

Vancouver Sea-to-Sky
Track & Field
Zone Championships



Meet Package

May 23 & 24, 2023

UBC

Vancouver Sea-to-Sky Track & Field Zone Executive

Zone Championship Committee:

Zone Representative	Mark Fenn
Meet Director	Gillian Wright
Entry Chair	Stan Jang
Finance Coordinator	Gerry Karvelis
Volunteer/Officials Coordinator	Mark Fenn
Awards	Leslie Buchanan
Competition Packages/Medical	Paul Skarsgard
Timing	Scott Saunders & Nolan Yee

League Representatives:

Independent (LMISSTFA)	Gillian Wright <i>West Point Grey Academy</i> gwright@wpga.ca	
North Shore/Howe Sound (NSSSAA)	Mark Fenn <i>Sentinel</i> MFenn@wvschools.ca	Leslie Buchanan <i>West Vancouver Sec.</i> LBuchanan@wvschools.ca
Vancouver (VSSAA)	Paul Skarsgard <i>Point Grey Secondary</i> pskarsgard@vsb.bc.ca	

Vancouver Sea-to-Sky Track & Field Zone Championships

Meet Information, Entry Process & Deadlines

Zone Championship Information:

Tuesday, May 23 & Wednesday, May 24, 2023

9:00am - 5:15pm

UBC Track

Wesbrook Mall.

School & Athlete Eligibility:

All schools must be registered with BCSS and have registered both a team and athletes in STARS, in order to be eligible to compete at the Vancouver Sea to Sky (VS2S) Zone Championships.

- Student athletes **must qualify** for the VS2S Zone Championships through their respective league championships, and will advance via the following berthing criteria:
 - Independent **4 berths**
 - North Shore/Howe Sound **6 berths**
 - Vancouver **6 berths**
- Schools can advance a maximum of four students per school per event, and 2 relay teams.

Teacher Sponsor:

Each team **must** be accompanied at all times by a teacher sponsor from their school. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone.

Competition Numbers:

All athletes must have a competition number to compete in an individual event. School coaches will be able to collect competition packages beginning at 7:15am at the south end of the stadium. **Competition packages must be picked up by an authorised school representative.** In cases where the school coach is not able to attend, then a letter is required from the principal of the school which clearly indicates the person responsible for all athletes for the duration of the meet. See sample letter in appendix.

- **Competition numbers will not be distributed to individual athletes/parents.**

- **Handwritten replacement numbers are not accepted.** Lost or misplaced numbers must be replaced by the competition secretary - \$5 cash replacement fee.

Registration:

League Qualifiers will be forwarded automatically by League Representatives by the entry deadline, **Tuesday, May 16th 2023 10:00pm**, after which no changes or additions are allowed. Individual school coaches will receive an email with the confirmed 'Meet Program' (list of athletes and events) on or before Friday, May 19th, 2023.

Scratches: Please refer to 'Failure to Participate' Policy, scratch deadline **[Monday, May 22nd 2023, 12:00pm]**.

“ If a student-athlete scratches from an individual event, a competition jury consisting of representatives from all zones will determine whether that student-athlete is able to continue in the meet. Remember, an athlete is taking a berth that many athletes who didn't qualify would love to have; it is very important that we as coaches make sure our student-athletes know that and that if they do scratch in an event, a competition jury will determine their eligibility for the rest of the Championship.”

Entry Fees:

Schools will be invoiced for entries by Vancouver Sea-to-Sky Zone in the week following the championship event. All athletes registered after the scratch deadline will be charged entry fees. School invoice will be billed according to final participation numbers and expenditures, which would be roughly \$15/athlete.

Volunteer Requirements:

Each school is required to supply volunteers to assist in officiating the various events. Assignments will be determined ahead of the championship event, and will be fairly distributed amongst all participating schools.

Volunteers should check in at the volunteer tent (located at the south end of the stadium near the awards), and proceed to their duty no later than 35 minutes in advance of scheduled start time, and need to remain until the completion of the event.

Questions? Please contact your league coordinator and/or Mark Fenn (Volunteer/Official Coordinator) at MFenn@wvschools.ca.

Medical:

A qualified first aid attendant will be on site. We ask that all schools bring first aid kits with them.

Awards/Scoring:

Our Vancouver Sea to Sky Zone Championships, follows the same scoring procedures as BC High School Track & Field Championships.

Individual Awards

Ribbons 1st - 8th place

Can be collected by individual athletes at the Awards Tent located at the south end of the stadium.

Team Awards

To be awarded to teams at the end of the meet, we ask that schools do their best to remain for the awards presentation at the stadium.

