



Report to BC Athletics Annual Report 2022-2023

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The Coach Education Report connects to the Technical Leadership Pillar of the Strategic Plan. It covers NCCP Coach Education Courses, Professional Development Opportunities, NCCP Coach Evaluations, and Coach Developer (Learning Facilitators and Evaluators) Training.

1. NCCP Coach Education

1.1 Overview:

Our NCCP Coach Education courses are context dependent and consists of the following courses. ([Click here for more information](#))

- **Run Jump Throw Wheel** – for coaches in grassroots track and field (covered in the Introductory Programs Report)
- **Foundations of Coaching in Athletics** – theory modules common to both Sport and Club Coach
- **Sport Coach** – a multi-event course for coaches with introductory level athletes
- **Club Coach** – an event specific course for coaches with intermediate level athletes
- **Performance Coach** - an event specific course for coaches with high performance athletes
- **Road Running Leader Course** – for leaders in community road running programs
- **Make Ethical Decisions (MED)** – a multi-sport NCCP course required for all coaches
- **Managing Conflict** - a multi-sport NCCP course required for NCCP Performance Coach

1.2 Updates

- **Road Running:** A new road running leader course for community run leaders was developed and piloted in Terrace. We will be training more facilitators and delivering them this fall.
- **New event groups:** A wheelchair racing curriculum has been added for club and performance coach. We are working on training new facilitators to delivery these modules. Combined events have also been added to performance coach, and coaches can complete their evaluation in this event group rather than one per event group.
- **Performance Coach:** We hosted the largest Performance Coach yet with 54 coaches (30 male, 24 female) in 5 event groups (sprints, jumps, throws, endurance and combined events) across 8 branches, including 33 from BC, 35 athlete demonstrators, and 4 new BC facilitators trained. As a pre-req to performance coach several coaches were certified in Club Coach, expanding the pool of qualified coaches for several BC teams.
- Based on feedback from this course and others, it was recently revised and two courses as are hosted in Ontario and New Brunswick this fall. BCA is offering \$700 [travel grants to attend](#)
 - i. updated curriculum

- ii. 3 less multi-sport courses requirements to be trained/certified.
- iii. Coaches can also sign up for a cohort to complete the in person training, e-learning, and evaluation with a cohort over a year and be part of a collaborative/thought sharing what's ap group.
- iv. Flexibility within the competition evaluation that can happen at select provincial meets and not just inter-provincial.
- v. [Full updates here](#)

- **Sport and Club Coach** are also currently being revised. While the final curriculum is still TBD, the hope is that we create an more well rounded curriculum and have a variety of options pending coach commitment level. I.e., a basic course for short term volunteers and advanced options for coaches wanting to expand their knowledge at the development level instead of directly progressing to performance coach if not applicable for them.
- **Sport Coach + RJTW.** We developed a sport coach + RJTW 2 day technical course, particularly for smaller communities where coaches may coach a wide range of age and skill levels.
- **New Position:** Hailey Kjaer started in January 2023 with a portion of her role to support Coach Education and has been a great help to support more coaches getting trained and certified!
- **Coach Planning:** We have created a draft annual coach education calendar to be used as a guide each year of when courses will be happening in which area. It is currently being shared to with our coach developer team and host and will be shared publically once confirmed. Clubs should fill out the [host interest form](#) if wanting to host. Hosting clubs receive 2 complimentary spots to our courses.

1.3 Courses Hosted Aug 2022 – Aug 23

- 21 courses, 239 coaches

| Date | Course | Place | Host | Learning Facilitator(s), LFs | #'s |
|--|-------------------------|---------------|--------|---|-----|
| NCCP Athletics Courses – (FoC = Foundations of Coaching, theory of Sport and Club Coach) | | | | | |
| Sept 18&25 | FoC | Online | BCA | Amber Gilbert | 6 |
| Sept 24-25 | Sport Coach. Tech. | Nanaimo | NTFC | Sean Steele. Discounted coaches week | 4 |
| Oct 7-10 | Performance Coach | Langley | TWU | Mike VT, Brenda VT, Jason R, Carmyn J, Kim C(Georgette R, Garrett C, Elena V, Barb V trained) | 54 |
| Nov 19 th | Road Running Pilot | Terrace | Skeena | Lynn Kanuka (travel grants available from AC) | 8 |
| Feb 12 and 26 | FoC | Online | BCA | Brenda Van Tighem and Sean Steele | 10 |
| Feb 13 and 20 | FoC | Online | BCA | Ross Browne | 6 |
| Feb 28 | Make Ethical Decisions | Online | BCA | Jenn Schutz | 9 |
| Mar 4-5 | Sport Coach Tech. /RJTW | Nanaimo | NTFC | Sean Steele, Amber Gilbert | 9 |
| Mar 4-5 | Sport Coach Tech. | Prince George | PGTF | Ross Browne (travel grants from BC Games) | 5 |
| Mar 4-5 | Sport Coach Tech. | Richmond | Kajaks | Barb Vida | 4 |
| Mar 18-19 | Sport Coach Tech. | Victoria | AVIC | Sean Steele | 12 |
| April 1-2 | Sport Coach | Surrey | Ocean | Barb V. (Kathleen Hendersen trained) | 13 |

