

MAY 27, 2022

TENTATIVE SCHEDULE

TRACK EVENTS					
Time	YOB	Age	Gender	Event	Note(s)
4:00 PM	2013	9Y	Girls	60m Hurdles	Timed Final
4:06 PM	2013	9Y	Boys	60m Hurdles	Timed Final
4:16 PM	2012	10Y	Girls	60m Hurdles	Timed Final
4:22 PM	2012	10Y	Boys	60m Hurdles	Timed Final
4:28 PM	2011	11Y	Girls	60m Hurdles	Timed Final
4:34 PM	2011	11Y	Boys	60m Hurdles	Timed Final
4:44 PM	2010	12Y	Girls	80m Hurdles	Timed Final
4:50 PM	2010	12Y	Boys	80m Hurdles	Timed Final
5:00 PM	2009	13Y	Girls	80m Hurdles	Timed Final
5:06 PM	2009	13Y	Boys	80m Hurdles	Timed Final
5:16 PM	2013	9Y	Girls	1000m	Timed Final
5:29 PM	2013	9Y	Boys	1000m	Timed Final
5:40 PM	2012	10Y	Girls	1000m	Timed Final
5:51 PM	2012	10Y	Boys	1000m	Timed Final
6:02 PM	2011	11Y	Girls	1000m	Timed Final
6:14 PM	2011	11Y	Boys	1000m	Timed Final
6:25 PM	2010	12Y	Girls	1200m	Timed Final
6:43 PM	2010	12Y	Boys	1200m	Timed Final
6:57 PM	2009	13Y	Girls	1200m	Timed Final
7:10 PM	2009	13Y	Boys	1200m	Timed Final
7:22 PM	2013	9Y	Mixed	4 x 100m	Timed Final
7:32 PM	2012	10Y	Mixed	4 x 100m	Timed Final
7:42 PM	2011	11Y	Mixed	4 x 100m	Timed Final
7:50 PM	2010	12Y	Mixed	4 x 100m	Timed Final
7:57 PM	2009	13Y	Mixed	4 x 100m	Timed Final

TRACK EVENT REMINDERS

** PLEASE NOTE THIS IS A TENTATIVE SCHEDULE.
A Final Schedule will be posted online at www.kajaks.ca on Thursday May 26th

* It is recommended that athletes arrive at Clement Track (Minoru Park) at least 1 HOUR before the scheduled start of their event.

* Athletes will be called to the marshalling tent prior to the start of their event by the meet announcer. Each event will receive a First, Second and Final call. Please listen carefully for your event to be called.

* If time permits the meet may run ahead of schedule. If this occurs, the meet will run no more than 20 minutes ahead.

FIELD EVENTS					
Time	YOB	Age	Gender	Event	Note(s)
3:00 PM	2012	10Y	Boys	High Jump	Final
3:00 PM	2012	10Y	Girls	High Jump	Final
3:00 PM	2013	9Y	Boys	Shot Put	Final
4:00 PM	2010	12Y	Girls	Discus	Final
5:00 PM	2011	11Y	Boys	High Jump	Final
5:00 PM	2010	12Y	Boys	High Jump	Final
5:00 PM	2013	9Y	Girls	Long Jump	Final
5:00 PM	2011	11Y	Girls	Shot Put	Final
6:00 PM	2013	12Y	Boys	Discus	Final
7:00 PM	2012	10Y	Boys	Long Jump	Final
7:00 PM	2009	13Y	Boys	Shot Put	Final

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* THROWS & JUMPS: All athletes competing in the throws and jumps events will receive 1 practice attempt (in order) and 3 competition attempts. Athletes, Coaches & Parents are reminded that there are minimum standards for measurement. Athletes will be allowed 1 (one) legal attempt under the minimum standard. All other attempts below the standard will not be measured.

* SHOT PUT: For safety reasons, proper technique will be monitored at field events. Specifically athletes entered in the Shot Put event are reminded that the shot (implement) cannot come away from the athletes neck during the throw. The implement (shot) must be pushed-put from the neck.

* HIGH JUMP: The meet will be utilizing 2 high jump pits. This will allow for the meet to run more than one high jump competition at a time, or split 2 large groups into 2 pits.

