

Licensed to Kamloops Track & Field Club HY-TEK's Meet Manager 2023-05-19
 2023 North and West Zone Championships
 Hillside Stadium, Kamloops, BC
 Results

Women 100 Meter Dash Gr 8

Name	Year School	Finals	Wind	H#
Finals				
1 Nerling, Lyriq	Vernon Secon	13.33	2.4	2
2 Fitzpatrick, Caelyn	Vernon Secon	13.43	1.4	3
3 Routley, Charlotte	Vernon Secon	13.71	1.4	3
4 Bates, Alexis	Merritt Seco	13.90	1.4	3
5 Rands, Jessica	A L Fortune	13.93	2.4	2
6 Liburd, Rya	8 South Kamloo	14.22	1.5	1
7 Bredick, Vienne	Shuswap Midd	14.32	1.5	1
8 McGrath, Kiera	Valleyview S	14.47	1.4	3
9 O'Brien, Charlie	Shuswap Midd	14.66	2.4	2
10 Fennell, Olivia	South Kamloo	14.68	1.4	3
11 Liman, Sophia	Vernon Chris	14.75	1.5	1
12 Hawkins, Izzy	Valleyview S	14.88	1.5	1
13 Schmidt, Taylor	Revelstoke S	15.07	1.5	1
14 Wallace, Paisley	Vernon Chris	15.07	1.4	3
15 Crossman, Lauren	Shuswap Midd	15.39	2.4	2
16 Armbrust, Livia	Vernon Chris	15.68	1.5	1
17 Puffalt, Madison	Clarence Ful	15.93	2.4	2
18 Cantafio, Zoe	Clarence Ful	16.29	2.4	2
19 Ruten, Ava	Carlin Middl	16.87	1.4	3
20 Thomlinson, Brianne	Carlin Middl	18.76	1.4	3

Women 200 Meter Dash Gr 8

Name	Year School	Finals	Wind	H#
1 Nerling, Lyriq	Vernon Secon	27.86	1.0	1
2 Woods, Amy	Westsyde Sec	28.18	0.1	3
3 McGrath, Kiera	Valleyview S	29.06	0.1	3
4 Rands, Jessica	A L Fortune	29.15	0.6	2
5 Bates, Alexis	Merritt Seco	29.45	0.1	3
6 Maurice, Shale	Saint Ann's	29.52	0.1	3
7 Fennell, Olivia	South Kamloo	30.24	0.6	2
8 Birmingham, Emilee	Eagle River	31.35	0.6	2
9 Liburd, Rya	8 South Kamloo	31.52	1.0	1
10 Brodersen, Bailey	Valleyview S	33.01	1.0	1
11 Puffalt, Madison	Clarence Ful	33.16	0.1	3
12 Cantafio, Zoe	Clarence Ful	34.18	1.0	1
13 Pham, Julianna	A L Fortune	34.19	0.6	2
14 Green, Gemma	Shuswap Midd	35.07	0.1	3

Women 400 Meter Dash Gr 8

Name	Year School	Finals	H#
1 Bicknell, Chloe	Vernon Secon	66.66	2
2 McGrath, Kiera	Valleyview S	69.30	2
3 Seward, Jet	Ranchero Ele	71.86	2
4 Maybee, Olivia	Shuswap Midd	74.72	2
5 Brodersen, Bailey	Valleyview S	1:20.14	1
6 Macvicar, Zoey	Merritt Seco	1:20.88	2
7 Crossman, Lauren	Shuswap Midd	1:26.95	2
8 Pham, Julianna	A L Fortune	1:26.95	1
9 Telford, Charlie	A L Fortune	1:27.17	2

Women 800 Meter Run Gr 8

Name	Year School	Finals
1 Bicknell, Chloe	Vernon Secon	2:35.64
2 Raath, Lienke	Kamloops Chr	2:41.10
3 Maybee, Olivia	Shuswap Midd	2:52.31
4 Seward, Jet	Ranchero Ele	2:52.67
5 Smith, Ember	Revelstoke S	2:55.54
6 McLean, Rosie	WL Seaton	2:57.42
7 Brown, Etoile	Shuswap Midd	2:58.93
8 Armbrust, Livia	Vernon Chris	3:02.02
9 Bollans, Stella	Shuswap Midd	3:12.83

Women 1500 Meter Run Gr 8

Name	Year School	Finals
1 Bird, Eula	WL Seaton	5:26.23
2 Raath, Lienke	Kamloops Chr	5:30.59
3 Seward, Jet	Ranchero Ele	5:36.22
4 Cooper, Clara	Carlin Middl	5:52.73
5 Brown, Etoile	Shuswap Midd	5:58.16
6 Smith, Ember	Revelstoke S	5:58.67
7 Bollans, Stella	Shuswap Midd	6:26.07
8 Macvicar, Zoey	Merritt Seco	6:30.79
9 Telford, Charlie	A L Fortune	6:35.38

Women 3000 Meter Run Gr 8

Name	Year School	Finals
1 Bird, Eula	WL Seaton	11:42.15
2 Raath, Lienke	Kamloops Chr	12:49.33

Women 80 Meter Hurdles 30" Gr 8

30" x 8 (12-8-12)				
Name	Year	School	Finals	Wind
1 Liburd, Rya	8	South Kamloo	15.99	0.2
2 Kelly, Raiya		Vernon Secon	17.21	0.2
3 Jennings, Meija		Vernon Secon	17.25	0.2

Women 200 Meter Hurdles 30" x 5 Gr 8

30" x 5 (20-35-40)				
Name	Year	School	Finals	Wind
1 Kelly, Raiya		Vernon Secon	35.56	NWI
2 Jennings, Meija		Vernon Secon	37.63	NWI

Women 4x100 Meter Relay Gr 8

School	Finals
1 Vernon Secondary School 'A'	54.06
1) Fitzpatrick, Caelyn	2) Bicknell, Chloe
3) Nerling, Lyriq	4) Routley, Charlotte
2 Shuswap Middle 'A'	59.80
1) O'Brien, Charlie	2) Crossman, Lauren
3) Green, Gemma	4) Bredick, Vienne

3 Valleyview Secondary 'A'		60.17	
1) McGrath, Kiera	2) Parrilla, Lilah		
3) Brodersen, Bailey	4) Hawkins, Izzy		
5) Goddard, Myla	6)		
4 Carlin Middle 'A'		67.01	
1) Kusisto, Kennedy	2) Cooper, Clara		
3) Thomlinson, Brianne	4) Ruten, Ava		
-- Vernon Christian 'A'		DQ	Rule TR 24.7
1) Ellis, Zion	2) Wallace, Paisley		
3) Armbrust, Livia	4) Liman, Sophia		

Women 4x400 Meter Relay Gr 8

School	Finals
1 Vernon Secondary School 'A'	4:41.31
1) Fitzpatrick, Caelyn	2) Bicknell, Chloe
3) Nerling, Lyriq	4) Routley, Charlotte
2 Shuswap Middle 'A'	5:12.06
1) Brown, Etoile	2) Maybee, Olivia
3) Bollans, Stella	4) Bredick, Vienne

Women High Jump Gr 8

Name	Year School	Finals
1 Bredick, Vienne	Shuswap Midd	1.54m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.52 1.54		
o o o o o o o XO XO XXO		
2 Woods, Amy	Westsyde Sec	1.40m
1.20 1.25 1.30 1.35 1.40 1.45		
o o o o o XXX		
3 Routley, Charlotte	Vernon Secon	J1.40m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45		
o o o o o o o o o XO XXX		
3 Bicknell, Chloe	Vernon Secon	J1.40m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45		
o o o o o o o o o XO XXX		
5 Dorey, Logan	Clarence Ful	1.35m
1.20 1.25 1.30 1.35 1.40		
o o o XO XXX		
6 O'Brien, Charlie	Shuswap Midd	1.30m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35		
o o o o o o o o XXX		
6 Reist, Katrina	Len Wood Mid	1.30m
1.20 1.25 1.30 1.35		
o o o XXX		
8 Ruten, Ava	Carlin Middl	1.25m
1.00 1.05 1.10 1.15 1.20 1.25 1.30		
o o o o XO o o XXX		
9 Puffalt, Madison	Clarence Ful	J1.25m
1.10 1.15 1.20 1.25 1.30		
o o o XO XXX		
10 Kusisto, Kennedy	Carlin Middl	1.20m
1.00 1.05 1.10 1.15 1.20 1.25		
o o XO XO XO XXX		

Women Long Jump Gr 8

Name	Year School	Finals	Wind
1 Bredick, Vienne	Shuswap Midd	4.31m	NWI
3.96m(NWI) 4.31m(NWI) 4.16m(NWI)			

2	Woods, Amy	Westsyde Sec	4.28m	NWI
	4.28m(NWI) 4.28m(NWI) 3.43m(NWI)			
3	Maurice, Shale	Saint Ann's	4.18m	NWI
	3.96m(NWI) 4.18m(NWI) 4.13m(NWI)			
4	O'Brien, Charlie	Shuswap Midd	4.11m	NWI
	3.86m(NWI) 3.93m(NWI) 4.11m(NWI)			
5	Wallace, Paisley	Vernon Chris	4.01m	NWI
	3.71m(NWI) 3.36m(NWI) 4.01m(NWI)			
6	Cooper, Clara	Carlin Middl	3.99m	NWI
	X X 3.99m(NWI)			
7	Ellis, Zion	Vernon Chris	3.92m	NWI
	3.77m(NWI) 3.75m(NWI) 3.92m(NWI)			
8	Liman, Sophia	Vernon Chris	3.82m	NWI
	3.82m(NWI) 3.74m(NWI) 3.63m(NWI)			
9	Laviolette, Katelyn	Westsyde Sec	3.81m	NWI
	3.81m(NWI) 3.46m(NWI) 3.23m(NWI)			
10	Reist, Katrina	Len Wood Mid	3.72m	NWI
	3.72m(NWI) 3.71m(NWI) 3.70m(NWI)			
11	Fitzpatrick, Caelyn	Vernon Secon	3.70m	NWI
	3.70m(NWI) 2.71m(NWI) X			
12	Schmidt, Taylor	Revelstoke S	3.64m	NWI
	3.63m(NWI) 3.53m(NWI) 3.64m(NWI)			
13	Crossman, Lauren	Shuswap Midd	3.63m	NWI
	3.46m(NWI) 3.63m(NWI) 3.63m(NWI)			
14	Birmingham, Emilee	Eagle River	3.57m	NWI
	3.36m(NWI) 3.54m(NWI) 3.57m(NWI)			
15	Pham, Julianna	A L Fortune	3.41m	NWI
	3.41m(NWI) 3.19m(NWI) 3.25m(NWI)			
16	Kelly, Raiya	Vernon Secon	3.33m	NWI
	3.33m(NWI) 3.20m(NWI) 3.05m(NWI)			
17	Goddard, Myla	Valleyview S	3.31m	NWI
	3.11m(NWI) 3.31m(NWI) X			
18	Green, Gemma	Shuswap Midd	3.26m	NWI
	3.24m(NWI) 3.26m(NWI) 3.14m(NWI)			
19	Jennings, Meija	Vernon Secon	3.15m	NWI
	2.88m(NWI) 3.15m(NWI) 3.08m(NWI)			
20	Kusisto, Kennedy	Carlin Middl	3.00m	NWI
	1.85m(NWI) 3.00m(NWI) 2.83m(NWI)			
21	Thomlinson, Brianne	Carlin Middl	2.83m	NWI
	2.02m(NWI) 2.22m(NWI) 2.83m(NWI)			

