



35th DOGWOOD TRACK AND FIELD MEET  
May 11 and 12, 2024

**PRELIMINARY TRACK EVENTS SCHEDULE**  
Current to February 9, 2024 – SUBJECT TO CHANGE

**SATURDAY TRACK EVENTS SCHEDULE**

**9:30** COACH MEETING IN FRONT OF COVERED STANDS

9:45	<b>W80H (30')</b>	<b>HEATS</b>	<b>U16 Pentathlon, U16</b>
	<b>M 100mH (33")</b>	<b>HEATS</b>	<b>U16 Pentathlon, U16</b>
10:30	W100mH	Timed finals	Open,U20,U18
	M 110mH	Timed finals	Open,U20,U18
Rolling schedule for sprint hurdles	80mH (30")	Timed finals	U14 (JD13)
	80mH (27")	Timed finals	U14 (JD12)
	60mH (24")	Timed finals	U12 (JD11, JD10)
	60mH (21")	Timed finals	U10 (JD9)
11:30	<b>W80mH / M100mH</b>	<b>FINALS</b>	<b>U16</b>
12:30	<b>300m</b>	<b>HEATS</b>	<b>U16</b>
	300m	Timed finals	U14 (JD13, JD12)
1:30	1500m (1500m WC)	Timed finals	Wheelchair, Masters, Open, U20, U18
2:00	<b>1200m</b>	<b>TIMED FINALS</b>	<b>U16,U14</b>
	1000m	Timed finals	U12 (JD11, JD10), U10 (JD9)
3:00	<b>100m</b>	<b>HEATS</b>	<b>U16</b>
	100m (100m WC)	Timed finals	All ages M/F: Wheelchair, Masters – U10
4:15	<b>100m</b>	<b>FINALS</b>	<b>U16</b>
4:30	800m / 1000m	Timed finals	<b>U16 Pentathlon</b>
5:00	400m (400m WC)	Timed finals	Masters, Open, U20, U18
5:20	<b>300m</b>	<b>FINALS</b>	<b>U16</b>
5:30	5000m		Masters, Open, U20, U18



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**SUNDAY TRACK EVENTS SCHEDULE**

9:00	400mH	Timed finals	Open, U20,U18
9:30	300mH	<b>TIMED FINALS</b>	<b>U16</b>
	200mH	Timed finals	U14 (JD13, JD12)
10:00	<b>2000m</b>	<b>TIMED FINALS</b>	<b>U16</b>
	2000m	Timed finals	U14 (JD13)
	3000m	Timed finals	U18
<b>10:50</b>	<b>200m</b>	<b>HEATS</b>	<b>U16</b>
	200m (200m WC)	Timed finals	Wheelchair, Masters, Open, U20, U18, U14 (JD 13, JD12), U12(JD11)
<b>12:45</b>	<b>1500m steeplechase</b> (no water jump)	<b>TIMED FINALS</b>	<b>U16</b>
	2000m steeplechase	Timed finals	U18
	3000m steeplechase	Timed finals	Open,U20
1:45	60m	Timed finals	U12 (JD11, JD10), UI0 (JD9)
<b>TRACK RASCALS 50m FUN RUN</b>			
<b>3:00</b>	<b>200m</b>	<b>FINALS</b>	<b>U16</b>
3:15	600m	Timed finals	U12 (JD11, JD10), UI0 (JD9)
<b>3:40</b>	<b>800m</b>	<b>TIMED FINALS</b>	<b>U16</b>
	800m	Timed finals	Masters, Open, U20, U18, U14
<b>4:30</b>	<b>1500m RW</b>	<b>TIMED FINALS</b>	<b>U16, U14 (JD13)</b>
	800m RW		U14 (JD12), U12 (JD11, JD10), UI0 (JD9)
	5000m RW		Open,U20,U18



**35th ANNUAL DOGWOOD TRACK AND FIELD MEET**  
**May 11 and 12, 2024**

**PRELIMINARY FIELD EVENTS SCHEDULE**  
 Current to February 9, 2024 – SUBJECT TO CHANGE

SATURDAY FIELD SCHEDULE			SUNDAY FIELD SCHEDULE		
9:45am	<b>Discus</b>	<b>U16 Girls</b>	9:00am	<b>Javelin</b>	<b>U16 Girls</b>
	<b>Triple Jump</b>	<b>U16 Boys</b>		<b>Long Jump</b>	<b>U16 Boys</b>
	Long Jump	JD11 Girls		Shot Put	JD13 Girls
	Shot Put	U18 + Men		<b>Hammer*</b>	JD12, JD 13 Boys
	High Jump	JD11, JD12 Boys		Triple Jump	U18+ Women
10:00	Pole Vault	JD13+ flight 1 (up to 2m50)		High Jump	JD10, JD9 Girls
	SEATED THROWS	All ages, Male and Female (infield)			
11:00am	<b>High Jump</b>	<b>U16 Pent (G+B)</b>			
	<b>Javelin</b>	<b>U16 Boys</b>	10:00am	<b>High Jump</b>	<b>U16 Girls</b>
	Shot Put	JD13, JD12 Boys		Long Jump	JD9 Boys
	Long Jump	JD10, JD9 Girls		Triple Jump	JD13 Girls
	High Jump	U18+ Men		<b>Hammer*</b>	JD12, JD13 Girls
	Discus	U18+ Women		Javelin	JD 13 Girls, U18+ Women
12 noon	<b>Long Jump</b>	<b>U16 Girls</b>		Shot Put	JD12, JD11 Girls
	High Jump	JD10, JD9 Boys	11:00am	High Jump	JD12, JD11 Girls
	Shot Put	JD10, JD11 Boys		Long Jump	JD10, JD11 Boys
	Discus	JD13 Girls		Shot Put	JD10, JD9 Girls
				<b>Hammer*</b>	<b>U16 Girls</b>
1:00pm	<b>Shot Put</b>	<b>U16 Pent (G+B)</b>	12 noon	<b>Shot Put</b>	<b>U16 Girls</b>
	<b>High Jump</b>	<b>U16 Boys</b>		<b>Hammer*</b>	<b>U16 Boys</b>
	Long Jump	JD12 Girls		Long Jump	U18+ Men
	Triple Jump	U18+ Men		Javelin	JD12, JD11, JD10 Girls
	Javelin	JD13 Boys			
	Discus	U18+ Men;			
	Pole Vault	JD13+ (over 2m50)			
			1:00pm	Long Jump	JD12 Boys
2:00pm	Long Jump	U18+ Women		Discus	JD11, JD10 Boys
	Triple Jump	JD13 Boys		Shot Put	U18+ Women
	High Jump	JD13 Girls		<b>Hammer*</b>	U18+ Men
	Javelin	JD12 Boys			
	Shot Put	JD9 Boys	2:00pm	<b>Discus</b>	<b>U16 Boys</b>
3:00pm	<b>Long Jump</b>	<b>U16 Pent (G+B)</b>		Long Jump	JD13 Boys
	<b>Shot Put</b>	<b>U16 Boys</b>	2:30	<b>Hammer*</b>	U18+ Women
	High Jump	JD13 Boys	3:00pm	<b>Triple Jump</b>	<b>U16 Girls</b>
	Discus	JD12, JD11, JD10 Girls		Discus	JD13, JD12 Boys
	Javelin	U18+ Men			
4:00pm	High Jump	U18+ Women			
	Long Jump	JD13 Girls			
	Javelin	JD11, JD10 Boys			

**NOTE: Hammer is held at the Jack Wallace Memorial Track on Goldsmith Street (Behind Oak Bay Rec Centre); rolling schedule**