

2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24

Burnaby Central

Results

Women 100 Meter Dash Gr 8				5	Sofia Sales	St Thomas Mo	28.96	0.7																																																																																																										
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3	Cheryl Lee	Cariboo Hill	36.16 1.8
4	Elizabeth Work	Burnaby Moun	38.68 1.8
5	Chloe Lau	Burnaby Moun	39.75 1.8
6	Kenisha Sharma	Burnaby Moun	41.00 1.8
Women 4x100 Meter Relay Gr 8			
Team		Relay	Finals
Finals			
1	Maple Ridge Secondary	A	56.15
2	Ecole Glenbr	A	57.36
3	Moscrop Secondary	A	58.14
4	Archbishop C	A	58.78
5	Maple Ridge Secondary	B	1:00.88
6	Cariboo Hill	A	1:02.99
Women 4x400 Meter Relay Gr 8			
Team		Relay	Finals
Finals			
1	Maple Ridge Secondary	A	4:38.38
2	Archbishop C	A	4:51.27
3	Cariboo Hill	A	5:16.11
Women High Jump Gr 8			
Name		Team	Finals
Finals			
1	Olivia Robinson	Ecole Glenbr	1.20m
2	Shina Eastwood	Byrne Creek	1.20m
3	Disha Verma	Byrne Creek	1.05m
Women Long Jump Gr 8			
Name		Team	Finals
Finals			
1	Jaden Tock	Samuel Rober	4.17m +0.0
2	Elizabeth Peng	Archbishop C	4.11m 0.8
3	Stefanie Leung	Moscrop Seco	3.75m 2.5
4	Felicity Flores Herrera	Archbishop C	3.71m 1.4
5	Chloe Carlson	Ecole Glenbr	3.65m 1.4
6	Disha Verma	Byrne Creek	3.58m 2.6
7	Nikolina Zarkovic	Fraser River	3.49m 0.8
8	Alyson Vo-Tran	Burnaby Nort	3.39m 1.6
9	Fatma Said	Cariboo Hill	3.20m 0.4
10	Kenisha Sharma	Burnaby Moun	3.12m 1.0
11	Ataysha Thomas	British Colu	3.03m 1.4
12	Ava Rhyne	Ecole Glenbr	2.05m 1.1
Women Triple Jump Gr 8			
Name		Team	Finals
Finals			
1	Felicity Flores Herrera	Archbishop C	8.93m NWI
2	Elizabeth Peng	Archbishop C	8.51m NWI
3	Alisa Gheorghe	Ecole Glenbr	7.78m NWI

4	Disha Verma	Byrne Creek	7.74m NWI
5	Samantha Antoine	Cariboo Hill	6.73m NWI
6	Annie Graham	Ecole Glenbr	5.73m NWI
Women Shot Put Gr 8			
Name		Team	Finals
Finals			
1	Chloe Carlson	Ecole Glenbr	7.59m
2	Chloe Lau	Burnaby Moun	6.97m
3	Briget Way	Archbishop C	6.62m
4	Zara Naing	Archbishop C	6.49m
5	Rowan Sayeh	Meadowridge	6.05m
6	Maya Baker	Archbishop C	5.68m
7	Stefanie Leung	Moscrop Seco	3.88m
Women Javelin Throw Gr 8			
Name		Team	Finals
Finals			
1	Amber Lau	Moscrop Seco	21.93m
2	Stefanie Leung	Moscrop Seco	16.25m
3	Maya Piesik	Moscrop Seco	16.20m
4	Elizabeth Work	Burnaby Moun	14.63m
5	Elena Boljuncic	Alpha Second	12.57m
6	Chloe Carlson	Ecole Glenbr	12.50m
7	Chloe Lau	Burnaby Moun	11.55m
Women 100 Meter Dash Junior			
Name		Team	Prelims
Preliminaries			
1	Kiara Malcolm	New Westmins	12.53Q1.2
2	Makenna Self	Ecole Dr Cha	12.54Q-0.2
3	Candice Chung	Burnaby Moun	13.00Q1.2
4	Corinna Talbot	New Westmins	13.12Q-0.2
5	Isabella Liao	Moscrop Seco	13.66q -0.2
5	Naina Henry	British Colu	13.66q -0.2
7	Lina Bleif	Heritage Woo	13.67q 1.2
8	Abby Brolin	New Westmins	13.69q -0.2
9	Sareena Sokhanvar	Ecole Dr Cha	13.80 1.2
10	Cassandra Maltas	Centennial S	13.82 1.2
11	Shira Metzack	St Thomas Mo	13.96 -0.2
12	Safia Ngobi	Heritage Woo	13.98 1.2
13	Lucy Li	Burnaby Cent	14.03 -0.2
14	Alexa Roberts	St Thomas Mo	14.04 -0.2
15	Avery Turcotte	Centennial S	14.21 1.2
Women 100 Meter Dash Junior			
Name		Team	Finals
Finals			
1	Makenna Self	Ecole Dr Cha	12.17 1.3
2	Kiara Malcolm	New Westmins	12.49 1.3
3	Candice Chung	Burnaby Moun	12.91 1.3
4	Corinna Talbot	New Westmins	12.99 1.3
5	Naina Henry	British Colu	13.46 1.3
6	Lina Bleif	Heritage Woo	13.71 1.3
7	Abby Brolin	New Westmins	13.93 1.3

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Burnaby Central

Results

Women 200 Meter Dash Junior				3	Ava Butzelaar	St Thomas Mo	2:27.71
Name Team Prelims				4	Ava McGinley	Archbishop C	2:33.22
Preliminaries				5	Manuela Meyang	Ecole Dr Cha	2:35.07
1	Makenna Self	Ecole Dr Cha	25.72Q1.3	6	Neesha Claire	Byrne Creek	2:38.15
2	Jaedyn McLaughlin	zzRiverside	26.35QNWI	7	Tianna Iorio	Burnaby Moun	2:49.78
3	Kiara Malcolm	New Westmins	26.37Q1.3	8	Maxene Lubog	Centennial S	2:51.38
4	Candice Chung	Burnaby Moun	26.96QNWI	9	Ara Kim	British Colu	2:52.72
5	Shira Metzack	St Thomas Mo	28.10q NWI	10	Rosemarie Haas	New Westmins	2:57.08
6	Cassandra Maltas	Centennial S	28.38q 1.3	11	Allison Jacobs	Moscrop Seco	2:58.74
7	Sophia Stark	Maple Ridge	28.78q NWI	12	Celina Gandhi	Burnaby Sout	3:03.20
8	Abby Brolin	New Westmins	28.80q NWI	13	Emi Smith	Meadowridge	3:29.37
9	Avery Turcotte	Centennial S	28.85 1.3	Women 1500 Meter Run Junior			
10	Safia Ngobi	Heritage Woo	28.91 1.3	Name Team Finals			
11	Naina Henry	British Colu	29.36 NWI	Finals			
12	Tianna Iorio	Burnaby Moun	30.06 1.3	1	Yin Ci Zhu	Ecole Dr Cha	5:22.22
13	Olivia Lorenz	Centennial S	30.24 1.3	2	Clarissa Chen	Port Moody S	5:22.56
14	Gabrielle Oetomo	St Thomas Mo	30.86 NWI	3	Ava Butzelaar	St Thomas Mo	5:23.57
15	Nancy Ramirez	Burnaby Sout	31.25 1.3	4	Neesha Claire	Byrne Creek	5:37.76
Women 200 Meter Dash Junior				5	Ava McGinley	Archbishop C	5:44.40
Name Team Finals				6	Kaelyn Robinson	Moscrop Seco	5:45.20
Finals				7	Samantha Warren	Alpha Second	5:55.34
1	Makenna Self	Ecole Dr Cha	25.29 1.0	8	Fanghao Zhou	Gleneagle Se	5:58.44
2	Jaedyn McLaughlin	zzRiverside	25.72 1.0	9	Allison Jacobs	Moscrop Seco	6:08.27
3	Kiara Malcolm	New Westmins	26.41 1.0	10	Amanda Rastad	Ecole Dr Cha	6:15.11
4	Candice Chung	Burnaby Moun	26.97 1.0	11	Chelsea Agno	Burnaby Moun	6:38.84
5	Shira Metzack	St Thomas Mo	28.44 1.0	Women 3000 Meter Run Junior			
6	Sophia Stark	Maple Ridge	28.72 1.0	Name Team Finals			
7	Cassandra Maltas	Centennial S	28.75 1.0	Finals			
8	Abby Brolin	New Westmins	28.76 1.0	1	Clarissa Chen	Port Moody S	12:02.97
Women 400 Meter Run Junior				2	Yin Ci Zhu	Ecole Dr Cha	12:03.24
Name Team Finals				3	Kaelyn Robinson	Moscrop Seco	12:22.36
Finals				4	Samantha Warren	Alpha Second	12:34.37
1	Claire Catherwood	Maple Ridge	59.10	5	Tianna Iorio	Burnaby Moun	13:22.24
2	Jaedyn McLaughlin	zzRiverside	59.92	6	Melinda Wong	Burnaby Nort	13:28.78
3	Cleo Von Lieven	New Westmins	1:02.07	7	Kirsten Wong	Burnaby Nort	13:56.25
4	Ariella Yeo	Moscrop Seco	1:08.54	8	Amanda Rastad	Ecole Dr Cha	14:06.55
5	Eniola Durodola	Gleneagle Se	1:09.11	Women 80 Meter Hurdles Junior			
6	Olivia Lorenz	Centennial S	1:09.20	Name Team Finals			
7	Meela Welwood	Cariboo Hill	1:09.53	Finals			
8	Julia Domingo	British Colu	1:09.75	1	Delaney Self	Ecole Dr Cha	12.17 -0.8
9	Sophie Plaseska	Pinetree Sec	1:10.61	2	Svetlana Khrisanova	Ecole Dr Cha	13.15 -0.8
10	Akasha Chamberland	Burnaby Moun	1:10.80	3	Corinna Talbot	New Westmins	13.69 -0.8
11	Nancy Ramirez	Burnaby Sout	1:12.45	4	Molly Cyr	New Westmins	15.83 -0.8
12	Ila Nussbaum	Burnaby Moun	1:13.86	5	Leah Scott-Moncrieff	Heritage Woo	16.13 -0.8
13	Gabrielle Oetomo	St Thomas Mo	1:14.67	6	Kiah Chindarkar	Burnaby Moun	16.39 -0.8
14	Maxene Lubog	Centennial S	1:15.84	7	Valentina Matica	Burnaby Moun	16.39 0.1
15	Fanghao Zhou	Gleneagle Se	1:19.16	8	Alana Von Richter	Heritage Woo	16.75 -0.8
Women 800 Meter Run Junior				9	Jazzira Utomo	Burnaby Moun	16.77 0.1
Name Team Finals				10	Celina Gandhi	Burnaby Sout	16.80 0.1
Finals				11	Anna Demkiv	Archbishop C	17.15 -0.8
1	Cleo Von Lieven	New Westmins	2:23.57	12	Sophia Nazari	Archbishop C	17.31 0.1
2	Claire Catherwood	Maple Ridge	2:25.51				