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Time	YOB	Age	Gender	Event	Note(s)
10:00 AM	2010	12Y	Girls	300m	Timed Final
10:09 AM	2010	12Y	Boys	300m	Timed Final
10:17 AM	2009	13Y	Girls	300m	Timed Final
10:25 AM	2009	13Y	Boys	300m	Timed Final
10:38 AM	2013	9Y	Girls	600m	Timed Final
10:50 AM	2013	9Y	Boys	600m	Timed Final
11:02 AM	2012	10Y	Girls	600m	Timed Final
11:13 AM	2012	10Y	Boys	600m	Timed Final
11:25 AM	2011	11Y	Girls	600m	Timed Final
11:36 AM	2011	11Y	Boys	600m	Timed Final
11:47 AM	2010	12Y	Girls	800m	Timed Final
12:05 PM	2010	12Y	Boys	800m	Timed Final
12:18 PM	2009	13Y	Girls	800m	Timed Final
12:31 PM	2009	13Y	Boys	800m	Timed Final
12:43 PM	2011	11Y	Girls	60m	Timed Final
1:00 PM	2011	11Y	Boys	60m	Timed Final
1:12 PM	2012	10Y	Girls	60m	Timed Final
1:25 PM	2012	10Y	Boys	60m	Timed Final
1:38 PM	2013	9Y	Girls	60m	Timed Final
1:51 PM	2013	9Y	Boys	60m	Timed Final
2:08 PM	2009	13Y	Girls	100m	Timed Final
2:21 PM	2009	13Y	Boys	100m	Timed Final
2:34 PM	2010	12Y	Girls	100m	Timed Final
2:47 PM	2010	12Y	Boys	100m	Timed Final
3:00 PM	2011	11Y	Girls	100m	Timed Final
3:14 PM	2011	11Y	Boys	100m	Timed Final
3:27 PM			<i>BREAK</i>		
3:37 PM			<i>TRACK RASCALS 50M DASH</i>		
4:07 PM	2013	9Y	Girls	4 x 100m	Timed Final
4:17 PM	2013	9Y	Boys	4 x 100m	Timed Final
4:27 PM	2012	10Y	Girls	4 x 100m	Timed Final
4:37 PM	2012	10Y	Boys	4 x 100m	Timed Final
4:47 PM	2011	11Y	Girls	4 x 100m	Timed Final
4:56 PM	2011	11Y	Boys	4 x 100m	Timed Final
5:05 PM	2010	12Y	Girls	4 x 100m	Timed Final
5:14 PM	2010	12Y	Boys	4 x 100m	Timed Final
5:23 PM	2009	13Y	Girls	4 x 100m	Timed Final
5:31 PM	2009	13Y	Boys	4 x 100m	Timed Final
5:40 PM	Multi Age	Multi	Girls	4 x 100m	Timed Final
5:47 PM	Multi Age	Multi	Boys	4 x 100m	Timed Final

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9:00 AM	2012	10Y	Boys	Discus	Final
9:00 AM	2010	12Y	Girls	High Jump	Final
9:00 AM	2011	11Y	Boys	Long Jump	Final
10:15 AM	2010	12Y	Boys	Shot Put	Final
11:00 AM	2011	11Y	Boys	Discus	Final
11:00 AM	-2011	11Y	Girls	Long Jump	Final
12:00 PM	2010	12Y	Girls	Shot Put	Final
12:00 PM	2009	13Y	Girls	High Jump	Final
1:00 PM	2012	10Y	Girls	Discus	Final
1:30 PM	2009	13Y	Girls	Long Jump	Final
2:15 PM	2011	11Y	Boys	Shot Put	Final
3:00 PM	2011	11Y	Girls	Discus	Final
3:00 PM	2013	9Y	Girls	High Jump	Final
3:00 PM	2013	9Y	Boys	High Jump	Final
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10:15 AM	2009	13Y	Girls	2000m	Timed Final
10:35 AM	2009	13Y	Boys	2000m	Timed Final
11:00 AM	2013	9Y	Girls	60m Shuttle Relay	Timed Final
11:04 AM	2013	9Y	Boys	60m Shuttle Relay	Timed Final
11:08 AM	2012	10Y	Girls	60m Shuttle Relay	Timed Final
11:12 AM	2012	10Y	Boys	60m Shuttle Relay	Timed Final
11:16 AM	2011	11Y	Girls	60m Shuttle Relay	Timed Final
11:20 AM	2011	11Y	Boys	60m Shuttle Relay	Timed Final
11:29 AM	2009	9Y	Girls	100m	Timed Final
11:43 AM	2009	9Y	Boys	100m	Timed Final
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12:30 PM	2012	11Y	Girls	200m	Timed Final
12:44 PM	2012	11Y	Boys	200m	Timed Final
12:58 PM	2011	12Y	Girls	200m	Timed Final
1:12 PM	2011	12Y	Boys	200m	Timed Final
1:25 PM	2010	13Y	Girls	200m	Timed Final
1:38 PM	2010	13Y	Boys	200m	Timed Final
1:56 PM	2011	11Y	Girls	1200m Relay	Timed Final
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2:18 PM	2010	12Y	Mixed	1200m Relay	Timed Final
2:29 PM	2010	12Y	Mixed	1200m Relay	Timed Final
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