Team banners will be awarded to:

- Overall Senior Combined School (AA and AAA) + Cup (AA and AAA)
- Overall Senior Boys School (AA and AAA)
- Overall Senior Girls School (AA and AAA)

Scoring

Top 2 individuals and top 1 relay team can score points for the school.

Points are scored for the individual and relay events based on the following:

- 1st - 10 points
- 2nd - 8 points
- 3rd - 6 points
- 4th - 5 points
- 5th - 4 points
- 6th - 3 points
- 7th - 2 points
- 8th - 1 point

Special Notes:

- The infield grass is **out of bounds** to all participants, including coaches, photographers and spectators, due to the safety of throwing events using the space, for the duration of the championships.
- Parking: all cars should be parked in designated lots on the outside of the stadium. Except pre-authorized vehicles, needing access to the concourse.

Meet Rules & Regulations:

Marshalling

- Track athletes must marshal 30 minutes before their event at the start line of their event.
- Field event athletes must marshal at their competition site.
- No 'Open Zone' or 'Day of' entries are permitted.
- Scratch or 'Failure to Participate' rules are in effect, please read the BCTFA policy carefully.
- Pole Vault will be given a 40 minute warm up with runway/mats.

Athletes with Conflicting Events

Track events take precedence over field events. Athletes must notify the officials at all field events that are in conflict. Athletes in the field events will forego their attempt in a round if the round has been completed before they return.

Event Seeding

- Track events will be seeded and combined results after the two heats will determine overall placings.
 - Laned events will have the slower heat go first.
 - Distance events will be run as one heat of 16.
- Field events, athletes in the top 8 after 3 rounds will advance to finals and receive another three attempts.

Competitive Attire

All athletes must compete in their school uniform. Relay teams should be in identical uniforms. Athletes not in a school uniform will not be allowed to compete.

Implements

Athletes will have the opportunity to weigh in their own implements, ahead of the start of competition on May 18th. Please refer to the BC High School Track and Field Technical Package for Technical Specifications of all events.

Results

Results will be posted live on the Vancouver High School Track Weebly Page: <https://vancouverhighschooltrack.weebly.com/2023-results.html>

Protests

Protests must be made within the 30-minute timeline of the official posting of the result. **A written protest accompanied with \$50 cash** must be given to the Meet Director. The protest will be reviewed by the Jury of Appeal. If the protest is

upheld then the protest fee will be returned. The Jury of Appeal is comprised of three impartial experienced persons who will review evidence and make a decision. Their decision is final. See IAAF Rule #146.

Competition Category

Athletes may only compete in individual events at the same level.

For example:

- A gr. 8 cannot compete in the gr. 8 shot put and junior discus
- A gr. 10 athlete cannot compete in the junior 100m and senior 400m
- Gr. 8 athletes are ineligible for junior racewalk, pole vault, discus & hammer throw events; unless, they are competing in the junior category in all individual events.
- No athlete is permitted to compete in the same event in two different age categories (e.g. an athlete cannot compete in both the junior and senior 4x100m)

However, athletes may compete in a different relay category from their individual events.

For example:

- A gr. 10 athlete may compete in the junior 100m AND in the senior 4x100m.
- A gr. 9 athlete may compete in the junior 400m AND in the senior 4x400m.
- A gr. 10 athlete may compete in the junior 4x400m AND in the senior 4x100m.

2023 VS2S Track & Field Zone Championships

UBC Track, UBC - May 23 & 24, 2023

- 1) Track events may start up to 30 minutes ahead of schedule
- 2) Sign-in for track events is 30 minutes before the event

Day 1 - Tuesday May 23

Track Schedule		
8:40 AM	Coaches meeting near finish line tent	
9:00 AM	800m	8G, 8B, JG, JB, SG, SB
10:20 AM	200m	8G, 8B, JG, JB, SG, SB
11:10 AM	3000m	8G, 8B, JG, JB, SG, SB
1:00 PM	4x100m	8G, 8B, JG, JB, SG, SB
2:35 PM	1500mRW	JG & SG, JB & SB
3:10 PM	400mH	SB, SG
3:35 PM	300mH	JB, JG
3:55 PM	200mH	8B, 8G

Field Schedule		
8:00 AM	Shot Put Discus	Para/SpO SB
9:15 AM	Long Jump Triple Jump High Jump	JG 8B 8G
9:45 AM	Shot Put Discus	JG JB
11:15 AM	Long Jump Triple Jump High Jump	8G JB SG
11:30 AM	Shot Put Javelin	SG SB
1:15 PM	Shot Put Javelin Long Jump Triple Jump High Jump	8G JB SG SB JG
3:00 PM	Hammer	JG,JB,SG,SB

