

Licensed to Okanagan Athletics Club
 HY-TEK's Meet Manager 2023-07-03 01:45 PM
 Jack Brow/BC Masters Championships 2023 - 2023-06-30 to 2023-07-02
 Apple Bowl Stadium
 Results

Event 1 Women 45-49 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
Finals					
1 Carlos, Nicole	49 Vernon Amate		3240		10
2 Diener, Andrea	48 St. Albert M		3239		8

Event 1 Women 60-64 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Harris, Joan	60 Prince Georg		2868		10

Event 1 Women 65-69 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Jones, Terri	66 Comox Valley		2970		10

Event 1 Women 70-74 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Rollins, Elisabeth	73 Ultra Throw		2841		9

Event 1 Women 80-84 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Brand, Kathy	81 Unattached B		3124		9

Event 1 Women 45-49 Hammer Throw Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)					
Name	Age Team	Seed	Finals	Points	
1 Carlos, Nicole	49 Vernon Amate		39.90m	742	
2 Diener, Andrea	48 St. Albert M		39.02m	723	

Event 1 Women 60-64 Hammer Throw Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)					
Name	Age Team	Seed	Finals	Points	
1 Harris, Joan	60 Prince Georg		28.42m	605	

Event 1 Women 65-69 Hammer Throw Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)					
Name	Age Team	Seed	Finals	Points	
1 Jones, Terri	66 Comox Valley		24.19m	573	

Event 1 Women 70-74 Hammer Throw Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)					
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Name	Age Team	Finals	Points
1 Rollins, Elisabeth	73 Ultra Throw	20.68m	550

Event 1 Women 80-84 Hammer Throw Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name	Age Team	Finals	Points
1 Brand, Kathy	81 Unattached B	27.53m	350

Event 1 Women 45-49 Shot Put Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name	Age Team	Finals	Points
1 Diener, Andrea	48 St. Albert M	10.63m	715
2 Carlos, Nicole	49 Vernon Amate	9.76m	646

Event 1 Women 60-64 Shot Put Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name	Age Team	Finals	Points
3 Harris, Joan	60 Prince Georg	8.30m	610

Event 1 Women 65-69 Shot Put Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name	Age Team	Finals	Points
4 Jones, Terri	66 Comox Valley	7.47m	605

Event 1 Women 70-74 Shot Put Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name	Age Team	Finals	Points
5 Rollins, Elisabeth	73 Ultra Throw	7.24m	664

Event 1 Women 80-84 Shot Put Throws Pentathlon

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name	Age Team	Finals	Points
6 Brand, Kathy	81 Unattached B	6.78m	649

Event 1 Women 45-49 Discus Throw Throws Pentathlon

750g (75+); 1kg (60-74, 50-59, 35-49)

Name	Age Team	Finals	Points
1 Carlos, Nicole	49 Vernon Amate	33.27m	638
2 Diener, Andrea	48 St. Albert M	30.64m	578

Event 1 Women 60-64 Discus Throw Throws Pentathlon

750g (75+); 1kg (60-74, 50-59, 35-49)

Name	Age Team	Finals	Points
3 Harris, Joan	60 Prince Georg	21.23m	532

Event 1 Women 65-69 Discus Throw Throws Pentathlon

750g (75+); 1kg (60-74, 50-59, 35-49)			
Name	Age Team	Finals	Points
4 Jones, Terri	66 Comox Valley	20.61m	587

Event 1 Women 70-74 Discus Throw Throws Pentathlon

750g (75+); 1kg (60-74, 50-59, 35-49)			
Name	Age Team	Finals	Points
5 Rollins, Elisabeth	73 Ultra Throw	18.64m	601

Event 1 Women 80-84 Discus Throw Throws Pentathlon

750g (75+); 1kg (60-74, 50-59, 35-49)			
Name	Age Team	Finals	Points
6 Brand, Kathy	81 Unattached B	14.49m	519

Event 1 Women 45-49 Javelin Throw Throws Pentathlon

400g (75+); 500g (60-74, 50-59); 600g (35-49)			
Name	Age Team	Finals	Points
1 Diener, Andrea	48 St. Albert M	28.35m	580
2 Carlos, Nicole	49 Vernon Amate	27.98m	571

Event 1 Women 60-64 Javelin Throw Throws Pentathlon

400g (75+); 500g (60-74, 50-59); 600g (35-49)			
Name	Age Team	Finals	Points
4 Harris, Joan	60 Prince Georg	20.98m	534

Event 1 Women 65-69 Javelin Throw Throws Pentathlon

400g (75+); 500g (60-74, 50-59); 600g (35-49)			
Name	Age Team	Finals	Points
3 Jones, Terri	66 Comox Valley	23.09m	683

Event 1 Women 70-74 Javelin Throw Throws Pentathlon

400g (75+); 500g (60-74, 50-59); 600g (35-49)			
Name	Age Team	Finals	Points
6 Rollins, Elisabeth	73 Ultra Throw	14.74m	467

Event 1 Women 80-84 Javelin Throw Throws Pentathlon

400g (75+); 500g (60-74, 50-59); 600g (35-49)			
Name	Age Team	Finals	Points
5 Brand, Kathy	81 Unattached B	15.76m	613

Event 1 Women 45-49 Weight Throw Throws Pentathlon

4kg (75+); 5.45 (60-74); 7.26 (50-59); 9.08 (35-49)			
Name	Age Team	Finals	Points
1 Carlos, Nicole	49 Vernon Amate	11.80m	643
1 Diener, Andrea	48 St. Albert M	11.80m	643

Event 1 Women 60-64 Weight Throw Throws Pentathlon

4kg (75+); 5.45 (60-74); 7.26 (50-59); 9.08 (35-49)				
Name	Age Team	Finals	Points	
1 Harris, Joan	60 Prince Georg	11.30m	587	

Event 1 Women 65-69 Weight Throw Throws Pentathlon

4kg (75+); 5.45 (60-74); 7.26 (50-59); 9.08 (35-49)				
Name	Age Team	Finals	Points	
1 Jones, Terri	66 Comox Valley	9.23m	522	

Event 1 Women 70-74 Weight Throw Throws Pentathlon

4kg (75+); 5.45 (60-74); 7.26 (50-59); 9.08 (35-49)				
Name	Age Team	Finals	Points	
1 Rollins, Elisabeth	73 Ultra Throw	8.72m	559	

Event 1 Women 80-84 Weight Throw Throws Pentathlon

4kg (75+); 5.45 (60-74); 7.26 (50-59); 9.08 (35-49)				
Name	Age Team	Finals	Points	
1 Brand, Kathy	81 Unattached B	8.01m	558	

Event 2 Men 40-44 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Harris, Ryan	42 Prince Georg		1664	10	

Event 2 Men 50-54 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Wiebe, Shane	53 Trinity West		3370	10	
2 Wilson, Kier	51 Unattached A		2568	8	
3 Stevens, Shawn	50 Unattached B		2268	6	

Event 2 Men 55-59 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Parsons, Dan	55 Unattached A		3631	10	
2 Frenkel, Brad	59 Prince Georg		2466	8	

Event 2 Men 60-64 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Arthur, Andrew	61 Unattached A		2577	10	

Event 2 Men 65-69 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 McCulloch, Gordon	65 Unattached A		1958	10	

Event 2 Men 70-74 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Berquist, Brian	70 Riversdale A		2378		10

Event 2 Men 75-79 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Ullis, David	75 Ultra Throw	30	3044		10
2 Townsend, Ken	78 Ultra Throw		2407		8

Event 2 Men 80-84 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 East, Les	83 Peninsula Tr		2272		9

Event 2 Men 85-89 Throws Pentathlon

Name	Age Team	Seed	Finals	H#	Points
1 Butcher, Bruce	88 Kamloops Tra		2313		9

Event 2 Men 40-44 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)					
Name	Age Team	Seed	Finals	H#	Points
12 Harris, Ryan	42 Prince Georg	22.01m	265		

Event 2 Men 50-54 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)					
Name	Age Team	Seed	Finals	H#	Points
2 Wilson, Kier	51 Unattached A	38.72m	576		
3 Wiebe, Shane	53 Trinity West	38.49m	571		
6 Stevens, Shawn	50 Unattached B	30.76m	434		

Event 2 Men 55-59 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)					
Name	Age Team	Seed	Finals	H#	Points
1 Parsons, Dan	55 Unattached A	44.34m	741		
4 Frenkel, Brad	59 Prince Georg	34.81m	555		

Event 2 Men 60-64 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)					
Name	Age Team	Seed	Finals	H#	Points
5 Arthur, Andrew	61 Unattached A	31.27m	483		

Event 2 Men 65-69 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)					
Name	Age Team	Seed	Finals	H#	Points
11 McCulloch, Gordon	65 Unattached A	23.95m	389		

Event 2 Men 70-74 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)			
Name	Age Team	Finals	Points
9 Berquist, Brian	70 Riversdale A	24.32m	394

Event 2 Men 75-79 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)			
Name	Age Team	Finals	Points
7 Ullis, David	75 Ultra Throw	28.14m	547
8 Townsend, Ken	78 Ultra Throw	25.42m	483

Event 2 Men 80-84 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)			
Name	Age Team	Finals	Points
10 East, Les	83 Peninsula Tr	24.09m	448

Event 2 Men 85-89 Hammer Throw Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26(35-49)			
Name	Age Team	Finals	Points
13 Butcher, Bruce	88 Kamloops Tra	16.84m	348

Event 2 Men 40-44 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
10 Harris, Ryan	42 Prince Georg	8.63m	462

Event 2 Men 50-54 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
1 Wiebe, Shane	53 Trinity West	13.49m	825
3 Stevens, Shawn	50 Unattached B	10.39m	606
9 Wilson, Kier	51 Unattached A	8.75m	492

Event 2 Men 55-59 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
2 Parsons, Dan	55 Unattached A	11.67m	758
8 Frenkel, Brad	59 Prince Georg	9.08m	562

Event 2 Men 60-64 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
5 Arthur, Andrew	61 Unattached A	9.61m	592

Event 2 Men 65-69 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points

4 McCulloch, Gordon	65 Unattached A	10.23m	705
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Event 2 Men 70-74 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
6 Berquist, Brian	70 Riversdale A	9.49m	629

Event 2 Men 75-79 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
7 Ullis, David	75 Ultra Throw	9.35m	694
11 Townsend, Ken	78 Ultra Throw	8.19m	593

Event 2 Men 80-84 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
13 East, Les	83 Peninsula Tr	7.50m	510

Event 2 Men 85-89 Shot Put Throws Pentathlon

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)			
Name	Age Team	Finals	Points
12 Butcher, Bruce	88 Kamloops Tra	7.62m	603

Event 2 Men 40-44 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)			
Name	Age Team	Finals	Points
10 Harris, Ryan	42 Prince Georg	22.22m	322

Event 2 Men 50-54 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)			
Name	Age Team	Finals	Points
2 Wiebe, Shane	53 Trinity West	39.82m	667
4 Stevens, Shawn	50 Unattached B	32.12m	511
5 Wilson, Kier	51 Unattached A	29.87m	466

Event 2 Men 55-59 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)			
Name	Age Team	Finals	Points
1 Parsons, Dan	55 Unattached A	45.20m	852
6 Frenkel, Brad	59 Prince Georg	29.57m	507

Event 2 Men 60-64 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)			
Name	Age Team	Finals	Points
3 Arthur, Andrew	61 Unattached A	35.17m	543

Event 2 Men 65-69 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)				
Name	Age	Team	Finals	Points
-- McCulloch, Gordon	65	Unattached A	ND	

Event 2 Men 70-74 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)				
Name	Age	Team	Finals	Points
8 Berquist, Brian	70	Riversdale A	28.69m	538

Event 2 Men 75-79 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)				
Name	Age	Team	Finals	Points
7 Ullis, David	75	Ultra Throw	28.92m	628
9 Townsend, Ken	78	Ultra Throw	22.54m	460

Event 2 Men 80-84 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)				
Name	Age	Team	Finals	Points
11 East, Les	83	Peninsula Tr	21.59m	516

Event 2 Men 85-89 Discus Throw Throws Pentathlon

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)				
Name	Age	Team	Finals	Points
12 Butcher, Bruce	88	Kamloops Tra	18.68m	524

Event 2 Men 40-44 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59); 800g (35-49)				
Name	Age	Team	Finals	Points
10 Harris, Ryan	42	Prince Georg	23.09m	242

Event 2 Men 50-54 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59); 800g (35-49)				
Name	Age	Team	Finals	Points
1 Wiebe, Shane	53	Trinity West	41.41m	602
2 Wilson, Kier	51	Unattached A	31.33m	421
8 Stevens, Shawn	50	Unattached B	25.15m	312

Event 2 Men 55-59 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59); 800g (35-49)				
Name	Age	Team	Finals	Points
4 Parsons, Dan	55	Unattached A	28.87m	424
9 Frenkel, Brad	59	Prince Georg	24.04m	331

Event 2 Men 60-64 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59);
800g (35-49)

Name	Age Team	Finals	Points
6 Arthur, Andrew	61 Unattached A	26.07m	379

Event 2 Men 65-69 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59);
800g (35-49)

Name	Age Team	Finals	Points
7 McCulloch, Gordon	65 Unattached A	25.16m	416

Event 2 Men 70-74 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59);
800g (35-49)

Name	Age Team	Finals	Points
5 Berquist, Brian	70 Riversdale A	28.79m	512

Event 2 Men 75-79 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59);
800g (35-49)

Name	Age Team	Finals	Points
3 Ullis, David	75 Ultra Throw	29.50m	623
11 Townsend, Ken	78 Ultra Throw	19.37m	361

Event 2 Men 80-84 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59);
800g (35-49)

Name	Age Team	Finals	Points
12 East, Les	83 Peninsula Tr	18.49m	356

Event 2 Men 85-89 Javelin Throw Throws Pentathlon

400g (80+); 500g (70-79); 600g (60-69); 700g (50-59);
800g (35-49)

Name	Age Team	Finals	Points
13 Butcher, Bruce	88 Kamloops Tra	16.96m	401

Event 2 Men 40-44 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59);
15.88kg (35-49)

Name	Age Team	Finals	Points
1 Harris, Ryan	42 Prince Georg	8.05m	373

Event 2 Men 50-54 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59);
15.88kg (35-49)

Name	Age Team	Finals	Points
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1	Wiebe, Shane	53	Trinity West	14.51m	705
2	Wilson, Kier	51	Unattached A	12.88m	613
3	Stevens, Shawn	50	Unattached B	9.18m	405

Event 2 Men 55-59 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)

15.88kg (35-49)

Name	Age	Team	Finals	Points
1 Parsons, Dan	55	Unattached A	15.99m	856
2 Frenkel, Brad	59	Prince Georg	10.33m	511

Event 2 Men 60-64 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)

15.88kg (35-49)

Name	Age	Team	Finals	Points
1 Arthur, Andrew	61	Unattached A	12.20m	580

Event 2 Men 65-69 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)

15.88kg (35-49)

Name	Age	Team	Finals	Points
1 McCulloch, Gordon	65	Unattached A	9.14m	448

Event 2 Men 70-74 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)

15.88kg (35-49)

Name	Age	Team	Finals	Points
1 Berquist, Brian	70	Riversdale A	7.17m	305

Event 2 Men 75-79 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)

15.88kg (35-49)

Name	Age	Team	Finals	Points
1 Ullis, David	75	Ultra Throw	10.49m	552
2 Townsend, Ken	78	Ultra Throw	9.83m	510

Event 2 Men 80-84 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)

15.88kg (35-49)

Name	Age	Team	Finals	Points
1 East, Les	83	Peninsula Tr	9.32m	442

Event 2 Men 85-89 Weight Throw Throws Pentathlon

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)

15.88kg (35-49)

Name	Age	Team	Finals	Points
1 Butcher, Bruce	88	Kamloops Tra	8.08m	437

Event 3 Women 14-15 300 Meter Dash

Jack Brow:	40.23	2018	Emma Cannan, Okanagan Athletics club		
Name			Age Team	Seed	Finals
1 Hibbert, Noelle			15 St. Albert M	43.65	44.47
2 McGrath, Kiera			14 Kamloops Tra	46.00	45.35
3 Shillingford, Chelsey			14 Calgary Warr	49.21	46.60
4 Guillaume, Olivia			15 St. Albert M		48.00

Event 4 Men 14-15 300 Meter Dash

Jack Brow:	36.64	2012	Daniel Bubelenyl, ERTF		
Name			Age Team	Seed	Finals
1 Neels, Ryland			15 Okanagan Ath	40.37	38.25
2 Shojania, Jordan			15 Okanagan Ath	42.67	38.72
3 Thomas-Sutton, Harris			15 St. Albert M	40.67	40.01
4 McGrath, Aidan			14 Kamloops Tra	45.00	43.92
5 Sias, Cullen			14 Athletics YU		47.70
6 Nelson, Paxton			14 Athletics YU		48.25
7 Solano, Mateo			14 Okanagan Ath	51.57	48.71

Event 5 Women 16-17 400 Meter Dash

Jack Brow:	56.82		Tatyana Khounviseth, Leduc		
Name			Age Team	Seed	Finals
1 Peever, Caitlin			16 Okanagan Ath	1:00.00	1:00.10
2 Wepruk, Samantha			17 New West Spa		1:03.59
3 Millar, Hailey			16 Okanagan Ath	1:08.70	1:07.71

Event 6 Men 16-17 400 Meter Dash

Jack Brow:	49.39	2012	Adam Commandeur, Comox Valley Cougars		
Name			Age Team	Seed	Finals
1 Hamm, Davin			16 Unattached		56.20

Event 7 Men 18-19 400 Meter Dash

Jack Brow:	49.67	2021	Matti Erickson, Kootenay Chaos		
Name			Age Team	Seed	Finals
1 Eastman, Mattias			18 Vancouver Th		50.09
2 Desingi, Given			18 Running Room	50.62	50.54
3 Carr, Tyson			18 Okanagan Ath	51.08	52.28
4 Gokiert, Isaac			19 Okanagan Ath	53.08	53.05

Event 8 Women 18-19 400 Meter Dash

Jack Brow:	57.94	2013	Elisa Joyce, Unattached BC		
Name			Age Team	Seed	Finals
1 Proctor, Dianna			18 Edmonton Roy	57.17	55.65
2 Blair, Cady			18 Edmonton Oly	58.37	57.36
3 Wade, Tatum			19 Unattached B	1:01.00	58.96
4 Millar, Stephanie			18 Okanagan Ath	1:02.20	1:03.11
5 Hermiston, Kayla			19 Trinity West		1:10.81

Event 9 Men 20-34 400 Meter Dash

Jack Brow:	50.05		Mariano Ezeta, Unattached		
Name			Age Team	Seed	Finals

1	MacLennan, Elliott	20	Running Room	48.22	48.50	r
2	Anderson, Dawson	24	Unattached B	49.50	49.20	
3	Goudron, Ryan	20	Coastal Trac	50.06	50.52	
4	Tymos, Mathew	21	Coastal Trac	52.98	50.83	
5	Duret, Ethan	20	Running Room	51.44	51.99	
6	Sarai, Sajjan	23	Coastal Trac	49.73	53.49	
7	Baker, Tyson	22	Coastal Trac		1:02.39	

Event 11 Men 65-69 400 Meter Dash

Name	Age	Team	Seed	Finals
1 Davy, Brent	67	Unattached B	1:12.00	1:13.91

Event 11 Men 75-79 400 Meter Dash

Name	Age	Team	Seed	Finals
1 Gee, Arthur	79	Greyhounds M	1:37.02	1:31.83

Event 12 Women 55-59 400 Meter Dash

Name	Age	Team	Seed	Finals
1 Summers, Judy	59	Valley Royal	1:16.32	1:15.52

Event 12 Women 60-64 400 Meter Dash

Name	Age	Team	Seed	Finals
1 Dixon, Donna	60	Unattached A	1:17.93	1:18.88

Event 13 Women 14-15 1500 Meter Steeplechase

12 x 30" No Water				
Jack Brow:	4:58.23	2012	Glynis Sim, Unnattached BC	
Name	Age	Team	Seed	Finals
1 Royle, Maya	15	Unattached B	5:35.00	5:22.28

Event 14 Men 14-15 1500 Meter Steeplechase

12 x 30" No Water				
Jack Brow:	4:26.82	2013	Sean Bergman, Okanagan Athletics Club	
Name	Age	Team	Seed	Finals
1 Clarke, Elijah	15	Vancouver Th	4:45.00	4:39.41
2 Collingwood, Cai	15	Okanagan Ath	4:56.38	4:45.14
3 Kissmann, Coen	14	Ubc Okanagan		4:45.25
4 Richards, Kristian	15	Prince Georg	5:36.26	5:04.52

Event 15 Women 16-17 2000 Meter Steeplechase

18 x 30' 5 Water Jumps				
Jack Brow:	7:02.66	2015	Glynis Sim, VAAA	
Name	Age	Team	Seed	Finals
1 Beach, Grace	17	Calgary Warr	7:55.58	7:42.22
2 Sheehan, Payton	17	Calgary Warr	8:08.00	7:53.55

Event 17 Women 18-19 3000 Meter Steeplechase

28 x 30' 7 Water Jumps

Name	Age Team	Seed	Finals
1 Yakemchuk, Abigail	19 Ocean Athlet	11:25.44	12:46.63

Event 21 Girls 13 Year Olds 2000 Meter Run

Jack Brow: Name	6:36.39 Age	2013 Team	Sophie Sigfstead, Seed	Edmonton Harriers Finals
1 Lou, Mei-Viz	13	Unattached		7:30.38

Event 22 Boys 13 Year Olds 2000 Meter Run

Jack Brow: Name	6:43.59 Age	2016 Team	Michael Schriemer, Seed	Okanagan Athletics Club Finals
1 Varga, Nathan	13	St. Albert M		7:05.97