Women Triple Jump Gr 8

Name	Year School	Finals	Wind
1 Ellis, Zion	Vernon Chris	8.98m	0.8
	8.42m(0.1) 8.70m(0.5) 8.98m(0.8)		
2 Wallace, Paisley	Vernon Chris	8.42m	1.0
	8.35m(+0.0) 8.42m(1.0) 8.13m(0.1)		
3 Laviolette, Katelyn	Westsyde Sec	7.85m	1.3
	7.57m(-0.3) 7.85m(1.3) X(1.4)		
4 Kusisto, Kennedy	Carlin Middl	7.05m	+0.0
	X(+0.0) 6.74m(+0.0) 7.05m(+0.0)		
5 Goddard, Myla	Valleyview S	6.88m	0.7
	6.51m(+0.0) 6.84m(+0.0) 6.88m(0.7)		
6 Ruten, Ava	Carlin Middl	6.81m	+0.0
	6.81m(+0.0) 6.70m(+0.0) 6.65m(1.0)		
7 Thomlinson, Brianne	Carlin Middl	6.28m	+0.0
	6.28m(+0.0) X(0.1) 5.47m(+0.0)		

Women Shot Put 3 kg Gr 8

Name	Year School	Finals
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1	Schmidt, Taylor	Revelstoke S	8.08m
	7.45m X 8.08m		
2	Reist, Katrina	Len Wood Mid	7.51m
	7.37m 7.51m 7.21m		
3	Beaumont, Aurealia	Shuswap Midd	6.40m
	5.95m 5.70m 6.40m		
4	Byerley, Audrey	North Shuswa	5.93m
	X 5.18m 5.93m		
5	Smith, Zivah	Vernon Secon	5.88m
	X 5.88m 4.81m		

Women Discus Throw 1 kg Gr 8

Name	Year School	Finals
1 Bates, Alexis	Merritt Seco	16.34m
	16.34m 14.45m 14.12m	
2 Macvicar, Zoey	Merritt Seco	15.13m
	X X 15.13m	
3 Beaumont, Aurealia	Shuswap Midd	14.65m
	14.10m 13.95m 14.65m	
4 Byerley, Audrey	North Shuswa	12.18m
	12.18m 10.55m 11.25m	

Women Javelin Throw 500 gram Gr 8

Name	Year School	Finals
1 Rands, Jessica	A L Fortune	25.25m
	X 20.32m 25.25m	
2 Brown, Etoile	Shuswap Midd	20.28m
	20.28m 17.59m X	
3 Beaumont, Aurealia	Shuswap Midd	19.75m
	14.65m 17.27m 19.75m	
4 Smith, Zivah	Vernon Secon	16.41m
	16.41m X 13.01m	
5 Green, Gemma	Shuswap Midd	16.38m
	X 16.38m 14.09m	
6 Byerley, Audrey	North Shuswa	12.21m
	12.21m 11.90m X	

Women 100 Meter Dash Junior

Name	Year School	Finals	Wind	H#
1 Braun, Emma	King's Chris	13.17	1.7	3
2 Widmer, Ilaria	Revelstoke S	13.51	1.5	1
3 Melvin, Anna	Pleasant Val	13.61	1.6	2
4 Chala, Raina	Sa-Hali Seco	13.63	1.6	2
5 Evans, Bethany	Westsyde Sec	13.64	1.7	3
6 Fazan, Addie	Salmon Arm S	13.86	1.5	1
7 Koebel, Gabi	Vernon Chris	14.18	1.6	2
8 Campbell, Kahlea	Salmon Arm S	14.18	1.5	1
9 Steeves, Berlyn	Valleyview S	14.18	1.7	3
10 Meerza, Jayda	Salmon Arm S	14.21	1.6	2
11 Wagner, Ava	Pleasant Val	14.39	1.5	1
12 Grabinsky, Rachel	Revelstoke S	14.43	1.6	2
13 Cochrane, Avery	Revelstoke S	14.51	1.5	1
14 Planden, Paige	Valleyview S	14.72	1.7	3
15 Evans, Alicia	Westsyde Sec	14.74	1.7	3
16 Mohamd, Salma	Sa-Hali Seco	14.98	1.7	3
17 Chemago, Isabel	Merritt Seco	15.24	1.7	3

18 Bruno, Marissa	Westsyde Sec	15.58	1.7	3
19 Guichon, Ronnie	Merritt Seco	15.93	1.5	1
20 Koch, Isabelle	A L Fortune	16.00	1.6	2
21 Sharpe, Paeton	Charles Bloo	18.55	1.6	2

Women 200 Meter Dash Junior

Name	Year School	Finals	Wind	H#
1 Widmer, Ilaria	Revelstoke S	27.99	2.7	2
2 Evans, Bethany	Westsyde Sec	28.15	1.7	3
3 Armstrong, Gabrielle	South Kamloo	28.62	1.7	3
4 Fazan, Addie	Salmon Arm S	28.95	2.7	2
5 Isaac, Ila	Pleasant Val	29.37	2.2	1
6 Koebel, Gabi	Vernon Chris	29.51	2.7	2
7 Connolly, Claire	Westsyde Sec	29.68	1.7	3
8 Wagner, Ava	Pleasant Val	30.00	2.7	2
9 Steeves, Berlyn	Valleyview S	30.25	1.7	3
10 Planden, Paige	Valleyview S	31.16	1.7	3
11 Mohamd, Salma	Sa-Hali Seco	31.49	1.7	3
12 Bruno, Marissa	Westsyde Sec	32.01	1.7	3
13 Chemago, Isabel	Merritt Seco	32.26	1.7	3
14 Koch, Isabelle	A L Fortune	33.11	2.2	1
15 Schwarz, Kaiyah	Salmon Arm S	34.46	2.7	2
16 Richoux, Jasmin	Pleasant Val	37.25	2.7	2
17 Marchand, Aubrie	Clarence Ful	37.37	2.2	1

Women 400 Meter Dash Junior

Name	Year School	Finals	H#
1 Matonovich, Raiya	Sa-Hali Seco	57.89	2
2 King, Lucy	Salmon Arm S	66.06	1
3 Koebel, Gabi	Vernon Chris	69.31	1
4 Beaumont, Andrea	Vernon Chris	70.66	2
5 Isaac, Ila	Pleasant Val	70.98	1
6 Wagner, Ava	Pleasant Val	71.24	2
7 Evans, Alicia	Westsyde Sec	71.71	1
8 Frazer, Annah	King's Chris	73.76	2
9 Koch, Isabelle	A L Fortune	76.51	2
10 Menzies, Isabelle	Salmon Arm S	78.92	2
11 Barna, Faryal	Revelstoke S	1:20.48	2
-- Luszcz, Hailey	Westsyde Sec	DNF	1

Women 800 Meter Run Junior

Name	Year School	Finals
1 Matonovich, Raiya	Sa-Hali Seco	2:12.59
2 Royle, Maya	Revelstoke S	2:31.18
3 Litt, Meena	Westsyde Sec	2:39.68
4 Berkenbosch, Lutza	Revelstoke S	2:41.18
5 King, Lucy	Salmon Arm S	2:41.46
6 Beaumont, Andrea	Vernon Chris	2:53.60
7 Itterman, Victoria	Eagle River	3:06.54
8 Barna, Faryal	Revelstoke S	3:14.74
9 Planden, Paige	Valleyview S	3:35.05

Women 1500 Meter Run Junior

Name	Year School	Finals
1 Wallace, Feron	South Kamloo	4:54.35

2 Royle, Maya	Revelstoke S	5:09.00
3 Berkenbosch, Lutza	Revelstoke S	5:39.29

Women 3000 Meter Run Junior

Name	Year School	Finals
1 Wallace, Feron	South Kamloo	10:38.89

Women 80 Meter Hurdles 30" Junior

30" x 8 (12-8-12)			
Name	Year School	Finals	Wind
1 Funk, Leah	Vernon Chris	13.06	-1.1
2 Armstrong, Gabrielle	South Kamloo	13.40	-1.1
3 Woods, Emily	Westsyde Sec	13.48	-1.1
4 Cochrane, Avery	Revelstoke S	15.00	-1.1
5 Grabinsky, Rachel	Revelstoke S	15.03	-1.1
6 Campbell, Kahlea	Salmon Arm S	17.16	-1.1
7 Grootendorst, Bobbi	King's Chris	17.28	-1.1

Women 300 Meter Hurdles 30" x 7 Junior

30" x 7 (50-35-40)		
Name	Year School	Finals
1 Funk, Leah	Vernon Chris	49.49
2 Giesbrecht, Ellie	Salmon Arm S	59.84

Women 1500 Meter Steeplechase 30" Junior

Name	Year School	Finals
1 Wallace, Feron	South Kamloo	5:24.62
2 Beaumont, Andrea	Vernon Chris	6:49.57
3 Giesbrecht, Ellie	Salmon Arm S	7:16.68

Women 4x100 Meter Relay Junior

School	Finals
1 Revelstoke Secondary School 'A'	54.97
1) Grabinsky, Rachel	2) Widmer, Ilaria
3) Cochrane, Avery	4) Berkenbosch, Lutza
2 Pleasant Valley 'A'	56.16
1) Melvin, Anna	2) Wagner, Ava
3) Isaac, Ila	4) Richoux, Jasmin
3 Salmon Arm Secondary - Jackson 'A'	56.60
1) Campbell, Kahlea	2) Fazan, Addie
3) King, Lucy	4) Menzies, Isabelle
5) Giesbrecht, Ellie	6)
4 Westsyde Secondary 'A'	59.55
1) Luszcz, Hailey	2) Neufled, Kohana
3) Litt, Meena	4) Bruno, Marissa
5) Connolly, Claire	6)
5 Revelstoke Secondary School 'B'	60.52
1) Morrow, Lia	2) Royle, Maya
3) Cochrane, Reece	4) Howe, Kasey
6 A L Fortune 'A'	61.08
1) Koch, Isabelle	2) Rands, Jessica
3) Pham, Julianna	4) Telford, Charlie