2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24

Burnaby Central
Results

Women 300 Meter Hurdles Junior				9	Hariah Dhaliwal	Burnaby Cent	J1.25m																																																																																																																														
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2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24

Burnaby Central
Results

Finals ... (Women Shot Put 3 kg Junior)			
Name		Team	Finals
10	Kiah Chindarkar	Burnaby Moun	5.88m
10	Sarah Toh	Heritage Woo	5.88m
12	Tuscany Diaz-Flores Kidd	Meadowridge	5.65m
13	Payton Martens	Terry Fox Se	5.61m
14	Eunby Lee	Centennial S	5.59m
15	Salome Murcia Gonzalez	Centennial S	5.52m

Women Discus Throw 1 kg Junior			
Name		Team	Finals
Finals			
1	Kayley Gibb	Cariboo Hill	24.67m
2	Carys Akol	St Thomas Mo	24.09m
3	Alvina Cheung	Pinetree Sec	22.32m
4	Sochima Ezeaputa	Archbishop C	19.84m
5	Megan Teolis	Garibaldi Se	18.10m
5	Emily Wang	Burnaby Cent	18.10m
7	Brora MacDonald	Burnaby Sout	16.52m
8	Ariana Ogilvie	St Thomas Mo	15.90m
9	Jiakang Xu	Meadowridge	15.85m
10	Yevgenia Zubova	New Westmins	15.73m
11	Alexis Robinson	Burnaby Cent	15.52m
12	Hailey Lisik	Meadowridge	15.35m
13	Jazzira Utomo	Burnaby Moun	15.01m
14	Puneet Jhaji	Byrne Creek	12.54m
15	Petra Wang	Moscrop Seco	11.28m

Women Hammer Throw 3 kg Junior			
Name		Team	Finals
Finals			
1	Megan Teolis	Garibaldi Se	25.82m
2	Alexis Robinson	Burnaby Cent	21.66m
3	Peyton Foster	Maple Ridge	21.34m
4	Audelle-Anne Chang-Vallee	New Westmins	13.92m
5	Yevgenia Zubova	New Westmins	12.71m

Women Javelin Throw 500 gram Junior			
Name		Team	Finals
Finals			
1	Alexis Robinson	Burnaby Cent	25.14m
2	Corinna Talbot	New Westmins	24.49m
3	Alvina Cheung	Pinetree Sec	22.54m
4	Hailey Lisik	Meadowridge	21.82m
5	Maxine Maruyama-Prasad	Cariboo Hill	20.27m
6	Haruka Shiromizu	Burnaby Sout	19.94m
7	Maria Selezneva	Cariboo Hill	19.36m
8	Anjie Chen	New Westmins	17.28m
9	Maya Wojcik	Maple Ridge	16.90m
10	Sophie Chuang	Meadowridge	16.77m
11	Megan Teolis	Garibaldi Se	15.76m
12	Myroslava Mozghova	Pinetree Sec	15.73m
13	Camdyn McLaughlin	zzRiverside	9.69m

Women 1500 Meter Race Walk Junior			
Name		Team	Finals
Finals			
1	Puneet Jhaji	Byrne Creek	10:04.58
2	Olivia Shen	Cariboo Hill	10:17.83
3	Klaudia Sosnowski	Archbishop C	10:18.62
4	Julia Palbiski	Moscrop Seco	11:44.77

Women 100 Meter Dash Senior			
Name		Team	Prelims
Preliminaries			
1	Aliyah Adomi	Maple Ridge	12.87Q1.2
2	Marian Khalil Koroma	Terry Fox Se	13.20Q1.6
3	Serena Kennedy-Hailu	Terry Fox Se	13.05Q1.2
4	Danika Wilkes	Maple Ridge	13.52Q1.6
5	Natasha Pettenon	Centennial S	13.51q 1.2
6	Stephanie Van Spronsen	Moscrop Seco	13.59q 1.2
7	Kate Parhar	Ecole Dr Cha	13.60q 1.2
8	Hanna Kaustinen	St Thomas Mo	13.66q 1.6
9	Skylee Borralho	Moscrop Seco	13.74 1.6
10	Olivia Cholette	Moscrop Seco	13.78 1.6
10	Sarah Austin	St Thomas Mo	13.78 1.2
12	Presley Shaw Jaworek	Pitt Meadows	14.06 1.6
13	Naomi Mendes	Archbishop C	14.09 1.6
14	Hannah Kroll	New Westmins	14.16 1.2
15	Carmela Akol	St Thomas Mo	14.32 1.2
16	Tasha Quan	Burnaby Nort	14.37 1.6

Women 100 Meter Dash Senior			
Name		Team	Finals
Finals			
1	Aliyah Adomi	Maple Ridge	12.65 1.6
2	Serena Kennedy-Hailu	Terry Fox Se	13.03 1.6
3	Marian Khalil Koroma	Terry Fox Se	13.23 1.6
4	Danika Wilkes	Maple Ridge	13.48 1.6
5	Natasha Pettenon	Centennial S	13.51 1.6
6	Stephanie Van Spronsen	Moscrop Seco	13.52 1.6
7	Hanna Kaustinen	St Thomas Mo	13.66 1.6
8	Kate Parhar	Ecole Dr Cha	13.67 1.6

