

## OAC Twilight Meet #1 – Thursday April 28th,

### 2022 Schedule

#### Track events:

Track events run youngest to oldest, female and then male (except Hurdles)

- 5:30pm: 400m Hurdles (U18,U20, Senior)**
- 5:40pm: 300m Hurdles (U16)**
- 5:50pm: 200m Hurdles (U14)**
- 5:55pm: 1500m (U18, U20, Senior, Master)**
- 6:05pm: 1200m (U14, U16)**
- 6:10pm: 1000m (U10, U12)**
- 6:15pm: 100m (All age groups)**
- 6:30pm: 300m (U14, U16)**
- 6:35pm: 400m (U18, U20, Senior, Master)**
- 6:45pm: 600m (U10, U12)**
- 6:55pm: 800m (U14, U16, U20, Senior, Master)**

#### Field events:

- 5:00pm: Hammer (U12 and up)**
- 5:30pm: Long Jump (all age groups)**
- 6:00pm: Javelin (U12 and up)**

Please Note Age Groups:

U10: 2013 (9)

U12: 2012/2011 (10/11)

U14: 2010/2009 (12/13)

U16: 2008/2007 (14/15)

U18: 2006/2005 (16/17)

U20: 2004/2003 (18/19)

Senior: 2002-1988 (20 – 34)

Master: 1987+ (35+)

JD athletes (U10 – U14) are scored separately.