Event 23 Women 14-15 2000 Meter Run

Jack Brow: Name	6:24.42 Age	2013 Team	Hannah Bennison, Seed	VAAA Finals
1 Lou, Amelia-Ahn	14	Okanagan Ath		7:03.17
2 De Sousa, Karissa	15	St. Albert M	7:07.24	7:20.07

Event 24 Men 14-15 2000 Meter Run

Jack Brow: Name	5:58.61 Age	2014 Team	Jack Amos Seed	Finals
1 Kissmann, Coen	14	Ubc Okanagan	6:39.86	6:17.18
2 Peregrym, Ethan	15	Kamloops Tra	6:25.93	6:20.40
3 St-Pierre, Samuel	15	Kamloops Tra		6:24.03
4 Collingwood, Cai	15	Okanagan Ath	6:26.55	6:27.48
5 Holmgren, Emilian	14	Peninsula Tr	7:50.36	7:38.59
6 Sias, Cullen	14	Athletics YU		7:57.97

Event 25 Men 16-17 3000 Meter Run

Jack Brow: Name	8:50.16 Age	2015 Team	Sean Bergman, Seed	Okanagan Athletics Club Finals
1 Gladdish, Noah	16	Prince Georg	9:36.81	10:05.96
2 Louis, Pekautken	17	Low Similk		13:34.92

Event 26 Women 16-17 3000 Meter Run

16-17 Jack B: Name	10:05.02 Age	Team	Christime Sevesek, Seed	South Fraser Finals
1 Beach, Grace	17	Calgary Warr	11:08.44	10:52.57
2 Sheehan, Payton	17	Calgary Warr	11:51.67	11:20.48
3 Parilak, Mishka	17	Vernon Amate		11:25.43
4 Charlston, Ashley	17	Prince Georg	14:02.42	12:14.96

Event 26 Women 18-19 3000 Meter Run

Name	Age Team	Seed	Finals
1 Yakemchuk, Abigail	19 Ocean Athlet		11:24.22

Event 31 Men 40-44 3000 Meter Run

Name	Age Team	Seed	Finals
1 Holmgren, Aaron	40 Peninsula Tr	9:17.80	9:30.70

Event 33 Men 35-49 110 Meter Hurdles

10 x 39"	13.72 - 9.14 - 14.02	Name	Age Team	Seed	Finals	Wind
1 Kirechuk, Kevin		43 Kamloops Tra		22.00	21.18	-0.5

Event 34 Men 18-19 110 Meter Hurdles

10 x 39"	13.72 - 9.14 - 14.02	Jack Brow:	14.04 2017	Name	Age Team	Seed	Finals	Wind
				Anastas Eliopoulos, Vancouver Olympic				
1 Scherk, Michael		18 NorWesters T		14.23	14.63	-0.5		

Event 35 Men 16-17 110 Meter Hurdles

10 x 36"	13.72 - 9.14 - 14.02	Jack Brow:	14.56 2013	Name	Age Team	Seed	Finals	Wind
				Kenneth Schultze, West Vancouver				
1 Scholtens, Timothy		17 Unattached B		18.69	18.07	-0.5		

Event 36 Women 20-34 100 Meter Hurdles

10 x 33"	13 - 8.5 - 10.5	Jack Brow:	15.42 2022	Name	Age Team	Seed	Finals	Wind
				Bridget Brennan, Unattached NB				
1 Voloshin, Diana		26 NorWesters T		14.01	14.94	-0.8		
-- Hall, Jordan		24 Coastal Trac		14.10	DNF	-0.8		

Event 37 Women 18-19 100 Meter Hurdles

10 x 33"	13 - 8.5 - 10.5	Jack Brow:	15.21 2018	Name	Age Team	Seed	Finals	Wind
				Alexandra Carruthers, Calgary Warriors				
1 Stevenson, Emily		18 Kamloops Tra		15.52	16.50	-0.8		

Event 38 Men 14-15 100 Meter Hurdles

10 x 33"	13 - 8.5 - 10.5	Jack Brow:	13.65 2013	Name	Age Team	Seed	Finals	Wind
				Anastas Eliopoulos, Vancouver Olympic				
1 Hvidston, Tyler		14 Penticton Tr		15.26	15.89	-0.7		
2 Harris, John		14 Unattached		16.27	15.94	-0.7		
3 McGrath, Aidan		14 Kamloops Tra		20.33	19.61	-0.7		

Event 39 Women 16-17 100 Meter Hurdles

10 x 30"	13 - 8.5 - 10.5	Jack Brow:	14.04 2012	Name	Age Team	Seed	Finals	Wind
				Meghan Palesch, Ocean Athletics				
1 Paterson, Gabby		16 St. Albert M		14.63	15.82	-1.1		

2 Turcios, Fabiola 17 St. Albert M 20.05 -1.1

Event 41 Women 50-59 80 Meter Hurdles

8 x 30" 12 - 7 - 19

Name	Age Team	Seed	Finals	Wind
1 Cook, Judith	54 Athletics Vi	19.00	19.24	-1.8

Event 42 Women 40-49 80 Meter Hurdles

8 x 30" 12 - 8 - 12

Name	Age Team	Seed	Finals	Wind
1 Khrisanova, Marina	43 Greyhounds M	17.07	16.63	-1.6

Event 43 Women 14-15 80 Meter Hurdles

8 x 30" 12 - 8 - 12

Name	Age Team	Seed	Finals	Wind
Jack Brow: 11.81 2017	Nicolette Donofrio, Australia Sports			
1 Stroda, Lily	15 Unattached B	12.04	12.16	-1.6
2 Pang, Vanessa	14 Vancouver Ol	13.25	13.25	-1.6
3 Armstrong, Gabrielle	15 Kamloops Tra	13.22	14.06	-1.6
4 Comber, Portia	14 Unattached B		14.12	-1.6
5 Boily, Jessica	15 Trail Track	15.31	14.15	-1.6
6 Demmler, Keira	15 Trail Track	14.76	14.51	-1.6

Event 44 Men 75-79 80 Meter Hurdles

8 x 30" 12 - 8 - 12

Name	Age Team	Seed	Finals	Wind
1 Gee, Arthur	79 Greyhounds M		28.41	-0.9

Event 45 Girls 13 Year Olds 80 Meter Hurdles

8 x 30" 12 - 7.5- 15.5

Name	Age Team	Seed	Finals	Wind	H#
Jack Brow: 12.51 2018	Isabella Dreger, Unattached BC				
1 Blackwell, Emma	13 East Kootena	15.80	14.99	-1.6	2
2 Sabatine, Amy	13 Coquitlam Ch	15.76	16.13	-1.6	2
3 Kelly, Mya	13 Penticton Tr		16.66	0.4	1
4 Day, Isabelle	13 Prince Georg		16.70	0.4	1
5 Porcellato, Violet	13 Penticton Tr		17.44	0.4	1
6 Haigh, Lauryn	13 St. Albert M	18.09	17.75	-1.6	2
7 Hall, Brooke	13 Trail Track	19.09	18.38	-1.6	2
8 Yapps, Camille	13 Vernon Amate		18.76	0.4	1
9 Thierry, Marie	13 Penticton Tr		20.15	-1.6	2

Event 46 Girls 12 Year Olds 80 Meter Hurdles

8 x 27" 12 - 7.5- 15.5

Name	Age Team	Seed	Finals	Wind	H#
Jack Brow: 13.61 2016	Alanna Noble, Coquitlam Cheetahs				
1 Cooper, Avery	12 St. Albert M	14.19	14.65	-1.4	2
2 James, Sophie	12 Vancouver Ol		14.90	-1.7	1
3 Illidge, Zoe	12 Langley Must		16.53	-1.7	1
4 Suarez Leon, Romina	12 Vancouver Th	20.84	16.88	-1.4	2
5 Smith, Cecilia	12 Okanagan Ath		17.18	-1.7	1

6 Diener, Kira	12	St. Albert M	17.29	17.27	-1.4	2
7 Sturrock, Liliana	12	Okanagan Ath	18.29	18.40	-1.4	2
8 Rahkola, Zada	12	Penticton Tr	18.24	18.64	-1.4	2
9 Moore, Katherine	12	Okanagan Ath		22.89	-1.7	1

Event 47 Boys 12 Year Olds 80 Meter Hurdles

8 x 27" 12 - 7.5- 15.5

Jack Brow: 13.09 2015 Matti Erickson, Kootenay Chaos

Name	Age	Team	Seed	Finals	Wind
1 Hvidston, Michael	12	Penticton Tr	15.03	15.42	-2.9
2 Haines, Tonya	12	Unattached		17.81	-2.9
3 Buttar, Julian	12	Penticton Tr		17.91	-2.9

Event 48 Girls 11 Year Olds 60 Meter Hurdles

6 x 24" 11 - 6.5 - 16.5

Jack Brow: 10.29 2016 Isabella Dreger, Unattached BC

Name	Age	Team	Seed	Finals	Wind
1 Collins, Olivia	11	Okanagan Ath		11.66	-1.0
2 Penner, Madeline	11	Vernon Amate		12.07	-1.0
3 Rowat, Addison	11	Okanagan Ath	10.98	13.01	-1.0
4 Rogers, Amelia	11	East Kootena		13.36	-1.0
5 Hall, Olivia	11	Okanagan Ath	15.04	16.17	-1.0

Event 49 Boys 11 Year Olds 60 Meter Hurdles

6 x 24" 11 - 6.5 - 16.5

Jack Brow: 10.13 2017 Pishon Haughton, Okanagan Athletics Club

Name	Age	Team	Seed	Finals	Wind	H#
1 Pang, Darren	11	Vancouver Ol	11.11	11.09	-1.8	2
2 Foster, Logan	11	Vancouver Th	11.31	11.25	-1.8	2
3 Ede, Jaxon	11	Penticton Tr	12.88	11.29	-1.8	2
4 Varma-Vitug, Armaan	11	Kajaks Track	11.23	11.49	-1.8	2
5 Uesson, Kaeden	11	Vernon Amate		11.56	-2.3	1
6 Poulin, Mckinley	11	Vernon Amate		12.54	-2.3	1
7 Ter Wolbeek, Zane	11	Penticton Tr	13.18	12.75	-1.8	2
8 Pettet, Kalem	11	Penticton Tr	13.42	12.79	-2.3	1
9 Chaney, Carson	11	Penticton Tr	12.87	13.16	-1.8	2
10 Jack, Gage	11	Trail Track	13.36	13.46	-1.8	2

Event 50 Girls 10 Year Olds 60 Meter Hurdles

6 x 24" 11 - 6.5 - 16.5

Jack Brow: 11.17 2017 Jayme Bialik, Leduc Track

Name	Age	Team	Seed	Finals	Wind
1 Houley-Calderon, Kirra	10	Unattached		12.49	-1.1
2 Diener, Anna	10	St. Albert M	12.11	13.07	-1.1
3 Buckingham, Zara	10	Penticton Tr	12.71	13.09	-1.1
4 Assaf, Zeher	10	St. Albert M		14.02	-1.1
5 Rahalevich, Eryka	10	Vernon Amate		14.12	-1.1

Event 51 Boys 10 Year Olds 60 Meter Hurdles

6 x 24" 11 - 6.5 - 16.5

Jack Brow: 10.31 2016 Pishon Haughton, Okanagan Athletics Club

Name	Age	Team	Seed	Finals	Wind
1 Cheever, Dax	10	Okanagan Ath	14.94	12.60	-3.1

2 Hansen, Austin	10	Kamloops Tra	13.06	12.88	-3.1
3 Hall, Elliott	10	Penticton Tr		13.20	-3.1
4 Fisher, Mickey	10	Okanagan Ath	13.26	13.49	-3.1
5 Wilkie, Benjamin	10	Penticton Tr	13.94	13.89	-3.1

Event 52 Girls 9 Year Olds 60 Meter Hurdles

6 x 21" 11 - 6.5 - 16.5

Jack Brow: 11.40 2012 Hella-Marie Dolman, Vancouver Thunderbirds
 Name Age Team Seed Finals Wind

1 Varma-Vitug, Ashiana	9	Kajaks Track	13.34	13.61	-2.0
2 Poulin, Eleanor	9	Vernon Amate		14.20	-2.0
3 Dodd, Gemma	9	Prince Georg		14.69	-2.0

Event 53 Boys 9 Year Olds 60 Meter Hurdles

6 x 21" 11 - 6.5 - 16.5

Jack Brow: 10.58 2015 Pishon Haughton, Okanagan Athletics Club
 Name Age Team Seed Finals Wind

1 Baumbach, Emmett	9	Prince Georg		12.69	-2.0
2 Ede, Brock	9	Penticton Tr	13.77	13.22	-2.0
3 Smith, Yannick	9	Unattached		14.16	-2.0
4 Boucher, Gabriel	9	Penticton Tr		14.72	-2.0
5 Polansky Bouzane, Orrin	9	Royal City T		16.83	-2.0

Event 54 Girls 9 Year Olds 60 Meter Dash

Jack Brow: 9.56 2016 Gabby Peterson, Kootenay Chaos
 Name Age Team Seed Finals Wind

1 Varma-Vitug, Ashiana	9	Kajaks Track	10.16	10.34	-1.9
2 Payne, Aaliyah	9	Coquitlam Ch	10.48	10.78	-1.9
3 Dodd, Gemma	9	Prince Georg	11.06	11.13	-1.9
4 Ballard, Berkley	9	Unattached		11.21	-1.9
5 Poulin, Eleanor	9	Vernon Amate	11.43	11.50	-1.9
6 Sundset, Hazel	9	Langley Must	12.20	12.40	-1.9

Event 55 Boys 9 Year Olds 60 Meter Dash

Jack Brow: 9.07 2015 Pishon Haughton, Okanagan Athletics Club
 Name Age Team Seed Finals Wind

1 Purnell, Cohen	9	Unattached		10.00	-1.9
2 Baumbach, Emmett	9	Prince Georg	10.33	10.54	-1.9
3 Rogers, Dylan	9	East Kootena		10.95	-1.9
4 Smith, Yannick	9	Unattached		11.40	-1.9
5 Boucher, Gabriel	9	Penticton Tr		11.99	-1.9
6 Allander, Linden	9	Penticton Tr		12.37	-1.9
7 McGrath, Cohen	9	St. Albert M	13.16	13.04	-1.9

Event 56 Girls 10 Year Olds 60 Meter Dash

Jack Brow: 8.95 2013 Indigo Learie, Kamloopos T&F Club
 Name Age Team Seed Finals Wind H#

1 Slowley, Dequanna	10	Unattached		9.43	-1.4	1
2 Wasyliw, Mckinley	10	Vancouver Th		9.87	-0.9	2
3 Houley-Calderon, Kirra	10	Unattached		9.95	-0.9	2
4 Buckingham, Zara	10	Penticton Tr	10.08	9.96	-0.9	2
5 Swanson, Rosalie	10	Trail Track		10.07	-1.4	1
6 Carrier, Abigail	10	Penticton Tr		10.23	-1.4	1

7	Harrower, Spencer	10	Unattached		10.38	-1.4	1
8	Rahalevich, Eryka	10	Vernon Amate		10.45	-1.4	1
9	Bisson, Melia	10	St. Albert M	10.61	10.58	-0.9	2
10	Schellenberg, Jordan	10	Kamloops Tra	11.60	10.66	-0.9	2
11	Assaf, Zeher	10	St. Albert M		10.95	-0.9	2

Event 57 Boys 10 Year Olds 60 Meter Dash

Jack Brow: 8.65 2013		Matti Erickson, Unattached BC					
Name	Age	Team	Seed	Finals	Wind	H#	
1	Bushenbaum, Will	10	Unattached		9.51	-2.3	2
2	Romero, Kjell	10	Penticton Tr		9.58	-1.6	1
3	Hansen, Austin	10	Kamloops Tra	9.58	9.92	-2.3	2
4	Cheever, Dax	10	Okanagan Ath		10.07	-1.6	1
5	Hall, Elliott	10	Penticton Tr	9.92	10.07	-2.3	2
6	Kruiswyk, Parke	10	Unattached		10.53	-1.6	1
7	Eeson, Arlo	10	Unattached		10.54	-1.6	1
8	Scarpino, Matteo	10	Unattached B	10.48	10.61	-2.3	2
9	Wilkie, Benjamin	10	Penticton Tr	11.09	10.68	-2.3	2

Event 58 Girls 11 Year Olds 60 Meter Dash

Jack Brow: 8.61 2016		Isabella Dreger, Unattached BC					
Name	Age	Team	Seed	Finals	Wind	H#	
1	Leinemann, Georgia	11	Okanagan Ath	8.75	8.63	-1.6	2
2	Davis, Ella	11	Vancouver Ol	9.59	9.63	-1.6	2
3	Collins, Olivia	11	Okanagan Ath	9.87	9.76	-1.6	2
4	Melnechuk, Chloe	11	St. Albert M	10.30	9.84	-1.6	2
5	Pfitzenmaier, Hunter	11	Unattached		9.86	-1.7	1
6	Thompson, Elizabeth	11	Trail Track		10.19	-1.7	1
7	Palm, Trinity	11	Okanagan Ath		10.25	-1.7	1
8	Rowat, Addison	11	Okanagan Ath	9.89	10.36	-1.6	2
9	Harris, Britta	11	Prince Georg	10.38	10.80	-1.6	2

Event 59 Boys 11 Year Olds 60 Meter Dash

Jack Brow: 8.65 2014		Matti Erickson, Unattached BC					
Name	Age	Team	Seed	Finals	Wind	H#	
1	Malcolm, Isaiah	11	Royal City T	8.99	9.09	-1.4	2
2	Varma-Vitug, Armaan	11	Kajaks Track	9.36	9.40	-1.4	2
3	Foster, Logan	11	Vancouver Th	9.73	9.69	-1.4	2
4	Uesson, Kaeden	11	Vernon Amate	9.83	9.93	-1.4	2
5	Ter Wolbeek, Zane	11	Penticton Tr	10.23	10.27	-1.4	2
6	Poulin, Mckinley	11	Vernon Amate	10.49	10.34	-1.1	1
7	Jack, Gage	11	Trail Track	10.87	10.44	-1.1	1
8	Williams, Burke	11	Coquitlam Ch	9.96	10.48	-1.4	2
9	Pettet, Kalem	11	Penticton Tr	9.87	10.52	-1.4	2
10	Osiowy, Marek	11	Penticton Tr	10.54	10.88	-1.1	1

Event 60 Girls 11 Year Olds 200 Meter Dash

Jack Brow: 28.44 2012		Jasneet Nijjar, Universal Athletics				
Name	Age	Team	Seed	Finals	Wind	
1	Leinemann, Georgia	11	Okanagan Ath	28.67	28.63	-1.2
2	Davis, Ella	11	Vancouver Ol	31.54	31.46	-1.2
3	Dougherty, Mackinley	11	Langley Must	32.68	33.26	-1.2
4	Melnechuk, Chloe	11	St. Albert M		34.31	-1.2
5	Penner, Madeline	11	Vernon Amate		37.53	-1.2

Event 61 Boys 11 Year Olds 200 Meter Dash

Jack Brow: 28.07 2017		Pishon Haughton, Okanagan Athletics Club				
Name	Age	Team	Seed	Finals	Wind	H#
1 Malcolm, Isaiah	11	Royal City T		31.05	-0.6	1
2 Ede, Jaxon	11	Penticton Tr	32.22	31.36	-1.5	2
3 Varma-Vitug, Armaan	11	Kajaks Track	31.44	31.89	-1.5	2
4 Djomkam, Destin	11	Okanagan Ath	31.99	32.39	-1.5	2
5 Foster, Logan	11	Vancouver Th	31.38	32.76	-1.5	2
6 Uesson, Kaeden	11	Vernon Amate		33.46	-0.6	1
7 Aasen, Aiden	11	Passtrak		34.87	-1.5	2
8 Jack, Gage	11	Trail Track		36.46	-1.5	2
9 Yapps, Vincent	11	Unattached		37.28	-0.6	1
10 Osioy, Marek	11	Penticton Tr		38.06	-0.6	1
11 Pettet, Kalem	11	Penticton Tr	35.56	42.65	-1.5	2

Event 62 Girls 12 Year Olds 200 Meter Dash

Jack Brow: 27.53 2014		Samantha Obbeiwi, Ocean Athletics				
Name	Age	Team	Seed	Finals	Wind	H#
1 James, Sophie	12	Vancouver Ol	29.02	28.99	-1.7	2
2 Cooper, Avery	12	St. Albert M	29.01	29.07	-1.7	2
3 Illidge, Zoe	12	Langley Must		30.62	-1.4	1
4 Suarez Leon, Romina	12	Vancouver Th	30.69	30.67	-1.7	2
5 Battiston, Gemma	12	Okanagan Ath	30.77	31.09	-1.7	2
6 Smith, Cecilia	12	Okanagan Ath	32.56	31.39	-1.7	2
7 Sturrock, Liliana	12	Okanagan Ath	35.73	33.70	-1.4	1
8 Moore, Katherine	12	Okanagan Ath		33.83	-1.4	1
9 Rahkola, Zada	12	Penticton Tr	35.76	35.54	-1.4	1

Event 63 Boys 12 Year Olds 200 Meter Dash

Jack Brow: 26.74 2013		Noah Payne, Edmonton Columbians				
Name	Age	Team	Seed	Finals	Wind	H#
1 Udumaga, Kasieobi	12	Prince Georg	25.60	25.49	-1.5	r
2 Holmgren, Coen	12	Peninsula Tr	28.52	28.90	-1.5	
3 Rowe, Silas	12	Okanagan Ath	30.49	29.47	-1.5	
4 Moody, Evan	12	East Kootena	28.90	29.78	-1.5	
5 Kruiswyk, Tide	12	Unattached		30.89	-1.5	
6 Hvidston, Michael	12	Penticton Tr	32.04	31.09	-1.5	
7 Anderson, Curtis	12	Penticton Tr	32.99	33.60	-1.5	
8 Buttar, Julian	12	Penticton Tr		37.50	-1.5	