Women 4x400 Meter Relay Junior

School	Finals
1 Revelstoke Secondary School 'A'	4:31.74
1) Grabinsky, Rachel	2) Widmer, Ilaria
3) Cochrane, Avery	4) Berkenbosch, Lutza
2 Pleasant Valley 'A'	4:58.32
1) Melvin, Anna	2) Wagner, Ava
3) Isaac, Ila	4) Richoux, Jasmin
3 Revelstoke Secondary School 'B'	5:20.38
1) Morrow, Lia	2) Royle, Maya
3) Cochrane, Reece	4) Howe, Kasey

Women High Jump Junior

Name	Year School	Finals
1 Heer, Payton	South Kamloo	1.60m
1.50 1.55 1.60 1.65		
0 0 0 XXX		
2 Isaac, Ila	Pleasant Val	1.45m
1.25 1.30 1.35 1.40 1.45 1.50		
0 0 0 XXO 0 XXX		
3 Vigue, Jocelynn	Pleasant Val	1.25m
1.20 1.25 1.30		
XO 0 XXX		
4 Grootendorst, Bobbi	King's Chris	1.20m
1.10 1.15 1.20 1.25		
0 0 0 XXX		
5 Schwarz, Kaiyah	Salmon Arm S	1.15m
1.10 1.15 1.20		
0 0 XXX		

Women Pole Vault Junior

Name	Year School	Finals
1 Armstrong, Gabrielle	South Kamloo	3.30m
1.90 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40		
0 0 - - 0 - 0 XO 0 XXX		
2 Owen, Anika	Valleyview S	2.50m
1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60		
0 - 0 0 0 XXO 0 XXX		

Women Long Jump Junior

Name	Year School	Finals	Wind
1 Chala, Raina	Sa-Hali Seco	4.48m	1.3
4.36m(+0.0) 4.11m(0.2) 4.48m(1.3)			
2 Melvin, Anna	Pleasant Val	4.47m	+0.0
4.11m(+0.0) 4.27m(+0.0) 4.47m(+0.0)			
3 Grabinsky, Rachel	Revelstoke S	4.40m	0.9
X(+0.0) 4.40m(0.9) X			
4 Litt, Meena	Westsyde Sec	4.27m	+0.0
- 4.24m(+0.0) 4.27m(+0.0)			
5 Cochrane, Avery	Revelstoke S	4.18m	+0.0
4.18m(+0.0) 4.00m(+0.0) 4.16m(-0.1)			
5 Braun, Emma	King's Chris	4.18m	+0.0
X(+0.0) 4.10m(+0.0) 4.18m(+0.0)			
7 Meerza, Jayda	Salmon Arm S	3.98m	-0.5
3.62m(+0.0) 3.75m(0.5) 3.98m(-0.5)			

8	Campbell, Kahlea	Salmon Arm S	3.90m	+0.0
	3.75m(+0.0) 3.29m(0.3) 3.90m(+0.0)			
8	Giesbrecht, Ellie	Salmon Arm S	3.90m	+0.0
	3.90m(+0.0) 3.88m(0.5) 3.84m(+0.0)			
10	Guichon, Ronnie	Merritt Seco	3.74m	+0.0
	3.74m(+0.0) 3.66m(0.3) X(0.6)			
11	Vigue, Jocelynn	Pleasant Val	3.71m	-0.5
	X(+0.0) 3.64m(1.0) 3.71m(-0.5)			
12	Frazer, Annah	King's Chris	3.58m	+0.0
	3.58m(+0.0) 3.29m(1.3) 3.15m(0.9)			
13	Grootendorst, Bobbi	King's Chris	3.48m	+0.0
	2.93m(0.7) 3.48m(+0.0) 3.46m(+0.0)			
14	Chemago, Isabel	Merritt Seco	3.29m	+0.0
	2.36m(0.7) 3.29m(+0.0) 2.97m(+0.0)			
15	Bruno, Marissa	Westsyde Sec	3.26m	+0.0
	3.00m(0.7) 3.26m(+0.0) X(-0.1)			
16	Cleaveley, Kelsey	Merritt Seco	3.16m	1.0
	2.96m(+0.0) 3.16m(1.0) X(0.2)			
17	Itterman, Victoria	Eagle River	3.12m	1.0
	3.08m(1.4) X(+0.0) 3.12m(1.0)			
18	Luszcz, Hailey	Westsyde Sec	3.08m	+0.0
	3.08m(+0.0) X(0.3) X(+0.0)			

Women Triple Jump Junior

Name	Year School	Finals	Wind
1 Connolly, Claire	Westsyde Sec	9.58m	+0.0
	8.55m(+0.0) - 9.58m(+0.0)		
2 Chala, Raina	Sa-Hali Seco	9.06m	+0.0
	8.72m(+0.0) 9.06m(+0.0) 8.73m(1.1)		
3 Funk, Leah	Vernon Chris	8.94m	0.6
	8.94m(0.6) 8.20m(+0.0) 8.68m(+0.0)		
4 Litt, Meena	Westsyde Sec	8.82m	0.4
	8.48m(0.1) 8.82m(0.4) 8.35m(+0.0)		

Women Shot Put 3 kg Junior

Name	Year School	Finals
1 Itterman, Victoria	Eagle River	8.30m
	X 7.56m 8.30m	
2 Braun, Emma	King's Chris	8.22m
	- 8.22m 7.43m	
3 Lansdowne, Devan	Salmon Arm S	8.21m
	8.21m 7.94m 7.96m	
4 Howe, Kasey	Revelstoke S	7.71m
	7.30m 6.71m 7.71m	
5 Frazer, Annah	King's Chris	7.69m
	7.27m 7.26m 7.69m	
6 Cochrane, Reece	Revelstoke S	7.57m
	7.57m 7.49m 7.55m	
7 Morrow, Lia	Revelstoke S	7.18m
	7.18m 6.94m 6.79m	
8 Cleaveley, Kelsey	Merritt Seco	6.90m
	6.55m 6.90m 6.39m	
9 Neufled, Kohana	Westsyde Sec	6.23m
	5.94m X 6.23m	
10 Komishin, Dakota	Clarence Ful	5.82m
	5.82m X 5.80m	
-- Melvin, Anna	Pleasant Val	FOUL
	X X X	

Women Discus Throw 1 kg Junior

Name	Year	School	Finals
1 Howe, Kasey		Revelstoke S	19.61m
18.92m 16.46m	19.61m		
2 Lasota, Ava		Salmon Arm S	16.74m
12.60m 16.74m	X		
3 Morrow, Lia		Revelstoke S	16.23m
14.35m 14.47m	16.23m		
4 Thomson, Sophia		Merritt Seco	15.28m
15.28m 13.78m	12.20m		
5 Cochrane, Reece		Revelstoke S	14.20m
X X 14.20m			
6 Marchand, Aubrie		Clarence Ful	13.15m
X X 13.15m			
7 Schwarz, Kaiyah		Salmon Arm S	11.76m
8.03m 10.18m	11.76m		

Women Javelin Throw 500 gram Junior

Name	Year	School	Finals
1 Lansdowne, Devan		Salmon Arm S	21.85m
12.37m 19.05m	21.85m		
2 Richoux, Jasmin		Pleasant Val	19.59m
19.59m 18.72m	X		
3 Cochrane, Reece		Revelstoke S	19.01m
17.45m 19.01m	X		
4 Howe, Kasey		Revelstoke S	17.25m
17.25m 17.13m	15.73m		
5 Morrow, Lia		Revelstoke S	15.06m
15.06m 14.37m	13.76m		
6 Komishin, Dakota		Clarence Ful	12.18m
X 12.18m	X		
7 Thomson, Sophia		Merritt Seco	11.32m
11.11m 10.26m	11.32m		
7 Cleaveley, Kelsey		Merritt Seco	11.32m
11.32m 11.26m	X		
9 Luszcz, Hailey		Westsyde Sec	11.09m
X 11.09m	X		
10 Lasota, Ava		Salmon Arm S	10.60m
10.48m 9.04m	10.60m		

Women 100 Meter Dash Senior

Name	Year	School	Finals	Wind	H#
1 Stevenson, Emily		King's Chris	13.27	0.4	2
2 Toering, Kt		Westsyde Sec	13.37	0.4	2
3 Nicholls, Michaela		Merritt Seco	13.57	-0.5	1
4 Zirnhilt, Ava		Westsyde Sec	13.67	0.4	2
5 Hamilton-Jackson, Makenn		WL Seaton	13.86	-0.5	1
6 Goldberg, Eva		Salmon Arm S	14.47	-0.5	1
7 Vermeer, Nyla		King's Chris	14.89	0.4	2
8 Chapman, Olivia		King's Chris	15.31	0.4	2
9 Jensen, Trinity		Westsyde Sec	15.41	0.4	2
10 Foster, Olivia		A L Fortune	15.58	0.4	2

Women 200 Meter Dash Senior

Name	Year	School	Finals	Wind	H#
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1	Stevenson, Emily	King's Chris	26.73	2.1	2
2	Nicholls, Michaela	Merritt Seco	27.68	2.1	2
3	Toering, Kt	Westsyde Sec	28.10	2.1	2
4	Cameron, Fia	Revelstoke S	28.41	2.1	2
5	Zirnhilt, Ava	Westsyde Sec	28.54	2.1	2
6	Hamilton-Jackson, Makenn	WL Seaton	29.65	1.1	1
7	Geis, Asja	Revelstoke S	31.90	1.1	1
8	Foster, Olivia	A L Fortune	32.88	2.1	2
9	Russell, Lily	Merritt Seco	33.83	2.1	2
10	Taylor Bellamy, Zoey	Merritt Seco	41.63	1.1	1

Women 400 Meter Dash Senior

Name	Year	School	Finals	H#
1	Nicholls, Michaela	Merritt Seco	63.78	2
2	Cameron, Fia	Revelstoke S	64.82	1
3	Pighin, Isabella	Clarence Ful	66.68	2
4	Zuidhof, Tianna	King's Chris	67.05	1
5	Roodzant, Rebecca	King's Chris	68.25	2
6	Zirnhilt, Ava	Westsyde Sec	68.46	1
7	Manson, Mya	Revelstoke S	74.93	2
8	Cross, Grace	Salmon Arm S	75.54	1
9	Geis, Asja	Revelstoke S	78.41	2
10	Foster, Olivia	A L Fortune	1:26.28	2

