

## Zone 7 and 8

**Prepared by Cathy Johnson**

### **Summary**

During the outdoor season the central interior track and field clubs have focused on professional development of coaches, athletes, and training officials. With the upcoming B.C. Summer Games (2022) the Prince George Track and Field Club in coordination with other clubs, and the City of Prince George are preparing to host test events to ensure the success of the B.C. Games. I have presented several initiatives to clubs in the central interior to help coordinate efforts to increasing track and field participation numbers of all ages.

Goals which have been reached are as follows:

1. Officials training was held in Prince George at a local high school. John and Carol Cull came up and were able to run a clinic and help at the PGTF meet the following day. The PGTF club, Quesnel, and Vanderhoof, are all looking to help with officiating for the upcoming outdoor season in 2020. The PGTF now have level 2 trained officials and they are willing to train more volunteers. Efforts will be made by the club to recruit volunteers to help

with local meets and other meets around the province. PGTF will be reaching out to John and Carol Cull after Christmas.

2. Clubs have now connected with Engage Sport North who will be running Run, Jump, Throw, Clinic. Clubs have expressed interests as more young athletes are wanting to participate in track. Clubs want potential coaches to take Run, Jump, Throw, in order to prepare to deliver programming to younger athletes. Dates for Run, Jump, Throw are TBA.
3. Test event for B.C. Summer Games 2022 will be the Legion meet. The legion meet will be hosted in Prince George by the PGTF, City of Prince George, and other clubs in the Central Interior. I will be working closely with the PGTF as part of the meet committee to plan the test event.

#### Needs:

- Training/coaching in specialized areas such as: Pole vault, triple jump, and long jump.  
  
-Although facilitators have come up for club coach training in the jumps. Clubs would like to have more people come up who can demonstrate and specialize in the above areas.

**-Please forward any contact information of people that can help our zones with this to me.** The clubs have reached out to a few people who have specialized in the above areas here in our zone, but many are committed to club activities and can't seem to make time to commit to help.