



# 2024 BC ATHLETICS MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

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## ABOUT

The 2024 BC Athletics Outdoor Masters Track & Field Championships is the provincial championship in Track & Field for athletes aged 35 years and older. This year's edition will be held in conjunction with the 2024 Jack Brow Memorial meet. BC Athletics would like to thank the Okanagan Athletics Club for hosting the 2024 Championships in addition to the BC Athletics Officials and tireless volunteers who will bring this event to life.



## EVENT INFORMATION

Event:	2024 BC Athletics Masters Outdoor Track & Field Championships
Host:	BC Athletics & Okanagan Athletics Club
Date:	June 28-30th, 2024
Location:	Kelowna, BC
Venue:	Apple Bowl Stadium   1555 Burtch Road, Kelowna, BC V1Y 4A9
Age Groups:	Masters 35yrs+
Sanctioned by:	BC Athletics
Meet Director:	Brad Heinzman ( <a href="mailto:president@okac.ca">president@okac.ca</a> )
Meet Manager:	Karent Hatch ( <a href="mailto:manager@okac.ca">manager@okac.ca</a> )
BC Athletics:	Garrett Collier ( <a href="mailto:garrett.collier@bcathletics.org">garrett.collier@bcathletics.org</a> )
Website:	<a href="#">Click Here</a>
Registration Link:	<a href="#">Click Here</a>

## EVENT ELIGIBILITY

To compete in the BC Athletics Masters Outdoor Track & Field Championships, athletes must:

- ✓ Be a BC Athletics member who holds an Active Competitive Athlete Membership or equivalent from another Provincial Branch or World Athletics Federation\*
- ✗ Day of Event memberships are not available or eligible for this event.

\* Athletes from another Provincial Branch or World Athletics Federation should email the Track & Field Program Manager (Garrett Collier) at [garrett.collier@bcathletics.org](mailto:garrett.collier@bcathletics.org).

## ENTRY STANDARDS

There are no entry standards for this event.

## EVENT ENTRIES AND REGISTRATION

### FEES & DEADLINES

Entry Deadline Monday – June 24, 2024, by 11:59PM	Late Entry Deadline Wednesday – June 26, 2024, by 11:59PM
\$25.00 for first individual event	\$35.00 for first individual event
\$20.00 for each additional individual event	\$30.00 for each additional individual event
\$35.00 for Combined Events	\$45.00 for Combined Events
\$30.00 for each Relay Event/Team*	\$45.00 for each Relay Event/Team

**\*LATE ENTRIES FOR RELAYS ACCEPTED UP TO 60 MINUTES PRIOR TO RACE START TIME  
ALL OTHER EVENTS NO REGISTRATIONS ACCEPTED AFTER LATE ENTRY DEADLINE  
NO REFUNDS AFTER REGISTRATION IS CLOSED**

## ONLINE REGISTRATION

All entries must be done online. Athletes wishing to enter this event can enter online [HERE.](#)

## REGISTRATION PACKAGES

Meet information packages and competitor numbers will be available for pick up at the registration table (located next to the finish line tent) starting **Friday, June 28<sup>th</sup> after 4:00pm**. On Saturday and Sunday, the registration table will open at **7:30am**. **Reminder: There are no refunds once the online registration closes at midnight on Wednesday, June 26, 2024.**

## TECHNICAL COMPETITION RULES

### ORDER OF EVENTS

For Track Events will be run oldest to youngest, females then males.

### FACILITY INFORMATION

The Apple Bowl Stadium has an 8 lane 400m polyurethane surface. There are 4 horizontal jumping pits with 2 runways located outside of the track along the back stretch (east). High Jump and Pole Vault facilities are located outside of the track at the northeast corner of the track. 2 shot put rings are located on the outside of the track at the north end of the facility. The Javelin runway is located at southeast corner of the track. Discus and Hammer facilities are located to the east side outside of the stadium.

### SPIKE LENGTH

The maximum spike length allowed is **7mm** (pyramid or Christmas tree) for all events except high jump and javelin. A maximum of **9mm** spikes (pyramid or Christmas tree) can be used for high jump and javelin throw. No needle spikes allowed.

### COMPETITION CATEGORIES

This event serves as the provincial championships for the Masters 35+ age group. Please note the following:

- ! Competition categories are in 5-year increments, with age determined on the first day of the meet (Friday, June 28<sup>th</sup>, 2024).
- ! Depending on the number of entries, age groups may be combined for track events to maximize lanes.
- ! Reminder: Women will compete first, oldest to youngest followed by men, oldest to youngest.

### COMPETITION NUMBERS

Each athlete will receive two (2) competition numbers which must be worn on the front and back for all events except for High Jump and Pole Vault and at the discretion of the official. Competitors

numbers will be included in the registration packages. Hip numbers for track events must also be worn on both hips and on the upper left chest area. Lost or destroyed numbers will be replaced with a \$10.00 replacement fee.

## COMPETITION ATTIRE

All Club athletes are encouraged to wear their Club issued uniform. Unattached athletes should wear appropriate athletic gear for their event(s). Relay teams must wear matching singlets/tops (slight differences in design permitted).

## MARSHALLING

For individual track events and relays, marshalling will be done at the start line of the race. For field events, please check in at the individual field event area. Please be ready to check in **30 minutes** prior to the start of your event.

## IMPLEMENTS

All throwing implements will be provided by the meet organizers. Athletes may use their personal implements for competition. Personal implements must meet all WA and WMA Standards and must be weighed in no later than 45 minutes prior to the scheduled start time of the event. Implement weigh-ins will be located at the east side of the stadium at the hammer cage.

## ATHLETES WITH CONFLICTING EVENTS

All events will go as scheduled. Athletes must check in at the ACC for both events and notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return.

