

2023 B.C. MASTERS OUTDOOR RECORDS REPORT

During the last twelve months, from the 2022 August AGM until August 4, 2023, BC Masters athletes had an outstanding year. In total, there were 73 new BC Masters records and another was tied. The athletes also broke 24 Canadian Masters records and 6 World Records. Another world record was tied.

From BC Masters Championships, August 13-14, 2022
From Greyhounds Multi-Events Meet, August 27-28, 2022

Total records from 2022 AGM to December 31, 2022

New 2023 records listed after the 2022 records

(16 BC & 1 tie, 4 CR, 1WR)

(23 BC, 9 CR, 2 WR & 1 tie)

(50 & 1 tie, 16 CR, 3 WR & 1 tie)

(23 BC, 8 CR, 3 WR)

AGE	RECORD		RECORD HOLDER	AGE	DATE	VENUE		
100M								
W85	18.14	0.0	Christa Bortignon	85	13/08/22	Surrey, BC		WR CR
M90	22.86	0.0	Joe Giegerich	90	13/08/22	Surrey, BC		
200M								
M90	50.19	0.0	Joe Giegerich	90	14/08/22	Surrey, BC		
1500M								
W55	5:18.40		Carol Montgomery	57	28/08/22	Surrey, BC		
W60	5:39.39		Juliette Christie	60	28/08/22	Surrey, BC		
M80	6:28.10		Pat Harton	81	15/09/22	Victoria, BC		
3000M								
W55	11:19.04		Carol Montgomery	56	14/08/22	Surrey, BC		
W60	11:52.19		Juliette Christie	60	14/08/22	Surrey, BC		
SPRINT HURDLES								
W60	14.77	0.0	Cindy O'Brien Hugh	64	27/08/22	Surrey, BC		
M70	15.23	0.0	Reidar Zapf-Gilje	70	13/08/22	Surrey, BC		
M75	18.08	0.0	Tom Ukonmaanaho	77	28/08/22	Surrey, BC		
4x100M								
W60	59.60		Cindy O'Brien Hugh(63), Elaine Whidden(67) Patty Szybunka (64), Patti Rogers (62)			13/08/22	Surrey, BC	
M45	47.54		Brian Carnate (45), Marvin Johnson (48) Sam Walker (51), Andrew Day (47)			28/08/22	Surrey, BC	
4x400M								
W35	5:00.13	(New)	Karin Adande (36), Sheila Gelinas (47) Halimah Beaulieu (40), Marina Khonina (41)			14/08/22	Surrey, BC	
M45	3:56.54		Alex Galo (56), Win Myint (48) Marvin Johnson (48), Sam Walker (51)			14/08/22	Surrey, BC	
M75	5:17.10		Tom Ukonmaanaho(77), Fred Pawluk(75) Mark Stewart (78), Terry Riggins (75)			17/09/22	Victoria, BC	
LONG JUMP								
W85	3.03	0.0	Christa Bortignon	85	28/08/22	Surrey, BC		WR
M90	2.09	0.0 (Tie)	Joe Giegerich	90	13/08/22	Surrey, BC		
TRIPLE JUMP								
M65	9.51	0.0	Edwin Liu	65	16/09/22	Victoria, BC		
HIGH JUMP								
W85	0.95		Christa Bortignon	85	27/08/22	Surrey, BC		WR tie
M70	1.39		Reidar Zapf-Gilje	70	27/08/22	Surrey, BC		
POLE VAULT								
M90	1.12		Joe Giegerich	90	16/09/22	Victoria, BC		CR

