leaders: Garrett Collier, Sheldan Gmitroski, Dylan Armstrong
- Attendees: Open to all Athletics Canada Members. Invites sent to BC Athletics High Performance Targeted Athletes & Coaches.



- **BC Endurance Project – Whistler High School XC Camp**
 - Date: August 22-25, 2019
 - Location: Whistler, BC
 - Hosted by BC Athletics & the BC Endurance Project
 - Open to all High School Aged Athletes
 - 36 Athletes Attended; 12 Staff/Run Leaders

7. Athlete Identification

- **RBC Training Ground**
 - 2019 locations included Langley, Prince George, Burnaby, Kamloops, Victoria, Vancouver
 - BC Athletics promoted the program to our membership and helped to identify coaches to assist at the events.
 - **Harry Jerome Scholarship**
 - Call for applications went out early in 2019.
 - Deadline for nominations was May 17th, 2019.
 - Harry Jerome Scholarship was awarded to 4 athletes on June 5, 2019.
 - 5 Athletes nominated for the award:
 - Carson Bradley
 - Antoine Minfray
 - Jasneet Nijjar
 - Noah Russell
 - [Press Release](#)
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Pillar: Competition

1. 2020 Calendar of Events

- 2020 will be a busy year highlighted by 2020 Olympic Games and BC Summer Games. Both events will have an impact on Event Calendars Nationally & Provincially.
- Working with Track & Field events to arrive a calendar that works for the meet organizers, athletes and cramped competition schedule.
- **Key Dates:**
 - Canadian Track & Field Championships – June 25–28, 2020
 - BC Track & Field Championships Jamboree – July 10-12, 2020
 - BC Summer Games – July 23–26, 2020
 - Olympic Games – July 24–August 9, 2020
 - National Youth Track & Field Championships – August 7-9, 2020



2. 2019 BC Athletics Event Congress

- BC Athletics Track & Field Events Congress is a meeting held annually to discuss scheduling on the BC Athletics Track & Field Calendar of Events for the upcoming season, and next 2 seasons.
- 2019 Date: October 9, 2019; 7:00pm – 8:30pm; Teleconference Format
- Working with event area experts to ensure that the BCA Calendar of Events sufficiently meets the needs of each event group / discipline (ex. Racewalk, Combined Events, etc.)

3. Event Sanctioning

- Oversaw the BC Athletics process for the sanctioning of Track & Field Competitions

Year	Sanctioned Events	Not Received	Cancelled Events	Male Participants	Female Participants	Males (Para)	Females (Para)	Total Participants	PESF Fees
2019	79	15	3	9,370	8,940	91	35	18,436	\$6,078.07
2018	68	2	3	11,432	10,691	89	57	22,269	\$6,968.42
2017	76	5	3	10,951	10,087	44	27	21,109	\$6,221.96