Event 64 Girls 13 Year Olds 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#
1 Gendron, Eden	13	St. Albert M		28.54	-1.9	2
2 Sabatine, Amy	13	Coquitlam Ch	28.89	29.06	-1.9	2
3 Blackwell, Emma	13	East Kootena		29.45	-1.8	1
4 Walker, Ella	13	Penticton Tr		29.47	-1.8	1
5 Macinnis, Sawyer	13	Okanagan Ath	29.72	30.18	-1.9	2
6 Sundset, Scarlett	13	Langley Must	30.91	30.36	-1.9	2
7 Day, Isabelle	13	Prince Georg	32.72	30.49	-1.9	2
8 Carrier, Alexa	13	Penticton Tr		31.34	-1.8	1
9 Wilkie, Jessica	13	Penticton Tr	32.84	31.86	-1.9	2
10 Kelly, Mya	13	Penticton Tr	32.86	32.06	-1.9	2
11 Ter Wolbeek, Natalie	13	Penticton Tr	33.27	33.69	-1.9	2
12 Haigh, Lauryn	13	St. Albert M		33.95	-1.8	1
13 Porcellato, Violet	13	Penticton Tr		35.12	-1.8	1

Event 65 Boys 13 Year Olds 200 Meter Dash

Jack Brow: 24.49 2018		Tyson Carr, Okanagan Athletics Club				
Name	Age	Team	Seed	Finals	Wind	
1 Scarpino, Nic	13	Prince Georg	26.76	26.57	-1.8	
2 Clark, Caleb	13	Penticton Tr		29.17	-1.8	
3 Wilkinson, William	13	Athletics YU		29.65	-1.8	
4 Thompson, Orin	13	Vernon Amate		30.50	-1.8	
5 Graham, Rylan	13	Unattached B	30.92	31.01	-1.8	
6 Pettet, Logan	13	Penticton Tr	34.00	35.09	-1.8	

Event 66 Women 14-15 200 Meter Dash

Jack Brow: 25.55 2017		Nicolette Donofrio, Australia Sports				
Name	Age	Team	Seed	Finals	Wind	H#
1 Stroda, Lily	15	Unattached B	26.39	26.15	-1.5	2
2 Malcolm, Kiara	15	Royal City T	26.37	26.20	-1.5	2
3 Hibbert, Noelle	15	St. Albert M	27.01	27.39	-1.5	2
4 Collis, Allyna	14	St. Albert M	27.63	28.05	-1.5	2
5 Armstrong, Gabrielle	15	Kamloops Tra	27.90	28.75	-1.5	2
6 Comber, Portia	14	Unattached B	28.45	28.87	-2.8	1
7 McGrath, Kiera	14	Kamloops Tra	29.06	29.27	-2.8	1
8 Wilson, Arianna	14	Penticton Tr		29.66	-2.8	1
9 Wiedner, Leela	15	Penticton Tr	30.67	29.87	-2.8	1
10 Guillaume, Olivia	15	St. Albert M	29.59	30.58	-2.8	1
11 Friesen, Sarah	15	St. Albert M	30.10	30.72	-2.8	1

Event 67 Men 14-15 200 Meter Dash

Jack Brow: 23.19 2015		Logan Nellis, Airdrie Aces				
Name	Age	Team	Seed	Finals	Wind	H#
1 Shojania, Jordan	15	Okanagan Ath	25.13	25.23	-2.0	2
2 Hurtubise, Hayden	14	Langley Must	26.42	26.41	-2.0	2
3 Taylor, Seth	15	Trail Track		26.87	-1.7	1
4 Tremblay, Jensen	15	Kamloops Tra	27.94	26.91	-2.0	2
5 Scarpino, Erik	14	Prince Georg	27.92	27.42	-2.0	2
6 McGrath, Aidan	14	Kamloops Tra	28.05	28.02	-2.0	2
7 Armstrong, Dimitri	14	Kamloops Tra	28.03	29.60	-2.0	2
8 Austen, Finn	14	Okanagan Ath	30.24	29.95	-2.0	2
9 Nelson, Paxton	14	Athletics YU		30.08	-1.7	1

Event 68 Women 16-17 200 Meter Dash

Jack Brow: 24.46		Zion Nelson Corrales, Burnaby Striders				
Name	Age	Team	Seed	Finals	Wind	H#
1 Paterson, Gabby	16	St. Albert M	25.31	26.10	-2.5	2
2 Varma-Vitug, Sofia	16	Kajaks Track	26.74	27.23	-2.5	2
3 Chung, Candice	16	Coquitlam Ch	26.96	27.55	-2.5	2
4 Pentecost, Katya	17	Okanagan Ath		27.93	-0.7	1
5 Turcios, Fabiola	17	St. Albert M		28.03	-0.7	1
6 Thero-Soto, Mia	16	St. Albert M	27.67	29.30	-2.5	2
7 Mallinson, Kezia	16	Okanagan Ath	28.76	29.51	-2.5	2
8 Millar, Hailey	16	Okanagan Ath	31.32	31.00	-0.7	1

Event 69 Men 16-17 200 Meter Dash

Jack Brow: 22.04		Kudakwashe Murasiranwa, ERTF				
Name	Age	Team	Seed	Finals	Wind	H#

1	Henclewood, Ladanian	16	Edmonton Roy	22.30	22.88	-3.1	2
2	Ardizzoni, Massimo	16	Vancouver Th	22.59	22.91	-3.1	2
3	Edwards, Taje	17	Edmonton Roy	23.05	23.55	-3.1	2
4	Chong, Pierre	16	St. Albert M	24.01	24.45	-3.1	2
5	Scholtens, Timothy	17	Unattached B	24.71	24.63	-3.1	2
6	Udumaga, Kamfechi	17	Prince Georg	24.89	24.96	-3.1	2
7	Georgilas, Iossif (joe)	16	Burnaby Stri	24.85	25.39	-3.1	2
8	Graham, Evan	16	Unattached B	25.81	25.78	-2.8	1
9	Collis, Adam	17	St. Albert M	25.31	26.19	-3.1	2

Event 70 Women 18-19 200 Meter Dash

Jack Brow: 25.22 2013		Elisa Joyce, Unattached BC					
Name	Age	Team	Seed	Finals	Wind		
1	Blair, Cady	18	Edmonton Oly	24.65	25.11	-3.2	r
2	Morrison, Riona	18	Edmonton Roy	25.38	25.98	-3.2	
3	Dreger, Isabella	18	Unattached B	26.28	27.26	-3.2	
4	Stevenson, Emily	18	Kamloops Tra	26.59	27.69	-3.2	
5	Kavanagh, Hannah	18	St. Albert M	27.54	28.11	-3.2	
6	Dellezay, Lauren	18	Edmonton Thu	28.34	29.33	-3.2	

Event 71 Men 18-19 200 Meter Dash

Jack Brow: 21.78 2013		Keefer Joyce, Unattached BC					
Name	Age	Team	Seed	Finals	Wind		
1	Muir, Malachi	19	Edmonton Oly	21.57	21.80	-2.2	
2	Haughton, Pishon	17	Okanagan Ath	21.87	22.00	-2.2	
3	Eastman, Mattias	18	Vancouver Th	22.14	22.54	-2.2	
4	De Gannes, Adam	18	Edmonton Oly	22.98	23.05	-2.2	
5	Desingi, Given	18	Running Room	23.90	23.53	-2.2	
6	Puyaoan, Ethan	18	Edmonton Oly	24.22	23.60	-2.2	
7	Gokiert, Isaac	19	Okanagan Ath	23.11	23.83	-2.2	

Event 72 Women 20-34 200 Meter Dash

Jack Brow: 26.69 2017		Keely Watts-Watling, Okanagan Athletics Club					
Name	Age	Team	Seed	Finals	Wind		
1	Voloshin, Diana	26	NorWesters T	25.21	26.49	-1.0	r
2	Hall, Jordan	24	Coastal Trac	25.12	27.03	-1.0	

Event 73 Men 20-34 200 Meter Dash

Jack Brow: 21.21 2016		Jerome Blake, Okanagan Athletics Club					
Name	Age	Team	Seed	Finals	Wind		
1	Anderson, Dawson	24	Unattached B	22.49	22.57	-3.6	
2	Maclennan, Elliott	20	Running Room	21.42	22.75	-3.6	
3	Gross, Alexander	23	Unattached A	22.42	23.16	-3.6	
4	Simpson, Jared	20	Okanagan Ath	24.36	24.38	-3.6	
5	Cannan, Will	23	Okanagan Ath		26.12	-3.6	

Event 74 Women 35-39 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	
1	Adande, Karin	37	Unattached B	29.47	29.57	-1.4	2

Event 74 Women 40-44 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#
1 Khonina, Marina	41	Greyhounds M	30.58	32.64	-1.4	2
2 Khrisanova, Marina	43	Greyhounds M		33.13	-1.4	2

Event 74 Women 45-49 200 Meter Dash

45-49 Jack B: 30.34 2018 Christine Blythe, VAAA						
Name	Age	Team	Seed	Finals	Wind	H#
1 Bunbury, Shauna	46	NorWesters T	30.22	30.77	-1.4	2

Event 74 Women 55-59 200 Meter Dash

55-59 Jack B: 40.32 2022 Shelley Fejer, Unattached BC						
Name	Age	Team	Seed	Finals	Wind	H#
1 Summers, Judy	59	Valley Royal	31.95	31.87	-1.4	2

Event 74 Women 70-74 200 Meter Dash

70-74 Jack B: 36.51 2022 Daphne O'Sullivan, Unattached BC						
Name	Age	Team	Seed	Finals	Wind	H#
1 O'Sullivan, Daphne	71	Unattached B		36.80	-1.4	2
2 Johnson, Marie	70	Greyhounds M	36.24	38.52	-1.4	2

Event 74 Women 85-89 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#
1 Bortignon, Christa	86	Greyhounds M	42.00	41.94	-1.4	2

Event 75 Men 40-44 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind
1 Manuel, Bernard	44	Kamloops Tra		34.47	-2.4

Event 75 Men 45-49 200 Meter Dash

45-49 Jack B: 26.87 2018 Will Harrower, Unattached BC						
Name	Age	Team	Seed	Finals	Wind	H#
1 Day, Andrew	48	NorWesters T	26.14	27.01	-2.5	2

Event 75 Men 50-54 200 Meter Dash

50-54 Jack B: 29.10 2022 Allan Tigley, U of C Athletics						
Name	Age	Team	Seed	Finals	Wind	H#
1 Ong, Raymond	51	Greyhounds M	28.81	28.29	-2.5	2
2 Harrower, Will	51	Unattached B	27.99	28.45	-2.5	2
3 Harris, Christopher	51	Unattached B		30.15	-2.4	1

Event 75 Men 55-59 200 Meter Dash

55-59 Jack B: 28.46 2018 Steve Law, Unattached BC						
Name	Age	Team	Seed	Finals	Wind	H#
1 Colbert, Steven	58	Unattached B	26.00	28.03	-2.5	2
2 Patterson, Todd	55	Okanagan Ath	29.75	29.77	-2.5	2

Event 75 Men 60-64 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#
60-64 Jack B:	30.35	2022	Stephen Joyce, VAAA			
1 Woods, Jorge	64	Unattached B	28.36	29.50	-2.5	2

Event 75 Men 65-69 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#
1 Davy, Brent	67	Unattached B	30.30	31.56	-2.5	2

Event 75 Men 70-74 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind
1 Kocourek, Vince	71	Unattached B	35.28	36.66	-2.4

Event 75 Men 80-84 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind
80-84 Jack B:	36.99	2022	Mike Jocelyn, Okanagan Athletics Club		
1 Jocelyn, Mike	81	Unattached B	36.99	37.35	-2.4

Event 76 Girls 9 600 Meter Run

Name	Age	Team	Seed	Finals	H#
9 Jack Brow:	2:03.36	2012	Jade Lenton, Golden ears		
1 Varma-Vitug, Ashiana	9	Kajaks Track	2:11.14	2:18.52	2
2 Dodd, Gemma	9	Prince Georg	2:31.79	2:31.95	2

Event 76 Girls 10 600 Meter Run

Name	Age	Team	Seed	Finals	H#
10 Jack Brow:	1:50.75	2013	Indigo Learie, Kamloops T&F Club		
1 Wasyliw, Mckinley	10	Vancouver Th	1:53.66	1:57.09	2
2 Carrier, Abigail	10	Penticton Tr		2:03.58	2
3 Brunton, Peyton	10	Unattached		2:05.57	2
4 Slowley, Dequanna	10	Unattached		2:10.10	1
5 Houley-Calderon, Kirra	10	Unattached		2:13.06	1
6 Schellenberg, Jordan	10	Kamloops Tra	2:28.64	2:15.36	2
7 Swanson, Rosalie	10	Trail Track		2:18.99	1
8 Albert, Elianna	10	East Kootena	2:18.07	2:19.80	2
9 Dhaliwal, Savera	10	Vernon Amate	2:25.53	2:24.51	2

Event 76 Girls 11 600 Meter Run

Name	Age	Team	Seed	Finals	H#
11 Jack Brow:	1:51.04	2012	Olivia Cooper, Edmonton Harriers		
1 Hamze, Tamara	11	Vancouver Th	1:45.89	1:44.54	2
2 Davis, Ella	11	Vancouver Ol	1:55.54	1:56.76	2
3 Pfitzenmaier, Hunter	11	Unattached		2:03.79	1
4 Rogers, Amelia	11	East Kootena	2:15.64	2:09.15	2
5 Dougherty, Mackinley	11	Langley Must		2:13.25	1
6 Thompson, Elizabeth	11	Trail Track		2:16.46	1
-- Scott, Presley	11	Unattached		DNF	1

Event 77 Boys 9 600 Meter Run

9 Jack Brow: 1:59.09 2018 Dawson Abraham, Kootenay Chaos				
Name	Age	Team	Seed	Finals
1 Rogers, Dylan	9	East Kootena	2:18.33	2:15.82
2 Smith, Yannick	9	Unattached		2:16.97

Event 77 Boys 10 600 Meter Run

10 Jack Brow: 1:48.53 2013 Matti Erickson, Unattached BC				
Name	Age	Team	Seed	Finals
1 Hayden, Nicholas	10	Penticton Tr	1:54.13	1:56.87
2 Eeson, Arlo	10	Unattached		2:11.64
3 Wilkie, Benjamin	10	Penticton Tr	2:32.33	2:37.74

Event 77 Boys 11 600 Meter Run

11 Jack Brow: 1:45.75 2013 Br. Muncey-Buckley, Ocean Athletics				
Name	Age	Team	Seed	Finals
1 Aasen, Aiden	11	Passtrak	2:01.10	1:56.45
2 Ter Wolbeek, Zane	11	Penticton Tr	2:25.41	2:01.52
3 Ballard, Huxley	11	Unattached		2:02.04
4 Foster, Logan	11	Vancouver Th		2:07.04
5 Poulin, Mckinley	11	Vernon Amate	2:09.82	2:08.90
6 Uesson, Kaeden	11	Vernon Amate	2:18.18	2:09.89
7 Yapps, Vincent	11	Unattached		2:16.23
8 Williams, Burke	11	Coquitlam Ch	2:14.02	2:33.44

Event 78 Girls 12 800 Meter Run

12 Jack Brow: 2:23.45 2018 Libby Dunn, Leduc Track					
Name	Age	Team	Seed	Finals	H#
1 Suarez Leon, Romina	12	Vancouver Th	2:43.59	2:41.73	2
2 Hayden, Yvonne	12	Penticton Tr	2:45.69	2:42.89	2
3 Sturrock, Liliana	12	Okanagan Ath	2:53.64	3:09.55	2

Event 78 Girls 13 800 Meter Run

13 Jack Brow: 2:20.70 2014 Cayla Smith, Ocean Athletics					
Name	Age	Team	Seed	Finals	H#
1 Albert, Adelle	13	East Kootena	2:35.00	2:32.09	2
2 Blackwell, Emma	13	East Kootena	2:35.38	2:35.50	2
3 Lou, Mei-Viz	13	Unattached		2:37.97	2
4 Walker, Ella	13	Penticton Tr	2:41.85	2:40.10	2
5 Heidt, Linnaea	13	Unattached	2:50.00	2:40.35	2
6 Mitchell, Sarah	13	Unattached	2:49.00	2:40.74	2
7 Wilkie, Jessica	13	Penticton Tr	3:02.96	2:54.62	2
8 Yapps, Camille	13	Vernon Amate	2:58.95	3:03.58	2
9 Petryshyn, Henin	13	Unattached		3:15.04	2

Event 79 Boys 12 800 Meter Run

12 Jack Brow: 2:21.11 2017 Tyson Carr, Okanagan Athletics Club				
Name	Age	Team	Seed	Finals
1 Holmgren, Coen	12	Peninsula Tr	2:28.08	2:28.20
2 Kruiswyk, Tide	12	Unattached		2:32.58
3 Gladdish, Zavier	12	Prince Georg		2:41.14
4 Smith, Declan	12	Okanagan Ath		2:44.50

5	Rowe, Silas	12	Okanagan Ath	2:44.93
6	Thompson, Brayden	12	Trail Track	3:17.76
--	Haines, Tonya	12	Unattached	DNF

Event 79 Boys 13 800 Meter Run

=====				
13	Jack Brow:	2:06.40	2012	Scott Chalupiak, Airdrie Aces
Name	Age	Team	Seed	Finals
=====				
1	Osiowy, Sebastian	13	Penticton Tr	2:24.50 2:18.47
2	Clark, Caleb	13	Penticton Tr	2:27.43
3	Varga, Nathan	13	St. Albert M	2:37.50 2:32.92
4	Yamada, Oliver	13	Penticton Tr	2:49.22 2:44.83

Event 80 Women 14-15 800 Meter Run

=====				
Jack Brow:	2:14.74	2015	Madison Heisterman, Nanaimo & District	
Name	Age	Team	Seed	Finals
=====				
1	Watson, Alexandra	15	St. Albert M	2:17.88 2:16.67
2	Royle, Maya	15	Unattached B	2:26.01 2:24.01
3	Lou, Amelia-Ahn	14	Okanagan Ath	2:31.31 2:25.61
4	Palmer Bird, Eula	14	Unattached	2:34.00 2:25.75
5	Shillingford, Chelsey	14	Calgary Warr	2:36.15 2:37.72
6	McGrath, Kiera	14	Kamloops Tra	2:49.00 2:39.29
7	Hickie, Presley	14	Penticton Tr	2:51.39 2:39.58
8	Boily, Jessica	15	Trail Track	2:54.69 2:43.26
9	Smith, Alexandra	14	St. Albert M	2:48.37 2:44.91
10	McLean, Rosie	14	Unattached	2:57.00 2:49.18

Event 81 Men 14-15 800 Meter Run

=====				
Jack Brow:	2:01.13	2018	Mats Swanson, Leduc Track	
Name	Age	Team	Seed	Finals
=====				
1	Neels, Ryland	15	Okanagan Ath	2:06.47 2:03.93
2	Clarke, Elijah	15	Vancouver Th	2:06.91 2:09.11
3	Thomas-Sutton, Harris	15	St. Albert M	2:15.45 2:16.01
4	Westlund, Oliver	15	Okanagan Ath	2:22.75
5	Holmgren, Emilian	14	Peninsula Tr	2:24.41 2:22.98
6	Sias, Cullen	14	Athletics YU	2:46.03

Event 82 Women 16-17 800 Meter Run

=====				
16-17	Jack B:	2:14.74	Alyssa Mousseau, Nanaimo & District	
Name	Age	Team	Seed	Finals
=====				
1	Hickie, Jordis	16	Unattached B	2:28.91 2:29.95

Event 82 Women 18-19 800 Meter Run

=====				
18-19	Jack B:	2:14.87	Alana Mussatto, Norwesters	
Name	Age	Team	Seed	Finals
=====				
1	Wade, Tatum	19	Unattached B	2:20.47 2:23.52
2	Hermiston, Kayla	19	Trinity West	2:48.60

Event 82 Women 20-34 800 Meter Run

=====				
20-34	Jack B:	2:12.75	2018	Sandra Kilmartin, Vancouver Thunderbirds
Name	Age	Team	Seed	Finals
=====				
1	Poulin, Robyn	40	Vernon Amate	2:22.04 2:23.19

2 Robertson, Kateri 23 Capital City 2:58.43

Event 83 Men 16-17 800 Meter Run

Name	Age	Team	Seed	Finals
Jack Brow:	1:55.15			
Reid Muller,		Golden Ears		
1 Westley, Eric	16	Vernon Amate	2:13.83	2:21.73

Event 85 Men 18-19 800 Meter Run

Name	Age	Team	Seed	Finals
18-19 Jack B:	1:53.67	2021		
Matti Erickson,		Kootenay Chaos		
1 Plummer, Colton	19	Coastal Trac	1:59.84	1:58.90
2 Takhar, Ashton	19	Unattached	2:01.61	2:00.08

Event 85 Men 20-34 800 Meter Run

Name	Age	Team	Seed	Finals
20-34 Jack B:	1:54.22			
Cameron Mitchell,		Unattached BC		
1 Goudron, Ryan	20	Coastal Trac	1:51.46	1:54.25
2 Miller, Riley	23	Coastal Trac	1:52.87	1:55.28
3 Märland, Dani	31	Calgary Warr	1:56.93	1:55.71
4 Miller, Aiden	23	Coastal Trac	1:53.75	1:57.50
5 Tiwana, Jaiveer	21	Coastal Trac	1:55.52	1:58.13
6 Tymos, Mathew	21	Coastal Trac	1:58.22	2:00.19
7 Lind, Sebastian	20	Unattached A	2:00.60	2:00.62
8 Duret, Ethan	20	Running Room	1:59.61	2:01.13
9 Gremaud, Ethan	20	Trinity West	2:01.00	2:01.18
10 Munro, Declan	20	Coastal Trac	2:07.34	2:01.22