Women 200 Meter Dash Senior			
Name		Team	Prelims
Preliminaries			
1	Michela Beuthin	Ecole Dr Cha	26.35Q2.2
2	Marian Khalil Koroma	Terry Fox Se	26.99Q0.6
3	Serena Kennedy-Hailu	Terry Fox Se	27.29Q2.2
4	Aliyah Adomi	Maple Ridge	27.55Q0.6
5	Natasha Pettenon	Centennial S	28.14q 0.6
6	Hanna Kaustinen	St Thomas Mo	28.22q 2.2
7	Kate Parhar	Ecole Dr Cha	28.44q 2.2
8	Sarah Austin	St Thomas Mo	28.76q 2.2
9	Stephanie Van Spronsen	Moscrop Seco	28.90 0.6
10	Danika Wilkes	Maple Ridge	28.92 0.6
11	Soliel Migneault	Maple Ridge	29.08 2.2
12	Olivia Cholette	Moscrop Seco	29.14 0.6

2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24
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Preliminaries ... (Women 200 Meter Dash Senior)				
Name		Team	Prelims	
13	Skylee Borralho	Moscrop Seco	29.34	0.6
14	Sienna Yee	Burnaby Cent	29.64	2.2
15	Syahira Munawar	Burnaby Sout	32.35	2.2

Women 200 Meter Dash Senior				
Name		Team	Finals	
Finals				
1	Michela Beuthin	Ecole Dr Cha	26.32	1.5
2	Aliyah Adomi	Maple Ridge	26.84	1.5
3	Marian Khalil Koroma	Terry Fox Se	27.08	1.5
4	Serena Kennedy-Hailu	Terry Fox Se	27.09	1.5
5	Natasha Pettenon	Centennial S	28.34	1.5
6	Hanna Kaustinen	St Thomas Mo	28.48	1.5
7	Kate Parhar	Ecole Dr Cha	28.67	1.5
8	Sarah Austin	St Thomas Mo	28.87	1.5

Women 400 Meter Run Senior			
Name		Team	Finals
Finals			
1	Kalima Ngobi	Heritage Woo	1:00.26
2	Michela Beuthin	Ecole Dr Cha	1:00.28
3	Zehra Ali	St Thomas Mo	1:03.54
4	Olivia Lascu	St Thomas Mo	1:07.00
5	Hannah Kroll	New Westmins	1:08.60
6	Natasha Pettenon	Centennial S	1:08.93
7	Nicole Bilen	Centennial S	1:09.50
8	Tia Kinkar	Byrne Creek	1:20.37

Women 800 Meter Run Senior			
Name		Team	Finals
Finals			
1	Nozomi Choy	Heritage Woo	2:35.92
2	Mackenzie Hui	Meadowridge	2:37.83
3	Hailey Johnston	Heritage Woo	2:38.11
4	Samantha Wepruk	Burnaby Sout	2:38.41
5	Nadia Girardi	New Westmins	2:57.98
6	Hanna Stuhldreier	Alpha Second	2:59.27
7	Tia Kinkar	Byrne Creek	3:07.21
---	Valentina Brida	Burnaby Cent	DQ

Women 1500 Meter Run Senior				
Name		Team	Finals	
Finals				
1	Ella Kalnins	Gleneagle Se	5:09.63	
2	Joanna Chen	Maple Ridge	5:15.33	
3	Valentina Brida	Burnaby Cent	5:28.20	
4	Nozomi Choy	Heritage Woo	5:31.58	
5	Delfina Hillar	Samuel Rober	5:37.00	
6	Klara Lilla Wagner	Burnaby Nort	5:47.74	
7	Leah Burgess	Moscrop Seco	6:13.00	
8	Paula Marie Brucherseifer	Samuel Rober	6:13.07	
9	Elishka Hugo Rucka	Burnaby Cent	6:31.18	
10	Luciana Brewer	Moscrop Seco	6:32.83	

Women 3000 Meter Run Senior			
Name		Team	Finals
Finals			
1	Ella Madsen	zzRiverside	10:18.21
2	Ella Kalnins	Gleneagle Se	10:55.95
3	Joanna Chen	Maple Ridge	11:31.04
4	Klara Lilla Wagner	Burnaby Nort	12:38.57
5	Elishka Hugo Rucka	Burnaby Cent	13:44.28
6	Tia Kinkar	Byrne Creek	13:53.26
7	Leah Burgess	Moscrop Seco	13:58.23
8	Luciana Brewer	Moscrop Seco	14:01.10

Women 100 Meter Hurdles Senior				
Name		Team	Finals	
Finals				
1	Robin Rohu	Burnaby Cent	16.28	1.1
2	Alexandra Borvanova	Gleneagle Se	21.52	1.1
3	Jocelin Shi	Port Moody S	23.74	1.1

Women 400 Meter Hurdles Senior			
Name		Team	Finals
Finals			
1	Kalima Ngobi	Heritage Woo	1:08.42
2	Robin Rohu	Burnaby Cent	1:08.59
3	Katarina Callingham	Burnaby Moun	1:23.58

Women 1500 Meter Steeplechase Senior				
Name		Team	Finals	
Finals				
1	Ella Madsen	zzRiverside	5:10.54	
2	Samantha Wepruk	Burnaby Sout	6:10.62	
3	Klara Lilla Wagner	Burnaby Nort	6:11.77	
4	Katarina Callingham	Burnaby Moun	6:53.72	
5	Luciana Brewer	Moscrop Seco	7:06.80	

Women 4x100 Meter Relay Senior			
Team		Relay	Finals
Finals			
1	Ecole Dr Cha	A	49.94
2	St Thomas Mo	A	53.41
3	Burnaby Cent	A	55.21
4	Centennial School	A	55.73
5	Moscrop Secondary	A	56.43
6	Heritage Woods	A	56.61
7	Archbishop C	A	56.91
8	Byrne Creek	A	58.25
9	British Colu	A	58.26
10	Moscrop Secondary	B	1:00.80
11	Pitt Meadows	B	1:02.62
12	Pitt Meadows	A	1:02.65
13	Alpha Secondary	A	1:02.86

Women 4x400 Meter Relay Senior				
Team		Relay	Finals	
Finals				
1	New Westmins	A	4:18.58	

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Burnaby Central

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Finals ... (Women 4x400 Meter Relay Senior)			
Team		Relay	Finals
2	St Thomas Mo	A	4:21.84
3	Moscrop Secondary	A	5:01.79
4	Pitt Meadows	A	5:07.94
5	Byrne Creek	B	5:20.28

Women High Jump Senior			
Name		Team	Finals
Finals			
1	Samantha Wepruk	Burnaby Sout	1.45m
2	Tasha Quan	Burnaby Nort	1.35m
2	Ming Li	Port Moody S	1.35m
4	Mia Gaschler	Byrne Creek	1.30m
5	Daniella Lopez	Moscrop Seco	1.25m
---	Annie Guo	Burnaby Moun	NH

Women Pole Vault Senior			
Name		Team	Finals
Finals			
1	Nathalie Flood	New Westmins	3.30m
2	Lise - Ann Theunisen	Garibaldi Se	3.20m
3	Kate Parhar	Ecole Dr Cha	2.30m

Women Long Jump Senior			
Name		Team	Finals
Finals			
1	Kalima Ngobi	Heritage Woo	4.83m 0.1
2	Robin Rohu	Burnaby Cent	4.72m 0.9
3	Aliyah Adomi	Maple Ridge	4.56m +0.0
4	Nathalie Flood	New Westmins	4.46m 0.6
5	Marian Khalil Koroma	Terry Fox Se	4.42m 1.7
6	Presley Shaw Jaworek	Pitt Meadows	4.19m +0.0
7	Olivia Cholette	Moscrop Seco	4.15m 1.4
8	Daniella Lopez	Moscrop Seco	3.77m 1.5
9	Leonie Wienen	zzRiverside	3.58m 1.7
10	Alexandra Borvanova	Gleneagle Se	3.55m 0.9
11	Skylee Borralho	Moscrop Seco	3.46m +0.0
12	Sabrina Kelly	British Colu	3.44m 0.4
13	Mia Gaschler	Byrne Creek	3.31m 0.5

Women Triple Jump Senior			
Name		Team	Finals
Finals			
1	Caroline Dong	British Colu	8.59m NWI
2	Mia Gaschler	Byrne Creek	8.48m NWI
3	Sophie Nelson	Pitt Meadows	8.46m NWI
4	Lily Phung	Pitt Meadows	8.31m NWI
5	Andrea Karli	Pitt Meadows	7.97m NWI
6	Sienna Yee	Burnaby Cent	7.51m NWI