SHOT PUT						
W75	8.90	Gabriella Moro	75	25/09/22	Langley, BC	CR
W85	6.75	Myrtle Acton	89	16/09/22	Victoria, BC	
DISCUS						
W75	23.74	Gabriella Moro	75	25/09/22	Langley, BC	CR
JAVELIN						
W80	21.84	Marg Radcliffe	80	10/10/22	St.George, UT	
M55	51.11	Graham Morfitt	55	27/08/22	Surrey, BC	
HAMMER THROW						
W60	34.03	Celina Wong	60	13/08/22	Surrey, BC	CR
W80	27.36	Kathy Brand	80	13/08/22	Surrey, BC	CR
M75	37.56	Harnek Toor	76	27/08/22	Surrey, BC	
WEIGHT						
W35	5.31 (New)	Karin Adande	36	14/08/22	Surrey, BC	CR
W55	10.38	Julia Hengstier	55	17/09/22	Victoria, BC	
W80	9.63	Kathy Brand	80	27/08/22	Surrey, BC	
M75	15.74	Harnek Toor	76	27/08/22	Surrey, BC	
SUPERWEIGHT						
W45	7.19	Nicole Carlos	48	14/08/22	Surrey, BC	
W55	6.40	Christine Dalglish	58	14/08/22	Surrey, BC	
W60	7.83	Celina Wong	60	14/08/22	Surrey, BC	
THROWS PENTATHON						
W55	3147	Julia Hengstler	55	17/09/22	Victoria, BC	CR
W80	3934	Kathy Brand	80	27/08/22	Surrey, BC	
M55	3539	Graham Morfitt	55	27/08/22	Surrey, BC	
M75	3962	Harnek Toor	76	27/08/22	Surrey, BC	
PENTATHLON						
M70	3808	Reidar Zapf-Gilje	70	14/09/22	Victoria, BC	CR
HEPTATHLON						
W40	2344	Marina Khrisanova	43	27-28/08/22	Surrey, BC	CR WR (new)
W45	2748	Olesea Chitul	47	27-28/08/22	Surrey, BC	
W60	4779	Cindy O'Brien Hugh	64	27-28/08/22	Surrey, BC	
W85	5807 (New)	Christa Bortignon	85	27-28/08/22	Surrey, BC	
DECATHLON						
M70	7691	Reidar Zapf-Gilje	70	27/28/08/22	Surrey, BC	CR
M75	6089	Tom Ukonmaanaho	77	27-28/08/22	Surrey, BC	CR
MILE RACE WALK						
W35	11:28.69 (New)	Karin Adande	36	28/08/22	Surrey, BC	
W70	12:40.80 (New)	Bertha Johnson	71	28/08/22	Surrey, BC	
15K ROAD WALK						
M45	1:12.22	Dmitry Babenko	49	13/11/22	Whiting, NJ	

2023 NEW B.C. MASTERS OUTDOOR TRACK AND FIELD RECORDS
(23 BC & 0 tied, 8 CR, 3 WR) * From January 1 to August 2, 2023

<u>AGE</u>	<u>RECORD</u>	<u>RECORD HOLDER</u>	<u>AGE</u>	<u>DATE</u>	<u>VENUE</u>
100M					
W65	14.73 0.6	Patty Szybunka	65	04/07/23	Surrey, BC
M70	13.32 -0.2	Tom Dickson	70	01/08/23	Surrey, BC

200M						
W35	26.54	0.5	Corri Fell (Thompson)	35	09/07/23	Nanaimo, BC
W65	30.74	1.1	Patty Szybunka	65	04/07/23	Surrey, BC
MILE						
W60	5:58.69		Juliette Christie	61	01/08/23	Surrey, BC
10000M						
W40	32:42.77		Natasha Wodak	41	23/06/23	Langley, BC CR
LONG HURDLES						
W55	58.31		Judy Summers	59	02/07/23	Kelowna, BC
TRIPLE JUMP						
W85	6.52	0.0	Christa Bortignon	86	02/07/23	Kelowna, BC WR
M80	7.31	1.4	Lynn Thompson	83	04/06/23	Duncan, BC
SHOT PUT						
W90	6.39		Myrtle Acton	90	17/06/23	Prince George, BC WR
DISCUS						
W50	27.42		Caroline Wittrin	54	20/05/23	Richmond, BC
JAVELIN						
M55	54.10		Graham Morfitt	56	03/06/23	Duncan, BC CR
HAMMER THROW						
W45	39.90		Nicole Carlos	49	02/07/23	Kelowna, BC
W50	40.68		Caroline Wittrin	54	21/05/23	Richmond, BC
W80	27.53		Kathy Brand	81	02/07/23	Kelowna, BC
W90	18.85		Myrtle Acton	90	17/06/23	Prince George, BC CR
WEIGHT THROW						
W45	12.47		Nicole Carlos	49	01/07/23	Kelowna, BC CR
SUPERWEIGHT						
W35	3.28		Paige Wianaka	35	16/04/23	Langley, BC
M80	8.41		Jim Dyer	80	16/04/23	Langley, BC
THROWS PENTATHLON						
W90	3841		Myrtle Acton (18.85/780, 6.39/886, 14.06/765, 11.39/629, 7.47/781)	90	17/06/23	Prince George, WR
M85	2313		Bruce Butcher	88	30/07/23	Kelowna, BC
5000M RACE WALK						
M50	23:48.05		Dmitry Babenko	50	29/04/23	Philadelphia, PA
10K ROAD WALK						
M50	47:57		Dmitry Babenko	50	31/03/23	Torun, POL CR

Respectfully submitted,

Harold Morioka