Event 86 Women 40-44 800 Meter Run

Name	Age	Team	Seed	Finals
1 Khrisanova, Marina	43	Greyhounds M	2:52.48	2:48.63

Event 86 Women 60-64 800 Meter Run

Name	Age	Team	Seed	Finals
1 Dixon, Donna	60	Unattached A	3:00.18	3:07.03
2 Barnes, Beverli	63	NorWesters T	3:30.00	3:17.16

Event 87 Men 40-44 800 Meter Run

Name	Age	Team	Seed	Finals
1 Holmgren, Aaron	40	Peninsula Tr	1:57.00	2:03.76

Event 87 Men 60-64 800 Meter Run

Name	Age	Team	Seed	Finals
1 Guss, David	62	Kelowna Runn	2:20.00	2:24.19

Event 88 Girls 11 4x100 Meter Relay

Team	Seed	Finals
-- Trail Track & Field Club 'A'		X1:08.49

- | | |
|------------------------|---------------------------|
| 1) Brunton, Peyton 10 | 2) Thompson, Elizabeth 11 |
| 3) Swanson, Rosalie 10 | 4) Rogers, Amelia 11 |

Event 88 Girls 12 4x100 Meter Relay

Team	Seed	Finals
12 Jack Brow: 57.87 2018 , Leduc Track L.Dunn, J. Bialik, M. Fleischhacker, I. Seiler		
1 Okanagan Athletics Club 'A'		1:04.66
1) Rowat, Addison 11	2) Sturrock, Liliana 12	
3) Smith, Cecilia 12	4) Collins, Olivia 11	

Event 88 Girls 13 4x100 Meter Relay

Team	Seed	Finals
1 Okanagan Athletics Club 'A'		56.46
1) Macinnis, Sawyer 13	2) Fearn, Adrianna 13	
3) Battiston, Gemma 12	4) Leinemann, Georgia 11	
2 Penticton Track & Field Club 'A'		58.62
1) Ter Wolbeek, Natalie 13	2) Wilkie, Jessica 13	
3) Carrier, Alexa 13	4) Walker, Ella 13	
3 Unattached 'A'		59.89
1) Palmer Bird, Eula 14	2) McLean, Rosie 14	
3) Heidt, Linnaea 13	4) Mitchell, Sarah 13	

Event 88 Women 16-17 4x100 Meter Relay

Team	Seed	Finals
1 Okanagan Athletics Club 'A'		52.10
1) Pentecost, Katya 17	2) Millar, Hailey 16	
3) Mallinson, Kezia 16	4) Peever, Caitlin 16	

Event 88 Women 18-19 4x100 Meter Relay

Team	Seed	Finals
18-19 Jack B: 50.46 2018 , Australia Sports G. Adams, J. Windsor, M. Economou, A. Robb		
1 St. Albert Mustangs Track & FI 'A'		51.87
1) Thero-Soto, Mia 16	2) Turcios, Fabiola 17	
3) Kavanagh, Hannah 18	4) Paterson, Gabby 16	

Event 89 Men 11 4x100 Meter Relay

Team	Seed	Finals
1 Penticton Track & Field Club 'B'		1:09.74
3)	4) Ter Wolbeek, Zane 11	

Event 89 Men 12 4x100 Meter Relay

Team	Seed	Finals
12 Jack Brow: 57.97 2017 , Okanagan Athletics Club J. Hatch, J. White, M. Kokayko, T. Carr		
1 Okanagan Athletics Club 'C'		59.35
1) Cheever, Dax 10	2) Williams, Luke 12	
3) Djomkam, Destin 11	4) Rowe, Silas 12	
2 Penticton Track & Field Club 'A'		1:02.70
1) Ede, Jaxon 11	2) Anderson, Curtis 12	

3) Buttar, Julian 12

4) Hvidston, Michael 12

Event 89 Men 14-15 4x100 Meter Relay

Team	Seed	Finals
14-15 Jack B: 48.92 2018 , Australia Sports C. Maskey, K. Simpson, M. Cruse, T. Herbert		
1 Okanagan Athletics Club 'A'		51.99
1) Shojania, Jordan 15	2) Solano, Mateo 14	
3) Westlund, Oliver 15	4) Neels, Ryland 15	

Event 89 Men 18-19 4x100 Meter Relay

Team	Seed	Finals
18-19 Jack B: 44.05 2022 , Okanagan Athletics Club M. Andersen, T. Carr, J. Carr, P. Haughton		
1 Okanagan Athletics Club 'B'		43.32 r
1) Andersen, Mikkel 19	2) Gokiert, Isaac 19	
3) Carr, Tyson 18	4) Haughton, Pishon 17	

Event 89 Men 95-99 4x100 Meter Relay

Team	Seed	Finals
-- Unattached 'A'		X43.97

Event 90 Men 40-44 4x100 Meter Relay Family Fun R

Team	Seed	Finals	H#
1 Da Beach 'A'		56.11	3
2 Ong/Malcolm 'A'		58.56	3
3 Peever 'A'		59.20	2
4 Horak 'A'		1:00.00	1
5 Oac make it happen 'A'		1:00.36	3
6 Heinzman 'A'		1:00.43	3
7 Macinnes 'A'		1:01.33	1
8 Battiston 'A'		1:02.15	2
9 Lawrence 'A'		1:04.71	2
10 Graham 'A'		1:05.38	1
11 Klgj 'A'		1:06.48	1
12 Smith 'A'		1:07.90	2
13 Millar 'A'		1:09.32	3
14 Sheppard - Thompson 'A'		1:10.05	3
15 Fisher 'A'		1:10.24	1
16 The speedy speeders - Hall 'A'		1:16.19	2

Event 93 Men 45-49 5000 Meter Run

Name	Age	Team	Seed	Finals
45-49 Jack B: 19:04.13 2018 Benjamin Achtem, Kelowna Running club				
1 Hajek, Martin	48	Unattached B	18:06.00	17:33.01
2 Millar, Robert	46	Okanagan Ath		20:14.93

Event 94 Girls 10 1000 Meter Run

Name	Age	Team	Seed	Finals
10 Jack Brow: 3:23.79 2013 Sadie Sigfstead, Edmonton Harriers				
1 Wasyliw, Mckinley	10	Vancouver Th	3:31.82	3:30.95

2	Carrier, Abigail	10	Penticton Tr		3:52.21
3	Houley-Calderon, Kirra	10	Unattached		3:57.22
4	Schellenberg, Jordan	10	Kamloops Tra	4:33.48	3:58.18
5	Albert, Elianna	10	East Kootena	4:12.23	4:07.87
6	Dhaliwal, Savera	10	Vernon Amate	4:36.74	4:13.93
7	Assaf, Zeher	10	St. Albert M		4:14.58

Event 94 Girls 11 1000 Meter Run

11	Jack Brow:	3:15.43	2014	Sadie Sigfstead, Edmonton Harriers	
	Name		Age Team	Seed	Finals
1	Hamze, Tamara		11 Vancouver Th	3:08.22	3:06.78
2	Pfitzenmaier, Hunter		11 Unattached		3:40.20
3	Rogers, Amelia		11 East Kootena	3:53.38	4:01.33

Event 95 Boys 9 1000 Meter Run

9	Jack Brow:	3:35.39	2012	Gage Stoll, VAAA	
	Name		Age Team	Seed	Finals
1	Ede, Brock		9 Penticton Tr		3:46.34
2	Rogers, Dylan		9 East Kootena		4:01.71

Event 95 Boys 10 1000 Meter Run

10	Jack Brow:	3:19.79	2013	Matti Erickson, Unattached BC	
	Name		Age Team	Seed	Finals
1	Hayden, Nicholas		10 Penticton Tr	3:28.15	3:24.60
2	Eeson, Arlo		10 Unattached		3:43.83

Event 95 Boys 11 1000 Meter Run

11	Jack Brow:	3:12.93	2013	Br. Muncey-Buckley, Ocean Athletics	
	Name		Age Team	Seed	Finals
1	Aasen, Aiden		11 Passtrak	3:42.40	3:24.40
2	Ballard, Huxley		11 Unattached		3:35.89
3	Williams, Burke		11 Coquitlam Ch	4:17.53	4:22.74

Event 96 Girls 12 1200 Meter Run

12	Jack Brow:	3:49.88	2018	Libby Dunn, Leduc Track	
	Name		Age Team	Seed	Finals
1	Hayden, Yvonne		12 Penticton Tr	4:24.77	4:13.95
2	Suarez Leon, Romina		12 Vancouver Th	4:22.49	4:27.13
3	Hamm, Daliah		12 Unattached		4:43.09

Event 96 Girls 13 1200 Meter Run

13	Jack Brow:	3:47.77	2017	Sophie Forsyth, Vancouver Thunderbirds	
	Name		Age Team	Seed	Finals
1	Albert, Adelle		13 East Kootena	4:10.00	4:01.77
2	Lou, Mei-Viz		13 Unattached		4:09.33
3	Yapps, Camille		13 Vernon Amate		4:32.47
4	Wilkie, Jessica		13 Penticton Tr	4:47.91	4:51.17

Event 97 Boys 12 1200 Meter Run

12	Jack Brow:	3:49.78	2014	Nicholas Aron, South Fraser	
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Name	Age	Team	Seed	Finals
1 Masse, Oscar	12	Kootenay Cha		3:56.06
2 Holmgren, Coen	12	Peninsula Tr	3:56.40	4:10.16
3 Kruiswyk, Tide	12	Unattached		4:11.94
4 Gladdish, Zavier	12	Prince Georg		4:16.63

Event 97 Boys 13 1200 Meter Run

13 Jack Brow: 3:38.02 2012 Scott Chalupiak, Airdrie Aces				
Name	Age	Team	Seed	Finals
1 Osiowy, Sebastian	13	Penticton Tr	3:43.85	3:39.80
2 Varga, Nathan	13	St. Albert M	4:25.11	3:58.68
3 Manzuik, Alex	13	Okanagan Ath	4:50.24	4:42.20

Event 98 Women 14-15 1200 Meter Run

Jack Brow: 3:39.01 2015 Madison Hesterman, Nanaimo & District				
Name	Age	Team	Seed	Finals
1 Watson, Alexandra	15	St. Albert M	3:49.82	3:48.50
2 Royle, Maya	15	Unattached B	4:01.57	3:51.33
3 Lou, Amelia-Ahn	14	Okanagan Ath		3:53.30
4 De Sousa, Karissa	15	St. Albert M	3:53.60	3:55.76
5 Shillingford, Chelsey	14	Calgary Warr	4:15.37	4:12.71
6 Hickie, Presley	14	Penticton Tr	4:28.76	4:28.87

Event 99 Men 14-15 1200 Meter Run

Jack Brow: 3:17.49 2015 Thomas Nobbs, Vancouver Olympic				
Name	Age	Team	Seed	Finals
1 Hayden, Miles	15	Penticton Tr	3:29.09	3:17.85
2 Clarke, Elijah	15	Vancouver Th	3:12.36	3:23.78
3 Kissmann, Coen	14	Ubc Okanagan	3:45.86	3:25.62
4 Collingwood, Cai	15	Okanagan Ath	3:39.98	3:28.90
5 Richards, Kristian	15	Prince Georg	3:51.59	3:34.61
6 Holmgren, Emilian	14	Peninsula Tr	3:56.17	4:05.97
7 Sias, Cullen	14	Athletics YU		4:17.30

Event 100 Women 16-17 1500 Meter Run

Jack Brow: 5:10.95 2022 Stephanie Millar, Okanagan Athletics Club				
Name	Age	Team	Seed	Finals
1 Beach, Grace	17	Calgary Warr	5:18.22	5:01.17 r
2 Hickie, Jordis	16	Unattached B	5:07.65	5:09.04
3 Sheehan, Payton	17	Calgary Warr	5:16.67	5:12.08
4 Charlston, Ashley	17	Prince Georg	5:35.25	5:23.03
5 Guarasci, Maya	17	Okanagan Ath	5:29.21	5:30.50
6 Fierbach, Jenae	17	Okanagan Ath	5:31.77	5:32.96

Event 101 Men 16-17 1500 Meter Run

Jack Brow: 4:34.05 2022 Matt Pinsonneault, Penticton Track & Field				
Name	Age	Team	Seed	Finals
1 Gladdish, Noah	16	Prince Georg	4:25.47	4:27.56 r
2 Berg, Scott	16	Okanagan Ath		5:08.56
3 Louis, Pekautken	17	Low Similk		5:48.18

Event 103 Men 20-34 1500 Meter Run

20-34 Jack B: 4:04.86 Logan Roots, Athletics Yukon

Name	Age	Team	Seed	Finals
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1 Tymos, Mathew	21	Coastal Trac		4:28.39
2 Munro, Declan	20	Coastal Trac		4:31.48

Event 104 Women 40-44 1500 Meter Run

Name	Age	Team	Seed	Finals
1 Topic, Delilah	43	Unattached B	5:45.00	5:47.13

Event 104 Women 60-64 1500 Meter Run

Name	Age	Team	Seed	Finals
1 Dixon, Donna	60	Unattached A		6:29.67

Event 105 Men 40-44 1500 Meter Run

40-44 Jack B: 4:29.21 2022 Ian Sharp, Unattached BC

Name	Age	Team	Seed	Finals
1 Vogt, Jeff	44	Unattached B	4:35.00	4:23.13
2 Sharp, Ian	44	Unattached B	4:30.00	4:23.96
-- Holmgren, Aaron	40	Peninsula Tr	4:02.58	DNF

Event 105 Men 60-64 1500 Meter Run

60-64 Jack B: 4:36.74 2022 David Guss, Kelowna Running Club

Name	Age	Team	Seed	Finals
1 Guss, David	62	Kelowna Runn	4:45.00	4:46.99

Event 106 Girls 9 Year Olds 100 Meter Dash

Jack Brow: 15.62 2012 Jade Lenton, Golden Ears

Name	Age	Team	Seed	Finals	Wind
1 Varma-Vitug, Ashiana	9	Kajaks Track	16.95	16.90	-0.9
2 Ballard, Berkley	9	Unattached		18.20	-0.9

Event 107 Boys 9 Year Olds 100 Meter Dash

Jack Brow: 14.22 2015 Pishon Haughton, Okanagan Athletics Club

Name	Age	Team	Seed	Finals	Wind
1 Bertoia, Benjamin	9	Unattached		15.82	-2.5
2 Baumbach, Emmett	9	Prince Georg	16.91	17.41	-2.5
3 Rogers, Dylan	9	East Kootena		17.95	-2.5
4 Ede, Brock	9	Penticton Tr		18.12	-2.5
5 Allander, Linden	9	Penticton Tr		21.27	-2.5
6 McGrath, Cohen	9	St. Albert M	13.16	23.20	-2.5

Event 108 Girls 10 Year Olds 100 Meter Dash

Jack Brow: 14.46 2013 Indigo Leary, Kamloops T&F Club

Name	Age	Team	Seed	Finals	Wind	H#
1 Slowley, Dequanna	10	Unattached		15.77	-1.5	1
2 Wasyliw, Mckinley	10	Vancouver Th		16.05	-1.3	2
3 Houley-Calderon, Kirra	10	Unattached		16.08	-1.3	2

4	Swanson, Rosalie	10	Trail Track		16.47	-1.5	1
5	Buckingham, Zara	10	Penticton Tr	16.34	16.59	-1.3	2
6	Rahalevich, Eryka	10	Vernon Amate		16.75	-1.5	1
7	Carrier, Abigail	10	Penticton Tr		16.76	-1.3	2
8	Diener, Anna	10	St. Albert M		16.78	-1.3	2
9	Bisson, Melia	10	St. Albert M		16.96	-1.5	1
10	Albert, Elianna	10	East Kootena		17.05	-1.5	1
11	Harrower, Spencer	10	Unattached		17.10	-1.3	2
12	Assaf, Zeher	10	St. Albert M		17.73	-1.5	1
13	Diemer, Charlotte	10	Unattached		18.00	-1.3	2
14	Dhaliwal, Savera	10	Vernon Amate	17.95	18.24	-1.3	2

Event 109 Boys 10 Year Olds 100 Meter Dash

Jack Brow: 14.15 2013		Matti Erickson, Unattached BC					
Name	Age	Team	Seed	Finals	Wind		
1	Bushenbaum, Will	10	Unattached		15.06	1.7	
2	Romero, Kjell	10	Penticton Tr		15.52	1.7	
3	Hall, Elliott	10	Penticton Tr	16.24	15.93	1.7	
4	Fisher, Mickey	10	Okanagan Ath	16.34	15.99	1.7	
5	An, Junsuh	10	Unattached	16.55	16.46	1.7	
6	McMillan, Levi	10	Penticton Tr		16.60	1.7	
7	Kruiswyk, Parke	10	Unattached		16.90	1.7	
8	Scarpino, Matteo	10	Unattached B	17.40	17.28	1.7	

Event 110 Girls 11 Year Olds 100 Meter Dash

Jack Brow: 14.00 2012		Jasneet Nijjar, Universal Athletics					
Name	Age	Team	Seed	Finals	Wind		
1	Leinemann, Georgia	11	Okanagan Ath	13.94	13.44	1.8	r
2	Davis, Ella	11	Vancouver Ol	15.59	15.30	1.8	
3	Dougherty, Mackinley	11	Langley Must	16.09	15.60	1.8	
4	Collins, Olivia	11	Okanagan Ath	15.60	16.08	1.8	
5	Melnechuk, Chloee	11	St. Albert M		16.13	1.8	
6	Rogers, Amelia	11	East Kootena	16.19	16.23	1.8	
7	Rowat, Addison	11	Okanagan Ath	15.34	16.44	1.8	
8	Pfitzenmaier, Hunter	11	Unattached		16.59	1.8	

Event 111 Boys 11 Year Olds 100 Meter Dash

Jack Brow: 13.83 2017		Pishon Haughton, Okanagan Athletics Club					
Name	Age	Team	Seed	Finals	Wind	H#	
1	Malcolm, Isaiah	11	Royal City T	14.27	14.67	-1.0	2
2	Djomkam, Destin	11	Okanagan Ath	15.77	14.94	-1.0	2
3	Varma-Vitug, Armaan	11	Kajaks Track	15.02	15.08	-1.0	2
4	Foster, Logan	11	Vancouver Th		15.34	NWI	1
5	Ede, Jaxon	11	Penticton Tr	15.38	15.37	-1.0	2
6	Ter Wolbeek, Zane	11	Penticton Tr	17.30	16.14	NWI	1
7	Kelly, Brennan	11	Penticton Tr	16.23	16.16	-1.0	2
8	Aasen, Aiden	11	Passtrak	15.00	16.61	-1.0	2
9	Williams, Burke	11	Coquitlam Ch	16.41	16.82	-1.0	2

Event 112 Girls 12 Year Olds 100 Meter Dash

Jack Brow: 13.58 2017		Taylor Kleinschmidt, Ocean Athletics					
Name	Age	Team	Seed	Finals	Wind		
1	Cooper, Avery	12	St. Albert M	14.04	14.05	-1.3	
2	Illidge, Zoe	12	Langley Must	15.14	14.37	-1.3	
3	Battiston, Gemma	12	Okanagan Ath	14.64	15.10	-1.3	

4	Suarez Leon, Romina	12	Vancouver Th	15.01	15.15	-1.3
5	Sturrock, Liliana	12	Okanagan Ath	16.43	16.59	-1.3

Event 113 Boys 12 Year Olds 100 Meter Dash

Jack Brow: 12.93 2014		Noah Payne, Edmonton Columbians				
Name	Age	Team	Seed	Finals	Wind	H#
1	Udumaga, Kasieobi	12	Prince Georg	13.02	12.72	-1.6 2
2	Moody, Evan	12	East Kootena	16.23	14.37	-1.6 2
3	Rowe, Silas	12	Okanagan Ath	14.47	14.84	-1.6 2
4	Haines, Tonya	12	Unattached		14.94	-0.5 1
5	Hvidston, Michael	12	Penticton Tr	15.49	15.07	-1.6 2
6	Williams, Luke	12	Okanagan Ath		15.13	-0.5 1
7	Kruiswyk, Tide	12	Unattached		15.19	-0.5 1
8	Smith, Declan	12	Okanagan Ath		15.35	-0.5 1
9	Jesson, Anton	12	Unattached B		16.50	-0.5 1

Event 114 Girls 13 Year Olds 100 Meter Dash

Jack Brow: 12.94 2018		Isabella Dreger, Unattached BC				
Name	Age	Team	Seed	Finals	Wind	H#
1	Gendron, Eden	13	St. Albert M	13.93	13.87	1.2 2
2	Sabatine, Amy	13	Coquitlam Ch	13.76	14.18	1.2 2
3	Day, Isabelle	13	Prince Georg	15.54	14.50	1.2 2
4	Macinnis, Sawyer	13	Okanagan Ath	15.93	14.52	1.2 2
5	Lou, Mei-Viz	13	Unattached		14.94	-0.6 1
6	Carrier, Alexa	13	Penticton Tr		15.07	-0.6 1
7	Kelly, Mya	13	Penticton Tr	15.14	15.07	1.2 2
8	Ter Wolbeek, Natalie	13	Penticton Tr	15.82	15.46	1.2 2
9	Haigh, Lauryn	13	St. Albert M	16.08	15.92	1.2 2

Event 115 Boys 13 Year Olds 100 Meter Dash

Jack Brow: 12.53		Carson Bradley, Kajaks T&F Club				
Name	Age	Team	Seed	Finals	Wind	
1	Scarpino, Nic	13	Prince Georg	13.28	12.95	-1.2
2	St James, Hunter	13	Unattached	13.81	13.87	-1.2
3	Wilkinson, William	13	Athletics YU		14.51	-1.2
4	Ramsay, Jayce	13	Golden Ears		14.52	-1.2
5	Varga, Nathan	13	St. Albert M		14.90	-1.2
6	Graham, Rylan	13	Unattached B	14.55	14.92	-1.2