Women Shot Put 4 kg Senior			
Name		Team	Finals
Finals			
1	Payton Young	Centennial S	10.31m
2	Lauren Curtis	Maple Ridge	9.32m
3	Lindsay Goudron	Burnaby Cent	8.96m

4	Enesa Rrahmani	Byrne Creek	7.63m
5	Ingrid Prat	Pitt Meadows	7.55m
6	Hadley Jack	Pitt Meadows	7.22m
7	Stephanie Fisher	Westview Sec	7.16m
8	MJ Gonzalez	Byrne Creek	7.10m
9	Briana Lee-Ho	Burnaby Nort	6.78m
10	Hasti Mohammadi	Centennial S	6.17m
11	Syahira Munawar	Burnaby Sout	5.36m
12	Samantha Poole	Westview Sec	4.80m

Women Discus Throw 1 kg Senior			
Name		Team	Finals
Finals			
1	Lindsay Goudron	Burnaby Cent	32.85m
2	Payton Young	Centennial S	29.23m
3	Lauren Taylor	St Thomas Mo	24.75m
4	Lauren Curtis	Maple Ridge	23.01m
5	Enesa Rrahmani	Byrne Creek	18.41m
6	Hasti Mohammadi	Centennial S	18.34m
7	MJ Gonzalez	Byrne Creek	17.91m
8	Hadley Jack	Pitt Meadows	17.74m
9	Mariko Stammer	Pitt Meadows	15.89m
10	Hanna Stuhldreier	Alpha Second	13.70m

Women Hammer Throw 4 kg Senior			
Name		Team	Finals
Finals			
1	Lauren Curtis	Maple Ridge	43.51m
2	Elena Gabellini	Maple Ridge	39.52m
3	Lindsay Goudron	Burnaby Cent	31.65m

Women Javelin Throw 600 gram Senior			
Name		Team	Finals
Finals			
1	Hanna Kaustinen	St Thomas Mo	31.91m
2	Stella Jeon	Archbishop C	29.02m
3	Payton Young	Centennial S	27.78m
4	Melissa Lucas-Taje	Burnaby Moun	26.15m
5	MJ Gonzalez	Byrne Creek	22.01m
6	Olivia Dalla Zanna	St Thomas Mo	21.55m
7	Vitoria Pacheco Gramani	Burnaby Moun	18.46m
8	Briana Lee-Ho	Burnaby Nort	18.27m
9	Ana Galindo	Burnaby Sout	15.41m
10	Mariko Stammer	Pitt Meadows	14.31m
11	Hadley Jack	Pitt Meadows	14.02m
12	Capri Geremia	Centennial S	12.91m
13	Zoe Olson	Ecole Dr Cha	10.36m
14	Ninorah Mendes	Archbishop C	9.41m

Women 1500 Meter Race Walk Senior			
Name		Team	Finals
Finals			
1	Mona Finlayson	Cariboo Hill	10:04.56
2	Zoe Olson	Ecole Dr Cha	13:00.79

2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24

Burnaby Central
Results

Men 100 Meter Dash Gr 8

Name	Team	Prelims
Preliminaries		
1 Andre Meltzer	St Thomas Mo	12.08Q-0.4
2 David Puscasu	British Colu	12.20Q-0.2
3 Clarence Richardson	Byrne Creek	12.65Q-0.4
4 Cooper Bourque-Laidlaw	Westview Sec	12.85Q-0.2
5 Rainier Catungal	Byrne Creek	12.99q -0.2
6 Zachary Foster	Maple Ridge	13.02q -0.4
7 Jose Pacheco Gramani	Burnaby Moun	13.11q -0.4
8 Nicolaas Everaars	Ecole Glenbr	13.16q -0.2
9 Jasper Cheung	Cariboo Hill	13.25 -0.4
10 Chima Duruiheoma	Archbishop C	13.32 -0.2
11 Muhannad Abohalaka	Burnaby Moun	13.53 -0.2
12 Khalil Shiu	British Colu	13.57 -0.2
13 Ebuka Eke	British Colu	13.70 -0.4
14 Isaac Lam	Archbishop C	14.07 -0.4
15 Adam Bertani	Archbishop C	14.25 -0.4

Men 100 Meter Dash Gr 8

Name	Team	Finals
Finals		
1 Andre Meltzer	St Thomas Mo	11.89 1.1
2 Clarence Richardson	Byrne Creek	12.43 1.1
3 Cooper Bourque-Laidlaw	Westview Sec	12.62 1.1
4 Rainier Catungal	Byrne Creek	12.74 1.1
5 Jose Pacheco Gramani	Burnaby Moun	12.89 1.1
6 Nicolaas Everaars	Ecole Glenbr	13.07 1.1
7 Zachary Foster	Maple Ridge	13.12 1.1

Men 200 Meter Dash Gr 8

Name	Team	Prelims
Preliminaries		
1 David Puscasu	British Colu	24.36Q2.1
2 Andre Meltzer	St Thomas Mo	24.64Q-0.2
3 Clarence Richardson	Byrne Creek	26.29Q2.1
4 Jasper Cheung	Cariboo Hill	26.54Q-0.2
5 Rainier Catungal	Byrne Creek	26.92q -0.2
6 Cobre Pan	Moscrop Seco	26.96q -0.2
7 Cooper Bourque-Laidlaw	Westview Sec	27.65q 2.1
8 Victor Zhang	Moscrop Seco	28.66q -0.2
9 Daniel Yew	Burnaby Nort	29.19 -0.2
10 Nicholas Lee	British Colu	29.83 2.1

Men 200 Meter Dash Gr 8

Name	Team	Finals
Finals		
1 Andre Meltzer	St Thomas Mo	24.41 2.0
2 David Puscasu	British Colu	24.41 2.0
3 Clarence Richardson	Byrne Creek	26.32 2.0
4 Cooper Bourque-Laidlaw	Westview Sec	26.79 2.0
5 Cobre Pan	Moscrop Seco	26.91 2.0
6 Jasper Cheung	Cariboo Hill	26.93 2.0
7 Rainier Catungal	Byrne Creek	26.95 2.0
8 Victor Zhang	Moscrop Seco	28.16 2.0

Men 400 Meter Dash Gr 8

Name	Team	Finals
Finals		
1 Clarence Richardson	Byrne Creek	58.48
2 Jaden Piamonte	St Thomas Mo	58.99
3 David Puscasu	British Colu	59.11
4 Cobre Pan	Moscrop Seco	1:01.09
5 Rainier Catungal	Byrne Creek	1:03.55
6 Kaydyn Mohamed	Cariboo Hill	1:04.19
7 Suhas Bollepalli	Moscrop Seco	1:09.02
8 Bien Frangelico Erde Laxama	Burnaby Moun	1:09.46
9 Jaden McMillan	Westview Sec	1:09.50
10 Alistair Warren	Burnaby Moun	1:10.63

Men 800 Meter Run Gr 8

Name	Team	Finals
Finals		
1 Benjamin Musovic	Burnaby Cent	2:17.85
2 Aiden Wong	St Thomas Mo	2:33.97
3 Desmond Schiebler	Ecole Glenbr	2:35.19
4 Jaden McMillan	Westview Sec	2:35.97
5 Finn Moreland	Ecole Glenbr	2:35.99
6 Ali Mohammad	Byrne Creek	2:40.00
7 Dominic Koh	Byrne Creek	2:40.07
8 Alistair Warren	Burnaby Moun	2:42.40
9 Brennan Clark	Cariboo Hill	2:42.63

Men 1500 Meter Run Gr 8

Name	Team	Finals
Finals		
1 Benjamin Musovic	Burnaby Cent	4:53.64
2 Desmond Schiebler	Ecole Glenbr	5:13.00
3 Delvin Benjamin	Archbishop C	5:17.23
4 Advait Iyer	Alpha Second	5:18.06
5 Finn Moreland	Ecole Glenbr	5:23.61
6 Ali Mohammad	Byrne Creek	5:27.60
7 Ayden Leung	Alpha Second	5:29.69
8 Style Mabanta	Archbishop C	5:33.43
9 Aidan Cuvier	Cariboo Hill	5:35.37
10 Dominic Koh	Byrne Creek	5:37.48

