

**BC ATHLETICS 2022 TRACK AND FIELD JAMBOREE**  
**U16, U18, U20, SENIOR, PARA & COMBINED EVENTS**  
**TENTATIVE TRACK & COMBINED EVENTS SCHEDULE (May 9, 2022)**

FRIDAY JULY 8, 2022

TRACK

5:30 pm	300m Semi Finals	Women U16	
5:45 pm	300m Semi Finals	Men U16	
6:10 pm	400m Semi Finals	Women U18	
6:20 pm	400m Semi Finals	Men U18	
6:25 pm	400m Semi Finals	Women U20	
6:35 pm	400m Semi Finals	Men U20	
6:40 pm	400m Semi Finals	Women Sr.	
6:50 pm	400m Semi Finals	Men Sr.	
7:10 pm	1500m SC	Women U16	
7:15 pm	1500m SC	Men U16	
7:25 pm	2000m SC	Women U18	
7:40 pm	3000m SC	Women U20, Sr.	
7:55 pm	2000m SC	Men U18	
8:10 pm	3000m SC	Men U20, Sr.	
8:40 pm	5000m Final	Women U20, Sr.	
9:00 pm	5000m Final	Men U20, Sr.	

SATURDAY JULY 9, 2022

TRACK

9:00 am	100m Dec	Men U18	
9:05 am	100m Dec	Men U20 & Senior	
9:20 am	80mH Pent	Women U16	
9:25 am	80mH Semi Finals	Women U16	
9:30 am	100mH Hep	Women U18	
9:35 am	100mH Semi Finals	Women U18	
9:40 am	100mH Semi Finals	Men U16	
9:45 am	100mH Hep	Women U20, Sr.	
9:50 am	100mH Pent	Men U16	
9:55am	100mH Semi Finals	Women U20	
10:00 am	100mH Semi Finals	Women Sr.	
10:05 am	110mH Semi Finals	Men U18	
10:10 am	110mH Semi Finals	Men U20	
10:15am	110mH Semi Finals	Men Sr.	
10:20 am	300m Final	Women U16	
10:25 am	300m Final	Men U16	
10:30 am	400m WC	Women & Men All	
10:35 am	400m Final	Women U18	
10:40 am	400m Final	Men U18	
10:50 am	400m Final	Women U20	
10:55 am	400m Final	Men U20	
11:00 am	400m Final	Women Sr.	
11:05 am	400m Final	Men Sr.	
11:10 am	100m Semi Finals	Women U16	
11:35 am	100m Semi Finals	Men U16	
11:55 am	100m Semi Finals	Women U18	
12:10pm	100m Semi Finals	Men U18	

12:15pm	100m Semi Final	Women U20	
12:20pm	100m Semi Finals	Men U20	
12:25pm	100m Semi Finals	Women Sr.	
12:30pm	100m Semi Finals	Men Sr.	
<b>12:35pm</b>	<b>Track Lunch Break</b>		
1:00 pm	1200m Final	Women U16	
1:15 pm	1200m Final	Women U16	
1:25 pm	1200m Final	Men U16	
1:30 pm	1500m WC	Women & Men All	
1:50 pm	80mH Final	Women U16	
2:05 pm	100mH Final	Women U18	
2:10 pm	100mH Final	Men U16	
2:15 pm	100mH Final	Women U20	
2:20 pm	100mH Final	Women Sr.	
2:30 pm	110mH Final	Men U18	
2:35 pm	110mH Final	Men U20	
2:40 pm	110mH Final	Men Sr.	
2:55 pm	200m Hep	Women U18, U20, Sr.	
3:05 pm	800m Pent	Women U16	
3:10 pm	1000m Pent	Men U16	
3:25 pm	1500m WC	All Women & Men	
3:30 pm	1500m Final	Women U18	
3:45 pm	1500m Final	Men U18	
3:55 pm	1500m Final	Women U20	
4:05 pm	1500m Final	Men U20	
4:10 pm	1500m Final	Women Sr.	
4:20 pm	1500m Final	Men Sr.	
4:40 pm	100m WC	Women & Men All	
4:45 pm	100m Final	Women U16	
4:55 pm	100m Final	Men U16	
5:05 pm	100m Final	Women U18	
5:10 pm	100m Final	Men U18	
5:15 pm	100m Final	Women U20	
5:20 pm	100m Final	Men U20	
5:25 pm	100m Final	Women Sr.	
5:30 pm	100m Final	Men Sr.	
5:35 pm	400m Dec	Men – U18	
5:40 pm	400m Dec	Men – U20 & Senior	

SATURDAY MULTI EVENTS – Approximate Time Schedule

Decathlon (Men U18, U20, Sr.)