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Day 2 - Wednesday May 24

Track Schedule			Field Schedule		
8:40 AM	Coaches meeting near finish line tent		8:00 AM	Javelin	JG
9:00 AM	1500m	8G, 8B, JG, JB, SG, SB	9:15 AM	Long Jump Triple Jump High Jump	JB SG SB
10:00 AM	Sprint Hurdles	SB, JB, SG, 8B, JG, 8G	9:45 AM	Shot Put Javelin	8B SG
11:10 AM	400m	8G, 8B, JG, JB, SG, SB, Para, SpO	11:15 AM	Long Jump Triple Jump High Jump	SB JG 8B
12:00 PM	100m	8G, 8B, JG, JB, SG, SB, Para, SpO	11:30 AM	Shot Put Discus Javelin	JB JG 8G, 8B
12:50 PM	1500mSC	JG & SG, JB	1:15 PM	Shot Put Discus Long Jump Triple Jump High Jump Pole Vault	SB SG 8B 8G JB JG,JB,SG,SB
2:15 PM	2000mSC	SB			
2:30 PM	4x400m	8G, 8B, JG, JB, SG, SB			
4:00 PM	Awards				

Failure to Participate Policy (Scratches)



Adapted from:

BC High School Track & Field Championship Technical Package

Based on the IAAF Competition Rules, **an athlete shall be excluded from participation in all further events** (including other events in which he/she is simultaneously participating) in the competition, including relays, in cases where:

- A final confirmation was given that the athlete would start in an event but then failed to participate;
 - **Final Confirmation of Participation for Vancouver Sea to Sky Zone Finals due by entry deadline [Tuesday, May 16th, 2023, 10:00pm].**
 - **Scratch Deadline is [Monday, May 22nd 2023, 12:00pm].**
- An athlete qualified in a Qualification Round of an event for further participation in that event but then failed to participate further;
- An athlete failed to compete honestly with bona fide effort. The relevant Referee will decide on this and the corresponding reference must be made in the official results.

A medical certificate provided by a medical doctor may be accepted as sufficient reason to accept that the athlete became unable to compete after confirmation closed or after competing in a previous round but will be able to compete in further events on a subsequent day of the competition. Other justifiable reasons (e.g. factors independent of the athletes own actions, such as problems with the official transport system) may, after confirmation, also be accepted by the Technical Delegate(s).

Sample Authorization Letter

Letters should be printed on the school letterhead. A Paper copy should be provided to leave with registration.

School Name

Address

Contact Info

Date (May 2023)

Re: 2023 Vancouver Sea to Sky Track & Field Zone Championships

This correspondence is to confirm that [name, cell number] and [name, cell number] are the designated and approved school representatives for [School Name] School.

Sincerely,

(Principal's signature)

(Principal's Name)

Principal

BC Championship Information:

BC Multi-Event Championships

June 2-3, 2023

McLeod Athletic Park, Langley BC (TBC)

Meet Director:

Entry Deadline: [Sunday, May 29th, 2022] on Trackie.



BC High School Track & Field Provincial Championships

June 8-10th, 2023

McLeod Athletic Park, Langley BC

Meet Director: Andrew Lenton (alenton68@gmail.com)

Entry Deadline: see below

Notes:

- The **Top 5** from each event (individual and relay) at the VS2S Zone Championships will qualify for the BC High School Track & Field Championships, to be held June 8-10, 2023 at McLeod Stadium in Langley. Top 5 results from the Zone Championships will **automatically** be advanced to the BC Championship Entry Chair.
- Athletes in the Top 5 **who will not be attending** the provincial championships should notify the Zone Championship Entry Coordinator [Stan Jang stan.jang@gmail.com] by [Thursday, May 25th, 2023 12:00pm]. **USING GOOGLE FORM LINK**
- **NEW!** A Coaches meeting will be held to advance athletes from any unused/available berths on Thursday, May 25th, 2023 5:00pm on [Zoom](#). Coaches (or their league representatives as proxy), need to be in attendance to confirm athletes desire and availability to be auto-advanced.
- Grade 8 & Open Zone Entries (to be submitted by individual school coaches), are to be submitted on or before the entry deadline of [Saturday, May 27th, 2023].
- Further information regarding the BC Championships, including schedule and technical package, can be found on the BC School Sports Website at <https://www.bcschoolsports.ca/commissions/track-and-field>.

Volunteers & Officiating Responsibilities

Each school is responsible for providing volunteers to help with officiating events. Volunteers should be adults (for safety purposes) and have some prior understanding of their role ahead of the championships. Volunteers need to arrive and check in 35 minutes prior to event start time, and need to remain at the event until its completion.

Questions? Please contact your League Representative and/or Mark Fenn (Volunteer/Official Coordinator) at MFenn@wvschools.ca.