Men 3000 Meter Run Gr 8

Name	Team	Finals
Finals		
1 Advait Iyer	Alpha Second	11:52.67
2 Jonah Ghanason	Burnaby Moun	11:56.33
3 Jaden Mittelstaedt	Burnaby Sout	12:20.33
4 Ayden Leung	Alpha Second	12:21.38
5 Dominic Koh	Byrne Creek	12:21.41
6 Ali Mohammad	Byrne Creek	12:21.43
7 Bien Frangelico Erde Laxama	Burnaby Moun	13:03.54
8 Jacob Tibbles	Byrne Creek	13:05.94

2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24

Burnaby Central
Results

Men 100 Meter Hurdles Gr 8					14	Quinn Lorenz	Westview Sec	3.70m	0.9																																																																																																		
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10	Jaedyn Livingstone	Centennial S	12.17	2.1																																																																																																							
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11	Andren Olynky	Burnaby Moun	12.23	1.6																																																																																																							
13	Noe Blahut	Burnaby Sout	12.44	2.1																																																																																																							
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2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24

Burnaby Central

Results

Finals ... (Men 100 Meter Dash Junior)

	Name	Team	Finals
4	Devanand Rana	St Thomas Mo	11.63 NWI
5	Ashton Toplana	Byrne Creek	11.83 NWI
6	Shadrak Henry	British Colu	11.89 NWI
7	Harry Lobay	Centennial S	11.97 NWI
8	Woodson MacRae	Terry Fox Se	12.06 NWI

Men 200 Meter Dash Junior

	Name	Team	Prelims
Preliminaries			
1	Devanand Rana	St Thomas Mo	23.49Q0.8
2	Tason Tran	Terry Fox Se	23.57Q1.0
3	Nico Pallares	St Thomas Mo	23.60Q1.0
4	Derek Frimpong	Maple Ridge	23.86Q0.8
5	Harry Lobay	Centennial S	24.06q 1.0
6	Ashton Toplana	Byrne Creek	24.54q 1.0
6	Jaedyn Livingstone	Centennial S	24.54q 0.8
8	Woodson MacRae	Terry Fox Se	24.64q 1.0
9	Nathaniel Lum	Centennial S	24.72 0.8
10	Roan Todd	Ecole Dr Cha	25.02 0.8
11	Paolo Gonzalez	Byrne Creek	25.07 1.0
12	Joshua Javerina	Terry Fox Se	25.14 0.8
13	Julien Chrisafi	Maple Ridge	25.44 1.0
14	Andren Olynyk	Burnaby Moun	25.47 1.0
15	Luca Bertoia	Cariboo Hill	25.52 0.8
16	Mateo McDonell	New Westmins	25.78 0.8

Men 200 Meter Dash Junior

	Name	Team	Finals
Finals			
1	Tason Tran	Terry Fox Se	23.35 1.5
2	Devanand Rana	St Thomas Mo	23.37 1.5
3	Derek Frimpong	Maple Ridge	23.80 1.5
4	Nico Pallares	St Thomas Mo	23.85 1.5
5	Harry Lobay	Centennial S	23.96 1.5
6	Jaedyn Livingstone	Centennial S	24.45 1.5
7	Woodson MacRae	Terry Fox Se	29.92 1.5

Men 400 Meter Run Junior

	Name	Team	Finals
Finals			
1	Derek Frimpong	Maple Ridge	54.08
2	Paolo Gonzalez	Byrne Creek	54.39
3	Nathaniel Lum	Centennial S	54.44
4	Matias Garcia	St Thomas Mo	54.55
5	Tristan Jupp	Terry Fox Se	55.96
6	Kingsley Thomas	Byrne Creek	56.99
7	Jesus Gutierrez	Byrne Creek	57.70
8	Harry Lobay	Centennial S	57.87
9	Milano Peloso	St Thomas Mo	57.94
10	Tristan Michel Charpentir	Burnaby Sout	57.99
11	Joseph Maddalozzo	Archbishop C	59.92
12	Caleb Park	British Colu	1:01.59
13	Brian Zhang	Port Moody S	1:02.10
14	Spencer Kelly	British Colu	1:06.44

Men 800 Meter Run Junior

	Name	Team	Finals
Finals			
1	Elijah Clarke	Burnaby Nort	2:08.78
2	Dylan Naresh	Maple Ridge	2:11.95
3	Billy Thiele-Crocker	Heritage Woo	2:12.26
4	Jai Sahota	St Thomas Mo	2:12.92
5	Asher Barrett	Gleneagle Se	2:12.96
6	Rinto Sugiyama	Maple Ridge	2:13.14
7	Jerome Fong	Burnaby Moun	2:17.06
8	Xavier Wu	Heritage Woo	2:19.19
9	Steven Mohlmann	Ecole Dr Cha	2:19.31
10	Kingsley Thomas	Byrne Creek	2:19.56
11	Josh-Sunghyun Cho	Burnaby Nort	2:19.91
12	Talan Ryu	Byrne Creek	2:24.85
13	Anthony Podogiros	Burnaby Moun	2:25.10
14	Finley Ludeman	Maple Ridge	2:25.54
15	Joshua Kohli	Burnaby Moun	2:27.87

Men 1500 Meter Run Junior

	Name	Team	Finals
Finals			
1	Elijah Clarke	Burnaby Nort	4:21.08
2	Rinto Sugiyama	Maple Ridge	4:29.04
3	Liam Graham	Samuel Rober	4:32.63
4	Dylan Naresh	Maple Ridge	4:32.89
5	Asher Barrett	Gleneagle Se	4:33.03
6	Coen McMurray	Heritage Woo	4:34.93
7	Jai Sahota	St Thomas Mo	4:41.24
8	Billy Thiele-Crocker	Heritage Woo	4:44.30
9	Gabriel Headley	Maple Ridge	4:45.77
10	Anthony Podogiros	Burnaby Moun	4:52.09
11	Dylan Betts	zzRiverside	4:53.01
12	Josh-Sunghyun Cho	Burnaby Nort	4:53.32
13	Jerome Fong	Burnaby Moun	4:53.37
14	Remo Giovinazzo	St Thomas Mo	4:58.00
15	Talan Ryu	Byrne Creek	5:04.92
16	Tym Kropivny	Burnaby Cent	5:06.13

Men 3000 Meter Run Junior

	Name	Team	Finals
Finals			
1	Elijah Clarke	Burnaby Nort	9:43.73
2	Rinto Sugiyama	Maple Ridge	9:43.97
3	Coen McMurray	Heritage Woo	9:52.14
4	Gabriel Headley	Maple Ridge	10:15.90
5	Finley Ludeman	Maple Ridge	10:53.81
6	Chiu Josh	John Knox	10:55.50
7	John Becker	Burnaby Nort	10:59.09
8	Yuwo Chen	Maple Ridge	x11:01.53
9	Jonas Ribeiro	Byrne Creek	11:03.75
10	Tym Kropivny	Burnaby Cent	11:16.22
11	Talan Ryu	Byrne Creek	11:18.35
12	Balint Papp	Burnaby Cent	12:16.14
13	Seva Tsyganov	Maple Ridge	x12:16.84

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Finals ... (Men 3000 Meter Run Junior)			
Name		Team	Finals
14	Jordan McIntosh	Meadowridge	12:20.49
15	Spencer Kelly	British Colu	12:32.22

Men 100 Meter Hurdles Junior			
Name		Team	Finals
Finals			
1	Denis-Gabriel Petcu	Heritage Woo	15.52 0.2
2	Rin Matsukawa	Centennial S	15.75 0.2
3	Taiki Koyama	Burnaby Moun	16.36 0.2
4	Krishan Anantharajah	Heritage Woo	16.70 0.2
5	Misha Sayani	Burnaby Cent	17.19 0.2
6	Samuel Tang	Moscrop Seco	17.30 0.2
7	Kevin Malo	Meadowridge	17.60 0.2
8	Isaac Law	Moscrop Seco	20.84 0.2
9	Xin-Chen Liu	Moscrop Seco	21.77 0.2
10	Ayush Shete	Burnaby Moun	23.95 0.2