9:00 am	100m
11:30 am	Long Jump
1:00 pm	Shot Put
2:00 pm	High Jump
5:35 pm	400m

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**Heptathlon (Women U18, U20, Sr.)**

9:30 am	100m Hurdles
10:30am	High Jump
12:30 pm	Shot Put
2:55 pm	200m

**Pentathlon (Women U16)**

9:20 am	80m Hurdles
10:30 am	High Jump
12:45 pm	Long Jump
2:00 pm	Shot Put
3:05 pm	800m

**Pentathlon (Men U16)**

9:50 am	100m Hurdles
10:30 am	Long Jump
11:45 am	Shot Put
1:00 pm	High Jump
3:10 pm	1000m

1:10 pm	400mH Final	Men U18	
1:20 pm	400mH Final	Men U20	
1:20 pm	400mH Final	Men Senior	
1:30 pm	200m WC	Women & Men All	
1:40 pm	200m Final	Women U16	
1:45 pm	200m Final	Men U16	
1:55 pm	200m Final	Women U18	
2:00 pm	200m Final	Men U18	
2:05 pm	200m Final	Women U20	
2:05 pm	200m Final	Men U20	
2:10 pm	200m Final	Women Sr.	
2:15 pm	200m Final	Men Sr.	
2:40 pm	800m WC	Women & Men All	
2:45 pm	800m Final	Women U16	
2:55 pm	800m Final	Men U16	
3:00 pm	800m Hep	Women U18, U20, Sr.	
3:10 pm	1500m Dec	Men U18, U20, Sr.	
3:10 pm	800m Final	Women U18	
3:15 pm	800m Final	Men U18	
3:25 pm	800m Final	Women U20	
3:30 pm	800m Final	Men U20	
3:40 pm	800m Final	Women Sr.	
3:45 pm	800m Final	Men Sr.	
4:15 pm	4x100m Relay	Women All Ages	
4:20 pm	4x100m Relay	Men All Ages	
4:25 pm	4x400m Relay	Women All Ages	
4:30 pm	4x400m Relay	Men All Ages	

**SUNDAY JULY 10, 2022**

**TRACK**

8:30 am	110mH Dec	Men U18	
8:35 am	110mH Dec	Men U20, Sr.	
8:45 am	10,000m RW	Women & Men U20, Sr.	
8:45 am	5000m RW	Women & Men U18,U20	
9:40 am	1500m RW	Women & Men U16	
9:50 am	2000m Final	Women U16	
10:00 am	2000m Final	Men U16	
10:15 am	3000m Final	Women U18	
10:30 am	3000m Final	Men U18	
10:45 am	200m Semi Finals	Women U16	
11:00 am	200m Semi Finals	Men U16	
11:15 am	200m Semi Finals	Women U18	
11:30 am	200m Semi Finals	Men U18	
11:35 am	200m Semi Finals	Women U20	
11:40 am	200m Semi Finals	Men U20	
11:45 am	200m Semi Finals	Women Sr.	
11:55 am	200m Semi Finals	Men Sr.	
12:00 pm	<b>Lunch Break</b>		
12:35 pm	300mH Final	Women U16	
12:45 pm	300mH Final	Men U16	
12:55 pm	400mH Final	Women U18	
1:05 pm	400mH Final	Women U20	
1:05 pm	400mH Final	Women Senior	

**SUNDAY MULTI EVENTS – Approximate Time Schedule**

**Heptathlon (Women U18, U20, Sr.)**

11:00 am	Long Jump
12:30 pm	Javelin
3:00 pm	800m

**Decathlon (Men U18, U20, Sr.)**

8:30 am	110m Hurdles
10:15 am	Discus
11:15 am	Pole Vault
2:00 pm	Javelin
3:10 pm	1500m