| | | | | | |
|-------------|---|---------------|----------------|--|----|
| April 1-2 | Club Coach | Prince George | Engage Sport.N | Brenda VT, Ross Browne trained | 7 |
| April 5-12 | FoC | Online | BCA | Barb Vida, Kathleen H and Shane Wiebe Trained | 11 |
| April 15-16 | Sport Coach + RJTW Tech | Kelowna | OACS | Amber Gilbert | 8 |
| April 22-23 | Sport Coach Tech+RJTW | Powell River | PRTF | Barb Vida | 10 |
| April 23-30 | FoC | Online | BCA | Amber Gilbert | 16 |
| April 28-29 | Sport Coach Tech. | Burns Lake | | Kathleen Henderson | 4 |
| May 6-7 | Club Coach Technical Travel grants available | Vancouver | UBC | Barb Vida, Elena Voloshin, Lynn Kanuka, Jenn Joyce | 25 |
| June 6 | NCCP/Cert Info Session | Online | BCA | Jenn Brown, Lynn Kanuka | 8 |
| June 7 | Make Ethical Decisions | Online | BCA | Jenn Schutz | 10 |

2. Professional Development Opportunities

2.1 Overview:

- Professional Development Opportunities are available for continuous coach development for coaches of all context. They also offered NCCP Professional Development Points required for coaches to maintain NCCP Certification

2.2 Updates

- Upcoming national summits: Throws Vancouver Nov 10 and online Nov 17, Speed Saskatoon Nov 17, Endurance Halifax Dec 9
- National Mentorship Kick off Edmonton Dec 2
- With additional support on the coach education team, we are looking to expand our professional development opportunities to include mentorship, regional clinics and teachers courses. If you have ideas to share to support the community email Jennifer.brown@bcathletics.org

2.3 Professional Development to date Aug 2020-Aug 2021

| Date | Course | Place | Leaders | #'s |
|---------|-------------------------------------|----------|---|-----|
| Sept 16 | BC Throws Project Development Camp | Kamloops | Dylan Armstrong, Garrett Colliers, Sheldan Gmitroski, Megann Vandervilet | 24 |
| Nov 11 | Canadian Throws Summit | Richmond | Richard Parkinson, Bill heikkila, Bodgan Poprawski, Danielle Chow-Leong, Mohamad Saatara, Camryn Rogers | 61 |
| May | NCCP Certification Overview Webinar | Online | Jennifer Brown | 10 |
| Jul 14 | Harry Jerome Mentorship | Langley | Glenroy Gilbert (sprints), Hilary Stellingwerff (endurance) Richard Parkinson (throws) | 14 |

3. Coach Evaluation

3.1 Overview:

- Coaches who wish to be certified in their context can complete their Coach Evaluation. This consists of:

- **Run Jump Throw Wheel:** no longer an evaluation
- **Sport Coach:** Submit a Portfolio Online, Practice Observation
- **Club Coach:** Submit a Portfolio, Practice Observation
- **Performance Coach:** Submit a Portfolio, Practice Observation, Competition Observation (can be at select provincial competitions now as well)

3.2 Evaluations to date Aug 2020– Aug 2021

Several club coach certifications due to pre-req for Performance Coach

| | Evaluation | #'s |
|---|-------------------|------------|
| 1 | Sport Coach | 4 |
| 2 | Club Coach | 28 |
| 3 | Performance Coach | 5 |
| | Total: | 16 |

4. Coach Developers

4.2 Overview:

- Coach Developers consist of Learning Facilitators (LF, who facilitate the courses, coach evaluators (CE), and Master Coach Developers

4.3 Updates:

- **Congratulations to Barb Vida, Mike Van Tighem and Jennifer Schutz for being named as one of the [2022 Community NCCP Coach Developers](#) from the Coaches Association of Canada.**
- We are training new learning facilitators (LF) and evaluators (CE) in each region to support training and certification with more accessible courses and evaluations in each region.
- This year we trained the following *additional* coach developers:

| | Foundations | Road Running | Sport Coach | Sport + RJTW | Club Coach | Performance Coach |
|----------------|--------------------|---------------------|--------------------|---------------------|-----------------------------|--------------------------|
| Island | 1 LF | | 1 CE | 2 LF | 1 sprints CE, 1 jumps CE | 1 throws CE |
| Lower Mainland | 2 LF, | 1 LF | | | 2 throws CE | 2 jumps LF, 2 throws LF |
| Okanagan | | | 1 CE | | 1 CE per event | |
| Northern BC | 1 LF | | | | 1 sprints LF | |
| Interior | | | | | | |