Men 300 Meter Hurdles Junior			
Name		Team	Finals
Finals			
1	Taiki Koyama	Burnaby Moun	46.28
2	Joseph Maddalozzo	Archbishop C	48.13
3	Spencer Kelly	British Colu	50.12
4	Tose Moniz de Sa	Burnaby Moun	56.05
5	Ayush Shete	Burnaby Moun	57.65

Men 1500 Meter Steeplechase Junior			
Name		Team	Finals
Finals			
1	Liam Graham	Samuel Rober	5:06.06
2	Linus Fong	Burnaby Moun	5:13.79
3	Tristan Michel Charpentir	Burnaby Sout	5:14.40
4	Muhannad Abohalaka	Burnaby Moun	5:19.16
5	Josh-Sunghyun Cho	Burnaby Nort	5:19.50
6	Joshua Kohli	Burnaby Moun	5:38.86
7	John Becker	Burnaby Nort	5:41.83
8	Balint Papp	Burnaby Cent	5:44.80
9	Ryan Lee	St Thomas Mo	5:57.05

Men 4x100 Meter Relay Junior			
Team		Relay	Finals
Finals			
1	St Thomas Mo	A	45.62
2	Terry Fox Secondary	A	46.75
3	Centennial School	A	46.77
4	St Thomas Mo	B	47.74
5	St Thomas Mo	C	47.95
6	Byrne Creek	A	48.28
7	New Westmins	A	48.82
8	Archbishop C	A	49.03
9	Burnaby Moun	A	49.69
10	Centennial School	B	49.73
11	Burnaby Cent	A	49.88
12	Meadowridge School	A	51.50

13	British Colu	A	54.05
---	Maple Ridge Secondary	A	DNF
---	Ecole Dr Cha	A	DQ

Men 4x400 Meter Relay Junior			
Team		Relay	Finals
Finals			
1	Byrne Creek	A	3:47.70
2	St Thomas Mo	A	3:48.10
3	Centennial School	A	3:52.11
4	St Thomas Mo	B	4:01.12
5	Maple Ridge Secondary	A	4:03.92
6	Burnaby Cent	A	4:05.89
7	Burnaby Moun	A	4:06.03
8	Centennial School	B	4:06.51
9	Byrne Creek	B	4:08.52
10	British Colu	A	4:30.14

Men High Jump Junior			
Name		Team	Finals
Finals			
1	Jacob Oreta	St Thomas Mo	1.70m
2	Makaio Maver	St Thomas Mo	1.65m
3	Dylan Naresh	Maple Ridge	J1.65m
4	Rin Matsukawa	Centennial S	1.55m
5	Farid Haddad	St Thomas Mo	J1.55m
6	Liam Gorton	Ecole Dr Cha	1.50m
7	Jakerry Okot-Bitek	Byrne Creek	J1.50m
8	Tayson Thomas	British Colu	J1.50m
9	Tristan Michel Charpentir	Burnaby Sout	1.45m
10	Linus Fong	Burnaby Moun	J1.45m
11	Declan Williams	St Thomas Mo	x1.35m

Men Pole Vault Junior			
Name		Team	Finals
Finals			
1	Luke Theunissen	Samuel Rober	3.20m

Men Long Jump Junior			
Name		Team	Finals
Finals			
1	Tason Tran	Terry Fox Se	6.14m 2.0
2	Kevin Malo	Meadowridge	5.95m +0.0
3	Westyn Strange	Pitt Meadows	5.93m +0.0
4	Denis-Gabriel Petcu	Heritage Woo	5.92m 0.2
5	Krishan Anantharajah	Heritage Woo	5.55m 0.4
6	Noe Blahut	Burnaby Sout	5.50m +0.0
7	Joseph Maddalozzo	Archbishop C	5.34m 2.3
8	Shadrak Henry	British Colu	5.16m 1.1
9	Anton Joseph	Archbishop C	5.06m 1.0
10	Jesus Gutierrez	Byrne Creek	4.96m 1.7
11	Samuel Tang	Moscrop Seco	4.95m 0.7
12	Julian Lauritzen	Cariboo Hill	4.79m 0.2
13	Ben Rohu	Burnaby Cent	4.71m 1.6
14	Farid Haddad	St Thomas Mo	4.70m 0.7
15	Ewan Maclachlan	New Westmins	4.63m 1.1

2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24
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Finals ... (Men Long Jump Junior)			
Name		Team	Finals
---	Yohan Moon	Burnaby Sout	FOUL

Men Triple Jump Junior			
Name		Team	Finals
Finals			
1	Kevin Malo	Meadowridge	11.81m NWI
2	Makaio Maver	St Thomas Mo	11.65m NWI
3	Samuel Tang	Moscrop Seco	10.72m NWI
4	Jesus Gutierrez	Byrne Creek	10.60m NWI
5	Aidan Park	Ecole Dr Cha	10.37m NWI
6	David Ahn	British Colu	9.40m NWI
7	Shin Lam	Moscrop Seco	8.42m NWI

Men Shot Put 5 kg Junior			
Name		Team	Finals
Finals			
1	Maksym Cichecki	Terry Fox Se	10.24m
2	Janek Kaila	New Westmins	10.10m
3	Cohen Vigliotti	Burnaby Nort	9.24m
4	Alexander Jaspar	St Thomas Mo	9.13m
5	Josiah Prem	Maple Ridge	9.08m
6	Lucas Little	Meadowridge	8.02m
7	Bobby Nguyen	Gleneagle Se	7.70m
8	Aldrin Villareal	Byrne Creek	7.40m
9	Jonathan Farbridge	Moscrop Seco	6.63m
10	Ethan Banack	Meadowridge	6.61m
11	Reid Robbertze	Centennial S	6.57m
12	Jakerry Okot-Bitek	Byrne Creek	6.32m
13	Nicolas Peterson-Windley	Burnaby Nort	6.10m

Men Discus Throw 1.5 kg Junior			
Name		Team	Finals
Finals			
1	Maksym Cichecki	Terry Fox Se	34.56m
2	Jim Chen	Moscrop Seco	22.54m
3	Alexander Jaspar	St Thomas Mo	21.48m
4	Noah Rosselli	Centennial S	21.14m
5	Janek Kaila	New Westmins	19.84m
6	Kieren Courchaine	New Westmins	18.49m
7	Reid Robbertze	Centennial S	18.12m
8	Hansen Hsu	Moscrop Seco	16.94m
9	Caleb Chrysler-Davidson	Centennial S	16.56m
10	Aldrin Villareal	Byrne Creek	16.42m
11	Ashton LeBlanc	Burnaby Cent	15.29m

Men Hammer Throw 5 kg Junior			
Name		Team	Finals
Finals			
1	Ewan Maclachlan	New Westmins	26.21m
2	Janek Kaila	New Westmins	24.36m
3	Kieren Courchaine	New Westmins	21.57m
4	Alexander Morosoff	Ecole Glenbr	17.37m
5	Hansen Hsu	Moscrop Seco	10.16m

Men Javelin Throw 700 gram Junior			
Name		Team	Finals
Finals			
1	Dongseok Kim	Port Moody S	34.46m
2	Jayden Wong	Archbishop C	33.54m
3	Maksym Cichecki	Terry Fox Se	33.11m
4	Noah Rosselli	Centennial S	31.29m
5	Cohen Vigliotti	Burnaby Nort	29.54m
6	Yohan Moon	Burnaby Sout	28.29m
7	Jonathan Farbridge	Moscrop Seco	28.12m
8	Julian Lauritzen	Cariboo Hill	26.82m
9	Elven Zhang	Moscrop Seco	24.93m
10	Ethan Banack	Meadowridge	24.40m
11	Jayden Neufeld	Garibaldi Se	24.18m
12	Ashton LeBlanc	Burnaby Cent	21.68m
13	Bobby Nguyen	Gleneagle Se	20.67m
14	Ayush Shete	Burnaby Moun	18.58m
15	Alan Qian	Archbishop C	17.95m
16	Nicolas Peterson-Windley	Burnaby Nort	13.56m

Men 1500 Meter Race Walk Junior			
Name		Team	Finals
Finals			
1	Hansen Hsu	Moscrop Seco	9:54.14
2	Kingsley Thomas	Byrne Creek	10:16.91
3	Quinton Olson	Ecole Dr Cha	14:10.27
4	Aldrin Villareal	Byrne Creek	15:03.88