Event 116 Women 14-15 100 Meter Dash

Jack Brow: 12.55 2017		Nicolette Donofrio, Australia Sports				
Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1	Malcolm, Kiara	15	Royal City T	12.35	12.60q	2.0 2
2	Stroda, Lily	15	Unattached B	13.13	12.94q	2.0 2
3	Collis, Allyna	14	St. Albert M	13.52	13.43q	2.0 2
4	Comber, Portia	14	Unattached B	13.96	14.06q	-1.0 1
5	Wilson, Arianna	14	Penticton Tr	14.74	14.13q	-1.0 1
6	Wiedner, Leela	15	Penticton Tr	14.13	14.16q	-1.0 1
7	McGrath, Kiera	14	Kamloops Tra	14.33	14.28q	2.0 2
8	Guillaume, Olivia	15	St. Albert M	14.62	14.38q	2.0 2
9	Lou, Amelia-Ahn	14	Okanagan Ath		14.64	2.0 2
10	Johnston, Ella	14	Athletics YU		16.31	-1.0 1

Event 116 Women 14-15 100 Meter Dash

Jack Brow:	12.55	2017	Nicolette Donofrio, Australia Sports			
Name		Age	Team	Prelims	Finals	Wind
Finals						
1	Malcolm, Kiara	15	Royal City T	12.60	12.91	-2.6
2	Stroda, Lily	15	Unattached B	12.94	13.34	-2.6
3	Collis, Allyna	14	St. Albert M	13.43	13.59	-2.6
4	Comber, Portia	14	Unattached B	14.06	13.87	-2.6
5	Wiedner, Leela	15	Penticton Tr	14.16	14.18	-2.6
6	Wilson, Arianna	14	Penticton Tr	14.13	14.45	-2.6
7	McGrath, Kiera	14	Kamloops Tra	14.28	14.47	-2.6
8	Guillaume, Olivia	15	St. Albert M	14.38	14.79	-2.6

Event 117 Men 14-15 100 Meter Dash

Jack Brow:	11.38	2021	Pishon Haughton, Okanagan Athletics Club			
Name		Age	Team	Seed	Prelims	Wind
Preliminaries						
1	Shojania, Jordan	15	Okanagan Ath	12.55	12.51q	2.5
2	Taylor, Seth	15	Trail Track		12.70q	2.5
3	Bertoia, Luca	15	Royal City T	13.10	12.72q	2.5
4	Westlund, Oliver	15	Okanagan Ath	12.92	12.81q	2.5
5	Scarpino, Erik	14	Prince Georg	13.62	13.46q	2.5
6	Austen, Finn	14	Okanagan Ath	14.62	14.71q	2.5
7	Nelson, Paxton	14	Athletics YU		14.73q	2.5
8	Charlie, Jasper	15	Athletics YU		15.44q	2.5

Event 118 Women 16-17 100 Meter Dash

Jack Brow:	12.29	2014	Zion Corrales Nelson, Burnaby Striders			
Name		Age	Team	Seed	Prelims	Wind
1	Chung, Candice	16	Coquitlam Ch	12.88	13.14q	-2.5
2	Varma-Vitug, Sofia	16	Kajaks Track	13.03	13.19q	-2.5
3	Thero-Soto, Mia	16	St. Albert M	13.07	13.56q	-2.5
4	Melvin, Anna	16	Vernon Amate	13.61	13.85q	-2.5
5	Mallinson, Kezia	16	Okanagan Ath	13.64	14.06q	-2.5
6	Wepruk, Samantha	17	New West Spa	14.41	14.58q	-2.5

Event 119 Men 16-17 100 Meter Dash

Jack Brow:	11.32	2022	Pishon Haughton, Okanagan Athletics Club				
Name		Age	Team	Seed	Prelims	Wind	H#
1	Ardizzoni, Massimo	16	Vancouver Th	11.18	11.20q	2.5	1
2	Henclewood, Ladanian	16	Edmonton Roy	10.96	11.31q	1.2	2
3	Patenaude, Maximilian	16	Okanagan Ath	11.24	11.47q	2.5	1
4	Edwards, Taje	17	Edmonton Roy	11.25	11.75q	1.2	2
5	Chong, Pierre	16	St. Albert M	11.37	11.79q	1.2	2
6	Udumaga, Kamfechi	17	Prince Georg	12.20	12.09q	2.5	1
7	Collis, Adam	17	St. Albert M	12.17	12.12q	2.5	1
8	Georgilas, Iossif (joe)	16	Burnaby Stri	12.28	12.34q	1.2	2
9	Graham, Evan	16	Unattached B	12.65	12.56	1.2	2
10	Nelson, Carson	16	Athletics YU		13.04	1.2	2
11	McWhirter, Logan	16	Penticton Tr		13.06	2.5	1
12	Manuel, Keanu	16	Unattached B	14.26	14.30	2.5	1

Event 119 Men 16-17 100 Meter Dash

Jack Brow:	11.32	2022	Pishon Haughton, Okanagan Athletics Club			
Name		Age	Team	Prelims	Finals	Wind

Finals

1	Ardizzoni, Massimo	16	Vancouver Th	11.20	11.20	-1.3	r
2	Henclewood, Ladanian	16	Edmonton Roy	11.31	11.28	-1.3	
3	Patenaude, Maximilian	16	Okanagan Ath	11.47	11.38	-1.3	
4	Edwards, Taje	17	Edmonton Roy	11.75	11.54	-1.3	
5	Chong, Pierre	16	St. Albert M	11.79	11.64	-1.3	
6	Udumaga, Kamfechi	17	Prince Georg	12.09	12.20	-1.3	
7	Collis, Adam	17	St. Albert M	12.12	12.30	-1.3	
8	Georgilas, Iossif (joe)	16	Burnaby Stri	12.34	12.51	-1.3	

Event 120 Women 18-19 100 Meter Dash

Jack Brow:	12.36	2013	Elisa Joyce, Unattached BC				
Name		Age	Team	Seed	Prelims	Wind	

Preliminaries

1	Morrison, Riona	18	Edmonton Roy	12.04	12.56q	-1.9	
2	Dreger, Isabella	18	Unattached B	12.77	13.18q	-1.9	
3	Kavanagh, Hannah	18	St. Albert M	13.56	13.78q	-1.9	

Event 121 Men 18-19 100 Meter Dash

Jack Brow:	10.75	2013	Keefer Joyce, Unattached BC				
Name		Age	Team	Seed	Prelims	Wind	

1	Haughton, Pishon	17	Okanagan Ath	10.93	10.95q	+0.0	
2	Muir, Malachi	19	Edmonton Oly	10.83	10.96q	+0.0	
3	Eastman, Mattias	18	Vancouver Th	10.95	11.20q	+0.0	
4	Nishabourian, Ardalan	19	NorWesters T	11.04	11.30q	+0.0	
5	De Gannes, Adam	18	Edmonton Oly	11.21	11.32q	+0.0	
6	Andersen, Mikkel	19	Okanagan Ath	11.16	11.37q	+0.0	
7	Infanti, Lynden	18	Unattached	11.68	11.53q	+0.0	
8	Puyaoan, Ethan	18	Edmonton Oly	11.33	11.55q	+0.0	

Event 122 Women 20-34 100 Meter Dash

Jack Brow:	12.54	Shania Payne, Coquitlam Cheetahs				
Name		Age	Team	Seed	Prelims	Wind

1	Voloshin, Diana	26	NorWesters T	12.28	12.69q	-0.9	
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Event 123 Men 20-34 100 Meter Dash

Jack Brow:	10.56	2014	Jerome Blake, Okanagan Athletics Club				
Name		Age	Team	Seed	Prelims	Wind	

1	Gross, Alexander	23	Unattached A	11.10	11.15q	2.5	
2	Anderson, Dawson	24	Unattached B	11.15	11.17q	2.5	
3	Carr, Jayden	20	Okanagan Ath	11.62	11.90q	2.5	
4	Simpson, Jared	20	Okanagan Ath	11.73	11.93q	2.5	
5	Tymos, Mathew	21	Coastal Trac		12.06q	2.5	
6	Cannan, Will	23	Okanagan Ath		12.48q	2.5	

Event 124 Women 35-39 100 Meter Dash

Name		Age	Team	Seed	Prelims	Wind	H#
1	Adande, Karin	37	Unattached B	13.58	13.87q	-1.2	2

Event 124 Women 40-44 100 Meter Dash

Name		Age	Team	Seed	Prelims	Wind	H#
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1 Gibbs, Naomi	42	Unattached B	15.92	14.83q	-1.2	2
2 Khonina, Marina	41	Greyhounds M	14.83	15.49q	-1.0	1

Event 124 Women 45-49 100 Meter Dash

Name	Age	Team	Seed	Prelims	Wind
1 Bunbury, Shauna	46	NorWesters T	14.61	14.71q	-1.0

Event 124 Women 50-54 100 Meter Dash

50-54 Jack B:	Name	Age	Team	Seed	Prelims	Wind
16.46 2022	Galina Pentecost, Okanagan Athletics Club					
1 Stroda, Verena	52	Unattached B		15.73q	-1.0	
2 Cook, Judith	54	Athletics Vi	16.47	16.64q	-1.0	

Event 124 Women 55-59 100 Meter Dash

55-59 Jack B:	Name	Age	Team	Seed	Prelims	Wind	H#
18.53 2022	Shelley Fejer, Unattached BC						
1 Craig, Nancy	57	Athletics Vi	15.69	15.62q	-1.2	2	

Event 124 Women 70-74 100 Meter Dash

70-74 Jack B:	Name	Age	Team	Seed	Prelims	Wind	H#
17.01 2022	Daphne O'Sullivan, Unattached BC						
1 O'Sullivan, Daphne	71	Unattached B		17.51q	-1.2	2	
2 Johnson, Marie	70	Greyhounds M	17.37	18.32q	-1.0	1	

Event 124 Women 85-89 100 Meter Dash

Name	Age	Team	Seed	Prelims	Wind	H#
1 Bortignon, Christa	86	Greyhounds M	19.20	19.22q	-1.2	2

Event 125 Men 35-39 100 Meter Dash

Name	Age	Team	Seed	Prelims	Wind
1 Tewarie, Kiel	38	Unattached B	13.28	14.02q	-1.4

Event 125 Men 40-44 100 Meter Dash

40-44 Jack B:	Name	Age	Team	Seed	Prelims	Wind
16.03 2018	Jarek Bialik, Unattached Alberta					
1 Manuel, Bernard	44	Kamloops Tra	16.39	16.73q	-1.4	

Event 125 Men 45-49 100 Meter Dash

45-49 Jack B:	Name	Age	Team	Seed	Prelims	Wind	H#
13.14 2018	Will Harrower, Unattached BC						
1 Day, Andrew	48	NorWesters T	13.22	13.09q	-1.9	2	
2 Bancosta, Ferdie	47	Athletics Vi	13.25	13.40q	-1.9	2	

Event 125 Men 50-54 100 Meter Dash

50-54 Jack B:	Name	Age	Team	Seed	Prelims	Wind
13.73 2022	Will Harrower, Unattached BC					

Name	Age	Team	Seed	Prelims	Wind	H#
1 Ong, Raymond	51	Greyhounds M	13.12	13.22q	-1.4	1
2 Harrower, Will	51	Unattached B	13.21	13.77q	-1.4	1
3 Collins, Chris	51	Unattached B		14.11q	-1.9	2

Event 125 Men 55-59 100 Meter Dash

55-59 Jack B: 13.99 2018 Steve Law, Unattached BC						
Name	Age	Team	Seed	Prelims	Wind	H#
1 Colbert, Steven	58	Unattached B	12.50	13.02q	-1.9	2
2 Patterson, Todd	55	Okanagan Ath	14.21	14.44q	-1.9	2

Event 125 Men 60-64 100 Meter Dash

60-64 Jack B: 14.77 2018 Rob Smith, Okanagan Athletics Club						
Name	Age	Team	Seed	Prelims	Wind	H#
1 Woods, Jorge	64	Unattached B	13.58	14.19q	-1.4	1
2 Warren, Cal	63	Okanagan Ath	14.50	14.43q	-1.9	2
3 Joyce, Stephen	61	Vernon Amate		14.74q	-1.4	1

Event 125 Men 70-74 100 Meter Dash

Name	Age	Team	Seed	Prelims	Wind
1 Kocourek, Vince	71	Unattached B	16.48	16.89q	-1.4

Event 125 Men 75-79 100 Meter Dash

75-79 Jack B: 17.46 2021 Mike Jocelyn, Okanagan Athletics Club						
Name	Age	Team	Seed	Prelims	Wind	H#
1 Gee, Arthur	79	Greyhounds M	17.35	17.85q	-1.9	2

Event 125 Men 80-84 100 Meter Dash

80-84 Jack B: 17.37 2022 Mike Jocelyn, Okanagan Athletics Club						
Name	Age	Team	Seed	Prelims	Wind	H#
1 Jocelyn, Mike	81	Unattached B	17.37	17.72q	-1.9	2

Event 126 Men 18-19 400 Meter Hurdles

10 x 36" 45 - 35 - 40						
18-19 Jack B: 54.66 2012 Tim Kong, ERTF						
Name	Age	Team	Seed	Finals		
-- Carr, Tyson	18	Okanagan Ath	56.69	X1:02.38		

Event 128 Women 18-19 400 Meter Hurdles

10 x 30" 45 - 35 - 40						
18-19 Jack B: 1:06.19 Saskia Kowalik, Okanagan Athletics Club						
Name	Age	Team	Seed	Finals		
1 Kavanagh, Hannah	18	St. Albert M		1:12.38		

Event 128 Women 45-49 400 Meter Hurdles

10 x 30" 45 - 35 - 40						
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Name	Age Team	Seed	Finals
1 Bunbury, Shauna	46 NorWesters T		1:25.76

Event 129 Women 14-15 300 Meter Hurdles

7 x 30" 50 - 35 - 40			
Name	Age Team	Seed	Finals
Jack Brow: 47.25 2017	Nicolette Donofrio, Australia Sports		
1 Demmler, Keira	15 Trail Track		48.17
2 Hibbert, Noelle	15 St. Albert M		48.30
3 Pang, Vanessa	14 Vancouver Ol		51.12

Event 130 Women 55-59 300 Meter Hurdles

7 x 30" 50 - 35 - 40			
Name	Age Team	Seed	Finals
1 Summers, Judy	59 Valley Royal	1:00.64	58.31

Event 131 Men 14-15 300 Meter Hurdles

7 x 30" 50 - 35 - 40			
Name	Age Team	Seed	Finals
Jack Brow: 42.25 2017	Matti Erickson, Kootenay Chaos		
1 Hvidston, Tyler	14 Penticton Tr	47.07	46.15
2 McGrath, Aidan	14 Kamloops Tra	50.00	50.13
3 Solano, Mateo	14 Okanagan Ath		58.32

Event 132 Girls 13 Year Olds 200 Meter Hurdles

5 x 27" 20 - 35 - 40					
Name	Age Team	Seed	Finals	Wind	
Jack Brow: 30.17 2012	Gabrielle MacGregor, Valley Royals				
1 Fearn, Adrianna	13 Okanagan Ath		34.26	-0.3	
2 Kelly, Mya	13 Penticton Tr	35.49	35.27	-0.3	

Event 133 Boys 13 Year Olds 200 Meter Hurdles

5 x 27" 20 - 35 - 40					
Name	Age Team	Seed	Finals	Wind	
Jack Brow: 28.09 2018	Tyson Carr, Okanagan Athletics Club				
1 Manzuik, Connor	13 Okanagan Ath	40.19	38.79	NWI	

Event 134 Girls 12 Year Olds 200 Meter Hurdles

5 x 24" 20 - 35 - 40					
Name	Age Team	Seed	Finals	Wind	
Jack Brow: 30.30 2012	Aryanna Kurucz, Unattached				
1 James, Sophie	12 Vancouver Ol	31.33	31.80	-1.2	
2 Cooper, Avery	12 St. Albert M	33.94	31.82	-1.2	
3 Rahkola, Zada	12 Penticton Tr	39.68	37.37	-1.2	

Event 135 Boys 12 Year Olds 200 Meter Hurdles

5 x 24" 20 - 35 - 40					
Name	Age Team	Seed	Finals	Wind	
Jack Brow: 28.14 2012	Vaughn Taylor, Universal Athletics				

1 Horak, Aidan	12 Okanagan Ath	32.85	-2.5
2 Hvidston, Michael	12 Penticton Tr	33.54	-2.5

Event 136 Girls 12 300 Meter Dash

Jack Brow:	Name	Age	Team	Seed	Finals
44.90 2012	Aryanna Kurucz, Unattached				
1	Suarez Leon, Romina	12	Vancouver Th	48.95	48.00
2	Hamm, Daliah	12	Unattached		51.21

Event 136 Girls 13 300 Meter Dash

Jack Brow:	Name	Age	Team	Seed	Finals
43.00 2012	Georgia Lam, Kajaks T&F Club				
1	Albert, Adelle	13	East Kootena		46.36
2	Blackwell, Emma	13	East Kootena		47.06
3	Wilkie, Jessica	13	Penticton Tr		49.88
4	Day, Isabelle	13	Prince Georg	53.47	50.33
5	Kelly, Mya	13	Penticton Tr	54.87	51.32
6	Yapps, Camille	13	Vernon Amate		51.51

Event 137 Boys 12 300 Meter Dash

Jack Brow:	Name	Age	Team	Seed	Finals
41.56 2012	Vaughn Taylor, Universal Athletics				
1	Udumaga, Kasieobi	12	Prince Georg		39.98

Event 137 Boys 13 300 Meter Dash

Jack Brow:	Name	Age	Team	Seed	Finals
38.80 2018	Tyson Carr, Okanagan Athletics Club				
1	Manzuik, Connor	13	Okanagan Ath	55.70	56.90
--	Ramsay, Jayce	13	Golden Ears		DQ

Rule TR17.4.2

Event 139 Men 40-44 4x400 Meter Relay

Team	Seed	Finals
1 Okanagan Athletics Club 'A'		3:46.11
1) Carr, Jayden 20	2) Gokiert, Isaac 19	
3) Cannan, Will 23	4) Carr, Tyson 18	

Event 140 Girls 9 Year Olds High Jump

Jack Brow:	Name	Age	Team	Seed	Finals
1.10m 2017	Lily Stroda, Unattached BC				
1	Poulin, Eleanor	9	Vernon Amate		0.95m
2	Dodd, Gemma	9	Prince Georg		0.90m
--	Sundset, Hazel	9	Langley Must	0.80m	NH

Event 141 Boys 9 Year Olds High Jump

Jack Brow:	Name	Age	Team	Seed	Finals
1.13m 2014	Mackenzie Hayher, Unattached BC				
1	Ede, Brock	9	Penticton Tr		1.05m
2	Boucher, Gabriel	9	Penticton Tr		1.00m

3 Baumbach, Emmett	9 Prince Georg	0.95m
4 Polansky Bouzane, Orrin	9 Royal City T	0.90m

Event 142 Girls 10 Year Olds High Jump

Jack Brow: 1.26m 2018		Lily Stroda, Unattached BC		
Name	Age	Team	Seed	Finals
1 Rahalevich, Eryka	10	Vernon Amate	1.00m	1.00m
1 Assaf, Zeher	10	St. Albert M		1.00m

Event 143 Boys 10 Year Olds High Jump

Jack Brow: 1.30m 2013		Taylor Silas, Universal Athletics		
Name	Age	Team	Seed	Finals
1 Cheever, Dax	10	Okanagan Ath	1.15m	1.20m
2 Bushenbaum, Will	10	Unattached		1.15m
3 Romero, Kjell	10	Penticton Tr		1.05m
4 Fisher, Mickey	10	Okanagan Ath	1.05m	1.00m

Event 144 Girls 11 Year Olds High Jump

Jack Brow: 1.35m 2018		Gabby Peterson, Trail Track		
Name	Age	Team	Seed	Finals
1 Rogers, Amelia	11	East Kootena	1.11m	1.20m
2 Pfitzenmaier, Hunter	11	Unattached		J1.20m
3 Collins, Olivia	11	Okanagan Ath	1.20m	1.15m
4 O'Kane, Everleigh	11	Vernon Amate	1.15m	1.10m
5 Irving, Halle	11	Vernon Amate	0.95m	1.05m
6 Melnechuk, Chloee	11	St. Albert M		0.95m
7 Dougherty, Mackinley	11	Langley Must	1.15m	J0.95m
8 Thompson, Elizabeth	11	Trail Track		J0.95m

Event 145 Boys 11 Year Olds High Jump

Jack Brow: 1.36m 2012		Luka Dolman, Vancouver Thunderbirds		
Name	Age	Team	Seed	Finals
1 Djomkam, Destin	11	Okanagan Ath	1.30m	1.32m
2 Ede, Jaxon	11	Penticton Tr	1.20m	1.25m
3 Jack, Gage	11	Trail Track	1.11m	1.20m
4 Foster, Logan	11	Vancouver Th	1.11m	1.15m
4 Uesson, Kaeden	11	Vernon Amate	1.05m	1.15m
6 Pang, Darren	11	Vancouver Ol	1.20m	J1.15m
7 Chaney, Carson	11	Penticton Tr	1.08m	1.10m

Event 146 Girls 12 Year Olds High Jump

Jack Brow: 1.40m 2016		Sophia Gribbon, Coquitlam Cheetahs		
Name	Age	Team	Seed	Finals
1 Illidge, Zoe	12	Langley Must		1.28m
2 Bjorgan, Laura	12	Okanagan Ath	1.15m	1.20m

Event 147 Boys 12 Year Olds High Jump

Jack Brow: 1.47m 2018		Thomas Akurienne, Okanagan Athletics Club		
Name	Age	Team	Seed	Finals
1 Horak, Aidan	12	Okanagan Ath	1.35m	1.45m
2 Moody, Evan	12	East Kootena	1.40m	1.40m