“Traditional” BC Athletics Sanctioned Meets

Event	Total	Event Name	Total Participants	Increase/Decrease	% Increase / Decrease
2018 Harry Jerome Indoor Games	435	Harry Jerome Indoor Games - 2019	480	45	10.34%
2018 Gary Reed Indoor Invitational	139	Gary Reed Indoor Invitational	173	34	24.46%
Van Ryswyk Invitational / BC Masters Indoor Champ	173	2019 Van Ryswyk / BC Masters Championships	83	-90	-52.02%
2018 Emilie Mondor Invitational	269	2019 Emilie Mondor Invitational	328	59	21.93%
UBC Open 2018	432	UBC Open	325	-107	-24.77%
VOC Elementary School Track Meet	633	VOC Elementary Track Meet	676	43	6.79%
NorWesters Elementaries Meet	316	Norwesters Elementaries Meet	334	18	5.70%
2018 Vancouver Elementary Schools Champions	833	Vancouver Elementary School T&F Champs	993	160	19.21%
2018 Best Western Battle of the Border	429	2019 Battle of the Border	400	-29	-6.76%
Elwood Wylie Memorial Track & Field Meet	479	Elwood Wylie Memorial Track & Field Meet	373	-106	-22.13%
2018 Bob Dailey Memorial	358	2019 Bob Dailey Memorial	293	-65	-18.16%
2018 Dylan Armstrong Classic	373	2019 Dylan Armstrong Classic	205	-168	-45.04%
SFTC 2018 Junior Olympics	325	South Fraser Junior Olympics	226	-99	-30.46%
West Kootenay Legion Track Meet	146	West Kootenay Legion Track Meet	103	-43	-29.45%
Lower Island High School Track & Field Champio	450	Lower Island High School Track & Field Champions	406	-44	-9.78%
13th Annual Eagle Classic Track & Field Meet	420	14th Annual Eagles Classic	486	66	15.71%
Dogwood Track & Field Meet	370	2019 Dogwood Track & Field Meet	341	-29	-7.84%
2018 Okanagan Zone Championships	378	2019 Okanagan Valley HS Championships	387	9	2.38%
Fraser Valley High School Championships	1209	Fraser Valley Track & Field Championships	1160	-49	-4.05%
Vancouver Island High School Championships	681	Vancouver Island High School Track & Field Cham	798	117	17.18%
BC Elementary School Championships	1259	51st BC Elementary School Track & Field Champio	1147	-112	-8.90%
Jack Brow Memorial Meet	445	Jack Brow Memorial Meet	362	-83	-18.65%
2018 BC Athletics Track & Field Championship	664	2019 BC Championships Jamboree	673	9	1.36%
Bc High School Track & Field Championships	1941	BC High School Championships	1903	-38	-1.96%
2018 BC Athletics JD Pentathlon Championships	204	2019 BC Athletics JD Pentathlon Championships	178	-26	-12.75%
Trevor Craven Memorial Meet	657	Trevor Craven Memorial Meet	574	-83	-12.63%
Jesse Bent Invitational Track & Field Meet	979	Jesse Bent Invitational Track & Field Meet	891	-88	-8.99%
2018 JD Track & Field Championships	323	2019 JD Track & Field Championships	463	140	43.34%
Universal Track & Field Meet	448	Universal Track & Field Meet	464	16	3.57%
Total	15768		15225	-543	-3.44%

Comments:

- The Number of Sanctioned Events increased by 16% (11 events)
- The Total Number of Athletes competing in Sanctioned events is still not clear as we are awaiting 15 Post Event Sanctioning Forms.
- Traditional BCA Sanctioned Meets on average saw a decline in participation by 3.4%.



Pillar: Organization Capacity

1. Organizational Management - Professional Development

- Completed 1-year part-time Graduate Certificate program through UBC, “High Performance Coach & Technical Leadership”

2. Communication and Marketing

• BC Athletics’ Social Media

- Efforts made to highlight BC Athlete’s performances through the use of Events, Blog, Website & Social Media
- Since Oct 1, 2019 we’ve witnessed growth across all channels:
 - a. Increase Instagram Followers from ~1792 to 2260 (+26%)
 - b. Increased Facebook Followers from 1233 to 2053 (+66.5%)
 - c. Twitter Followers from ~2505 to 2582 (+3%)

• Athletics Canada Annual Athlete of the Year Awards

- Winners:
 - Arnold Boldt Award – Ambulatory Athlete of the Year – Nathan Riech (UNBC)
 - Fred Begley Memorial Trophy – Off-Track Athlete of the Year – Cameron Levins (UNBC)
 - Eric E. Coy Trophy – U20 Athlete of the Year – Camryn Rogers (KJAK)

• Sport BC Annual Athlete of the Year Awards

- **BC Athletics Nominees***: (*Nominated by the Track & Field Committee)
 - **High School Female Athlete – Taryn O’Neill**
 - High School Male Athlete – Jarrett Chong
 - Junior (U24) Female Athlete – Camryn Rogers
 - Junior (U24) Male Athlete – Jerome Blake
 - Athlete with a Disability – Tristan Smyth
 - Senior Female Athlete - Rachel Cliff
 - Senior Male Athlete – Django Lovett
 - Team of the Year – Coquitlam Cheetahs 4x100m
 - Harry Jerome Comeback Award – Taryn O’Neill
 - Master Athlete of the Year – David Guss
 - Female Coach of the Year – Malindi Elmore
 - Male Coach of the Year – Ziggy Szlagowicz