



The Moseley Jack Memorial Meet

JUNE 18 / 2023

Hosted by the Richmond Kajaks Track & Field Club

- Location:** Clement Track & Collier Throws Center @ Minoru Park
7191 Granville Ave, Richmond, BC V6Y 4G2
- Events:** 60m / 100m / 200m / 300m / 400m / 600m / 800m / 60mH / 80mH / 100mH / 110mH / High Jump* / Long Jump / Shot Put / Javelin* / Hammer Throw*
- * U16 – Masters Only
- Divisions:** JD 9 – 13 / U16 / U18 / U20 / Open / Masters
- Registration:**
- Entry Fee:** \$15.00 per individual event / \$30.00 per relay team
- Entry Deadline:** Tuesday April 25, 2023 @ 11:59 PM
- Track Events:** All athletes can check in at starting line of their race
- Field Events:** All athletes can check in at their event.
Weigh-ins for throwing events will open at 8:30 AM and will be located at the Collier Throws Center
- Contact:** Meet Director: Karen Fisher Hagel (info@kajaks.ca)
Meet Registrar: Dawn Driver (dawn_driver@hotmail.com)

TRACK EVENT SCHEDULE (TENTATIVE)



Time	Event	Gender	Divisions
10:00 AM	60mH (21" – 0.533m)	Girls	JD 9
10:05 AM	60mH (21" – 0.533m)	Boys	JD 9
10:15 AM	60mH (24" - 0.610m)	Girls	JD 10 – JD 11
10:20 AM	60mH (24" – 0.610m)	Boys	JD 10 – JD 11
10:30 AM	80mH (27" - 0.686m)	Girls / Women	JD 12 / 60+
10:35 AM	80mH (27" – 0.686m)	Boys / Men	JD 12 / 80+
10:45 AM	80mH (30" - 0.762m)	Girls	JD 13 / U16 / M40-49 / M50-59
10:50 AM	80mH (30" – 0.762m)	Boys	JD 13 / M70-79
11:00 AM	100mH (30" – 0.762m)	Women	U18
11:10 AM	100mH (33" – 0.840m)	Women	U20 / Open / M35-39
11:15 AM	100mH (33" – 0.840m)	Men	U16 / M60-69
11:25 AM	100mH (36" – 0.914m)	Men	M50-59
11:30 AM	110mH (36" – 0.914m)	Men	U18
11:40 AM	110mH (39" – 0.991m)	Men	U20 / M35-49
11:50 AM	110mH (42" – 1.067m)	Men	Open
12:00 PM	300m	Girls	JD 12 – JD 13 / U16
12:10 PM	300m	Boys	JD 12 – JD 13 / U16
12:20 PM	400m	Women	U18 – Masters
12:30 PM	400m	Men	U18 – Masters
12:40 PM	60m	Girls	JD 9 – JD 11
12:45 PM	60m	Boys	JD 9 – JD 11
1:05 PM	100m	Women	JD 12 – Masters
1:15 PM	100m	Men	JD 12 – Masters
1:25 PM	100m	Girls	JD 9 – 11
1:35 PM	100m	Boys	JD 9 – 11
1:45 PM	600m	Girls	JD 9 – JD 11
2:00 PM	600m	Boys	JD 9 – JD 11
2:15 PM	800m	Girls	JD 12 – 13
2:30 PM	800m	Boys	JD 12 – 13
2:45 PM	800m	Women	U16 / U18 / U20 / Open / Masters
3:00 PM	800m	Men	U16 / U18 / U20 / Open / Masters
3:10 PM	200m	Men	JD 12 – Masters
3:20 PM	200m	Women	JD 12 – Masters



FIELD EVENTS SCHEDULE (TENTATIVE)

Time	Event	Gender	Division
9:00 AM	Hammer Throw	Women	U16 – Masters
9:00 AM	Shot Put	Men	U16 – Masters
9:00 AM	Long Jump	Men	U16 – Masters
11:00 AM	Long Jump	Women	U16 – Masters
11:00 AM	Shot Put	Mixed	JD 9 – 13
12:00 PM	Hammer Throw	Men	U16 – Masters
12:00 PM	High Jump	Women	U16 - Masters
12:00 PM	Shot Put	Women	U16 – Masters
1:00 PM	Long Jump	Mixed	JD 9 – 13
3:00 PM	Javelin	Mixed	U16 – Masters
3:00 PM	High Jump	Men	U16 – Masters
3:00 PM	Triple Jump	Mixed	JD13 – Masters