

2020 BC MASTERS INDOOR T&F RECORDS

(NEW RECORDS SET IN 2020 – 28 BC + 2 tie , 4 CR + 1 tie, 0WR)

* As of July, 2020

| <u>AGE</u> | <u>RECORD</u> | <u>RECORD HOLDER</u> | <u>AGE</u> | <u>DATE</u> | <u>VENUE</u> | |
|-----------------------|-----------------|---|------------|-------------|--------------|---------------|
| 60M | | | | | | |
| M75 | 9.17 | Tom Ukonmaanaho | 75 | 29/02/20 | Kamloops, BC | |
| 200M | | | | | | |
| W65 | 33.03 | Elaine Whidden | 65 | 01/03/20 | Kamloops, BC | |
| M75 | 30.72 | Tom Ukonmaanaho | 75 | 01/03/20 | Kamloops, BC | |
| 400M | | | | | | |
| W60 | 1:17.77 | Cindy O'Brien Hugh | 61 | 29/02/20 | Kamloops, BC | |
| W65 | 1:22.79 | Elaine Whidden | 65 | 29/03/20 | Kamloops, BC | |
| 800M | | | | | | |
| M75 | 2:56.97 | Mark Stewart | 75 | 01/03/20 | Kamloops, BC | |
| 1500M | | | | | | |
| M75 | 6:26.11 | Mark Stewart | 75 | 29/02/20 | Kamloops, BC | |
| M85 | 8:35.48 | Donald Currie | 86 | 29/02/20 | Kamloops, BC | |
| 3000M | | | | | | |
| M65 | 13:34.72 | Kelly Sharp | 65 | 28/02/20 | Kamloops, BC | |
| M75 | 13:32.90 | Mark Stewart | 75 | 28/02/20 | Kamloops, BC | |
| 60M HURDLES | | | | | | |
| W40 | 10.51 | Jeannette Van Den Bulk | 42 | 08/03/20 | Toronto, ON | |
| M80 | 13.94 | Lynn Thompson | 80 | 01/03/20 | Kamloops, BC | |
| 4x200M RELAY | | | | | | |
| W55 | 2:19.31 | Denise Bonin(64), Elaine Whidden(65) Sharon Hann(59), Cindy O'Brien Hugh(61) | | 01/03/20 | Kamloops, BC | |
| M75 | 2:19.66 | Tom Ukonmaanaho(75), Arthur Gee(76) Surinder Shah(76), Mark Stewart(75) | | 01/03/20 | Kamloops, BC | CR |
| 4x400M RELAY | | | | | | |
| M75 | 5:56.45 | Tom Ukonmaanaho(75), Arthur Gee(76) Surinder Shah(76), Mark Stewart(75) | | 29/02/20 | Kamloops, BC | CR |
| TRIPLE JUMP | | | | | | |
| M35 new | 11.73 | Dwight Liburd | 37 | 07/02/20 | Kamloops, BC | |
| M80 | 7.07 | Lynn Thompson | 80 | 29/02/20 | Kamloops, BC | |
| HIGH JUMP | | | | | | |
| W50 | 1.50 tie | Sunette Lessing | 52 | 29/02/20 | Kamloops, BC | CR tie |
| W60 | 1.40 | Monica Pomietlarz | 61 | 29/02/20 | Kamloops, BC | CR |
| M35 new | 1.60 | Jonathan Sawatzky | 39 | 29/02/20 | Kamloops, BC | |
| M80 | 1.05 tie | Karl Mey | 83 | 08/02/20 | Kamloops, BC | |
| POLE VAULT | | | | | | |
| M75 | 2.30 | Tom Ukonmaanaho | 75 | 28/02/20 | Kamloops, BC | |
| SHOT PUT | | | | | | |
| W60 | 10.20 | Monica Pomietlarz | 61 | 28/02/20 | Kamloops, BC | CR |
| W70 | 7.33 | Marilyn Benz | 70 | 28/02/20 | Kamloops, BC | |
| W80 | 7.29 | Gerda Crosthwaite | 80 | 28/02/20 | Kamloops, BC | |
| M85 | 9.42 | Bruce Butcher | 85 | 28/02/20 | Kamloops, BC | |
| WEIGHT THROW | | | | | | |
| M70 | 15.81 | Harneke Toor | 73 | 28/02/20 | Kamloops, BC | |
| 3000M RACEWALK | | | | | | |
| W65 | 19:59.72 | Suzanne Sharp | 66 | 28/02/20 | Kamloops, BC | |
| PENTATHLON | | | | | | |
| M50 | 2561 | Gary Silvester (11.17/547, 4.51/490, 11.21/675, 1.43/512, 4:09.59/337) | 51 | 01/03/20 | Kamloops, BC | |
| M70 | 2341 | Sven Donaldson (13.73/433, 3.13/411, 7.76/481, 1.25/670, 5:05.48/346) | 70 | 01/03/20 | Kamloops, BC | |

Respectively submitted: Harold Morioka