

## OAC Twilight Meet #2 – Thursday May 25th,

### 2023 Schedule

#### Track events:

Track events run youngest to oldest, female and then male (except Hurdles)

- 5:30pm: 1500m Steeplechase (U16)**
- 5:50pm: Sprint Hurdles (all age groups except masters)**
- 6:00pm: 1500m (U18, U20, Senior, Master)**
- 6:00pm: 1000m (U10, U12)**
- 6:10pm: 1200m (U14, U16)**
- 6:15pm: 200m (2012, U14, U15, U18, U20, Senior, Master)**
- 6:45pm: 60m (U10, U12)**
- 7:00pm: 4 x 100m Relay (all ages)**

#### Field events:

- 5:00pm: High Jump (all ages)**
- 5:00pm: Shot Put (all age groups)**
- 5:30pm: Triple Jump (2010, U16, U18, U20, Senior, Master)**
- 6:00pm: Pole Vault (2010 and up)**
- 6:30pm: Discus (U12 and up)**

Please Note Age Groups:

U10: 2014 (9)

U12: 2013/2012 (10/11)

U14: 2011/2010 (12/13)

U16: 2009/2008 (14/15)

U18: 2007/2006 (16/17)

U20: 2005/2004 (18/19)

Senior: 2003-1989 (20–34)

Master: 1988+ (35+)

JD athletes (U10 – U14) are scored separately.