Track Events for Sunday, May 30, 2021

Junior Development Track Events

Time	Events	Age Group

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11:00 AM	80m Hurdles	13/12 Yr Women/Men
	60m Hurdles	11, 10, 9 Yr Women/Men
	600m	11, 10, 9 Yr Women/Men
	100m	13 to 9 Yr Women/Men
	60m	11, 10, 9 Yr Women/Men
	200m	13 to 11 Yr Women/Men

Junior Development Field Events

1:30 PM	Long Jump	11, 10, 9 Yr Women/Men
1:30 PM	Shot Put	13/12 Yr Women/Men
2:30 PM	Shot Put	11, 10, 9 Yr Women/Men
2:30 PM	Long Jump	13/12 Yr Women/Men

Senior Plus to U16 Field Events

11:45 AM	Triple Jump	Senior Plus Women/Men
12:30 PM	Long Jump	U16/U18/U20/Senior & Plus Women/Men

Senior Plus to U16 Track Events

1:30 PM	110m Hurdles	Senior Plus Men
1:45 PM	110m Hurdles	Senior/U20/U18 Men
	100m Hurdles	Senior/U20/U18 Women, U16 Men
	400m	Senior/U20/U18 Women/Men
	300m	U16 Women/Men
	100m	Senior to 14 Yr Women/Men
	200m	Senior to 14 Yr Women/Men
	Second Chance 100m	Senior to 14 Yr Women/Men

3:30 PM 100m	Senior Plus Men
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