3 Hvidston, Michael	12	Penticton Tr	1.21m	1.25m
4 Rowe, Silas	12	Okanagan Ath	1.25m	1.20m

Event 148 Girls 13 Year Olds High Jump

=====				
Jack Brow:	1.58m	2015	Eniko Sara, Langley Mustangs	
Name	Age	Team	Seed	Finals
=====				
1 Gendron, Eden	13	St. Albert M		1.40m
2 Sundset, Scarlett	13	Langley Must	1.30m	J1.40m
3 Hall, Brooke	13	Trail Track	1.11m	1.30m
4 Haigh, Lauryn	13	St. Albert M	1.11m	1.15m

Event 149 Boys 13 Year Olds High Jump

=====				
Jack Brow:	1.70m	2014	Dane Martin, Okanagan Athletics Club	
Name	Age	Team	Seed	Finals
=====				
1 St James, Hunter	13	Unattached		1.49m
2 Thompson, Orin	13	Vernon Amate		1.30m

Event 150 Women 14-15 High Jump

=====				
Jack Brow:	1.60m	2018	Mekhila Brown, Okanagan Athletics club	
Name	Age	Team	Seed	Finals
=====				
1 Gelber, Lucia	15	Trail Track	1.50m	1.55m
2 Stroda, Lily	15	Unattached B	1.65m	1.50m
3 Boily, Jessica	15	Trail Track	1.50m	1.45m
4 Pollock, Huia	15	Okanagan Ath	1.35m	1.40m

Event 151 Men 14-15 High Jump

=====				
Jack Brow:	1.90m	2017	Mattee Scott, Australia Sports	
Name	Age	Team	Seed	Finals
=====				
1 Brown, Walker	15	Okanagan Ath	1.67m	1.75m
2 Robinson, Ian	15	Unattached B	1.55m	J1.75m
3 Harris, John	14	Unattached	1.60m	1.65m

Event 152 Women 16-17 High Jump

=====				
Jack Brow:	1.71m	2014	Jessica Hanson, Vancouver Olympic	
Name	Age	Team	Seed	Finals
=====				
1 Wepruk, Samantha	17	New West Spa	1.55m	1.57m
2 Phillips Frisk, Ella	17	Trail Track	1.45m	1.52m
3 Paterson, Gabby	16	St. Albert M	1.62m	J1.52m

Event 153 Men 16-17 High Jump

=====				
Jack Brow:	1.95m	2012	James Elston, Norwesters	
Name	Age	Team	Seed	Finals
=====				
1 McAuley, Grady	17	Trail Track	1.75m	1.55m
-- Nelson, Carson	16	Athletics YU		NH

Event 154 Women 18-19 High Jump

=====				
Jack Brow:	1.55m	2014	Keely Watts-Watling, Okanagan Athletics Club	
Name	Age	Team	Seed	Finals
=====				
1 Dellezay, Lauren	18	Edmonton Thu	1.56m	1.42m

2 Hickie, Kaydence 18 Unattached B 1.32m

Event 155 Men 18-19 High Jump

Jack Brow:	1.96m	2012	Bashir Khan, Vancouver Thunderbirds		
Name		Age	Team	Seed	Finals
1 Horlock, Brayden		18	Vancouver Th	1.85m	1.65m

Event 156 Women 20-34 High Jump

Jack Brow:	1.70m	2022	Trinity Hansma, VAAA		
Name		Age	Team	Seed	Finals
1 Reaugh, Falyn		24	Unattached B	1.80m	1.77m r

Event 157 Men 20-34 High Jump

Jack Brow:	1.70m		Dellin Ingvaldson, Ocean Athletics		
Name		Age	Team	Seed	Finals
1 Carr, Jayden		20	Okanagan Ath	1.70m	1.65m

Event 158 Women 35-39 High Jump

Name		Age	Team	Seed	Finals
1 Lynch, Emily		35	Greyhounds M	1.40m	1.55m

Event 158 Women 40-44 High Jump

Name		Age	Team	Seed	Finals
1 Khrisanova, Marina		43	Greyhounds M	1.18m	1.10m

Event 158 Women 60-64 High Jump

60-64 Jack B:	1.40m	2021	Monica Pomietlarz, Okanagan Athletics Club		
Name		Age	Team	Seed	Finals
1 Pomietlarz, Monica		64	Okanagan Ath	1.35m	1.30m

Event 159 Men 50-54 High Jump

Name		Age	Team	Seed	Finals
1 Wilson, Kier		51	Unattached A		1.10m

Event 159 Men 75-79 High Jump

Name		Age	Team	Seed	Finals
1 Gee, Arthur		79	Greyhounds M	1.05m	1.00m

Event 160 Girls 9 Year Olds Long Jump

Jack Brow:	3.35m	2012	Hella-Marie Dolman, Vancouver Thunderbirds			
Name		Age	Team	Seed	Finals	Wind
1 Varma-Vitug, Ashiana		9	Kajaks Track	3.28m	3.26m	NWI

Event 161 Boys 9 Year Olds Long Jump

Jack Brow: 3.61m 2018		Dawson Abraham, Kootenay Chaos			
Name	Age	Team	Seed	Finals	Wind
1 Purnell, Cohen	9	Unattached		3.51m	NWI
2 Bertoia, Benjamin	9	Unattached		3.38m	NWI
3 Ede, Brock	9	Penticton Tr		3.26m	NWI
4 Baumbach, Emmett	9	Prince Georg	2.44m	2.97m	NWI
5 Rogers, Dylan	9	East Kootena	2.64m	2.69m	NWI
6 McGrath, Cohen	9	St. Albert M	2.21m	1.88m	NWI
7 Allander, Linden	9	Penticton Tr		1.80m	NWI

Event 162 Girls 10 Year Olds Long Jump

Jack Brow: 3.82m 2018		Andrea Jacob, Leduc Track			
Name	Age	Team	Seed	Finals	Wind
1 Wasyliw, Mckinley	10	Vancouver Th	3.44m	3.56m	NWI
2 Houley-Calderon, Kirra	10	Unattached		3.41m	NWI
3 Rahalevich, Eryka	10	Vernon Amate	2.77m	3.20m	NWI
4 Albert, Elianna	10	East Kootena	2.75m	3.05m	NWI
5 Bisson, Melia	10	St. Albert M	3.13m	3.00m	NWI
6 Lord, Elsie	10	Unattached		2.86m	NWI
7 Harrower, Spencer	10	Unattached		2.83m	NWI
8 Buckingham, Zara	10	Penticton Tr	3.13m	2.81m	NWI
9 Diener, Anna	10	St. Albert M	3.40m	2.77m	NWI
10 Schellenberg, Jordan	10	Kamloops Tra	2.28m	2.69m	NWI
11 Assaf, Zeher	10	St. Albert M		2.67m	NWI
12 Diemer, Charlotte	10	Unattached		2.66m	NWI
13 Slowley, Dequanna	10	Unattached		2.38m	NWI

Event 163 Boys 10 Year Olds Long Jump

Jack Brow: 3.93m 2017		Ryland Sheldon, Kamloops T&F Club			
Name	Age	Team	Seed	Finals	Wind
1 Bushenbaum, Will	10	Unattached		4.18m	NWI r
2 Romero, Kjell	10	Penticton Tr		3.55m	NWI
3 Eeson, Arlo	10	Unattached		3.52m	NWI
4 McMillan, Levi	10	Penticton Tr		3.43m	NWI
5 Fisher, Mickey	10	Okanagan Ath	3.05m	3.07m	NWI
6 Hayden, Nicholas	10	Penticton Tr		3.01m	NWI
7 Wilkie, Benjamin	10	Penticton Tr	2.94m	2.97m	NWI
8 Hall, Elliott	10	Penticton Tr	3.08m	2.92m	NWI
9 Scarpino, Matteo	10	Unattached B	2.47m	2.83m	NWI

Event 164 Girls 11 Year Olds Long Jump

Jack Brow: 4.05m 2013		Nicolette Duchesne, Ocean Athletics			
Name	Age	Team	Seed	Finals	Wind
1 Leinemann, Georgia	11	Okanagan Ath	3.96m	4.15m	NWI r
2 Davis, Ella	11	Vancouver Ol	3.68m	3.64m	NWI
3 Collins, Olivia	11	Okanagan Ath	3.35m	3.62m	NWI
4 Pfitzenmaier, Hunter	11	Unattached		3.55m	NWI
5 Thompson, Elizabeth	11	Trail Track		3.24m	NWI
6 Rowat, Addison	11	Okanagan Ath	2.92m	3.23m	NWI
7 Melnechuk, Chloee	11	St. Albert M	3.04m	3.06m	NWI
8 Penner, Madeline	11	Vernon Amate	2.71m	2.92m	NWI
9 Hall, Olivia	11	Okanagan Ath	2.33m	2.77m	NWI
10 Harris, Britta	11	Prince Georg	2.76m	2.57m	NWI

Event 165 Boys 11 Year Olds Long Jump

Jack Brow: 4.15m 2012

Luka Dolman, Vancouver Thunderbirds

Name	Age	Team	Seed	Finals	Wind
1 Malcolm, Isaiah	11	Royal City T	3.90m	4.04m	NWI
2 Pang, Darren	11	Vancouver Ol	3.82m	3.96m	NWI
3 Djomkam, Destin	11	Okanagan Ath	3.85m	3.91m	NWI
4 Ede, Jaxon	11	Penticton Tr	3.88m	3.89m	NWI
5 Foster, Logan	11	Vancouver Th	3.58m	3.61m	NWI
6 Varma-Vitug, Armaan	11	Kajaks Track	3.66m	3.58m	NWI
7 Aasen, Aiden	11	Passtrak	3.77m	3.42m	NWI
8 Uesson, Kaeden	11	Vernon Amate	3.56m	3.27m	NWI
9 Chaney, Carson	11	Penticton Tr	3.47m	3.10m	NWI
10 Jack, Gage	11	Trail Track	2.95m	3.01m	NWI
11 Yapps, Vincent	11	Unattached		2.71m	NWI

Event 166 Girls 12 Year Olds Long Jump

Jack Brow: 4.54m 2017

Taylor Kleinschmidt, Ocean Athletics

Name	Age	Team	Seed	Finals	Wind
1 Cooper, Avery	12	St. Albert M	4.35m	4.39m	NWI
2 James, Sophie	12	Vancouver Ol	3.83m	3.97m	NWI
3 Smith, Cecilia	12	Okanagan Ath		3.62m	NWI
4 Illidge, Zoe	12	Langley Must		3.55m	NWI
5 Battiston, Gemma	12	Okanagan Ath	3.18m	3.43m	NWI
6 Sturrock, Liliana	12	Okanagan Ath	3.20m	3.42m	NWI
7 Rahkola, Zada	12	Penticton Tr	2.62m	2.87m	NWI

Event 167 Boys 12 Year Olds Long Jump

Jack Brow: 4.86m 2014

Caeleb Schlachter, Okanagan Athletics Club

Name	Age	Team	Seed	Finals	Wind
1 Moody, Evan	12	East Kootena	3.86m	4.24m	NWI
2 Anderson, Curtis	12	Penticton Tr	3.85m	4.13m	NWI
3 Williams, Luke	12	Okanagan Ath	3.62m	3.95m	NWI
4 Horak, Aidan	12	Okanagan Ath		3.76m	NWI
5 Rowe, Silas	12	Okanagan Ath	3.65m	3.72m	NWI
6 Haines, Tonya	12	Unattached		3.33m	NWI
7 Thompson, Brayden	12	Trail Track		3.12m	NWI
8 Smith, Declan	12	Okanagan Ath		3.03m	NWI
9 Jesson, Anton	12	Unattached B	2.67m	3.02m	NWI
10 Buttar, Julian	12	Penticton Tr		2.23m	NWI

Event 168 Girls 13 Year Olds Long Jump

Jack Brow: 4.79m 2018

Isabella Dreger, Unattached BC

Name	Age	Team	Seed	Finals	Wind
1 Sabatine, Amy	13	Coquitlam Ch	4.22m	4.08m	NWI
2 Fearn, Adrianna	13	Okanagan Ath	3.97m	3.95m	NWI
2 Sundset, Scarlett	13	Langley Must	3.71m	3.95m	NWI
4 Blackwell, Emma	13	East Kootena	3.77m	3.87m	NWI
5 Ter Wolbeek, Natalie	13	Penticton Tr	3.05m	3.69m	NWI
6 Gendron, Eden	13	St. Albert M		3.62m	NWI
7 Hall, Brooke	13	Trail Track	2.98m	3.61m	NWI
8 Porcellato, Violet	13	Penticton Tr		3.41m	NWI
9 Thierry, Marie	13	Penticton Tr		2.94m	NWI

Event 169 Boys 13 Year Olds Long Jump

Jack Brow: 5.53m 2014

Dane Martin, Okanagan Athletics Club

Name	Age	Team	Seed	Finals	Wind
------	-----	------	------	--------	------

1	Scarpino, Nic	13	Prince Georg	4.98m	5.08m	NWI
2	St James, Hunter	13	Unattached	3.95m	4.94m	NWI
3	Thompson, Orin	13	Vernon Amate		4.10m	NWI
4	Varga, Nathan	13	St. Albert M	3.95m	3.94m	NWI
5	Wilkinson, William	13	Athletics YU		3.67m	NWI

Event 170 Women 14-15 Long Jump

Jack Brow: 5.30m 2014		Emma Rastad, Norwesters				
Name	Age	Team	Seed	Finals	Wind	
1	Stroda, Lily	15	Unattached B	5.13m	5.27m	4.2
2	Pang, Vanessa	14	Vancouver OL	4.97m	4.97m	3.7
3	Hibbert, Noelle	15	St. Albert M	4.37m	4.73m	5.8
4	Gelber, Lucia	15	Trail Track	4.16m	4.69m	3.9
5	Wilson, Arianna	14	Penticton Tr	4.21m	4.61m	3.8
6	Boily, Jessica	15	Trail Track	4.42m	4.60m	3.0
7	Horak, Stephanie	15	Okanagan Ath	4.62m	4.53m	3.5
8	Wiedner, Leela	15	Penticton Tr	4.16m	4.32m	5.6
9	Demmler, Keira	15	Trail Track	4.28m	3.85m	5.6
10	Salter, Delanie	14	Canim Lake		2.71m	2.8

Event 171 Men 14-15 Long Jump

Jack Brow: 6.11m 2016		Benjamin James, Australia Sports				
Name	Age	Team	Seed	Finals	Wind	
1	Robinson, Ian	15	Unattached B	4.66m	5.69m	3.8
2	Taylor, Seth	15	Trail Track	5.18m	5.35m	3.7
3	Hurtubise, Hayden	14	Langley Must	5.55m	5.30m	3.8
4	Hvidston, Tyler	14	Penticton Tr	4.74m	4.74m	4.2
5	Scarpino, Erik	14	Prince Georg	4.09m	4.64m	4.3
6	Nelson, Paxton	14	Athletics YU		3.99m	2.5
7	Sias, Cullen	14	Athletics YU		3.79m	3.8

Event 172 Women 16-17 Long Jump

Jack Brow: 5.44m 2014		Dianan Voloshin, Norwesters				
Name	Age	Team	Seed	Finals	Wind	
1	Thero-Soto, Mia	16	St. Albert M	5.15m	5.09m	4.6
2	Turcios, Fabiola	17	St. Albert M		4.70m	4.2
3	Melvin, Anna	16	Vernon Amate	4.70m	4.59m	4.3
4	Horak, Amy	17	Okanagan Ath	4.54m	4.53m	4.0
5	Sarin, Niki	17	Okanagan Ath	3.41m	4.38m	5.0
6	Gallon, Makenna	17	Trail Track	3.77m	3.99m	2.9

Event 173 Men 16-17 Long Jump

Jack Brow: 6.64m 2022		Lynden Infanti, Unattached BC				
Name	Age	Team	Seed	Finals	Wind	
1	Carne, Seth	16	Kamloops Tra	5.41m	5.45m	1.6
2	McAuley, Grady	17	Trail Track	5.40m	5.06m	4.8
3	Nelson, Carson	16	Athletics YU		4.56m	4.6
4	Salter, Quinton	16	Canim Lake		4.16m	7.0
5	Archie, Reilly	16	Canim Lake		4.08m	3.4

Event 174 Women 18-19 Long Jump

Jack Brow: 5.56m 2014		Monique Lisek, Unattached BC				
Name	Age	Team	Seed	Finals	Wind	

1 Proctor, Dianna	18	Edmonton Roy	5.12m	5.47m	5.6
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Event 175 Men 18-19 Long Jump

Jack Brow:	6.51m	2012	James Turner, Okanagan Athletics Club		
Name		Age Team	Seed	Finals	Wind
1 Infanti, Lynden		18 Unattached	6.53m	6.31m	3.9

Event 176 Women 20-34 Long Jump

Jack Brow:	5.29m	Samantha Groenveld, UCAC			
Name		Age Team	Seed	Finals	Wind
1 Hall, Jordan		24 Coastal Trac	5.51m	4.97m	3.2
2 Carruthers, Alexandra		23 Calgary Warr		4.92m	2.9
3 Yow, Carissa		29 Vancouver Th	4.79m	4.79m	4.4

Event 178 Women 35-39 Long Jump

35-39 Jack B:	3.10m	2017	Loretta Amerongen, Voleo Athletics		
Name		Age Team	Seed	Finals	Wind
1 Adande, Karin		37 Unattached B	4.00m	3.93m	3.8

Event 178 Women 45-49 Long Jump

Name		Age Team	Seed	Finals	Wind
1 Bunbury, Shauna		46 NorWesters T		4.44m	3.9

Event 178 Women 50-54 Long Jump

50-54 Jack B:	4.43m	2018	Sunette Lessing, Kamloops T&F Club		
Name		Age Team	Seed	Finals	Wind
1 Pentecost, Galina		51 Okanagan Ath		3.68m	5.0

Event 178 Women 85-89 Long Jump

Name		Age Team	Seed	Finals	Wind
1 Bortignon, Christa		86 Greyhounds M	2.80m	3.08m	4.2

Event 179 Men 50-54 Long Jump

Name		Age Team	Seed	Finals	Wind
1 Ong, Raymond		51 Greyhounds M	4.30m	4.19m	5.7

Event 179 Men 75-79 Long Jump

Name		Age Team	Seed	Finals	Wind
1 Gee, Arthur		79 Greyhounds M	3.00m	2.99m	2.8

Event 180 Girls 13 Year Olds Triple Jump

Jack Brow:	9.37m	2018	Charlize Ostapowich, Edmonton Harriers		
Name		Age Team	Seed	Finals	Wind
1 Fearn, Adrianna		13 Okanagan Ath	8.23m	8.16m	1.6

Event 181 Boys 13 Year Olds Triple Jump

Jack Brow:	10.86m	2012	Erick Villanueva, Golden Ears		
Name	Age	Team	Seed	Finals	Wind
1 St James, Hunter	13	Unattached		9.87m	+0.0
2 Manzuik, Alex	13	Okanagan Ath		7.23m	-1.1

Event 182 Women 14-15 Triple Jump

Jack Brow:	11.83m	2012	Stephanie Cho, Vancouver Olympic		
Name	Age	Team	Seed	Finals	Wind
1 De Sousa, Karissa	15	St. Albert M	9.67m	9.86m	1.3
2 Demmler, Keira	15	Trail Track		9.73m	1.9

Event 183 Men 14-15 Triple Jump

Jack Brow:	12.54m		Braydon Roman, Norwesters		
Name	Age	Team	Seed	Finals	Wind
1 Harris, John	14	Unattached	11.01m	10.91m	1.1

Event 184 Women 16-17 Triple Jump

Jack Brow:	11.39m	2016	Kristen Schultz, Norwesters		
Name	Age	Team	Seed	Finals	Wind
1 Varma-Vitug, Sofia	16	Kajaks Track	10.98m	10.99m	+0.0
2 Horak, Amy	17	Okanagan Ath	9.81m	10.00m	-1.4
3 Phillips Frisk, Ella	17	Trail Track		8.86m	2.5
4 Gallon, Makenna	17	Trail Track		8.27m	1.5

Event 185 Men 16-17 Triple Jump

Jack Brow:	12.62m	2017	Benjamin James, Australia Sports		
Name	Age	Team	Seed	Finals	Wind
1 Carne, Seth	16	Kamloops Tra	11.93m	11.21m	+0.0
2 McAuley, Grady	17	Trail Track		10.23m	+0.0

Event 190 Women 45-49 Triple Jump

45-49 Jack B:	6.99m	2022	Renee Landry, Unattached BC		
Name	Age	Team	Seed	Finals	Wind
1 Bunbury, Shauna	46	NorWesters T		8.80m	2.2

Event 190 Women 85-89 Triple Jump

Name	Age	Team	Seed	Finals	Wind
1 Bortignon, Christa	86	Greyhounds M	5.60m	6.52m	+0.0

Event 191 Men 75-79 Triple Jump

Name	Age	Team	Seed	Finals	Wind
1 Gee, Arthur	79	Greyhounds M	5.81m	6.02m	2.0

Event 192 Girls 9 Year Olds Shot Put

2kg

Jack Brow: 6.69m 2013 Victoria Wideski, Kajaks T&F Club
Name Age Team Seed Finals

1	Dodd, Gemma	9	Prince Georg	4.14m	5.15m
2	Poulin, Eleanor	9	Vernon Amate	3.37m	4.24m
3	Sundset, Hazel	9	Langley Must	3.31m	3.24m

Event 193 Boys 9 Year Olds Shot Put

2kg

Jack Brow: 7.09m 2014 Jackson Bradley, Unattached BC
Name Age Team Seed Finals

1	Baumbach, Emmett	9	Prince Georg	3.52m	5.26m
2	McGrath, Cohen	9	St. Albert M	3.66m	3.58m

Event 194 Girls 10 Year Olds Shot Put

2kg

Jack Brow: 8.04m 2014 Victoria Wideski, Kajaks T&F Club
Name Age Team Seed Finals

