

2022 DELTA TRACK & FIELD CHAMPIONSHIPS SCHEDULE

Times are all estimates – dependent on the number of athletes

*SOP= Special Olympics/Para

TUESDAY, May 10 – NORTH DELTA TRACK

TRACK EVENTS

3:30	4x100m Heats	SG/SB/JrG/JrB/8G/8B
4:45	800m Timed Final	SG/SB/JrG/JrB/8G/8B
5:45	100m Heats	SG/SB/JrG/JrB/8G/8B

FIELD EVENTS FIELD EVENTS GET ONLY 3 ATTEMPTS – THERE IS NOT A FINAL

	TRIPLE JUMP		DISCUS		High Jump
3:30	GR 8 GIRLS		GR 8 BOYS		GR 8 Boys
4:30	JR/SR GIRLS		JR/SR BOYS		JR/SR Boys

WEDNESDAY, MAY 11 – NORTH DELTA TRACK

TRACK EVENTS

3:30	200m Heats	SG/SB/JrG/JrB/8G/8B
4:30	3000m Timed Final	SG/JR/8G
4:50	3000m Timed Final	SB/JB/8B

FIELD EVENTS FIELD EVENTS GET ONLY 3 ATTEMPTS – THERE IS NOT A FINAL

	DISCUS		TRIPLE JUMP		High Jump
3:30	GR 8 GIRLS		GR 8 BOYS		GR 8 GIRLS
4:30	JR/SR GIRLS		JR/SR BOYS		JR/SR GIRLS

FRIDAY, MAY 13 – NORTH DELTA TRACK

TRACK SCHEDULE

9:00	200m Finals	SG/SB/JRG/JRB/8G/8B
9:30	1500m Timed Final	SG/SB/JRG/JRB/8G/8B
10:45	100m Finals	SOP/SG/SB/JrG/JrB/8G/8B
12:00	400m Timed Final	SOP/SG/SB/JrG/JrB/8G/8B
1:00	4x100m Finals	SG/SB/JrG/JrB/8G/8B
2:00	4x400m Timed Final	SG/SB/JrG/JrB/8G/8B

FIELD SCHEDULE FIELD EVENTS GET ONLY 3 ATTEMPTS – THERE IS NOT A FINAL

	9:00	10:00	11:00	12:00	1:00	2:00
Shot Put	8 boys	Jr boys	Sr Boys	SOP	8 girls	Sr/Jr Girls
Javelin	Jr Boys	Sr. Boys	Jr Girls	Sr Girls	8 boys	8 girls
Long Jump 1	8 Boys		Jr Boys		Sr. Boys	
Long Jump 2	Jr Girls		8 Girls		Sr. Girls	