

2023 Track and Field Committee Annual Report

Tara Self – Chair

Track and Field Committee

The Track and Field Committee is responsible for but not limited to:

- Setting selection standards for BC Teams in Track and Field Competitions
- Selecting athletes for BC Teams
- Selecting coaching staff for the BC Teams
- Selecting athletes for the BC Athletics Annual Awards for Excellence for the U16, U18, U20 and Senior categories
- Selecting athletes for the BC AAP – BC Athlete Assistance Program
- Selecting BC Athletics Championship hosts and date sites for the U16, U18, U20 and Senior age groups

2022/2023 Committee

1. Garrett Collier (Board Liaison)
2. Tara Self (Chair – Sprints/Hurdles)
3. Nicholas Ayin (Sprints/Hurdles)
4. Jessica Brockerville (Distance)
5. Malindi Elmore (Distance)
6. Sheldon Gmitroksi (Throws)
7. Open (Throws)
8. Jaime Sinclair (Jumps)
9. Jeannie Cockcroft (Jumps)
10. Pat Sima-Ledding (Combined Events)
11. Open (Combined Events)
12. Jessica Ferguson (Para)
13. Open (Female Athlete Rep)
14. Open (Male Athlete Rep)

Year in Review

Track and Field is alive and well in BC. The 2023 season was a success with the number of meets held in our province and the number of athletes that competed throughout the year. Hosted this season in BC were the Pacific Distance Carnival/Canadian 10,000m Championships as well as the Canadian Track and Field Championships, both in Langley. Both were held with great success and BC athletes performed exceptionally well. BC Athletics sent BC Teams, U20 and Senior, to the Canadian Championships in Langley as well as a U18/15 year old Team to the Canadian Legion Championships held again in Sherbrooke, Quebec. At the Canadian Championships, BC had 26 National Champions (U20, Sr, Para) with 30 National Championship Medallists (u20, Sr, Para).

BC Athletes were also successful in making Canadian National Teams. 12 BC athletes will attend the World Athletics Championships in Budapest, Hungary. 6 BC athletes attended the U18/U20 NACAC Championship in San Jose, Costa Rica and 4 BC athletes attended the Commonwealth Youth Games in Trinidad and Tobago.

Initiatives/Plans 2023-2024

BC Sprints/Jumps/Hurdles Project

- Athlete/Coach Travel Grants – awarded for Warm Weather Training Camp/Competitions; this program was very successful as several BC athletes were able to access competitions and early season training to aid in their preparation for the outdoor season.
- Coach Education Scholarship Program – to advance coach development within the Sprints, Jumps and Hurdles event groups by supporting these coaches to pursue coach development opportunities that are relevant to advancing their coaching practice.

BC Throws Project

- BC Throws Project Development Camp – to develop athletes in the throws to achieve national and international performance standards. To increase coach and athlete support to develop and encourage and “BC Throws Development Pathway” to address recruitment and talent identification.
- Canadian Throws Summit – for professional development, future planning and coach/athlete presentations, roundtable discussion and practical tools for training sessions.

BC Athlete Assistance Program

- Maintain or increase level of funding available to those high-performance athletes who meet the performance criteria
- Continue to evaluate the performance criteria annually
- Implement criteria that is inclusive of para athletes

2024 Key Dates

- World Athletics Indoor Championships – March 1-3, 2024 – Glasgow, Scotland
- World Athletics Relay Championships – May 4-5, 2024 – Nassau, Bahamas
- WPA World Championships – May 17-25, 2024 – Kobe, Japan
- Harry Jerome Classic – TBA – Burnaby, BC (WA Permit Meeting)
- Victoria Track Classic – TBA – Victoria, BC (WA Permit Meeting)
- Kamloops Throws Festival – TBA – Kamloops, BC (WA Permit Meeting)
- Pacific Distance Carnival – TBA – Burnaby, BC (WA Permit Meeting)
- Canadian SR/U20/Para National Championships – June 27-30, 2024 – Montreal, QC
- BC Athletics Provincial Track & Field Championship Jamboree – July 12-14, 2024 – Nanaimo, BC
- BC Summer Games – July 18-21, 2024 – Maple Ridge, BC
- Olympic Games – July 26- August 11, 2024 – Paris, France
- Legion National Youth Championships – August 9-11, 2024, Calgary, AB
- NACAC Championships – August 23-25, 2024 – TBA
- World Athletics U20 Championships – August 26-31, 2024 – Lima, Peru
- Paralympic Games – August 28- September 8, 2024 – Paris, France