

## 2022 Track and Field Committee Annual Report

### Tara Self – Chair

#### Track and Field Committee

Track and Field Committee is responsible for but not limited to:

- Setting selection standards for BC Teams in Track and Field Competitions
- Selecting the athletes for BC Teams
- Selecting the coaching staff for the BC Teams
- Selecting athletes for the BC Athletics Annual Awards for Excellence for U16, U18, U20 and Senior categories
- Selecting athletes for the BC AAP – BC Athlete Assistance Program
- Selecting BC Athletics Championships hosts, date sites for U16, U18, U20 and Senior age groups

#### 2021/2022 Committee:

1. Tyler Heisterman (Board Liaison)
2. Tara Self (Chair - Sprints/Hurdles)
3. Nicholas Ayin (Male Athlete Rep - Sprints/Hurdles)
4. Jessica Smith (Female Athlete Rep - Middle Distance)
5. Malindi Elmore (Middle Distance)
6. Open (Throws)
7. Sheldan Gmitroksi (Throws)
8. Jamie Sinclair (Jumps)
9. Jeannie Cockcroft (Jumps)
10. Open (Para)
11. Pat Sima-Ledding (Combined Events)
12. Barb Vida (Combined Events)

#### Year in Review

2022 was a very successful return to track and field in BC. With a significant number of meets held through the spring and summer, track and field is alive and well post the Covid-19 pandemic. Hosted this season in BC were the Pacific Distance Carnival as well as the Canadian Track and Field Championships. Both were held with great success and BC athletes performed exceptionally well. BC Athletics sent BC Teams, U20 and Senior, to the Canadian Championships in Langley, a U18/15 year old team to Canadian Legion Nationals in Sherbrooke, Que., and a Canada Summer Games Team to Niagara, Ont.

At the Canadian U20/Senior Nationals, BC Team athlete's captured 19 gold medals, 11 silver medals, 5 bronze medals as well as 65 top 10 performances and 17 personal bests. At the Canadian Legion U18/15 year old

Championships, BC Team athlete's brought home 20 gold medals, 16 silver medals, 7 bronze medals as well as 62 top 10 performances, 17 personal bests and 4 Championship Records.

BC athletes also were successful in making Canadian National Teams. 14 BC athletes attended the World Athletics Championships in Eugene, Oregon. 7 BC athletes attended the U20 World Athletics Championships in Cali, Colombia and 10 BC athletes attended the Commonwealth Games in Birmingham, England.

#### Initiatives/Plans 2022-2024

##### *BC Sprints/Jumps/Hurdles Project*

- Coach Education Scholarship Program - To advance coach development within the Sprints, Jumps and Hurdles event groups by supporting these coaches to pursue coach development opportunities that are relevant to advancing their coaching practice.
- Athlete/Coach Training Camp Travel Grant – A travel grant to support athletes and coaches in the Sprints, Jumps and Hurdles event groups to seek out opportunities that best suit their individual needs to prepare for their competitive season.

##### *BC Throws Project*

- Development Camp – To develop athletes in the Throws to achieve national and international performance standards. To increase coach and athlete support and develop a “BC Throws Development Pathway” to address recruitment and talent identification.
- BC Throws Summit – For professional development, future planning and coach/athlete presentations, roundtable discussion and practical tools for training sessions.

##### *BC Athletics Athlete Assistance Program*

- Maintain or increase level of funding available to those high performance athletes who meet the performance criteria
- Continue to evaluate the performance criteria annually
- Implement criteria that is inclusive of para athletes

##### *BC Athletics High Performance Program*

- Increase awareness of the Programs and Services available as part of the High Performance Program – especially to U16-U20 athletes (high school recruitment)
- Use YOY retention as a metric to evaluate the success of this program
- Continue to work with CSI-P in making the program as accessible as possible, with more athletes registering with CSI-P

- Identify and support coaches in professional development and in the coaching certification pathway. As having coaching certification is now required for coaches to have access to a coaching pass at National Championships, it is of greater importance to get our BC coaches certified at the Club Coach and Performance Coach levels. This certification is also significant for selection of coaches to staff our BC Teams at all levels. Many team competitions like Canada Summer Games requires the Head Coach to be Performance Coach certified. This should now become a priority so that going forward we can staff teams with the appropriately certified coaches.

### 2023 Key Dates

- World Athletics Relays – May 13-14, Guangzhou, China
- 2023 BC Athletics Provincial Championship Jamboree – July 7-9, TBA
- Pan Am U20 Championships, July 21-23, TBA
- 2023 Canadian Track & Field Championships – July 26-30, Langley, BC
- FISU World University Games – Aug 8-19, Yekaterinbug, Russia
- Legion Youth National Track & Field Championships – Aug 11-13, Sherbrooke, QC
- World Athletics Championships – Aug 19-27, Budapest, Hungary
- Pan Am Games – Oct 20-Nov 5, Santiago, Chile
- Para Pan Am Games – Nov 17-25, Santiago, Chile