1	Rahalevich, Eryka	10	Vernon Amate	4.99m	5.36m
2	Bisson, Melia	10	St. Albert M	4.17m	5.30m
3	Diener, Anna	10	St. Albert M	4.93m	4.62m
4	Assaf, Zeher	10	St. Albert M		4.46m
5	Schellenberg, Jordan	10	Kamloops Tra	4.03m	4.30m

Event 195 Boys 10 Year Olds Shot Put

2kg

Jack Brow: 10.31m 2014 Michael Ogbeiwi, Ocean Athletics
Name Age Team Seed Finals

1	Huntley, Isaiah	10	Unattached		6.29m
2	Fisher, Mickey	10	Okanagan Ath	5.49m	6.24m
3	Scarpino, Matteo	10	Unattached B	5.25m	5.18m
4	Cheever, Dax	10	Okanagan Ath		5.04m

Event 196 Girls 11 Year Olds Shot Put

2kg

Jack Brow: 10.22m 2014 Isabelle Forsyth, Ocean Athletics
Name Age Team Seed Finals

1	Harris, Britta	11	Prince Georg	7.44m	8.47m
2	Palm, Trinity	11	Okanagan Ath	7.23m	7.81m

Event 197 Boys 11 Year Olds Shot Put

2kg

Jack Brow: 9.10m 2017 Dawson Toews, Okanagan Athletics Club
Name Age Team Seed Finals

1	Pang, Darren	11	Vancouver Ol	8.99m	8.47m
2	Aasen, Aiden	11	Passtrak	8.03m	8.23m
3	Poulin, Mckinley	11	Vernon Amate		5.86m
4	Williams, Burke	11	Coquitlam Ch	4.95m	5.33m
5	Foster, Logan	11	Vancouver Th	4.74m	4.72m

Event 198 Girls 12 Year Olds Shot Put

3kg

Jack Brow: 8.66m 2018 Elise Drake, Okanagan Athletics Club
Name Age Team Seed Finals

1	Huntley, Teagan	12	Unattached		8.25m
2	Diener, Kira	12	St. Albert M	6.75m	6.56m
3	Buckingham, Kiana	12	Penticton Tr	6.21m	6.21m
4	Bjorgan, Laura	12	Okanagan Ath	6.19m	5.46m
5	Seddon, Ruby	12	Okanagan Ath		4.91m

Event 199 Boys 12 Year Olds Shot Put

3kg

Jack Brow: 11.49m 2017 Kian Zabihi, VAAA
Name Age Team Seed Finals

1	Udumaga, Kasieobi	12	Prince Georg	9.26m	9.09m
2	Williams, Luke	12	Okanagan Ath	7.32m	6.46m

Event 200 Girls 13 Year Olds Shot Put

3kg

Jack Brow: 10.63m 2012 Bethany Parker, Australia Sports
Name Age Team Seed Finals

1	Macinnis, Sawyer	13	Okanagan Ath	6.70m	7.17m
2	Hall, Brooke	13	Trail Track		5.91m
3	Boyce, Jordyn	13	Canim Lake		5.49m
4	Sundset, Scarlett	13	Langley Must	4.45m	4.90m

Event 201 Boys 13 Year Olds Shot Put

3kg

Jack Brow: 15.14m 2018 Kian Zabihi, Kamloops T&F Club
Name Age Team Seed Finals

1	Scarpino, Nic	13	Prince Georg	10.41m	10.85m
2	St James, Hunter	13	Unattached	7.88m	9.02m

Event 202 Women 14-15 Shot Put

3kg

Jack Brow: 11.75m 2018 Catherine Van Zyl, Unattached
Name Age Team Seed Finals

1	Stroda, Lily	15	Unattached B	10.24m	10.87m
2	Jacob, Andrea	15	Leduc Track	9.89m	9.92m
3	Boily, Jessica	15	Trail Track	8.23m	7.77m
4	Stevens, Tatyanna	14	Unattached B		7.75m
5	Friesen, Sarah	15	St. Albert M	8.52m	7.62m
6	McLean, Kara	14	Athletics YU		6.81m
7	Smith, Zivah	14	Vernon Amate	6.55m	6.63m
8	Salter, Delanie	14	Canim Lake		5.64m

Event 203 Men 14-15 Shot Put

4kg

Jack Brow: 14.22m 2012 Chitraj Dosanjh, Universal Athletics
Name Age Team Seed Finals

1	Gabriz, Boris	15	Okanagan Ath		10.32m
2	Parilak, Oliver	15	Vernon Amate		9.87m
3	Wilson, Breaux	15	Edmonton Int	9.08m	9.76m

4 Schulz, Justin	15	St. Albert M	10.81m	9.07m
5 Archie, Wyatt	15	Canim Lake		8.79m
6 Nelson, Paxton	14	Athletics YU		8.17m
7 Scarpino, Erik	14	Prince Georg	7.19m	7.25m
8 Charlie, Jasper	15	Athletics YU		6.95m

Event 204 Women 16-17 Shot Put

3kg

Jack Brow: 12.94m 2013 Avneet Nijjar, Universal Athletics

Name	Age	Team	Seed	Finals
1 Drake, Elise	17	Kajaks Track	12.21m	11.05m
2 Shields, Ellery	16	Trail Track	9.26m	9.71m
3 Turcios, Fabiola	17	St. Albert M		9.62m
4 Boyce-Archie, Lauryn	16	Canim Lake		8.06m
5 Kube, Gabrielle	16	St. Albert M	7.75m	7.53m

Event 205 Men 16-17 Shot Put

5kg

Jack Brow: 14.92m 2013 Aaron Stroda, Unattached BC

Name	Age	Team	Seed	Finals
1 Van Zyl, Zander	16	Vernon Amate	13.61m	12.03m
2 Nelson, Carson	16	Athletics YU		8.38m
3 Paul, Eric	16	Unattached		7.38m
4 Christopher, Darius	16	Canim Lake		7.29m
5 Salter, Quinton	16	Canim Lake		6.43m

Event 206 Women 18-19 Shot Put

4kg

Jack Brow: 10.02m 2012 Selina Byer, Unattached

Name	Age	Team	Seed	Finals
1 Van Zyl, Cathlene	19	Vernon Amate	12.95m	11.70m
2 Archie, Alexis	18	Canim Lake		7.77m

Event 209 Men 20-34 Shot Put

7.26kg

Jack Brow: 13.93m 2017 James Turner, Okanagan Athletics Club

Name	Age	Team	Seed	Finals
1 Asiff, Mohamed	26	Kamloops Tra		15.15m

Event 210 Women 40-44 Shot Put

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

40-44 Jack B: 6.66m 2018 Alissa Beresford, Australia Sports

Name	Age	Team	Seed	Finals
1 Khrisanova, Marina	43	Greyhounds M	6.09m	6.07m

Event 210 Women 45-49 Shot Put

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

45-49 Jack B: 8.47m 2018 Jennifer Wheeler, Unattached BC

Name	Age	Team	Seed	Finals
1 Diener, Andrea	48	St. Albert M	10.90m	10.64m
2 Carlos, Nicole	49	Vernon Amate	9.69m	9.27m

3 Foote, Debbie 49 Valley Royal 7.00m 8.15m

Event 210 Women 50-54 Shot Put

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)
50-54 Jack B: 9.67m 2018 Lesley Landels, VAAA

Name	Age	Team	Seed	Finals
1 Vowk, Lisa-Marie	50	Athletics YU	7.00m	7.69m
2 Kineshanko, Sherry	50	Vernon Amate		6.66m

Event 210 Women 60-64 Shot Put

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name	Age	Team	Seed	Finals
1 Pomietlarz, Monica	64	Okanagan Ath		8.63m
2 Harris, Joan	60	Prince Georg	8.54m	8.06m

Event 210 Women 65-69 Shot Put

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)
65-69 Jack B: 7.07m 2018 Marilyn Benz, Okanagan Athletics Club

Name	Age	Team	Seed	Finals
1 Jones, Terri	66	Comox Valley		8.29m

Event 210 Women 70-74 Shot Put

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)
70-74 Jack B: 6.89m 2018 Cheryl Closkey, Unattached BC

Name	Age	Team	Seed	Finals
1 Hare, Rose	74	Greyhounds M		7.72m

Event 211 Men 40-44 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)

Name	Age	Team	Seed	Finals
1 Harris, Ryan	42	Prince Georg	8.35m	8.49m

Event 211 Men 50-54 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)

Name	Age	Team	Seed	Finals
1 Wiebe, Shane	53	Trinity West		12.80m
2 Stevens, Shawn	50	Unattached B		10.05m
3 Harrower, Will	51	Unattached B	10.62m	9.95m
4 Wilson, Kier	51	Unattached A		8.39m

Event 211 Men 55-59 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)
55-59 Jack B: 9.18m 2018 Wesley Landels, VAAA

Name	Age	Team	Seed	Finals
1 Czekajlo, Rafal	57	Unattached B	11.33m	11.06m
2 Frenkel, Brad	59	Prince Georg	8.33m	9.18m

Event 211 Men 60-64 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
60-64 Jack B: 11.99m 2018 Michael Howser, Unattached BC				
Name	Age	Team	Seed	Finals
1 Arthur, Andrew	61	Unattached A	8.95m	9.18m

Event 211 Men 65-69 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
65-69 Jack B: 9.59m 2018 Brian Berquist, Riverdale Athletics				
Name	Age	Team	Seed	Finals
1 Deady, Michael	69	Unattached B	11.04m	11.49m

Event 211 Men 75-79 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
75-79 Jack B: 11.37m 2018 Marek Glowacki, Unattached BC				
Name	Age	Team	Seed	Finals
1 Foster, Bruce	77	Unattached A		9.65m
2 Ullis, David	75	Ultra Throw	10.12m	9.22m
3 Townsend, Ken	78	Ultra Throw		7.98m
4 Gee, Arthur	79	Greyhounds M	6.81m	6.69m

Event 211 Men 80-84 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
1 East, Les	83	Peninsula Tr	7.96m	7.86m

Event 211 Men 85-89 Shot Put

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
1 Butcher, Bruce	88	Kamloops Tra	8.00m	7.32m

Event 212 Girls 10 Year Olds Discus Throw

750g				
Jack Brow: 16.30m 2012 Nicolette Duchesne, Ocean Athletics				
Name	Age	Team	Seed	Finals
1 Wasyliw, Mckinley	10	Vancouver Th	8.67m	11.54m
2 Diener, Anna	10	St. Albert M		10.88m
3 Assaf, Zeher	10	St. Albert M		10.39m
4 Buckingham, Zara	10	Penticton Tr		8.95m

Event 213 Boys 10 Year Olds Discus Throw

750g				
Jack Brow: 27.69m 2014 Michael Ogbeiwi, Ocean Athletics				
Name	Age	Team	Seed	Finals
1 Huntley, Isaiah	10	Unattached		13.70m
2 Kruiswyk, Parke	10	Unattached		11.12m

Event 214 Girls 11 Year Olds Discus Throw

750g				
Jack Brow: 21.95m 2013 Nicolette Duchesne, Ocean Athletics				

Name	Age	Team	Seed	Finals
1 Palm, Trinity	11	Okanagan Ath	10.06m	13.88m
2 Harris, Britta	11	Prince Georg	13.67m	13.60m
3 Rowat, Addison	11	Okanagan Ath	12.88m	13.00m
4 O'Kane, Everleigh	11	Vernon Amate		11.27m

Event 215 Boys 11 Year Olds Discus Throw

750g

Jack Brow: 22.65m 2017 Nicholas Newman, Ocean Athletics

Name	Age	Team	Seed	Finals
1 Ede, Jaxon	11	Penticton Tr		15.57m
2 Djomkam, Destin	11	Okanagan Ath		14.28m
3 Aasen, Aiden	11	Passtrak	13.00m	14.06m

Event 216 Girls 12 Year Olds Discus Throw

750g

Jack Brow: 25.52m 2013 Mateya Haintz, Unattached BC

Name	Age	Team	Seed	Finals
1 Buckingham, Kiana	12	Penticton Tr	14.26m	18.17m
2 Huntley, Teagan	12	Unattached		18.04m
3 Diener, Kira	12	St. Albert M	17.20m	16.15m
4 Sturrock, Liliana	12	Okanagan Ath	12.27m	14.38m
5 Volberg, Noelle	12	Unattached		14.02m
6 Moore, Katherine	12	Okanagan Ath		13.41m
7 Bjorgan, Laura	12	Okanagan Ath	15.66m	9.20m

Event 217 Boys 12 Year Olds Discus Throw

1kg

Jack Brow: 32.49m 2017 Tyson Carr, Okanagan Athletics Club

Name	Age	Team	Seed	Finals
1 Williams, Luke	12	Okanagan Ath	18.46m	19.12m
2 Eeson, Henry	12	Unattached		14.50m

Event 218 Girls 13 Year Olds Discus Throw

750g

Jack Brow: 38.45m 2014 Dolly Gabri, Unattached

Name	Age	Team	Seed	Finals
1 Macinnis, Sawyer	13	Okanagan Ath	20.20m	21.10m
2 Haigh, Lauryn	13	St. Albert M	17.74m	18.48m
3 Carrier, Alexa	13	Penticton Tr		17.82m
4 Boyce, Jordyn	13	Canim Lake		13.70m
5 Yapps, Camille	13	Vernon Amate		13.43m
6 Sundset, Scarlett	13	Langley Must	12.18m	12.86m

Event 219 Boys 13 Year Olds Discus Throw

1kg

Jack Brow: 42.47m 2018 Kian Zabihi, Kamloops T&F Club

Name	Age	Team	Seed	Finals
1 Varga, Nathan	13	St. Albert M	14.85m	13.36m

Event 220 Women 14-15 Discus Throw

1kg

Jack Brow: 36.17m 2012 Chanell Botsis, Kajaks T&F Club
Name Age Team Seed Finals

1	Stevens, Tatyanna	14	Unattached B		27.57m
2	Diener, Ella	15	St. Albert M	25.01m	25.99m
3	McLean, Kara	14	Athletics YU		18.65m
4	Jesson, Annaleigha	14	Unattached B	19.83m	18.40m
5	Johnston, Ella	14	Athletics YU		16.83m

Event 221 Men 14-15 Discus Throw

1kg

Jack Brow: 50.94m 2018 Jayden Duncum, Australia Sports
Name Age Team Seed Finals

1	Schulz, Justin	15	St. Albert M	35.69m	33.14m
2	Wilson, Breaux	15	Edmonton Int	29.76m	30.35m
3	Gabriz, Boris	15	Okanagan Ath		29.27m
4	Parilak, Oliver	15	Vernon Amate	17.63m	27.31m
5	Thomas-Sutton, Harris	15	St. Albert M		24.28m
6	Archie, Wyatt	15	Canim Lake		22.82m
7	Charlie, Jasper	15	Athletics YU		21.65m
8	Nelson, Paxton	14	Athletics YU		20.70m

Event 222 Women 16-17 Discus Throw

1kg

Jack Brow: 35.23m 2013 Manpreet Grewel, Valley Royals
Name Age Team Seed Finals

1	Shields, Ellery	16	Trail Track	20.03m	19.24m
2	Boyce-Archie, Lauryn	16	Canim Lake		17.92m
3	Kube, Gabrielle	16	St. Albert M	20.53m	17.43m

Event 223 Men 16-17 Discus Throw

1.5kg

Jack Brow: 47.09m 2012 Benjamin Ingvaldson, Ocean Athletics
Name Age Team Seed Finals

1	Van Zyl, Zander	16	Vernon Amate	40.65m	24.36m
2	Manuel, Keanu	16	Unattached B	24.73m	23.18m
3	Nelson, Carson	16	Athletics YU		21.61m
4	Paul, Eric	16	Unattached		19.81m

Event 224 Women 18-19 Discus Throw

1kg

Jack Brow: 27.45m 2018 Jayden Demchuk, Athletics Yukon
Name Age Team Seed Finals

1	Van Zyl, Cathlene	19	Vernon Amate	40.71m	40.53m
2	Dellezay, Lauren	18	Edmonton Thu	29.13m	29.24m
3	Archie, Alexis	18	Canim Lake		19.38m

Event 225 Men 18-19 Discus Throw

1.75kg

Jack Brow: 40.90m 2012 James Turner, Okanagan Athletics Club
Name Age Team Seed Finals

1	Jamison, Rain	19	U OF C Athle	35.97m	34.61m
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2 Carr, Tyson 18 Okanagan Ath 35.37m 29.55m

Event 226 Women 20-34 Discus Throw

1kg

Jack Brow: 40.92m Samantha Groenvald, UCAC

Name Age Team Seed Finals

1 O'Brien, Cassaundra 32 Prince Georg 21.29m 20.37m

Event 228 Women 45-49 Discus Throw

750g (75+); 1kg (60-74, 50-59, 35-49)

45-49 Jack B: 34.40m 2022 Nicole Carlos, Okanagan Athletics Club

Name Age Team Seed Finals

1 Diener, Andrea 48 St. Albert M 35.04m 35.66m

2 Carlos, Nicole 49 Vernon Amate 33.17m 33.19m

3 Foote, Debbie 49 Valley Royal 19.00m 17.22m

Event 228 Women 50-54 Discus Throw

750g (75+); 1kg (60-74, 50-59, 35-49)

50-54 Jack B: 22.00m 2018 Lesley Landels, VAAA

Name Age Team Seed Finals

1 Kineshanko, Sherry 50 Vernon Amate 18.17m

Event 228 Women 60-64 Discus Throw

750g (75+); 1kg (60-74, 50-59, 35-49)

Name Age Team Seed Finals

1 Harris, Joan 60 Prince Georg 22.25m 20.83m

Event 228 Women 65-69 Discus Throw

750g (75+); 1kg (60-74, 50-59, 35-49)

65-69 Jack B: 13.09m 2018 Elizabeth Radley, Australia Sports

Name Age Team Seed Finals

1 Jones, Terri 66 Comox Valley 20.35m

Event 228 Women 70-74 Discus Throw

750g (75+); 1kg (60-74, 50-59, 35-49)

70-74 Jack B: 21.73m 2018 Cheryl Closkey, Unattached BC

Name Age Team Seed Finals

1 Hare, Rose 74 Greyhounds M 18.48m

Event 228 Women 80-84 Discus Throw

750g (75+); 1kg (60-74, 50-59, 35-49)

Name Age Team Seed Finals

1 Brand, Kathy 81 Unattached B 14.97m

Event 229 Men 40-44 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)

40-44 Jack B: 37.69m 2021 Matt Pilkington, Okanagan Athletics Club

Name Age Team Seed Finals

1	Wasyliw, Greg	40	Unattached B		24.79m
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Event 229 Men 45-49 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)
45-49 Jack B: 36.36m 2022 Phillip Vannini, Nanaimo & District

Name	Age	Team	Seed	Finals
1	Smith, Rhett	47	Unattached B	23.92m

Event 229 Men 50-54 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)
50-54 Jack B: 34.95m 2018 Hedley Larson, VAAA

Name	Age	Team	Seed	Finals
1	Stevens, Shawn	50	Unattached B	30.11m
2	Wilson, Kier	51	Unattached A	28.74m
3	Harrower, Will	51	Unattached B	26.17m 27.78m

Event 229 Men 55-59 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)
55-59 Jack B: 33.15m 2021 Rafal Czekajilo, Unattached BC

Name	Age	Team	Seed	Finals
1	Parsons, Dan	55	Unattached A	46.18m
2	Czekajilo, Rafal	57	Unattached B	35.49m 33.89m
3	Frenkel, Brad	59	Prince Georg	33.73m

Event 229 Men 60-64 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)
60-64 Jack B: 41.57m 2018 Michael Deady, Unattached BC

Name	Age	Team	Seed	Finals
1	Arthur, Andrew	61	Unattached A	38.41m 34.03m

Event 229 Men 65-69 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)
65-69 Jack B: 41.71m 2022 Michael Deady, Unattached BC

Name	Age	Team	Seed	Finals
1	Deady, Michael	69	Unattached B	38.81m 41.30m
2	Kosierb, Marcel	65	Unattached B	38.10m 38.95m

Event 229 Men 75-79 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)
75-79 Jack B: 32.58m 2022 Bruce Foster, Unattached AB

Name	Age	Team	Seed	Finals
1	Foster, Bruce	77	Unattached A	31.21m
2	Ulis, David	75	Ultra Throw	31.12m 28.64m
3	Townsend, Ken	78	Ultra Throw	23.20m
4	Gee, Arthur	79	Greyhounds M	21.20m 18.99m

Event 229 Men 80-84 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)
80-84 Jack B: 20.29m 2022 Les East, Peninsula T&F

Name	Age	Team	Seed	Finals
1 East, Les	83	Peninsula Tr	21.92m	20.84m

Event 229 Men 85-89 Discus Throw

1kg (80+, 70-79, 60-69); 1.5kg (50-59); 2kg (35-49)

85-89 Jack B: 20.01m 2022 Bruce Butcher, Kamloops T&F Club

Name	Age	Team	Seed	Finals
1 Butcher, Bruce	88	Kamloops Tra	18.00m	18.60m

Event 230 Girls 10 Year Olds Javelin Throw

400g

Jack Brow: 13.92m 2013 Kailea Fuller, Chilliwack T&F Club

Name	Age	Team	Seed	Finals
1 Wasyliw, Mckinley	10	Vancouver Th	10.86m	13.75m
2 Diener, Anna	10	St. Albert M	6.80m	10.58m
3 Rahalevich, Eryka	10	Vernon Amate	6.65m	10.05m
4 Bisson, Melia	10	St. Albert M		7.79m
5 Assaf, Zeher	10	St. Albert M		7.23m

Event 231 Boys 10 Year Olds Javelin Throw

400g

Jack Brow: 20.34m 2015 Aiden Turner, Coastal Track Club

Name	Age	Team	Seed	Finals
1 Wilkie, Benjamin	10	Penticton Tr		11.32m
2 Fisher, Mickey	10	Okanagan Ath	12.17m	11.29m
3 Hayden, Nicholas	10	Penticton Tr		9.07m
4 Scarpino, Matteo	10	Unattached B		7.32m

