Friday July 7 Field

Time	Triple #1	Triple #2	Pole Vault	Hammer
3:00 PM				Women U16, U18
3:15 PM				
3:30 PM	Men U16	Women U16		
3:45 PM				
4:00 PM				
4:15 PM				
4:30 PM			Men & Women U20, Sr.	Men U16, U18
4:45 PM				
5:00 PM				
5:15 PM				
5:30 PM	Men U18, U20, Sr.	Women U18, U20, Sr.		
5:45 PM				
6:00 PM				Women U20, Sr
6:15 PM				
6:30 PM				
6:45 PM				
7:00 PM				
7:15 PM				
7:30 PM				Men U20, Sr
7:45 PM				

Saturday July 8 Field

Time	Jong #1		High #1	Pole Vault	Shot Put	Discus	Javelin	Para Throws
8:00 AM	Long #1	Long #2	nigii #1	Pole vault	Shot Put	Discus	Javeiin	(Seated)
8:15 AM								
8:30 AM								
8:45 AM								
9:00 AM			Men U18, U20, Sr.					
9:15 AM								
9:30 AM								
9:45 AM								
10:00 AM	Women U16			Men U16, U18		Women U16, U18		
10:15 AM								
10:30 AM								
10:45 AM		Men U18, U20, Sr. Dec, Men U16 Pent						
11:00 AM			Women Hep U18, U20, Sr. Women Pent U16					
11:15 PM								
11:30 AM								
11:45 PM								
12:00 PM						Men U16, U18		Men & Women Javelin
12:15 PM								

12:30 PM								
12:45 PM								
1:00 PM					Men Dec U18, U20, Sr.Men Pent U16			
1:15 PM				Women U16, U18				
1:30 PM		Women U16 Pent						
1:45 PM						Men U20, Sr. Women U20, Sr.		
2:00 PM	Men U18				Women Hep U18, U20, Sr.			
2:15 PM								
2:30 PM			Men Dec U18, U20, Sr, Men Pent U16					Men & Women Shot Put
2:45 PM								
3:00 PM								
3:15 PM					Women Pent U16			
3:30 PM								
3:45 PM							Men U20, Sr.Women U20, Sr	
4:00 PM								
4:15 PM								

Sunday July 9 Field

	ury > rick							Para Throws
Time	Long #1	Long #2	High Jump	Pole Vault	Javelin	Discus	Shot Put	(Seated)
8:00 AM								
8:15 AM								
8:30 AM								
8:45 AM								
9:00 AM	Women U18		Men U16		Women U16, U18		Men U16, U18	
9:15 AM								
9:30 AM								
9:45 AM								
10:00 AM		Women Hep U18, U20, Sr.				Men Dec U18, U20, Sr.		
10:15 AM								
10:30 AM								
10:45 AM								
11:00 AM			Women U16		Men U16, U18		Women U16, U18	
11:15 PM								
11:30 AM		Men U20, Sr.		Men Dec U18, U20, Sr.				
11:45 PM								
12:00 PM	Women U20, Sr.							
12:15 PM								
12:30 PM								Men & Women Discus
12:45 PM								

1:00 PM			Women Hep U18, U20, Sr.	Men & Women U20, Sr.	
1:15 PM					
1:30 PM	Men U16	Women U18, U20, Sr			
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM			Men Dec U18, U20, Sr.		
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					