Women 800 Meter Run Senior

Name	Year	School	Finals
1	Renwick, Danica	Sa-Hali Seco	2:36.00
2	Pighin, Isabella	Clarence Ful	2:38.78
3	Steele, Camryn	Vernon Secon	2:43.80
4	D'Amore, Sophia	Sa-Hali Seco	2:54.50

Women 1500 Meter Run Senior

Name	Year	School	Finals
1	Renwick, Danica	Sa-Hali Seco	5:14.24
2	Parilak, Mishka	WL Seaton	5:30.49
3	Muddiman, Emma	Salmon Arm S	6:06.47
4	Flett, Annika	A L Fortune	6:08.10
5	Parker, Taylor	Salmon Arm S	6:12.35

Women 3000 Meter Run Senior

Name	Year	School	Finals
1	Renwick, Danica	Sa-Hali Seco	11:13.22
2	Pighin, Isabella	Clarence Ful	12:03.00
3	Brooks, Hazel	Salmon Arm S	12:45.17
4	Parker, Taylor	Salmon Arm S	13:34.45
5	Flett, Annika	A L Fortune	14:21.40

Women 100 Meter Hurdles 33" Senior

33" x 10 (13-8.5-10.5)				
Name	Year	School	Finals	Wind
1	Stevenson, Emily	King's Chris	16.51	0.6
2	D'Amore, Sophia	Sa-Hali Seco	17.33	0.6
3	Kleinau, Felin	11 Revelstoke S	18.29	0.6

4 Vermeer, Nyla	King's Chris	18.47	0.6
5 Zuidhof, Tianna	King's Chris	19.42	0.6

Women 400 Meter Hurdles 30" x 10 Senior

30" x 10 (45-35-40)			
Name	Year	School	Finals H#
1 Cameron, Fia		Revelstoke S	72.02 2
2 Zuidhof, Tianna		King's Chris	73.28 2
3 Roodzant, Rebecca		King's Chris	73.90 1
4 Kleinau, Felin	11	Revelstoke S	74.28 2
5 Steele, Camryn		Vernon Secon	75.61 1
6 Muddiman, Emma		Salmon Arm S	1:22.44 2
7 Chapman, Olivia		King's Chris	1:24.88 2

Women 1500 Meter Steeplechase 30" Senior

Name	Year	School	Finals
1 Roodzant, Rebecca		King's Chris	6:27.56
2 Muddiman, Emma		Salmon Arm S	6:40.21
3 Brooks, Hazel		Salmon Arm S	6:46.57
4 Parker, Taylor		Salmon Arm S	7:08.29

Women 4x100 Meter Relay Senior

School	Finals
1 Westsyde Secondary 'A'	52.71
1) Toering, Kt	2) Zirnhilt, Ava
3) Evans, Bethany	4) Toering, Kk
5) Evans, Alicia	6)
2 King's Christian School 'A'	54.43
1) Stevenson, Emily	2) Zuidhof, Tianna
3) Roodzant, Rebecca	4) Braun, Emma
5) Vermeer, Nyla	6)
3 Revelstoke Secondary School 'A'	58.99
1) Cameron, Fia	2)
3) Manson, Mya	4) Slanger, Olive
4 King's Christian School 'B'	60.49
1) Jansen, Shiloh	2) Vermeer, Nyla
3) Chapman, Olivia	4) Frazer, Annah
5) Grootendorst, Bobbi	6)

Women 4x400 Meter Relay Senior

School	Finals
1 King's Christian School 'A'	4:32.50
1) Stevenson, Emily	2) Zuidhof, Tianna
3) Roodzant, Rebecca	4) Braun, Emma
5) Vermeer, Nyla	6)
2 Revelstoke Secondary School 'A'	4:59.01
1) Cameron, Fia	2)
3) Manson, Mya	4) Slanger, Olive
3 Salmon Arm Secondary - Sulliva 'A'	5:04.19
1) Parker, Taylor	2) Brooks, Hazel
3) Cross, Grace	4) Muddiman, Emma

Women High Jump Senior

Name	Year	School	Finals
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1	D'Amore, Sophia	Sa-Hali Seco	1.54m
	1.35 1.40 1.45 1.50 1.52 1.54 1.56		
	O O O XO O O XXX		
2	Chadwick, Shayla	Westsyde Sec	1.15m
	1.10 1.15 1.20		
	O O XXX		

Women Long Jump Senior

Name	Year School	Finals	Wind
1 Toering, Kk	Westsyde Sec	4.75m	+0.0
	4.75m(+0.0) 4.60m(+0.0) 4.48m(0.5)		
2 Slager, Olive	Revelstoke S	3.83m	0.7
	3.75m(+0.0) 3.76m(+0.0) 3.83m(0.7)		
3 Jensen, Trinity	Westsyde Sec	3.79m	+0.0
	3.50m(+0.0) 2.35m(+0.0) 3.79m(+0.0)		
4 Steele, Camryn	Vernon Secon	3.72m	+0.0
	3.59m(+0.0) 3.72m(+0.0) 3.22m(0.6)		
5 Russell, Lily	Merritt Seco	3.49m	+0.0
	2.80m(+0.0) 3.49m(+0.0) 3.26m(+0.0)		
6 Bassett, Rae	Merritt Seco	3.19m	+0.0
	3.19m(+0.0) 3.04m(+0.0) 2.95m(0.2)		
7 Taylor Bellamy, Zoey	Merritt Seco	2.92m	0.4
	2.75m(+0.0) 2.69m(+0.0) 2.92m(0.4)		

Women Triple Jump Senior

Name	Year School	Finals	Wind
1 Toering, Kt	Westsyde Sec	9.73m	+0.0
	9.71m(+0.0) 9.73m(+0.0) 9.53m(0.1)		
2 Bassett, Rae	Merritt Seco	7.59m	1.3
	6.85m(0.8) 7.24m(1.1) 7.59m(1.3)		
3 Jensen, Trinity	Westsyde Sec	7.51m	1.1
	X(+0.0) 7.32m(0.1) 7.51m(1.1)		

Women Shot Put 4 kg Senior

Name	Year School	Finals
1 Jansen, Shiloh	King's Chris	8.29m
	8.29m 8.09m 8.22m	
2 Manson, Mya	Revelstoke S	7.23m
	7.09m 7.23m 6.68m	
3 Chadwick, Shayla	Westsyde Sec	6.75m
	X 6.75m 6.43m	
4 Ashley, Cassidy	Westsyde Sec	6.49m
	6.49m 6.24m 5.98m	
5 Goldberg, Eva	Salmon Arm S	6.30m
	6.30m X 6.20m	
6 Hamilton, Alena	Salmon Arm S	6.16m
	X 6.16m 5.72m	

Women Discus Throw 1 kg Senior

Name	Year School	Finals
1 Jansen, Shiloh	King's Chris	23.61m
	18.80m 20.77m 23.61m	
2 Hamilton, Alena	Salmon Arm S	20.36m
	20.36m 14.39m 19.15m	

3 Vermeer, Nyla	King's Chris	20.35m
18.51m 19.64m 20.35m		
4 Ashley, Cassidy	Westsyde Sec	19.99m
18.56m 18.68m 19.99m		

Women Hammer Throw 4 kg Senior

Name	Year School	Finals
1 Jansen, Shiloh	King's Chris	22.36m
19.80m X X 19.98m 22.36m -		
2 Slager, Olive	Revelstoke S	15.44m
X X 15.26m 15.44m X -		

Women Javelin Throw 600 gram Senior

Name	Year School	Finals
1 Smith, Brynne	Salmon Arm S	25.42m
25.42m - -		
2 Slager, Olive	Revelstoke S	23.48m
20.83m 19.50m 23.48m		
3 Toering, Kk	Westsyde Sec	23.47m
X 20.87m 23.47m		
4 Chadwick, Shayla	Westsyde Sec	20.99m
20.99m 13.31m 18.47m		
5 Ashley, Cassidy	Westsyde Sec	16.74m
16.74m 14.45m 15.95m		
6 Manson, Mya	Revelstoke S	15.41m
X X 15.41m		
7 Chapman, Olivia	King's Chris	14.16m
14.16m - 8.62m		

Boys 1500 Meter Steeplechase 30" Junior

Name	Year School	Finals
1 Roodzant, Benjamin	King's Chris	5:58.36
2 Erwin, Daniel	Revelstoke S	6:19.87
3 Amyot, Felix	Revelstoke S	6:23.70
4 Canabe, Aidan	WL Seaton	6:33.19
5 Matthies, Alexander	WL Seaton	6:38.41
6 Tomm, Rory	Revelstoke S	6:48.96

Boys Shot Put 5 kg Junior

Name	Year School	Finals
1 Tudan, Ben	King's Chris	10.48m
10.39m 10.48m 10.40m		
2 Arnold, Aiden	Revelstoke S	9.84m
8.64m 9.67m 9.84m		
3 Simpso, Jacob	A L Fortune	9.76m
9.36m 9.76m 9.70m		
4 Stockman, Fisher	Revelstoke S	9.61m
9.28m 9.56m 9.61m		
5 Wall, Jon	A L Fortune	8.55m
8.03m 8.55m 8.26m		
6 Furlong, Thomas	A L Fortune	7.85m
7.85m 7.58m 6.44m		
7 Hammond, Oliver	Revelstoke S	7.21m
5.65m 7.15m 7.21m		
8 Sheldon, Ryland	Merritt Seco	2.72m

2.72m - -

Boys Hammer Throw 5 kg Junior

Name	Year School	Finals
1 Arnold, Aiden	Revelstoke S	24.07m
X 23.28m X X 19.52m	24.07m	
2 Stockman, Fisher	Revelstoke S	21.28m
21.28m X X - - -		
3 Erwin, Daniel	Revelstoke S	12.51m
X 12.51m - - - -		