Men 100 Meter Dash Senior			
Name		Team	Prelims
Preliminaries			
1	Calib Gruninger	Terry Fox Se	11.15Q-1.0
2	Michael Comuzzi	St Thomas Mo	11.39Q-0.4
3	Kai Rawnsley	Heritage Woo	11.43Q-1.0
4	Matthew Custodio	St Thomas Mo	11.44Q-0.4
5	Gael Tshibanda	Centennial S	11.70q -1.0
6	Aidan Furney	Centennial S	11.71q -1.0
7	Ty Elie	Centennial S	11.83q -1.0
7	Dave Trinidad	Burnaby Sout	11.83q -1.0
9	Denayden Lee-daniel	St Thomas Mo	11.90 -0.4
10	Adjy Kanta	Burnaby Cent	11.92 -0.4
11	David Wu	Moscrop Seco	11.96 -1.0
12	AJ Layog	Archbishop C	12.02 -0.4
12	Benjamin Aldaba	Ecole Dr Cha	12.02 -0.4
14	Tanner Hayden	Centennial S	12.10 -0.4
15	Kiun Lee	New Westmins	12.43 -1.0

Men 100 Meter Dash Senior			
Name		Team	Finals
Finals			
1	Calib Gruninger	Terry Fox Se	10.93 0.7
2	Kai Rawnsley	Heritage Woo	11.25 0.7
3	Michael Comuzzi	St Thomas Mo	11.27 0.7
4	Matthew Custodio	St Thomas Mo	11.30 0.7
5	Gael Tshibanda	Centennial S	11.43 0.7

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Results

Finals ... (Men 100 Meter Dash Senior)

	Name	Team	Finals
6	Dave Trinidad	Burnaby Sout	11.56 0.7
7	Aidan Furney	Centennial S	11.59 0.7
8	Ty Elie	Centennial S	11.65 0.7

Men 200 Meter Dash Senior

	Name	Team	Prelims
Preliminaries			
1	Benjamin Talbot	New Westmins	22.46Q2.1
2	Calib Gruninger	Terry Fox Se	22.58Q0.1
3	Michael Comuzzi	St Thomas Mo	22.75Q2.1
4	Kai Rawnsley	Heritage Woo	23.17Q0.1
5	Aidan Furney	Centennial S	23.21q 2.1
6	Niko Kanagawa	St Thomas Mo	23.54q 0.1
7	Gael Tshibanda	Centennial S	23.74q 0.1
8	Dave Trinidad	Burnaby Sout	23.89q 2.1
9	Aidan Morrison-Orme	New Westmins	23.99 0.1
10	Tanner Hayden	Centennial S	24.36 0.1
11	Ryan Bardini	New Westmins	24.38 0.1
12	Benjamin Aldaba	Ecole Dr Cha	24.41 2.1
13	Aidan Pasacreta	Centennial S	25.90 2.1

Men 200 Meter Dash Senior

	Name	Team	Finals
Finals			
1	Calib Gruninger	Terry Fox Se	22.37 -0.7
2	Benjamin Talbot	New Westmins	22.49 -0.7
3	Michael Comuzzi	St Thomas Mo	23.09 -0.7
4	Kai Rawnsley	Heritage Woo	23.21 -0.7
5	Aidan Furney	Centennial S	23.38 -0.7
6	Niko Kanagawa	St Thomas Mo	23.46 -0.7
7	Dave Trinidad	Burnaby Sout	24.06 -0.7

Men 400 Meter Run Senior

	Name	Team	Finals
Finals			
1	Benjamin Talbot	New Westmins	50.76
2	Joel Breedveld	Samuel Rober	51.74
3	Niko Kanagawa	St Thomas Mo	51.91
4	Aidan Morrison-Orme	New Westmins	52.00
5	Liam Mosi	New Westmins	52.54
6	Aidan Furney	Centennial S	52.85
7	Jayden Wong	zzRiverside	55.04
8	Connor Turnbull	Maple Ridge	55.22
9	Ramneek Sekhon	Burnaby Cent	55.26
10	Kairo Chiang	St Thomas Mo	55.78
11	Vladislav Shillin	British Colu	55.95
12	Aleni Mwawa	Byrne Creek	56.73
13	Joshua Sharma	British Colu	57.22
14	Gavin Baron	Ecole Dr Cha	57.70
15	Jordan Lopez	Gleneagle Se	1:01.97
16	Markus Fong	Alpha Second	1:02.04

Men 800 Meter Run Senior

	Name	Team	Finals
Finals			
1	Sam Pitzey	Meadowridge	2:01.86
2	George Plesu	zzRiverside	2:05.19
3	Lucien Dixon-Lawless	Samuel Rober	2:08.23
4	Jayden Wong	zzRiverside	2:09.73
5	Brendan Lim	Burnaby Moun	2:10.55
6	James Heinrichs	Ecole Dr Cha	2:15.13
7	Emilio Pinske	Archbishop C	2:16.60
8	Gavin Baron	Ecole Dr Cha	2:21.02
9	Evan Ghanason	Burnaby Moun	2:22.02
10	Daniele Castellano	Burnaby Nort	2:27.26
11	Valentin Georg Steib	Burnaby Nort	2:27.93
12	Lucas Wong	Burnaby Nort	2:33.67

Men 1500 Meter Run Senior

	Name	Team	Finals
Finals			
1	Elijah Headley	Maple Ridge	4:11.37
2	Sam Pitzey	Meadowridge	4:19.27
3	Aidan Evans	Maple Ridge	4:26.23
4	Lucien Dixon-Lawless	Samuel Rober	4:30.84
5	James Heinrichs	Ecole Dr Cha	4:46.74
6	David Li	Burnaby Moun	4:50.39
7	Justin Son	Pinetree Sec	5:00.89
8	Evan Ghanason	Burnaby Moun	5:02.58
9	Aaiden Melnychuk	St Thomas Mo	5:13.75
10	Daniele Castellano	Burnaby Nort	5:15.34
11	Hanson Zhou	Gleneagle Se	5:16.46
12	Valentin Georg Steib	Burnaby Nort	5:23.39

Men 3000 Meter Run Senior

	Name	Team	Finals
Finals			
1	Elijah Headley	Maple Ridge	9:11.17
2	Cole Wheeler	Ecole Dr Cha	9:34.11
3	Markus Toolsie-Worsnup	Samuel Rober	9:55.49
4	Alexander Ross	New Westmins	10:43.70
5	Aaiden Melnychuk	St Thomas Mo	11:29.32
6	Colin Hardjowasito	Burnaby Moun	11:30.90
7	Konstantin Burghart	Centennial S	12:10.48
8	Lucas Wong	Burnaby Nort	12:13.81

Men 110 Meter Hurdles Senior

	Name	Team	Finals
Finals			
1	Marty Bajarunas	Port Moody S	15.36 1.1
2	Kairo Chiang	St Thomas Mo	16.53 1.1
3	Dominic Maddalozzo	Archbishop C	17.26 1.1
4	Jayden Liang	St Thomas Mo	18.05 1.1
5	Ramneek Sekhon	Burnaby Cent	19.41 1.1
6	Ying Jun Song	Moscrop Seco	20.11 1.1
7	Aryan Gautam	Moscrop Seco	20.60 1.0
8	Tjark Erdmann	Moscrop Seco	20.76 1.0

2023 Fraser North Zone Championships - 2023-05-23 to 2023-05-24

Burnaby Central

Results

Finals ... (Men 110 Meter Hurdles Senior)			
Name		Team	Finals
9	Justin Chiem	Alpha Second	20.87 1.0

Men 400 Meter Hurdles Senior

Name		Team	Finals
Finals			
1	Ramneek Sekhon	Burnaby Cent	59.99
2	Joel Breedveld	Samuel Rober	1:00.96
3	Jayden Liang	St Thomas Mo	1:07.32
4	Colin Hardjowasito	Burnaby Moun	1:09.79
5	Ivan Tsang	Port Moody S	1:12.90
6	Daniel Lin	Moscrop Seco	1:14.85
7	Jason Liu	Pinetree Sec	1:18.07
---	John Kang	Port Moody S	DNF