## QUALIFYING FOR FINALS

In **TRACK EVENTS** all events will be run as timed finals. In **FIELD EVENTS** all athletes will be given 6 attempts.

## PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (**WA Rule 8.2**). Result announcements and posting must be time stamped, and that time is considered the beginning of the 30-minute period.

The Protest is made orally to the relevant Referee, e.g., the Field Referee for the Field event, or the Track Referee for the Track event.

A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre if the Referee is not immediately available. No deposit is required for a PROTEST.

In track events, “if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete “under protest” in order to preserve the rights of all concerned (**WA Rule 8.4**). Please also refer to the remaining rules in RULE 8.4 for clarification of other potential issues.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

## APPEALS TO THE JURY

The original protestor, or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A \$50.00 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

**JURY OF APPEALS:** A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

## RECORDS

- ✓ For Provincial Masters Records, no record forms are required.
- ✓ For Canadian Masters Records, the provincial record form is required. Proof of age must be on file with the CMA.
- ✓ For World Masters Records, a WMA form must be completed. A WMA record form must be completed. For a track record, a Zero Gin Test plus a copy of the photo-finish is also required. For a field event record, a copy of the official event sheet is also required. The WMA now accepts only your birth certificate as your proof of age. The HOC will provide meet results as required.

## AWARDS

BC Athletics Championship Medals will be awarded in 5-year age groups. Medals will be awarded on the infield, opposite the grandstands. Professional photos will be taken by Candid Apple Photography.

## MEDICAL

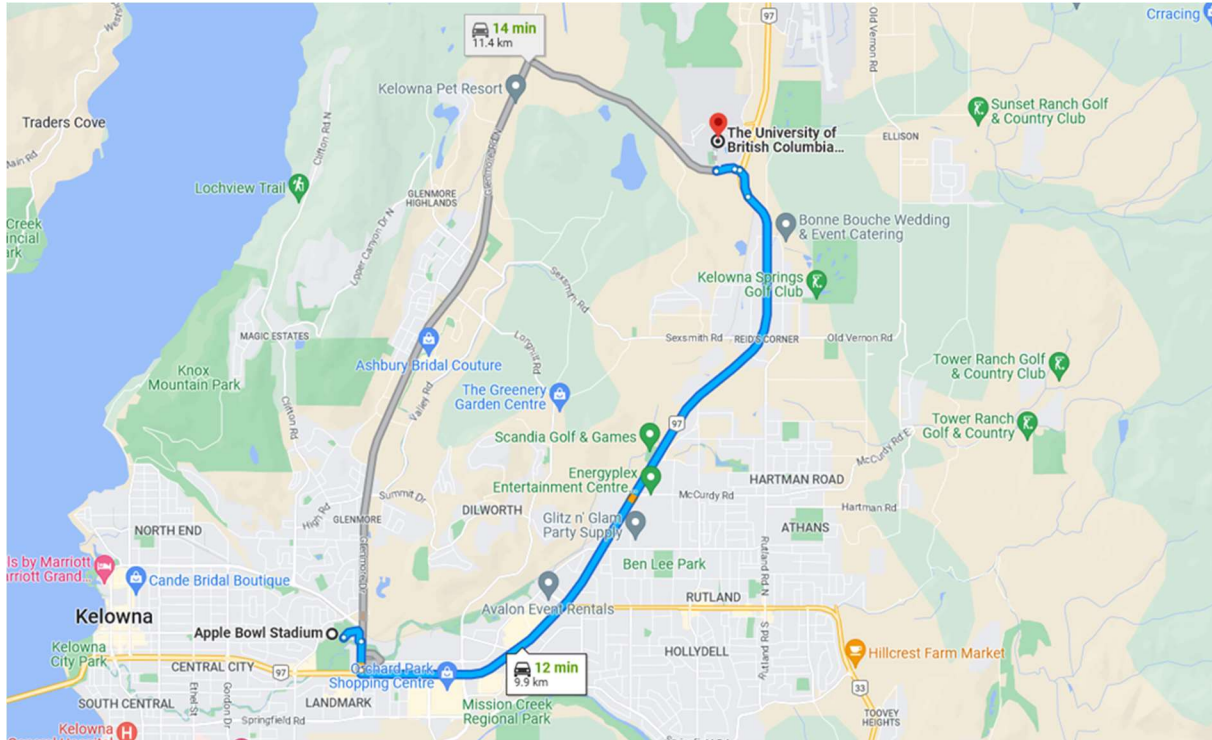
Medical will be provided by St. John Ambulance

## MERCHANIDSE & CONCESSION

There will be a concession located to the grandstands near to the 100m start. Event merchandise will be available near the entrance to the Apple Bowl, next to the grandstands.

## ACCOMMODATIONS

UBCO CAMPUS ACCOMMODATION is available for a 10% discount on all room types, minimum 2 nights, based on availability between June 17 and July 1. Follow the link below to book (input stay dates with number guests and click “search”): UBCO Campus Accommodation [LINK HERE](#)



**HYATT PLACE (walking distance)**

[BOOKING LINK HERE](#)

**BEAR CREEK OR FINTRY PROVINCIAL CAMPGROUNDS**

[BOOKING LINK HERE](#)

**ACCENT INNS**

[BOOKING LINK HERE](#)

**ECONO LODGE INN & SUITES**

[BOOKING LINK HERE](#)

**RECREATION INN & SUITES (walking distance)**

[BOOKING LINK HERE](#)

**COAST CAPRI HOTEL**

[BOOKING LINK HERE](#)

**DAYS INN BY WYNDHAM**

[BOOKING LINK HERE](#)

**BEST WESTERN PLUS**

[BOOKING LINK HERE](#)