Men 100 Meter Dash Gr 8

Name	Year School	Finals	Wind	H#
1 Spooner, Carver	North Shuswa	12.86	2.0	4
2 Sayer, Daman	Vernon Chris	13.05	2.3	3
3 Gerow, River	Shuswap Midd	13.35	2.3	3
4 Sabiri, Ilyass	Secondaire d	13.39	2.3	2
5 Lafortune, Colten	Shuswap Midd	13.66	2.3	3
6 Mandel, Connor	Revelstoke S	13.84	2.3	3
7 Ignacio, Ram	Carlin Middl	13.97	2.3	2
8 Capada, Simon	Eagle River	13.97	2.3	1
9 Dicker, Kynan	Ranchero Ele	13.98	2.0	4
10 Warren, Austin	Eagle River	14.22	2.3	1
11 Dykman, Jaxon	A L Fortune	14.32	2.0	4
12 Nicholls, Evan	A L Fortune	14.35	2.3	3
13 Armstrong, Dimitri	South Kamloo	14.46	2.0	4
14 Kaarvik, Rylan	Westsyde Sec	14.47	2.3	2
15 Baum, Jaide	Ranchero Ele	14.47	2.3	2
16 Henderson Dumont, Ashton	Merritt Seco	14.72	2.0	4
17 Rossouw, Francois	Westsyde Sec	14.74	2.0	4
18 Khelouiati, Tarik	South Kamloo	14.87	2.3	3
19 Gardiner, Hudson	Revelstoke S	14.95	2.3	1
20 Lefebvre, Charle-Éric	Secondaire d	15.52	2.3	3
21 Amor, Zeinedine	Valleyview S	15.58	2.0	4
-- Froess, Dante	King's Chris	DQ	2.3	2

Rule #17.3.1

Men 200 Meter Dash Gr 8

Name	Year School	Finals	Wind	H#
1 Spooner, Carver	North Shuswa	26.87	2.7	2
2 Ignacio, Ram	Carlin Middl	27.60	1.7	1
3 Lafortune, Colten	Shuswap Midd	27.73	2.7	2
4 Gerow, River	Shuswap Midd	27.87	1.7	1
5 Armstrong, Dimitri	South Kamloo	28.03	2.7	2
6 McGrath, Aidan	Valleyview S	28.05	2.7	2
7 Nicholls, Evan	A L Fortune	28.64	1.7	1
8 Mandel, Connor	Revelstoke S	28.69	1.7	1
9 Widmer, Timo	Revelstoke S	28.77	2.7	2
10 Giesbrecht, Joel	Shuswap Midd	29.15	2.7	2
11 Dykman, Jaxon	A L Fortune	29.54	1.7	1
12 Rossouw, Francois	Westsyde Sec	30.93	1.7	1
13 Amor, Zeinedine	Valleyview S	31.93	1.7	1

Men 400 Meter Dash Gr 8

Name	Year School	Finals
1 Orchards, Ian	Shuswap Midd	63.86

2 McLeod, Kieran	Len Wood Mid	64.29
3 Cormier, Shaden	A L Fortune	67.16
4 McGrath, Aidan	Valleyview S	67.25
5 Aylard, David	A L Fortune	72.91

Men 800 Meter Run Gr 8

Name	Year School	Finals
1 Orchards, Ian	Shuswap Midd	2:26.62
2 Cooper, Makai	Kamloops Chr	2:31.09
3 Kaarvik, Rylan	Westsyde Sec	2:32.33
4 Terleski, Rylan	WL Seaton	2:40.05
5 Roberts, Jared	Secondaire d	2:42.65
6 Machpherson, Ben	Revelstoke S	2:45.15
7 Aylard, David	A L Fortune	2:49.94
8 Muddiman, Samuel	Ranchero Ele	2:51.00
9 Menzies, Mcguire	Shuswap Midd	2:57.12
10 Giles, Makai	Secondaire d	3:15.34

Men 1500 Meter Run Gr 8

Name	Year School	Finals
1 Dicker, Kynan	Ranchero Ele	5:25.31
2 Terleski, Rylan	WL Seaton	5:29.15
3 Machpherson, Ben	Revelstoke S	5:33.49
4 Menzies, Mcguire	Shuswap Midd	5:33.63
5 McLeod, Kieran	Len Wood Mid	5:34.16
6 Cormier, Shaden	A L Fortune	6:05.59
7 Benge, Quinton	Len Wood Mid	6:21.92

Men 3000 Meter Run Gr 8

Name	Year School	Finals
1 Roberts, Jared	Secondaire d	11:35.92
2 Muddiman, Samuel	Ranchero Ele	12:30.77
3 Cormier, Shaden	A L Fortune	13:17.22
4 Benge, Quinton	Len Wood Mid	14:13.58

Men 100 Meter Hurdles 33" Gr 8

33" x 10 (13-8.5-10.5)				
Name	Year School	Finals	Wind	
1 Khelouiati, Tarik	South Kamloo	19.61	1.4	
2 Zuidhof, Eli	Vernon Chris	23.55	1.4	

Men 200 Meter Hurdles 30" x 5 Gr 8

30" x 5 (20-35-40)				
Name	Year School	Finals	Wind	
1 McGrath, Aidan	Valleyview S	32.22	1.1	
2 Machpherson, Ben	Revelstoke S	33.05	1.1	

Men 4x100 Meter Relay Gr 8

School	Finals
1 Shuswap Middle 'A'	54.71
1) Orchard, Ian	2) Gerow, River

3) Giesbrecht, Joel	4) Lafortune, Colten	
2 A L Fortune 'A'		56.62
1) Dykman, Jaxon	2) Nicholls, Evan	
3) Cormier, Shaden	4) Weiler, Riley	
3 Revelstoke Secondary School 'A'		56.68
1) Higgins, Gauge	2) Mandel, Connor	
3) Wider, Timo	4) Keerak, Ivo	
4 Secondeaire de Kamloops 'A'		63.90
1) Roberts, Jared	2) Giles, Makai	
3) Sabiri, Ilyass	4) Lefebvre, Charle-Éric	

Men 4x400 Meter Relay Gr 8

School	Finals
1 Revelstoke Secondary School 'A'	4:46.18
1) Higgins, Gauge	2) Mandel, Connor
3) Wider, Timo	4) Keerak, Ivo

Men High Jump Gr 8

Name	Year School	Finals
1 Hall, Colton	Valleyview S	1.55m
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
0 0 0 0 0 0 XXX		
2 Baum, Jaide	Rancho Ele	1.45m
1.20 1.25 1.30 1.35 1.40 1.45 1.50		
0 0 0 0 0 XXX		
2 Dicker, Kynan	Rancho Ele	1.45m
1.20 1.25 1.30 1.35 1.40 1.45 1.50		
0 0 0 0 0 XXX		
2 Vass, Jd	Vernon Chris	1.45m
1.25 1.30 1.35 1.40 1.45 1.50		
0 0 0 0 XXX		
5 Cooper, Makai	Kamloops Chr	1.30m
1.20 1.25 1.30 1.35		
0 0 0 -		
6 Eldon, Alex	Shuswap Midd	J1.30m
1.20 1.25 1.30 1.35		
0 0 XO XXX		
7 Cudmore, Kirby	Carlin Middl	1.25m
1.20 1.25 1.30		
XO XO XXX		
-- McLeod, Kieran	Len Wood Mid	NH
1.25		
XXX		
-- Gardiner, Hudson	Revelstoke S	NH
1.20		
XXX		

Men Pole Vault Gr 8

Name	Year School	Finals
1 Armstrong, Dimitri	South Kamloo	2.20m
1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30		
XO - - - - - 0 0 0 0 XXX		
2 Amor, Zeinedine	Valleyview S	1.80m
1.30 1.40 1.50 1.60 1.70 1.80 1.90		
0 0 0 0 0 XO X		

Men Long Jump Gr 8

Name	Year	School	Finals	Wind
1 Sayer, Daman X 4.92m(1.5)	4.97m(+0.0)	Vernon Chris	4.97m	+0.0
2 Quiring, Owen 4.31m(1.7) X	4.46m(+0.0)	Westsyde Sec	4.46m	+0.0
3 Ignacio, Ram 4.29m(0.3)	4.36m(0.6) 4.30m(+0.0)	Carlin Middl	4.36m	0.6
4 Capada, Simon 4.30m(NWI)	4.05m(NWI) 4.10m(NWI)	Eagle River	4.30m	NWI
5 Lafortune, Colten 3.98m(+0.0)	4.05m(0.4) 4.26m(0.6)	Shuswap Midd	4.26m	0.6
6 Dykman, Jaxon 4.22m(+0.0)	3.69m(+0.0) 3.72m(+0.0)	A L Fortune	4.22m	+0.0
7 Mandel, Connor 4.21m(+0.0)	4.18m(+0.0) 4.18m(+0.0)	Revelstoke S	4.21m	+0.0
8 Bischoff, Morgan 4.17m(0.7)	4.13m(+0.0) -	North Shuswa	4.17m	0.7
9 Sabiri, Ilyass 4.08m(+0.0)	4.16m(0.9) 4.09m(0.3)	Secondaire d	4.16m	0.9
10 Gerow, River 4.05m(+0.0) X	X	Shuswap Midd	4.05m	+0.0
11 Rossouw, Francois 3.33m(+0.0)	4.03m(+0.0) 3.93m(+0.0)	Westsyde Sec	4.03m	+0.0
12 Zuidhof, Eli 3.96m(+0.0)	3.84m(NWI) 3.94m(0.2)	Vernon Chris	3.96m	+0.0
13 Orchards, Ian 3.95m(+0.0)	3.67m(1.6) X	Shuswap Midd	3.95m	+0.0
14 Baum, Jaide 3.81m(0.2)	3.76m(0.7) 3.84m(0.8)	Ranchero Ele	3.84m	0.8
15 Nicholls, Evan 3.78m(0.9)	3.77m(+0.0) 3.57m(+0.0)	A L Fortune	3.78m	0.9
16 Warren, Austin 3.58m(+0.0) X	3.65m(+0.0)	Eagle River	3.65m	+0.0
17 Henderson Dumont, Ashton 3.26m(0.8)	2.76m(+0.0) 3.64m(+0.0)	Merritt Seco	3.64m	+0.0
18 Cudmore, Kirby 3.56m(+0.0)	3.35m(+0.0) 3.08m(+0.0)	Carlin Middl	3.56m	+0.0
19 Widmer, Timo 3.43m(+0.0)	3.52m(+0.0) 3.51m(+0.0)	Revelstoke S	3.52m	+0.0
20 Aylard, David 3.42m(0.3)	3.33m(+0.0) 3.25m(+0.0)	A L Fortune	3.42m	0.3
21 Krabbendam, Alex 3.34m(1.8) -	X	King's Chris	3.34m	1.8
22 Lefebvre, Charle-Éric 3.33m(+0.0)	3.03m(+0.0) 3.02m(1.2)	Secondaire d	3.33m	+0.0
23 Muddiman, Samuel X 2.79m(0.6)	2.87m(0.1)	Ranchero Ele	2.87m	0.1