Men 2000 Meter Steeplechase Senior

Name		Team	Finals
Finals			
1	Aidan Evans	Maple Ridge	7:00.02
2	Alexander Ross	New Westmins	7:01.31
3	Justin Son	Pinetree Sec	7:14.79
4	Brendan Chan	Heritage Woo	7:16.37
5	David Li	Burnaby Moun	7:16.94
6	Lucas Wong	Burnaby Nort	8:38.47
7	Nathan Constantine	Burnaby Moun	9:18.45
8	Gabriel Qian	Moscrop Seco	9:29.39

Men 4x100 Meter Relay Senior

Team		Relay	Finals
Finals			
1	St Thomas Mo	A	44.61
2	Centennial School	A	45.12
3	St Thomas Mo	B	46.55
4	Heritage Woods	A	46.95
5	Archbishop C	A	47.50
6	New Westmins	A	47.67
7	British Colu	A	48.57
8	Ecole Dr Cha	A	48.97
9	Moscrop Secondary	A	49.09
10	Alpha Secondary	A	50.31
11	Pinetree Secondary	A	50.45
12	Heritage Woods	B	50.56
---	Burnaby Sout	A	DQ
---	Byrne Creek	A	DQ

Men 4x400 Meter Relay Senior

Team		Relay	Finals
Finals			
1	New Westmins	A	3:37.28
2	Centennial School	A	3:40.34
3	Samuel Rober	A	3:42.83
4	St Thomas Mo	A	3:44.54
5	Maple Ridge Secondary	A	3:46.99
6	New Westmins	B	3:49.70
7	Burnaby Sout	A	3:59.09

8	British Colu	A	4:00.71
---	Byrne Creek	A	DQ

Men High Jump Senior

Name		Team	Finals
Finals			
1	Caidyn Maver	St Thomas Mo	1.85m
1	Levi Tuura	New Westmins	1.85m
3	Brendan Bauman	Pitt Meadows	1.75m
4	Noah Brolin	New Westmins	1.70m
5	Marty Bajarunas	Port Moody S	J1.70m
6	Darnell Joseph	Archbishop C	J1.70m
7	Emilio Pinske	Archbishop C	1.65m
8	Thomas Ghent	Gleneagle Se	J1.65m
9	Connor Turnbull	Maple Ridge	J1.65m
10	Dominic Maddalozzo	Archbishop C	1.60m
11	Min-Yong (Harry) Lee	zzRiverside	1.55m
12	Kyle Catalogo	Byrne Creek	1.40m

Men Pole Vault Senior

Name		Team	Finals
Finals			
1	Kairo Chiang	St Thomas Mo	3.70m

Men Long Jump Senior

Name		Team	Finals
Finals			
1	Ryan Bardini	New Westmins	6.58m +0.0
2	Gael Tshibanda	Centennial S	6.55m 1.3
3	Ocean Lam	Burnaby Nort	6.22m 1.6
4	Benjamin Talbot	New Westmins	6.12m 0.4
5	David Wu	Moscrop Seco	5.95m 1.5
6	Connor Jones	Centennial S	5.84m 0.8
7	Tom Detzkeit	Garibaldi Se	5.72m 1.0
8	Denayden Lee-daniel	St Thomas Mo	5.65m 1.9
9	Ehren Javier	St Thomas Mo	5.60m 0.5
10	Nate Manilla	British Colu	5.32m 1.3
11	Dominic Maddalozzo	Archbishop C	5.28m 0.1
12	Kiun Lee	New Westmins	5.23m +0.0
13	Soren Corcoran	Westview Sec	5.21m +0.0
14	Joshua Sharma	British Colu	4.91m 1.7
15	Min-Yong (Harry) Lee	zzRiverside	4.88m 1.2
16	Tyler Chin	St Thomas Mo	4.39m +0.0

Men Triple Jump Senior

Name		Team	Finals
Finals			
1	Ryan Bardini	New Westmins	11.92m NWI
2	Ocean Lam	Burnaby Nort	11.65m NWI
3	Adjy Kanta	Burnaby Cent	11.28m NWI
4	Kiun Lee	New Westmins	11.09m NWI
5	Nathan Yang	Port Moody S	10.85m NWI
6	Rithul Seetharaman	Burnaby Nort	10.54m NWI
7	Nate Manilla	British Colu	10.51m NWI
8	David Angelov	British Colu	10.44m NWI
9	Kyle Catalogo	Byrne Creek	10.29m NWI

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Burnaby Central

Results

Finals ... (Men Triple Jump Senior)

	Name	Team	Finals
10	Joshua Sharma	British Colu	10.14m NWI
11	Elliot Clark	Burnaby Moun	9.29m NWI
12	Caiden Inkster	Pinetree Sec	9.23m NWI
13	Joseph Anderson	Byrne Creek	9.19m NWI
---	Vladislav Shillin	British Colu	FOUL

Men Shot Put 6 kg Senior

	Name	Team	Finals
Finals			
1	Evander Sandhu	St Thomas Mo	11.49m
2	Benjamin Steele	New Westmins	10.84m
3	Connor Turnbull	Maple Ridge	10.76m
4	Noah Brolin	New Westmins	10.19m
5	Isaac Harris	British Colu	9.76m
6	Fabian Rios Gomez	Centennial S	9.58m
7	Will Patterson	British Colu	9.39m
8	Elliot Clark	Burnaby Moun	9.33m
9	Francesco Di Tomaso	Centennial S	9.22m
10	Nicolo De Pasquale	Burnaby Sout	8.47m
11	Jamal Allad	Burnaby Cent	8.12m
12	Kaden Amir	Ecole Dr Cha	8.11m
13	Liam Mosi	New Westmins	7.50m
14	Brandon Tien-Chow	Moscrop Seco	7.31m
15	Suoh Min	Ecole Dr Cha	6.11m

Men Discus Throw 1.75 kg Senior

	Name	Team	Finals
Finals			
1	Aidan Whiting-Hewlett	St Thomas Mo	28.90m
2	Dominic Mikacevich Warholn	Burnaby Cent	27.83m
3	Francesco Di Tomaso	Centennial S	27.59m
4	Benjamin Gharbi	Ecole Dr Cha	24.15m
5	Kai Huang	Moscrop Seco	22.89m
6	Neo Stoelken	Centennial S	22.49m
7	Jamal Allad	Burnaby Cent	20.49m
8	Brandon Tien-Chow	Moscrop Seco	19.55m
9	Miljan Merkl	Byrne Creek	19.41m
10	Nathan Constantine	Burnaby Moun	17.93m
11	Nathan Yang	Port Moody S	17.66m

Men Hammer Throw 6 kg Senior

	Name	Team	Finals
Finals			
1	Dominic Mikacevich Warholn	Burnaby Cent	36.87m
2	Benjamin Gharbi	Ecole Dr Cha	23.31m
3	Jason Liu	Pinetree Sec	19.92m
4	Will Patterson	British Colu	19.06m
---	Daniel Coveny	British Colu	FOUL

Men Javelin Throw 800 gram Senior

	Name	Team	Finals
Finals			
1	Marty Bajarunas	Port Moody S	52.51m
2	Tom Detzkeit	Garibaldi Se	46.94m

3	Riley Malkoske	Maple Ridge	44.57m
4	Aidan Whiting-Hewlett	St Thomas Mo	37.46m
5	Dominic Mikacevich Warholn	Burnaby Cent	37.30m
6	Nicolo De Pasquale	Burnaby Sout	31.59m
7	Brandon Tien-Chow	Moscrop Seco	30.50m
8	Miljan Merkl	Byrne Creek	27.60m
9	Neo Stoelken	Centennial S	26.75m
10	Bryan Choi	Heritage Woo	23.75m
11	Francesco Di Tomaso	Centennial S	22.25m
12	Fabian Rios Gomez	Centennial S	19.46m
13	Mike Li	Burnaby Cent	18.47m
---	Ryoma Miyatsuchi	Byrne Creek	FOUL

Men 1500 Meter Race Walk Senior

	Name	Team	Finals
Finals			
1	Tjark Erdmann	Moscrop Seco	9:21.08
2	Lucas Fong	Burnaby Moun	9:31.44
3	Kyle Catalogo	Byrne Creek	12:29.26
4	Joseph Anderson	Byrne Creek	12:39.49
5	Rabee Chowdhury	Byrne Creek	12:39.69