



SFU High Performance Meet #1
Saturday, March 19, 2022
SFU Burnaby Campus at Terry Fox Field and Track
*Tentative Schedule

FIELD EVENTS

1:00pm	Women's Triple Jump
1:45pm	Men's Triple Jump
2:30pm	Women's High Jump Men's Long Jump
3:30pm	Women's Long Jump Men's High Jump
*Throwing events contested off-campus at Percy Perry Stadium, Coquitlam	
9:00am	Women's Hammer Throw Men's Hammer Throw (to follow)
	Women's Javelin Men's Javelin (to follow)

TRACK EVENTS

1:00pm	Men's & Women's Mixed Community 5km
1:40pm	Women's 100m Hurdles (33")
1:50pm	Women's 400m
2:00pm	Men's 400m
2:10pm	Women's 100m
2:20pm	Men's 100m
2:30pm	Women's 400m Hurdles (30")
2:45pm	Men's 400m Hurdles (36")
2:55pm	Women's 3000m
3:15pm	Men's 3000m
3:30pm	Women's 800m
3:40pm	Men's 800m
3:50pm	Women's 200m
4:00pm	Men's 200m
4:10pm	Women's 1500m
4:20pm	Men's 1500m
4:30pm	Men's 4x400m
4:40pm	Women's 4x400m