Event 232 Girls 11 Year Olds Javelin Throw

400g

Jack Brow: 24.05m 2013 Eniko Sara, Ocean Athletics

Name	Age	Team	Seed	Finals
1 Harris, Britta	11	Prince Georg	11.56m	10.98m
2 Thompson, Elizabeth	11	Trail Track		8.41m
3 O'Kane, Everleigh	11	Vernon Amate		8.36m

Event 233 Boys 11 Year Olds Javelin Throw

400g

Jack Brow: 24.80m 2016 Graeme Eder, Coquitlam Cheetahs

Name	Age	Team	Seed	Finals
1 Chaney, Carson	11	Penticton Tr	14.41m	16.73m
2 Uesson, Kaeden	11	Vernon Amate		15.71m
3 Aasen, Aiden	11	Passtrak	14.70m	10.39m
4 Jack, Gage	11	Trail Track	9.90m	8.84m

Event 234 Girls 12 Year Olds Javelin Throw

400g

Jack Brow: 36.38m 2013 Rori Denness, Ocean Athletics

Name	Age	Team	Seed	Finals
1 Buckingham, Kiana	12	Penticton Tr	11.89m	17.55m

2	Diener, Kira	12	St. Albert M	13.45m	16.08m
3	Seddon, Ruby	12	Okanagan Ath		13.64m
4	Bjorgan, Laura	12	Okanagan Ath	12.52m	12.42m
5	Moore, Katherine	12	Okanagan Ath		11.07m
--	Suarez Leon, Romina	12	Vancouver Th	15.04m	FOUL

Event 235 Boys 12 Year Olds Javelin Throw

500g

Jack Brow: 27.46m 2014 Abbott Keagan, Powell River

Name	Age	Team	Seed	Finals
1 Williams, Luke	12	Okanagan Ath	23.54m	25.45m
2 Jesson, Anton	12	Unattached B	20.08m	19.21m
3 Horak, Aidan	12	Okanagan Ath		18.70m
4 Thompson, Brayden	12	Trail Track		13.39m

Event 236 Girls 13 Year Olds Javelin Throw

400g

Jack Brow: 39.54m 2014 Rori Denness, Ocean Athletics

Name	Age	Team	Seed	Finals
1 Hall, Brooke	13	Trail Track	8.34m	16.18m
2 Thierry, Marie	13	Penticton Tr		12.15m
3 Boyce, Jordyn	13	Canim Lake		8.98m

Event 237 Boys 13 Year Olds Javelin Throw

500g

Jack Brow: 42.31m 2014 Dane Martin, Okanagan Athletics Club

Name	Age	Team	Seed	Finals
1 Scarpino, Nic	13	Prince Georg	26.51m	28.04m
2 Ramsay, Jayce	13	Golden Ears		22.24m
3 Varga, Nathan	13	St. Albert M	19.59m	16.53m
4 Wilkinson, William	13	Athletics YU		16.17m

Event 238 Women 14-15 Javelin Throw

500g

Jack Brow: 42.73m 2012 Brittni Wolczyc, Langley Mustangs

Name	Age	Team	Seed	Finals
1 Jacob, Andrea	15	Leduc Track	29.28m	33.90m
2 Diener, Ella	15	St. Albert M	26.68m	23.70m
3 Friesen, Sarah	15	St. Albert M		21.09m
4 Jesson, Annaleigha	14	Unattached B		20.84m
5 Smith, Zivah	14	Vernon Amate	16.41m	20.12m
6 McLean, Kara	14	Athletics YU		17.87m
7 Stevens, Tatyanna	14	Unattached B		17.20m
8 Johnston, Ella	14	Athletics YU		11.34m

Event 239 Men 14-15 Javelin Throw

600g

Jack Brow: 50.31m 2013 Kieran Leboe, Prince George

Name	Age	Team	Seed	Finals
1 Illingworth, Miles	15	Unattached B	38.81m	40.13m
2 Beck, Chazz (charles)	15	Unattached B	15.11m	38.66m
3 Gabriz, Boris	15	Okanagan Ath		36.24m
4 Harris, John	14	Unattached	43.33m	34.95m

5	Wilson, Breaux	15	Edmonton Int	33.53m	32.12m
6	Parilak, Oliver	15	Vernon Amate		25.83m
7	Hurtubise, Hayden	14	Langley Must		25.22m
8	Austen, Finn	14	Okanagan Ath	19.93m	21.41m
9	Nelson, Paxton	14	Athletics YU		20.58m
10	Cawte, Ethan	14	Trail Track	15.40m	19.61m
11	Charlie, Jasper	15	Athletics YU		17.17m
12	Archie, Wyatt	15	Canim Lake		16.53m
13	Scarpino, Erik	14	Prince Georg	18.68m	11.11m

Event 240 Women 16-17 Javelin Throw

500g

Jack Brow: 41.10m 2017 JV Patry-Smith, Royal City
 Name Age Team Seed Finals

1	Melvin, Anna	16	Vernon Amate	23.64m	22.48m
2	Wong, Tammy	16	Vancouver Th	18.41m	17.85m
3	Boyce-Archie, Lauryn	16	Canim Lake		15.62m

Event 241 Men 16-17 Javelin Throw

700g

Jack Brow: 57.23m 2018 Jacob Taylor, Kamloops T&F Club
 Name Age Team Seed Finals

1	Wilson, Kier	51	Unattached A		33.00m
2	Christopher, Darius	16	Canim Lake		31.67m
3	McWhirter, Logan	16	Penticton Tr	25.08m	24.12m
4	Salter, Quinton	16	Canim Lake		23.86m
5	Manuel, Keanu	16	Unattached B	22.09m	22.32m
6	Paul, Eric	16	Unattached		17.07m

Event 242 Women 18-19 Javelin Throw

600g

Jack Brow: 45.26m 2014 Brittini Wolczyc, Langley Mustangs
 Name Age Team Seed Finals

1	Archie, Alexis	18	Canim Lake		17.53m
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Event 244 Women 20-34 Javelin Throw

600g

Jack Brow: 36.39m 2014 Diane Campbell, Caltaf Athletics
 Name Age Team Seed Finals

1	Sara, Eniko	21	Royal City T	50.73m	42.99m	r
2	Hall, Jordan	24	Coastal Trac		27.39m	

Event 246 Women 45-49 Javelin Throw

400g (75+); 500g (60-74, 50-59); 600g (35-49)

45-49 Jack B: 28.85m 2021 Nicole carlos, Okanagan Athletics Club
 Name Age Team Seed Finals

1	Carlos, Nicole	49	Vernon Amate	28.73m	27.67m
2	Diener, Andrea	48	St. Albert M	31.90m	26.79m
3	Por, Gabriella	46	Unattached B	16.25m	18.47m

Event 246 Women 50-54 Javelin Throw

400g (75+); 500g (60-74, 50-59); 600g (35-49)

Name	Age	Team	Seed	Finals
50-54 Jack B: 18.51m 2018		Kylie Strong, Australia Sports		
1 Redka, Sarah	51	Unattached B		22.95m
2 Vowk, Lisa-Marie	50	Athletics YU	16.00m	21.00m
3 Kineshanko, Sherry	50	Vernon Amate		15.60m

Event 246 Women 60-64 Javelin Throw

Name	Age	Team	Seed	Finals
400g (75+); 500g (60-74, 50-59); 600g (35-49)				
60-64 Jack B: 26.91m 2021		Monica Pomietlarz, Okanagan Athletics Club		
1 Pomietlarz, Monica	64	Okanagan Ath	25.00m	27.98m
2 Harris, Joan	60	Prince Georg	24.46m	20.38m

Event 246 Women 65-69 Javelin Throw

Name	Age	Team	Seed	Finals
400g (75+); 500g (60-74, 50-59); 600g (35-49)				
65-69 Jack B: 23.24m 2018		Marilyn Benz, Okanagan Athletics Club		
1 Jones, Terri	66	Comox Valley		23.23m

Event 246 Women 70-74 Javelin Throw

Name	Age	Team	Seed	Finals
400g (75+); 500g (60-74, 50-59); 600g (35-49)				
70-74 Jack B: 20.18m 2021		Marilyn Benz, Okanagan Athletics Club		
1 Benz, Marilyn	73	Unattached B	17.43m	16.44m

Event 246 Women 80-84 Javelin Throw

Name	Age	Team	Seed	Finals
400g (75+); 500g (60-74, 50-59); 600g (35-49)				
1 Brand, Kathy	81	Unattached B		15.14m

Event 247 Men 45-49 Javelin Throw

Name	Age	Team	Seed	Finals
400g(80+); 500g(70-79); 600g(60-69); 700g(50-59); 800g(35-49)				
45-49 Jack B: 38.96m 2018		Kier Wilson, Unattached		
1 Smith, Rhett	47	Unattached B		27.50m

Event 247 Men 50-54 Javelin Throw

Name	Age	Team	Seed	Finals
400g(80+); 500g(70-79); 600g(60-69); 700g(50-59); 800g(35-49)				
50-54 Jack B: 35.56m 2022		Will Harrower, Unattached BC		
1 Harrower, Will	51	Unattached B	35.68m	33.33m
2 Wilson, Kier	51	Unattached A		31.64m
3 Stevens, Shawn	50	Unattached B		25.51m

Event 247 Men 55-59 Javelin Throw

Name	Age	Team	Seed	Finals
400g(80+); 500g(70-79); 600g(60-69); 700g(50-59); 800g(35-49)				
55-59 Jack B: 33.18m 2018		Sean Steele, Athletics Victoria		

1 Kent, Scott	58 Coastal Trac	40.56m	39.10m
2 Frenkel, Brad	59 Prince Georg	23.67m	24.66m

Event 247 Men 60-64 Javelin Throw

400g(80+); 500g(70-79); 600g(60-69); 700g(50-59); 800g(35-49)

Name	Age Team	Seed	Finals
1 Arthur, Andrew	61 Unattached A	24.25m	24.28m

Event 247 Men 75-79 Javelin Throw

400g(80+); 500g(70-79); 600g(60-69); 700g(50-59); 800g(35-49)

Name	Age Team	Seed	Finals
1 Ullis, David	75 Ultra Throw	32.12m	28.01m
2 Townsend, Ken	78 Ultra Throw		22.66m
3 Gee, Arthur	79 Greyhounds M	15.19m	15.20m

Event 247 Men 80-84 Javelin Throw

400g(80+); 500g(70-79); 600g(60-69); 700g(50-59); 800g(35-49)

80-84 Jack B: 19.27m 2022 Les East, Peninsula T&F			
Name	Age Team	Seed	Finals
1 East, Les	83 Peninsula Tr	20.22m	19.28m

Event 247 Men 85-89 Javelin Throw

400g(80+); 500g(70-79); 600g(60-69); 700g(50-59); 800g(35-49)

85-89 Jack B: 18.46m 2022 Bruce Butcher, Kamloop T&F Club			
Name	Age Team	Seed	Finals
1 Butcher, Bruce	88 Kamloops Tra	18.00m	16.15m

Event 248 Girls 12 Year Olds Hammer Throw

3kg

Jack Brow: 26.29m 2013 Mateya Haintz, Unattached BC

Name	Age Team	Seed	Finals
1 Diener, Kira	12 St. Albert M		15.86m

Event 252 Women 14-15 Hammer Throw

3kg

Jack Brow: 52.82m 2016 Phoebe Price-Roberts, Okanagan Athletics Cl

Name	Age Team	Seed	Finals
1 Collis, Allyna	14 St. Albert M	34.78m	34.74m
2 Horlock, Lily	14 Vancouver Th	32.21m	33.91m
3 Stevens, Tatyanna	14 Unattached B	29.86m	32.06m
4 Jacob, Andrea	15 Leduc Track	26.14m	24.59m

Event 253 Men 14-15 Hammer Throw

4kg

Jack Brow: 56.60m 2017 Ethan Katzberg, Nanaimo & District

Name	Age Team	Seed	Finals
1 Wilson, Breaux	15 Edmonton Int	41.45m	39.49m
2 Schulz, Justin	15 St. Albert M	40.07m	37.18m

Event 254 Women 16-17 Hammer Throw

3kg

Jack Brow: 55.48m 2017 Phoebe Price-Roberts, Unattached BC
 Name Age Team Seed Finals

1	Drake, Elise	17	Kajaks Track	52.91m	51.36m
2	Kube, Sydney	16	St. Albert M	50.08m	46.02m
3	Wong, Tammy	16	Vancouver Th	32.40m	31.60m
4	Kube, Gabrielle	16	St. Albert M	32.72m	30.43m
5	Gallon, Makenna	17	Trail Track	30.95m	29.47m

Event 255 Men 16-17 Hammer Throw

5kg

Jack Brow: 60.81m 2022 Kian Zabihi, Kamloops T&F Club
 Name Age Team Seed Finals

1	Collis, Adam	17	St. Albert M	37.67m	32.43m
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Event 258 Women 20-34 Hammer Throw

4kg

Jack Brow: 52.47m Samantha Groenveld, UCAC
 Name Age Team Seed Finals

1	Kube, Sydney	16	St. Albert M		37.84m
2	O'Brien, Cassaundra	32	Prince Georg	28.86m	28.76m

Event 260 Women 45-49 Hammer Throw

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

45-49 Jack B: 39.28m 2022 Nicole Carlos, Okanagan Athletics Club
 Name Age Team Seed Finals

1	Diener, Andrea	48	St. Albert M	39.22m	40.67m
2	Carlos, Nicole	49	Vernon Amate	39.51m	39.77m
3	Foote, Debbie	49	Valley Royal	25.00m	34.66m

Event 260 Women 60-64 Hammer Throw

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

Name Age Team Seed Finals

1	Harris, Joan	60	Prince Georg	27.62m	29.43m
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Event 260 Women 65-69 Hammer Throw

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

65-69 Jack B: 12.30m 2018 Elizabeth Radley, Australia Sports
 Name Age Team Seed Finals

1	Jones, Terri	66	Comox Valley		24.49m
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Event 260 Women 70-74 Hammer Throw

2kg (75+); 3kg (60-74, 50-59); 4kg (35-49)

70-74 Jack B: 25.98m 2018 Cheryl Closkey, Unattached BC
 Name Age Team Seed Finals

1	Hare, Rose	74	Greyhounds M		27.24m
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Event 260 Women 80-84 Hammer Throw

3kg (75+); 3kg (60-74, 50-59); 4kg (35-49)				
Name	Age	Team	Seed	Finals
80-84 Jack B: 24.68m 2022		Kathy Brand, Kamloops T&F Club		
1 Brand, Kathy	81	Unattached B		25.66m

Event 261 Men 50-54 Hammer Throw

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
50-54 Jack B: 46.32m 2022		Dan Parsons, Unattached AB		
1 Wilson, Kier	51	Unattached A		39.08m
2 Stevens, Shawn	50	Unattached B		31.12m

Event 261 Men 55-59 Hammer Throw

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
1 Frenkel, Brad	59	Prince Georg	28.55m	34.51m

Event 261 Men 60-64 Hammer Throw

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
60-64 Jack B: 44.04m 2021		Cory Holly, VAAA		
1 Arthur, Andrew	61	Unattached A	27.35m	27.55m

Event 261 Men 65-69 Hammer Throw

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
1 Holly, Cory	65	Unattached B	45.00m	42.42m

Event 261 Men 75-79 Hammer Throw

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
1 Ullis, David	75	Ultra Throw	30.20m	27.70m
2 Townsend, Ken	78	Ultra Throw		24.40m

Event 261 Men 80-84 Hammer Throw

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
80-84 Jack B: 28.53m 2022		Les East, Peninsula track & Field		
1 East, Les	83	Peninsula Tr	28.58m	30.15m

Event 261 Men 85-89 Hammer Throw

3kg (80+); 4kg (70-79); 5kg (60-69); 6kg (50-59); 7.26kg(35-49)				
Name	Age	Team	Seed	Finals
85-89 Jack B: 21.04m 2022		Bruce Butcher, Kamloops T&F Club		
1 Butcher, Bruce	88	Kamloops Tra	21.47m	19.99m

Event 262 Women 45-49 Weight Throw

4kg (75+); 5.45kg (60-74); 7.26kg (50-59); 9.08kg (35-49)				
Name	Age Team	Seed	Finals	
1 Carlos, Nicole	49 Vernon Amate	12.49m	12.47m	
2 Diener, Andrea	48 St. Albert M	11.84m	12.09m	
Event 262 Women 60-64 Weight Throw				
4kg (75+); 5.45kg (60-74); 7.26kg (50-59); 9.08kg (35-49)				
Name	Age Team	Seed	Finals	
1 Harris, Joan	60 Prince Georg	11.78m	11.35m	
Event 262 Women 65-69 Weight Throw				
4kg (75+); 5.45kg (60-74); 7.26kg (50-59); 9.08kg (35-49)				
Name	Age Team	Seed	Finals	
1 Jones, Terri	66 Comox Valley		9.38m	
Event 262 Women 70-74 Weight Throw				
4kg (75+); 5.45kg (60-74); 7.26kg (50-59); 9.08kg (35-49)				
Name	Age Team	Seed	Finals	
1 Hare, Rose	74 Greyhounds M		9.95m	
Event 262 Women 80-84 Weight Throw				
4kg (75+); 5.45kg (60-74); 7.26kg (50-59); 9.08kg (35-49)				
Name	Age Team	Seed	Finals	
1 Brand, Kathy	81 Unattached B		9.34m	
Event 263 Men 50-54 Weight Throw				
5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59) 15.88kg (35-49)				
Name	Age Team	Seed	Finals	
1 Wilson, Kier	51 Unattached A		13.81m	
2 Stevens, Shawn	50 Unattached B		10.71m	
3 Harrower, Will	51 Unattached B	10.08m	9.26m	
Event 263 Men 55-59 Weight Throw				
5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59) 15.88kg (35-49)				
Name	Age Team	Seed	Finals	
1 Parsons, Dan	55 Unattached A		16.79m	
2 Frenkel, Brad	59 Prince Georg		11.38m	
Event 263 Men 60-64 Weight Throw				
5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59) 15.88kg (35-49)				
Name	Age Team	Seed	Finals	
1 Arthur, Andrew	61 Unattached A	13.05m	11.84m	
Event 263 Men 75-79 Weight Throw				

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)
15.88kg (35-49)

Name	Age Team	Seed	Finals
1 Ullis, David	75 Ultra Throw	12.12m	10.81m
2 Townsend, Ken	78 Ultra Throw		9.84m

Event 263 Men 80-84 Weight Throw

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)
15.88kg (35-49)

Name	Age Team	Seed	Finals
1 East, Les	83 Peninsula Tr		10.62m

Event 263 Men 85-89 Weight Throw

5.45kg (80+); 7.26kg (70-79); 9.08kg (60-69); 11.34kg (50-59)
15.88kg (35-49)

Name	Age Team	Seed	Finals
1 Butcher, Bruce	88 Kamloops Tra	9.00m	8.83m

Event 266 Women 14-15 Pole Vault

Jack Brow:	Name	Seed	Age Team	Finals
3.50m 2022	Mackenzie Hurtubise, Langley Mustangs			
	1 Armstrong, Gabrielle	3.50m	15 Kamloops Tra	3.55m r
	2 Pollock, Huia	2.40m	15 Okanagan Ath	2.60m

Event 267 Men 14-15 Pole Vault

Jack Brow:	Name	Seed	Age Team	Finals
3.05m 2018	Adrian Price-Roberts, Okanagan Athletics Clu			
	1 Hvidston, Tyler	2.60m	14 Penticton Tr	2.90m
	2 Hurtubise, Hayden	2.85m	14 Langley Must	2.80m
	3 Armstrong, Dimitri	2.50m	14 Kamloops Tra	J2.80m
	4 Wilson, Breaux	2.50m	15 Edmonton Int	2.30m

Event 270 Women 18-19 Pole Vault

Jack Brow:	Name	Seed	Age Team	Finals
3.70m 2013	Kathryn Van Ryswyck, Ocean Athletics			
	1 Dellezay, Lauren	2.75m	18 Edmonton Thu	2.40m

Event 271 Men 18-19 Pole Vault

Jack Brow:	Name	Seed	Age Team	Finals
4.20m 2012	Riley Van Ryswyk, South Fraser			
--	Jamison, Rain	3.60m	19 U OF C Athle	NH

Event 274 Women 55-59 Pole Vault

Name	Age Team	Seed	Finals
1 Craig, Nancy	57 Athletics Vi	2.50m	2.20m

Event 275 Men 50-54 Pole Vault

Name	Age	Team	Seed	Finals
50-54 Jack B:	3.20m	2018	Len Van Ryswyk, Ocean Athletics	

1 Bouzane, Alexander	51	Royal City T	3.00m	3.30m
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Event 275 Men 55-59 Pole Vault

Name	Age	Team	Seed	Finals
1 Van Ryswyk, Len	59	Unattached B	2.90m	3.10m

1 Van Ryswyk, Len	59	Unattached B	2.90m	3.10m
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Event 275 Men 60-64 Pole Vault

Name	Age	Team	Seed	Finals
60-64 Jack B:	2.10m	2018	David Dickey, Greyhounds	

-- Steele, Sean	61	Athletics Vi	2.80m	NH
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Event 275 Men 75-79 Pole Vault

Name	Age	Team	Seed	Finals
1 Gee, Arthur	79	Greyhounds M	1.45m	1.40m

1 Gee, Arthur	79	Greyhounds M	1.45m	1.40m
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Event 276 Mixed 18-19 4x100 Meter Relay

Team	Seed	Finals
1 St. Albert Mustangs Track & FI 'A'		58.25

3)	4) Collis, Allyna 14	
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2 Penticton Track & Field Club 'A'		1:04.35
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3 Edmonton Royals Track and Fiel 'A'		1:04.70
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3)	4) Morrison, Riona 18	
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