Men Triple Jump Gr 8

Name	Year	School	Finals	Wind
1 Quiring, Owen 9.80m(+0.0)	10.19m(0.5) X(1.5)	Westsyde Sec	10.19m	0.5
2 Khelouiati, Tarik 9.65m(+0.0)	9.32m(+0.0) 9.39m(0.4)	South Kamloo	9.65m	+0.0
3 Zuidhof, Eli 7.38m(0.5)	7.94m(-0.3) 8.42m(+0.0)	Vernon Chris	8.42m	+0.0
4 Widmer, Timo X(0.3)	7.47m(0.3) X(0.2)	Revelstoke S	7.47m	0.3
5 Giles, Makai		Secondaire d	7.33m	0.8

7.33m(0.8) 6.94m(+0.0) 7.14m(0.1)

Men Shot Put 4 kg Gr 8

Name	Year School	Finals
1 Bischoff, Morgan 8.39m 8.68m 8.93m	North Shuswa	8.93m
2 Froess, Dante 8.17m 8.53m 8.73m	King's Chris	8.73m
3 Krabbendam, Alex 7.74m 7.09m 8.07m	King's Chris	8.07m
4 Sabiri, Ilyass 7.23m 7.72m 7.79m	Secondaire d	7.79m
5 Warren, Austin 6.68m 7.66m X	Eagle River	7.66m
6 Cudmore, Kirby 7.21m X 7.03m	Carlin Middl	7.21m
7 Giles, Makai - X 6.33m	Secondaire d	6.33m
8 Higgins, Gauge 6.15m 6.17m 6.28m	Revelstoke S	6.28m
9 Coleman, Tanner 6.20m 5.90m 5.70m	Revelstoke S	6.20m
10 Lefebvre, Charle-Éric X 6.09m X	Secondaire d	6.09m

Men Discus Throw 1 kg Gr 8

Name	Year School	Finals
1 Giesbrecht, Joel 26.08m X X	Shuswap Midd	26.08m
2 Clark, Brendan 24.22m X 18.98m	Westsyde Sec	24.22m
3 Eldon, Alex 21.89m 20.28m 24.05m	Shuswap Midd	24.05m
4 Henderson Dumont, Ashton 21.74m 23.73m 20.24m	Merritt Seco	23.73m
5 Coleman, Tanner 16.90m 15.80m X	Revelstoke S	16.90m
6 Higgins, Gauge 13.20m X 14.72m	Revelstoke S	14.72m

Men Javelin Throw 600 gram Gr 8

Name	Year School	Finals
1 Spooner, Carver 25.23m 31.97m 34.04m	North Shuswa	34.04m
2 Clark, Brendan 25.25m 28.61m X	Westsyde Sec	28.61m
3 Froess, Dante 18.88m 22.03m 24.02m	King's Chris	24.02m
4 Krabbendam, Alex 22.93m X 20.42m	King's Chris	22.93m
5 Bischoff, Morgan X X 21.26m	North Shuswa	21.26m
6 Eldon, Alex 14.58m 19.31m 19.18m	Shuswap Midd	19.31m
7 Rorstad, Sam 17.02m 17.61m X	Revelstoke S	17.61m
8 Higgins, Gauge	Revelstoke S	17.18m

	17.18m	16.77m	16.10m		
9	Coleman, Tanner		Revelstoke S	15.56m	
	X	X	15.56m		
10	Roberts, Jared		Secondaire d	15.30m	
	11.42m	15.30m	12.75m		

Men 100 Meter Dash Junior

Name	Year	School	Finals	Wind	H#
1	Bicknell, Anderson	Vernon Secon	11.87	2.0	3
2	Lee, Jonah	Vernon Secon	11.97	2.0	3
3	McDonald, Ayden	Vernon Secon	12.03	2.0	3
4	Simpso, Jacob	A L Fortune	12.13	1.4	2
5	Zacharias, Kaelan	A L Fortune	12.23	1.4	2
6	Quinton, Tyler	Valleyview S	12.33	2.0	3
7	Yu, Ansley	Revelstoke S	12.49	1.4	2
8	Jurgens, Marcus	Salmon Arm S	12.80	0.8	1
9	McQuarrie, Tucker	Revelstoke S	12.95	1.4	2
10	Portras, Phoenix	Revelstoke S	12.97	0.8	1
11	Kaarvik, Landon	Westsyde Sec	12.97	2.0	3
12	Leyenhorst, Jacob	Vernon Chris	13.01	0.8	1
13	Loewen, Kayden	A L Fortune	13.02	0.8	1
14	Bonthuys, Ben	Salmon Arm S	13.13	0.8	1
15	Skotnicki, Daniel	Merritt Seco	13.16	2.0	3
16	Le May, Connor	Charles Bloo	13.46	1.4	2
17	Bourgh, Kris	Pleasant Val	13.69	0.8	1
18	Paton, Brody	Salmon Arm S	14.38	0.8	1
19	Etchart, Miguel	Merritt Seco	15.12	1.4	2
20	Stalkeringgras, Lewis	Pleasant Val	15.52	1.4	2

Men 200 Meter Dash Junior

Name	Year	School	Finals	Wind	H#
1	Bicknell, Anderson	Vernon Secon	24.20	1.5	3
2	McDonald, Ayden	Vernon Secon	24.45	1.5	3
3	Quinton, Tyler	Valleyview S	25.44	1.2	2
4	Biggar, Zane	Valleyview S	25.70	1.5	3
5	Therrien, Coby	Vernon Secon	26.09	1.5	3
6	Nava, Aleutian	Revelstoke S	26.23	0.1	1
7	Liman, Ben	Vernon Chris	26.38	1.2	2
8	Acton, A.J.	Revelstoke S	26.64	1.2	2
9	McQuarrie, Tucker	Revelstoke S	26.77	1.2	2
10	Bonthuys, Ben	Salmon Arm S	26.95	1.5	3
11	Trembley, Jensen	South Kamloo	27.05	0.1	1
12	Ling-Allen, Marquel	WL Seaton	27.17	1.5	3
13	Leyenhorst, Jacob	Vernon Chris	27.21	0.1	1
14	Bourgh, Kris	Pleasant Val	27.33	0.1	1
15	Skotnicki, Daniel	Merritt Seco	27.67	1.5	3
16	Bell, Kaelan	Salmon Arm S	28.27	0.1	1
17	Colwell, Paul	Merritt Seco	28.62	1.2	2
18	Janek, George	Charles Bloo	29.01	1.2	2
19	Golz, Landon	A L Fortune	31.03	1.2	2
20	Saner, Declan	A L Fortune	31.23	0.1	1
21	Stalkeringgras, Lewis	Pleasant Val	32.40	1.5	3

Men 400 Meter Dash Junior

Name	Year	School	Finals	H#
1	Loewen, Kayden	A L Fortune	58.63	1
2	Awad, Diego	Revelstoke S	59.61	1

3	Therrien, Coby	Vernon Secon	59.67	1
4	Budgeon, Cole	Vernon Secon	61.20	2
5	Smith, Kian	Salmon Arm S	61.40	2
6	Liman, Ben	Vernon Chris	63.95	1
7	Rossouw, Werner	Westsyde Sec	64.04	2
8	Dodds, Liam	Revelstoke S	65.70	2
9	Curtis, Jeff	Vernon Secon	67.34	2
10	Leyenhorst, Jacob	Vernon Chris	69.92	1

Men 800 Meter Run Junior

Name	Year School	Finals	
1	Reid, Liam	Kalamalka Se	2:18.82
2	Mitchell, Luke	WL Seaton	2:20.23
3	Arora, Mavi	WL Seaton	2:22.86
4	Kaarvik, Landon	Westsyde Sec	2:23.52
5	Smith, Kian	Salmon Arm S	2:27.42
6	Pozuelo, Lucas	Valleyview S	2:29.42
7	Rossouw, Werner	Westsyde Sec	2:30.63
8	Canabe, Aidan	WL Seaton	2:36.07
9	Amyot, Felix	Revelstoke S	2:45.45
10	Tomm, Rory	Revelstoke S	2:48.47
11	Watts, Spencer	A L Fortune	3:25.08

Men 1500 Meter Run Junior

Name	Year School	Finals	
1	Heidt, Simon	WL Seaton	4:45.44
2	Reid, Liam	Kalamalka Se	4:46.01
3	Peregrym, Ethan	Sa-Hali Seco	4:46.73
4	Westley, Eric	WL Seaton	4:52.84
5	Amyot, Felix	Revelstoke S	5:34.87
6	Pozuelo, Lucas	Valleyview S	5:37.18
7	Tomm, Rory	Revelstoke S	5:37.49
8	Matthies, Alexander	WL Seaton	5:47.83
9	Thompson, Braeden	A L Fortune	6:28.23

Men 3000 Meter Run Junior

Name	Year School	Finals	
1	Heidt, Simon	WL Seaton	9:56.73
2	Peregrym, Ethan	Sa-Hali Seco	9:59.40
3	Pozuelo, Lucas	Valleyview S	11:30.59
4	Watts, Spencer	A L Fortune	17:11.49

Men 100 Meter Hurdles 36" Junior

36" x 10 (13-8.5-10.5)				
Name	Year School	Finals	Wind	
1	Curtis, Jeff	Vernon Secon	22.62	0.9

Men 300 Meter Hurdles 33" x 7 Junior

33" x 7 (50-35-40)			
Name	Year School	Finals	
1	Bicknell, Anderson	Vernon Secon	44.66
2	Awad, Diego	Revelstoke S	46.43
3	Biggar, Zane	Valleyview S	48.66

4 Nava, Aleutian	Revelstoke S	51.03
5 Budgeon, Cole	Vernon Secon	51.27
6 Curtis, Jeff	Vernon Secon	59.17
7 Hodson, Daniel	King's Chris	64.04

