



# Report to BC Athletics Annual Report 2020-2021

Jennifer Brown, Coach Education Coordinator

The Coach Education Report connects to the Technical Leadership Pillar of the Strategic Plan. It covers NCCP Coach Education Courses, Professional Development Opportunities, NCCP Coach Evaluations, and Coach Developer (Learning Facilitators and Evaluators) Training.

## • NCCP Coach Education

### 1.1 Updates

- **Road Running:** A new road running course for community run leaders has been developed with AC and the coaching committee. It is one 8 hr day and will be piloted in BC this fall.
- **Performance Coach:** Performance coach is being revised in 2023. The last of the older course is happening this fall in BC Oct 7-10<sup>th</sup> in Langley. We are expecting 35 participants so far from across the country. We have an excellent line up of facilitators. It would be a great opportunity for coaches to attend as it may not be back in BC for another 1-2 years.
  - i. Hotel rates are secured at \$129 for participants
  - ii. Club coach cert required (exceptions may apply), contact Jen Brown to get started
  - iii. More info found at [www.trackiereg.com/PC2022](http://www.trackiereg.com/PC2022)
- **Athlete Opportunity:** We are looking for athletes to do technical demonstrations Sat and Sun Oct 8/9 for the performance coach course. Times vary based on events and athlete availability. Email [Jennifer.brown@bcathletics.org](mailto:Jennifer.brown@bcathletics.org) if interested.
- **Coach Planning:** We are currently developing our course calendar for the fall. Clubs should email [Jennifer.brown@bcathletics.org](mailto:Jennifer.brown@bcathletics.org) if they are interested in hosting.
  - i. They can also [fill out this form](#) to indicate if they would like a course in their area this year, if they would like to host, and the frequency/ time of year they would like courses in their region in the future so that we can create a consistent schedule.

### .2 Courses to Date Aug 2021-2022

- 28 courses, 256 coaches

Date	Course	Place	Host	Learning Facilitator(s), LFs	#'s
NCCP Athletics Courses – (FoC = Foundations of Coaching, theory of Sport and Club Coach)					
Sept 25-26	Sport Coach Technical	Penticton	PTFC	Brenda Van Tighem	6
Sept 21-18	FoC	Online	BCA	Brenda VT	4
Oct 2-3	Sport Coach Technical	Vancouver	TBIR	Barb Vida	15
Oct 18-25	FoC	Online	BCA	Amber Gilbert	12
Oct 30-31	Sport Coach Tech. for master athletes	Surrey	GREY	Barb Vida	6
Nov 6-7	Sport Coach Technical	Nanaimo	NTFC	Sean Steele	4

Nov 21-28	Sport Coach Technical	West Van	WVAN	Barb Vida	7
Jan 25	FoC LF Training	Online	BCA	Amber Gilbert	6
Jan 31-Feb6	FoC	Online	BCA	Amber G, Ross Browne	7
Feb 20-27	FoC	Online	BCA	Brenda Van Tighem, Kathleen Henderson	9
Mar 5-6	Sport Coach + RJTW Tech.	Squamish	S2S	Amber G	5
Mar 5-6	Sport Coach + RJTW Tech.	Masset	HGRec	Barb Vida	9
Mar 12-13	Club Coach Technical	Surrey	OATF	Barb V., Mike VT, Byron Jack, Cristina Weir Garrett Collier. <i>Throws cancelled, low #</i>	26
Mar30-Apr6	FoC	Online	BCA	Barb Vida	8
Apr 2-3	Sport Coach Tech.	Delta	UATH	Barb V	18
Apr 2-3	Club Coach Tech.	Nanaimo	NTFC	Jenn Joyce, Elena V, Sven Donaldson ( <i>sprints and endurance cancelled for low #</i> )	7
Apr 9 -10	Club Coach Tech.	Penticton	PETF	Brenda VT, Mike VT, Jenn J, Shane Wiebe ( <i>jumps cancelled for low #</i> )	9
Apr 16	Sport Coach Tech	Victoria	AVTF	Sean Steele	5
Apr 23-24	Sport Coach Tech.	Kelowna	OAC	Barb Vida	5
Oct 7-10	Performance Coach	Langley	TWU	Mike VT, Brenda VT, Jason Reindl, Carmyn J, Kim Cousins	35 +
<b>NCCP A NCCP Multi-Sport Courses (MED required for our courses, others required for Performance Coach)</b>					
Jan 18	Psych. of Performance	Online	BCA	Conan Cooper	11
Feb 1	Manage a Sport Program	Online	BCA	Gail Donohue	11
Feb 6	Make Ethical Decisions	Online	BCA	Jenn Schutz	12
Feb 15	Managing Conflict	Online	BCA	Jenn Schutz	11
Mar 1	MED	Online	BCA	Jenn Schutz	12
Mar 6	Coach/Lead Effectively	Online	BCA	Jenn Schutz	9
Apr 20	MED	Online	BCA	Jenn Schutz	12
July 12	MED	Online	BCA	Jenn Schutz	10

## • Professional Development Opportunities

### 2.1 Updates

- Athletics Canada is developed a mentorship for coaches at a higher performing level last fall that will continue again this year

### 2.1 Professional Development to date Aug 2020-Aug 2021

Date	Course	Place	Host	Learning Facilitator(s), LFs	#'s
Sept	Throws Camp	Kamloops			7
Nov	Throws Summit	Online	BCA		24
Jan 23	Female Athlete Workshop	Online	BCA	Amy Bowe	19
Feb 26	Functional Anatomy of the Running Body	Online	BCA	Dr Wilbur Kelsick	8

## 3 Coach Evaluation

### 3.1 Updates

- Athletics Canada implanted standards of being club coach certified for acquire a coaching pass at national competitions. Coaches are encouraged to seek out this certification at least 1 month prior to competitions. If they feel they have the relevant knowledge and experience they can skip the course and go straight to the evaluation.

### **3.3 Evaluations to date Aug 2020– Aug 2021**

	Evaluation	#'s
1	Sport Coach	4
2	Club Coach	21
3	Performance Coach	12
	Total:	37

## **4 Coach Developers**

### **4.1 Updates:**

- We are training new Learning Facilitators in each region. If you know of a potential candidate, please email Jen Brown
  - 6 LFs were trained in Foundations of Coaching online
  - 3 Club Coach LFs:
    - Lower Mainland – 1 Jumps, 1 Throws;
    - Island – 1 jumps;
  - Evaluators:
    - Lower Mainland – 1 endurance, 1 jumps;
    - Island – 1 sprints, 1 throw