

BCA Masters Committee Report – August 2023

Recognition

2022 BCA Masters Athlete of the Year

Female Road Running –	F40 Natasha Wodak (won Senior Canadian 10k championship)
	F40 – Malindi Elmore (won the Senior Canadian Marathon Championship)
Male Road Running –	M60 – David Guss (first M60 finisher in seven road races)
Female Track –	F85 – Christa Bortignon (broke four world records on the track)
Male Track –	M60 – Mark Pinckard (set Canadian records in mile, 800m and 1500m)
Female Field –	F85 – Christa Bortignon (set world records in the long jump and triple jump)
Male Field –	M70 – Reidar Zapf-Gilje (ranked #1 in Canada in 10 events)
Female Cross Country	F40 – Jen Millar (First overall finisher at the Canadian Championships)
Male Cross Country	M60 – Mark Pinckard (Best BC age graded male at Canadian Championships)

Outstanding performances for 2023 have not yet been selected.

Membership

In August 2022, we had 441 masters members. In August 2023 we had 494 members. These membership numbers include all members with a competitive masters membership. It does not include other age 35+ members with other types of membership.

Competitions

Masters Championships held:

January 8 – Pioneer 8K Saanich
February 24-26 Indoor Masters T&F Championships - Kamloops
March 11 – St Patrick's Day 5K Vancouver
April 16 – Sun Run 10K Vancouver
June 25 – Vancouver Half Marathon
June 30-July 2 BC Masters Outdoor T&F Championships – Kelowna (with Jack Brow)

Masters Championships still scheduled:

August 11-13 Canadian Masters Athletics T&F Championships – Langley
October 8 Marathon Championships - Victoria
October 14 BC Cross Country Championships - South Surrey

November 25 Canadian Cross Country Championships - Ottawa

Other Events

August 22-26 55+ BC Games Abbotsford

September 8-9 Multi Event Meet South Surrey hosted by Greyhounds

Results

Participation by BC Athletics Masters Members in BC championships:

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
5k	51	53	56	40	51	53	65	52			26	34
8k	44	44	26	35	22	17	39	43	28		14	15
10k	96	98	49	41	55	42	23	20			27	42
Half Mar.	78	74	87	71	31	35	22	15			32	26
Marathon	28	30	32	31	15	17	25	28			6?	
T&F Outdoor	102	128	103	137	89	126	161	140		164	130	82
T&F Indoor			27?	49	64	57	77	63	76		70	47
Cross Country	56	75	52	31	47	42	38	34		43	35	

Current members of the Masters Committee are: Jake Madderom, (chair), David Guss, Cristi Lundman (Board rep), Pete Dehal, Urith Hayley, and Edwin Lui.

Submitted by Jake Madderom – Chair BC Masters Committee