



2023 Gary Reed Indoor Track Meet

Hosted by the Kamloops Track and Field Club
Sanctioned by BC Athletics

Friday & Saturday, Feb. 3 – 4, 2023

Location:

Tournament Capital Centre (TCC), 910 McGill Rd., Kamloops, BC.

Facility:

Track: 6 lanes - 200m oval, 8 lanes - 60m, Mondo surface, fully automatic timing. Complete jumps and shot-put areas. Change rooms available. Concession available near the main entrance at TCC.

Meet Director:

Wayne Elke: Ph: (250) 554-4240

Email: wcelke@shaw.ca

Meet Manager:

Judy Armstrong: Ph: (250) 319-6321

e-mail: judy54armstrong@gmail.com

Eligible Athletes:

- 2023 BC Athletics members or equivalent from another Prov./Terr., or National Athletics Federation.
- 2023 School Club Members – Elementary, middle, or high school students whose schools hold a BC Athletics School Club Membership are eligible to compete. (This includes all SD#73 public schools – contact kftcregistrar@gmail.com for bypass code)
- “Day of Event” School Club Members – ***Elementary, middle or high school students only***, whose schools **do not** hold a BC Athletics School Club Membership, must purchase “Day of Event” insurance for \$3.00 when registering.
- 2023 University athletes who are members of their schools’ team that is registered with BC Athletics.

Entry Fees:

- \$20.00 for 1st event (U16 and older) and \$10 for each additional event submitted online at TrackieReg. Email entries will not be accepted. USport teams will be charged a maximum of \$500 per team.
- U10 to U14 athletes (9-13) fees are \$10.00 for each event.
- \$20.00 per relay submitted online or on paper forms at the meet. Relays accepted up to 1 hour prior to the event.
- **Late individual entries for all athletes will be charged \$30.00/event (after Jan. 29).**

Registration & Entries:

Masters athlete’s age is determined as of the first day of the meet – Feb. 3, 2023. For all other athletes, the age is calculated as of Dec. 31, 2023.

Entries Chairperson: Brian Beck

- E-mail – kftcregistrar@gmail.com

All entries must be submitted to Brian by the following method:

- **TrackieReg** – Register online and payment may be made using a credit card. University teams and high school teams may register using Trackie and pay at the meet with a cheque. <http://www.trackiereg.com/2023GaryReed>

****ENTRY DEADLINE FOR REGULAR FEES**:** 11:59 pm, Saturday, Jan. 29, 2023. All entries must be received by this time to avoid late entry fees. Entries received after this date are considered late.

Any remaining Online entries close at 7:00 pm on Tuesday, Jan. 31, 2023

Late Entries will be accepted at the meet but are subject to space in the events so that new heats do not have to be created. Relay entries will be accepted up to 1 hour prior to the event and will not be considered late.

COMPETITION RULES AND OTHER INFORMATION

COMPETITION PACKAGES:

Payment must be received before the package is released. Payment can be made at the meet for University and/or school teams. Make all cheques payable to "Kamloops Track and Field Club". Clubs/Teams must designate a responsible person who will pick up, completely pay for the club package, and assume responsibility for the package (the Meet Secretary will **not** look after partial club packages).

COMPETITION CATEGORIES - 2023:

U10 to U14 (2010 - 2014), U16 (09/08), U18 (07/06), U20 (05/04), Senior (89-03), Master (1988 and earlier - 35yrs and older).

AWARDS:

Medals will be awarded for 1st – 3rd place and ribbons will be awarded to athletes placing 4th - 6th or 8th place for individual events only. Medals will be awarded to all relay team members from 1st – 3rd place. Awards will be available for pickup starting on Saturday morning. They must be picked up by Saturday afternoon and will be available 30 minutes after the event results have been posted. There will be no mail-outs.

MARSHALLING:

Check-in for all field events is at the event site. Check-in for all track events is at the start line area for the event. All athletes must check-in a minimum of 30 minutes prior to the scheduled start time.

COMPETITION NUMBERS:

Competition numbers must be worn on the front for all track events, and front or back for field events (at the discretion of the official). Hip numbers, if issued, must be worn where indicated by the Starter's Assistant. These will be issued at the start line or at marshalling.

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet World Athletics standards. They must be weighed-in and measured at least 45 minutes prior to the competition. The weigh-in station will be located near the throws area, inside the track at the east end of the Fieldhouse.

SPIKE LENGTH:

The maximum spike length allowed is 7 mm for all events. No needle spikes will be allowed. All spikes must be either christmas tree or pyramid.

ORDER OF EVENTS:

Track events will be run youngest to oldest, female then male (this may change) (exception hurdles) unless changed by meet organizers for special circumstances and may start up to 30 minutes earlier than the scheduled time. **Please check online at www.kamtrack.ca for schedule changes and pay attention to announcements regarding time changes for events.**

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

TRACK EVENTS

All Track events will be run as **timed finals** except some 60m events. Sections will be consolidated where possible. Events may be run up to 30 minutes earlier than the scheduled time. **PLEASE NOTE: 60m for U10, U12, U14 and Masters (50 and older) may run as timed finals. All others will run preliminaries, with finals later the same day; this is for athletes from U16 to Masters less than 50 years old even if there are fewer than 8 athletes in the preliminary race, all will advance to the final. Medals will be awarded from the final times.**

FIELD EVENTS

The Tentative List of Events Offered and the Tentative Schedule, although posted, may not be accurate and we may not be able to run the various events at the tentatively scheduled times. Please check back for updated schedules closer to the date of the event.

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club/team uniform.

PROTESTS

After discussion with the event referee, any further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$50.00 protest fee is to accompany all protests that are advanced to the Jury. If the protest is upheld, then the protest fee will be returned.

JURY OF APPEAL:

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

MEDICAL:

St. John's Ambulance on site.

CONCESSION:

There will **not** be a concession available during the meet.

MEET ACCOMMODATIONS

There are many hotels near the Tournament Capital Site on Columbia Street West and on Rogers Way. The TRU Accommodations are not available at the time of this event. Please check on the Tourism Kamloops website - <https://www.tourismkamloops.com/stay/hotels-motels/>. Use the Aberdeen-Dufferin-Sahali region for hotels nearest the Tournament Capital Centre.