

Cathy Johnson Zone 7 and 8 Representative

Cathy Johnson has been involved in athletics for the past 20 years. Cathy has competed both internationally and nationally in athletics and is a track and field alumna for The Ohio State University. Cathy has used her position as a coach and teacher to develop athletes. Throughout her career she has focused on reducing barriers which would prevent athletes who can't access proper coaching or facilities. Cathy has run track camps inviting all Northern B.C. clubs to attend namely the Gary Reed camp, and PGTF development camp. Cathy currently serves as the official's representative for her zones and looks forward to developing coaches of all ages to help run meets across the Province. Cathy believes an integral part of athletes enjoying their competitions are the officials who keep things running smoothly and fairly.

Living in the Central Interior of B.C. Cathy has taken on many initiatives to help para athletes, Indigenous athletes, or able bodied athletes participate to the best of their abilities in track and field. As zone rep Cathy continually endeavors to promote equity and equal opportunity for all athletes who would like to be involved in athletics at recreational or high performance levels. Furthermore, Cathy would like to create more opportunities for Northern B.C. athletes, coaches, parents, and clubs to come together, and share their love of athletics with each other through competitions, clinics.