





## Thunderbirds Mini-Meet November 16th, 2021 Vancouver, BC

BC Athletics Sanctioned. Co-hosted by the UBC Thunderbirds and the Vancouver Thunderbirds. Rashpal Dhillon Track & Field Oval, 2329 Wesbrook Mall, Vancouver, BC, V6T 1Z3

## **Entry Restrictions:**

\*Minimum age: this meet is open to runners born in 2005 and earlier

\*Time standards: the 5,000m is open to runners capable of sub-20:00 (W) & sub-16:30 (M)

## **Tentative Schedule:**

Women 300m – 4:10pm Men Long Jump – 4:15pm

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Women 3,000m - 4:20pm

Men 3,000m – 4:35pm

Women 5,000m – 4:50pm Women Long Jump 5:00pm

Men 5,000m - 5:15pm

Women~4~x~400m-5:40pm

Men  $4 \times 400m - 5:50pm$ 

\*Mixed 5,000m Racewalk – 6:00pm

A final schedule will be emailed to all participants within 24 hours of the entry deadline. Please report to the start line 15 minutes prior to the official race time to check in.

Entry Fee: \$20 per event

Register Online: www.trackiereg.com/2021ThunderbirdsMiniMeet

Entry Deadline: 11:59pm Saturday, November 13, 2021

**Athletic Trainers:** There will be an athletic trainer from UBC on-site.

Meet Director: Steve Weiler, steve.weiler@ubc.ca

**Parking**: There is street parking available along Wesbrook Mall and East Mall. Thunderbird Parkade is the closest parkade. Visit <u>UBC Parking</u> for more information.