Men 4x100 Meter Relay Junior

School	Finals
1 Salmon Arm Secondary - Jackson 'A'	47.79
1) Bonthuys, Ben	2) Jurgens, Marcus
3) Paton, Brody	4) Bell, Kaelan
2 Vernon Secondary School 'A'	52.96
1) Bicknell, Anderson	2) McDonald, Ayden
3) Therrien, Coby	4) Lee, Jonah
3 Revelstoke Secondary School 'A'	54.39
1) Awad, Diego	2) Tomm, Rory
3) Arnold, Aiden	4) Amyot, Felix
4 A L Fortune 'A'	56.34
1) Zacharias, Kaelan	2) Loewen, Kayden
3) Saner, Declan	4) Simpso, Jacob
5 King's Christian School 'A'	56.85
1) Chapman, Jack	2) Roodzant, Benjamin
3) Hodson, Daniel	4) Froess, Dante
5) Krabbendam, Alex	6)
6 Revelstoke Secondary School 'C'	57.57
1) Acton, Aj	2) Cameron, Ryland
3) Nava, Aleutian	4) Portras, Phoenix
7 A L Fortune 'B'	58.89
1) Williams, Kage	2) Golz, Landon
3) Watts, Spencer	4) Thompson, Braeden

Men 4x400 Meter Relay Junior

School	Finals
1 Revelstoke Secondary School 'A'	4:07.38
1) Awad, Diego	2) Tomm, Rory
3) Arnold, Aiden	4) Amyot, Felix
2 WL Seaton 'A'	4:10.53
1) Mitchell, Luke	2) Girard, Jacob
3) Arora, Mavi	4) Heidt, Simon
3 Vernon Secondary School 'A'	4:10.98
1) Bicknell, Anderson	2) McDonald, Ayden
3) Therrien, Coby	4) Lee, Jonah
4 Salmon Arm Secondary - Jackson 'A'	4:22.21
1) Bonthuys, Ben	2) Paton, Brody
3) Smith, Kian	4) Bell, Kaelan
5 A L Fortune 'A'	4:32.25
1) Zacharias, Kaelan	2) Loewen, Kayden
3) Saner, Declan	4) Simpso, Jacob

Men High Jump Junior

Name	Year School	Finals
1 Biggar, Zane	Valleyview S	1.60m
1.40 1.45 1.50 1.55 1.60 1.65		
0 0 0 0 0 XXX		
2 Zacharias, Kaelan	A L Fortune	J1.60m
1.40 1.45 1.50 1.55 1.60 1.65		
0 0 0 XO 0 XXX		
3 Yu, Ansley	Revelstoke S	1.55m

	1.35	1.40	1.45	1.50	1.55	1.60				
	O	XO	O	O	XO	XXX				
4	Tudan, Ben					King's Chris	1.50m			
	1.35	1.40	1.45	1.50	1.55					
	O	O	O	O	XXX					
5	Paton, Brody					Salmon Arm S	J1.50m			
	1.30	1.35	1.40	1.45	1.50	1.55				
	O	XO	XO	O	XXO	XXX				
6	Chapman, Jack					King's Chris	1.45m			
	1.30	1.35	1.40	1.45	1.50					
	O	O	O	XO	XXX					
7	Bell, Kaelan					Salmon Arm S	J1.45m			
	1.35	1.40	1.45	1.50						
	XO	O	XO	XXX						
8	Loewen, Kayden					A L Fortune	1.40m			
	1.30	1.35	1.40	1.45						
	O	XO	O	XXX						
9	Hammond, Oliver					Revelstoke S	1.35m			
	1.35	1.40								
	O	XXX								
10	Etchart, Miguel					Merritt Seco	1.30m			
	1.30	1.35								
	O	XXX								
--	Stevenson, Alex					Revelstoke S	NH			
	1.35									
	XXX									

Men Pole Vault Junior

Name	Year	School	Finals						
1 Heer, Tomas		South Kamloo	2.70m						
	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80
	O	-	-	O	O	O	O	XO	XXX

Men Long Jump Junior

Name	Year	School	Finals	Wind
1 Lee, Jonah		Vernon Secon	5.34m	1.1
	5.15m(+0.0)	X	5.34m(1.1)	
2 Schuch, Stefan		Vernon Chris	5.31m	0.3
	5.12m(+0.0)	5.31m(0.3)	5.09m(0.8)	
3 Carne, Seth		Westsyde Sec	5.09m	+0.0
	5.09m(+0.0)	4.89m(0.3)	5.03m(+0.0)	
4 Yu, Ansley		Revelstoke S	5.06m	+0.0
	4.65m(1.1)	5.05m(0.4)	5.06m(+0.0)	
5 Quinton, Tyler		Valleyview S	4.94m	0.3
	4.94m(0.3)	4.82m(+0.0)	X(+0.0)	
6 Liman, Ben		Vernon Chris	4.89m	0.2
	4.57m(0.2)	4.89m(0.2)	4.77m(+0.0)	
7 Ling-Allen, Marquel		WL Seaton	4.77m	1.3
	4.77m(1.3)			
8 Acton, A.J.		Revelstoke S	4.66m	0.1
	4.29m(0.5)	4.66m(0.1)	4.50m(+0.0)	
9 Jurgens, Marcus		Salmon Arm S	4.64m	0.3
	4.51m(+0.0)	4.55m(+0.0)	4.64m(0.3)	
10 Tudan, Ben		King's Chris	4.50m	+0.0
	4.50m(+0.0)	X	X	
11 Simpso, Jacob		A L Fortune	4.42m	0.1
	3.86m(+0.0)	4.42m(0.1)	X(+0.0)	
12 Dodds, Liam		Revelstoke S	4.32m	+0.0
	4.32m(+0.0)	4.29m(+0.0)	3.31m(1.4)	

13	Le May, Connor	Charles Bloo	4.25m	+0.0
	4.25m(+0.0)	4.23m(+0.0)	4.20m(+0.0)	
14	Bell, Kaelan	Salmon Arm S	4.21m	0.3
	3.16m(+0.0)	4.21m(0.3)	4.11m(1.9)	
15	Rossouw, Werner	Westsyde Sec	4.19m	+0.0
	4.12m(+0.0)	4.19m(+0.0)	3.98m(+0.0)	
16	Skotnicki, Daniel	Merritt Seco	4.15m	1.6
	4.15m(1.6)			
17	Segura, Christian	Vernon Chris	3.99m	+0.0
	X(+0.0)	3.99m(+0.0)	3.77m(1.2)	
18	Saner, Declan	A L Fortune	3.30m	1.0
	2.44m(0.5)	3.30m(1.0)	3.02m(1.6)	
19	Paton, Brody	Salmon Arm S	3.24m	1.1
	3.24m(1.1)			

Men Triple Jump Junior

Name	Year	School	Finals	Wind
1 Carne, Seth		Westsyde Sec	11.19m	2.0
	11.00m(-0.4)	11.19m(2.0)	11.02m(0.6)	
2 Dodds, Liam		Revelstoke S	9.35m	+0.0
	9.16m(+0.0)	9.35m(+0.0)	X(0.7)	
3 Jurgens, Marcus		Salmon Arm S	9.24m	0.2
	9.08m(+0.0)	9.16m(0.7)	9.24m(0.2)	
4 Nava, Aleutian		Revelstoke S	8.34m	+0.0
	X(+0.0)	8.34m(+0.0)		
5 Sheldon, Ryland		Merritt Seco	7.41m	0.2
	7.41m(0.2)	X	X	

Men Discus Throw 1.5 kg Junior

Name	Year	School	Finals
1 Stockman, Fisher		Revelstoke S	28.37m
	28.37m	27.21m	26.81m
2 Arnold, Aiden		Revelstoke S	27.65m
	X	27.65m	25.93m
3 Awad, Diego		Revelstoke S	27.50m
	20.69m	23.38m	27.50m
4 Roodzant, Benjamin		King's Chris	22.91m
	22.07m	22.91m	19.92m
5 Furlong, Thomas		A L Fortune	22.42m
	22.42m	18.96m	X
6 Wall, Jon		A L Fortune	17.88m
	X	17.78m	17.88m
7 Etchart, Miguel		Merritt Seco	14.67m
	14.67m	X	X

Men Javelin Throw 700 gram Junior

Name	Year	School	Finals
1 Beck, Chazz (charles)		Sa-Hali Seco	36.14m
	27.67m	32.28m	36.14m
2 Zacharias, Kaelan		A L Fortune	35.25m
	35.16m	35.25m	
3 Kenyon, Noah		Revelstoke S	31.47m
	X	31.47m	30.93m
4 Erwin, Daniel		Revelstoke S	28.92m
	X	28.92m	26.47m
5 Chapman, Jack		King's Chris	27.68m
	27.26m	27.68m	27.02m

6	Roodzant, Benjamin 24.56m X 21.01m	King's Chris	24.56m
7	Furlong, Thomas 22.78m 23.86m X	A L Fortune	23.86m
8	Hodson, Daniel X X 23.57m	King's Chris	23.57m
9	Huang, Eric X X 22.55m	Revelstoke S	22.55m
10	Bourgh, Kris - 20.95m 20.21m	Pleasant Val	20.95m
11	Colwell, Paul X 17.32m 17.38m	Merritt Seco	17.38m
12	Segura, Christian - 14.44m X	Vernon Chris	14.44m

Men 1500 Meter Race Walk Junior

Name	Year School	Finals
1 Saner, Declan	A L Fortune	11:55.84
2 Golz, Landon	A L Fortune	12:43.24
3 Watts, Spencer	A L Fortune	12:45.01

Men 100 Meter Dash Senior

Name	Year School	Finals	Wind	H#
1 Tishenko, Ben	Vernon Chris	11.89	2.1	2
2 Redelinghuys, Hendri	Vernon Chris	12.02	1.1	1
3 Murphy, Joe	Vernon Secon	12.14	2.1	2
4 Owens, Jack	Salmon Arm S	12.41	1.1	1
5 Norlin, Jute	Salmon Arm S	12.48	2.1	2
6 North, Matthew	King's Chris	12.64	2.1	2
7 Archer, Evan	Salmon Arm S	12.81	1.1	1
8 Hove, Cisko	Vernon Secon	13.17	2.1	2
9 Clancy, Aidan	A L Fortune	13.19	1.1	1
10 Johnston, Liam	A L Fortune	14.05	2.1	2

Men 200 Meter Dash Senior

Name	Year School	Finals	Wind
1 Maryniuk, Jack	Salmon Arm S	23.44	1.4
2 Tishenko, Ben	Vernon Chris	24.37	1.4
3 Norlin, Jute	Salmon Arm S	25.49	1.4
4 Archer, Evan	Salmon Arm S	26.33	1.4
5 Defauw, Leon	Clarence Ful	26.84	1.4

Men 400 Meter Dash Senior

Name	Year School	Finals
1 Redelinghuys, Hendri	Vernon Chris	55.05
2 Maryniuk, Jack	Salmon Arm S	55.11
3 Oliver, Ryder	Salmon Arm S	62.41
4 Johnston, Liam	A L Fortune	67.89
5 Nicol, Triston	Revelstoke S	70.97

Men 800 Meter Run Senior

Name	Year School	Finals
1 Lehmann, Bryce	Sa-Hali Seco	2:11.64

2	Humphrey, Andrew	Sa-Hali Seco	2:15.58
3	Bakker, Simon	Salmon Arm S	2:18.70
4	Orchard, Callum	Salmon Arm S	2:20.23
5	Nicol, Triston	Revelstoke S	2:23.36
6	Frost, Blake	WL Seaton	2:24.69
7	Luth, Darin	King's Chris	2:25.54
8	Chiogna, Jacopo	South Kamloo	2:25.82

Men 1500 Meter Run Senior

Name	Year School	Finals
1	Lehmann, Bryce	Sa-Hali Seco 4:32.30
2	Humphrey, Andrew	Sa-Hali Seco 4:37.27
3	Orchard, Callum	Salmon Arm S 4:51.64
4	Wallace, Xavier	South Kamloo 4:54.74
5	Chiogna, Jacopo	South Kamloo 5:02.41
6	Frost, Blake	WL Seaton 5:05.93

Men 3000 Meter Run Senior

Name	Year School	Finals
1	Calkins, Sam	Salmon Arm S 9:36.02
2	Humphrey, Andrew	Sa-Hali Seco 9:41.19
3	Ayotte, Frankie	Salmon Arm S 10:18.78
4	Wallace, Xavier	South Kamloo 10:27.03
5	Chiogna, Jacopo	South Kamloo 10:32.01
6	Zhu, Harry	Vernon Chris 11:08.19
7	Spark, Hayden	Christian Ho 11:19.53
8	Clancy, Aidan	A L Fortune 12:05.44

Men 110 Meter Hurdles 36" Senior

36" x 10 (13.72-9.14-14.02)				
Name	Year School	Finals	Wind	
1	Unger, Aaron	King's Chris 19.27	1.7	
2	Hansma, Nathan	King's Chris 20.74	1.7	
3	Chancellor, David	King's Chris 21.19	1.7	

Men 400 Meter Hurdles 36" x 10 Senior

36" x 10 (45-35-40)		
Name	Year School	Finals
1	Unger, Aaron	King's Chris 65.91
2	Chancellor, David	King's Chris 77.44

Men 2000 Meter Steeplechase 33" Senior

Name	Year School	Finals
1	Calkins, Sam	Salmon Arm S 7:23.93
2	Ayotte, Frankie	Salmon Arm S 7:32.64
3	Unger, Aaron	King's Chris 7:46.35
4	Bakker, Simon	Salmon Arm S 8:00.95

Men 4x100 Meter Relay Senior

School	Finals
1 Vernon Christian 'A'	47.60

1) Redelinghuys, Hendri	2) Thompson, Tristan	
3) Barry, Zack	4) Tishenko, Ben	
5) Leyenhorst, Jacob	6)	
2 Salmon Arm Secondary - Sulliva 'A'		50.62
1) Owens, Jack	2) Norlin, Jute	
3) Oliver, Ryder	4) Archer, Evan	
3 Vernon Secondary School 'A'		50.71
1) Curtis, Jeff	2) Budgeon, Cole	
3) Hove, Cisko	4) Murphy, Joe	
4 A L Fortune 'A'		50.84
1) Zacharias, Kaelan	2) Clancy, Aidan	
3) Johnston, Liam	4) Simps, Jacob	
5 King's Christian School 'B'		51.56
1) North, Matthew	2) Unger, Aaron	
3) Hansma, Nathan	4) Tudan, Ben	
5) Richmond, Mikah	6)	
6 King's Christian School 'A'		52.46
1) Luth, Darin	2) Chancellor, David	
3) Richmond, Mikah	4) Schroeder, Silas	
5) Tudan, Ben	6)	
7 Revelstoke Secondary School 'A'		56.46
1) Starling, Micah	2) Thibeault, Matthew	
3) Nicoll, Triston	4) Steveson, Alex	

Men 4x400 Meter Relay Senior

School	Finals
1 Salmon Arm Secondary - Sulliva 'A'	4:10.06
1) Calkins, Sam	2) Ayotte, Frankie
3) Bakker, Simon	4) Owens, Jack
5) Beck, Kaiden	6)
2 King's Christian School 'B'	4:14.12
1) North, Matthew	2) Unger, Aaron
3) Hansma, Nathan	4) Tudan, Ben
5) Richmond, Mikah	6)
3 King's Christian School 'A'	4:21.96
1) Luth, Darin	2) Chancellor, David
3) Richmond, Mikah	4) Schroeder, Silas
5) Tudan, Ben	6)
4 Revelstoke Secondary School 'A'	4:28.82
1) Starling, Micah	2) Thibeault, Matthew
3) Nicoll, Triston	4) Steveson, Alex
5 A L Fortune 'A'	4:59.44
1) Zacharias, Kaelan	2) Clancy, Aidan
3) Johnston, Liam	4) Simps, Jacob
-- Vernon Christian 'A'	DQ Rule TR 24.6 24.7
1) Redelinghuys, Hendri	2) Thompson, Tristan
3) Barry, Zack	4) Tishenko, Ben
5) Leyenhorst, Jacob	6)

Men High Jump Senior

Name	Year School	Finals
1 Moore, Eric	Salmon Arm S	1.70m
1.50 1.55 1.60 1.65 1.70 1.75		
0 0 0 0 0 XXX		
2 Tishenko, Ben	Vernon Chris	1.65m
1.50 1.55 1.60 1.65		
0 0 0 XXO		
3 Thompson, Tristan	Vernon Chris	1.55m
1.50 1.55		

4	Luth, Darin	King's Chris	1.50m
	1.45 1.50 1.55		
	XO O XXX		
5	Johnston, Liam	A L Fortune	1.25m
	1.25 1.30		
	XO XXX		
6	Nicol, Triston	Revelstoke S	1.20m
	1.20		
	O		

Men Pole Vault Senior

Name	Year School	Finals
1 Schroeder, Silas	King's Chris	2.60m
	2.00 2.10 2.30 2.50 2.60 2.70	
	XO XO XO XO XXO XXX	
2 Richmond, Mikah	King's Chris	2.30m
	1.80 1.90 2.10 2.30 2.40	
	XXO O O XO XXX	

Men Long Jump Senior

Name	Year School	Finals	Wind
1 Moore, Eric	Salmon Arm S	5.40m	0.4
	5.40m(0.4) 5.37m(+0.0) 5.37m(+0.0)		
2 Chala, Brady	Sa-Hali Seco	5.39m	+0.0
	3.28m(+0.0) 5.04m(0.1) 5.39m(+0.0)		
3 Luth, Darin	King's Chris	5.25m	+0.0
	5.14m(+0.0) 5.25m(+0.0) 5.21m(1.5)		
4 Hove, Cisko	Vernon Secon	5.02m	+0.0
	4.86m(0.3) 5.02m(+0.0) X(-0.0)		
5 Cory, Ethan	Eagle River	4.74m	0.9
	4.59m(+0.0) 4.74m(0.9) 4.62m(+0.0)		
6 North, Matthew	King's Chris	4.72m	0.3
	4.72m(0.3)		
7 Owens, Jack	Salmon Arm S	4.63m	+0.0
	4.52m(0.5) 4.36m(+0.0) 4.63m(+0.0)		
8 Clancy, Aidan	A L Fortune	4.60m	0.1
	4.60m(0.1) 4.33m(0.7) 4.55m(+0.0)		

Men Triple Jump Senior

Name	Year School	Finals	Wind
1 Chala, Brady	Sa-Hali Seco	12.21m	0.6
	11.73m(+0.0) 12.20m(1.6) 12.21m(0.6)		
2 Moore, Eric	Salmon Arm S	11.42m	+0.0
	11.42m(+0.0) 11.07m(1.5) X(0.7)		
3 Thompson, Tristan	Vernon Chris	11.17m	NWI
	11.17m(-0.0) 10.22m(0.4)		
4 Beck, Kaiden	Salmon Arm S	9.92m	2.1
	9.84m(0.3) 9.92m(2.1) 9.88m(0.7)		
5 Oliver, Ryder	Salmon Arm S	9.60m	+0.0
	8.98m(-0.1) 9.60m(+0.0) X(1.2)		

Men Shot Put 6 kg Senior

Name	Year School	Finals
1 Starling, Micah	Revelstoke S	10.28m

	10.28m	9.91m	X		
2 Newman, Nicholas				Clarence Ful	9.99m
	X	X	9.99m		
3 Hove, Cisko				Vernon Secon	9.05m
	8.69m	X	9.05m		
4 Cory, Ethan				Eagle River	8.56m
	8.32m	8.12m	8.56m		
5 Archer, Evan				Salmon Arm S	7.55m
	7.55m	7.15m	6.65m		

Men Discus Throw 1.75 kg Senior

Name	Year	School	Finals
1 Newman, Nicholas		Clarence Ful	34.81m
	29.31m	34.81m	X
2 Starling, Micah		Revelstoke S	27.29m
	27.29m	X	23.66m
3 Schroeder, Silas		King's Chris	24.66m
	21.98m	24.66m	23.72m
4 Richmond, Mikah		King's Chris	24.43m
	24.43m	21.81m	23.29m
5 Ayotte, Frankie		Salmon Arm S	21.22m
	19.96m	21.22m	-
6 Thibeault, Matthew		Revelstoke S	19.31m
	19.31m	17.87m	18.64m
-- Beck, Kaiden		Salmon Arm S	FOUL
	-	X	X

Men Hammer Throw 6 kg Senior

Name	Year	School	Finals
1 Zabihi, Kian	12	Sa-Hali Seco	62.85m
	62.85m	X	X
2 Thibeault, Matthew		Revelstoke S	15.37m
	15.32m	15.37m	14.70m

Men Javelin Throw 800 gram Senior

Name	Year	School	Finals
1 North, Matthew		King's Chris	43.40m
	43.40m	38.41m	37.78m
2 Starling, Micah		Revelstoke S	43.18m
	43.18m	41.37m	38.38m
3 Richmond, Mikah		King's Chris	39.19m
	X	X	39.19m
4 Beck, Kaiden		Salmon Arm S	29.62m
	29.62m	25.01m	24.45m
5 Hansma, Nathan		King's Chris	29.41m
	29.41m	27.15m	X
6 Thibeault, Matthew		Revelstoke S	24.57m
	24.57m	X	X

Men 1500 Meter Race Walk Senior

Name	Year	School	Finals
1 Chancellor, David		King's Chris	11:48.20