



BC Athletics Board of Directors

October 29, 2025 Election

Nominee: Brittany Therrien (incumbent)

Region: Vancouver

Please outline any professional experience that you feel would be relevant to a position on BC Athletics Board of Directors:

I have been a practicing lawyer since I was called to the bar of British Columbia in 2018. I have previously practiced in personal injury (six years) and family law (two years) where I did primarily litigation and appeared at all levels of court in British Columbia. Since 2023, I have practiced workplace law, which include labour, employment, occupational health and safety, human rights, and privacy. I advise a wide variety of employers on how to navigate these fields and regularly appear in court or before administrative tribunals in each of these areas. I also perform investigations into misconduct both in the workplace and in sport.

Please outline any personal experience that you feel would be relevant to a position on the BC Athletics Board of Directors:

I competed as a track and field athlete, primarily in middle distances, for approximately 20 years before I retired from sport to focus full-time on law. I competed at both the varsity and post-secondary level, including as a member of BC Athletics' Endurance Project. I have also coached track and field at the elementary, high school, and post-secondary levels.

Please provide a brief statement (max 250 words) outlining why you are interested in serving on the BC Athletics Board of Directors:

I am interested in continuing to serve on BC Athletics' Board of Directors because I have an interest and experience in Safe Sport. As a female athlete, I witnessed many of my colleagues in sport have negative experiences that ruined their relationship with sport. As a lawyer, I advise employers on how to make their workplaces safer, and I perform investigations into abuse for sport organizations. I would like to continue BC Athletics' work of making sport safer, and assist the organization in navigating its regulatory obligations.

How do your values and experiences reflect and support BC Athletics' vision and values of integrity, connection, accessibility, respect and excellence across all levels of the sport?

In my view, making sport safer makes sport more accessible for all because athletes are not prematurely leaving the sport due to negative experiences. Many athletes do not meet their full potential because they experience maltreatment in sport. By improving the safety of our sport, I believe that we can create an environment where sport becomes a lifelong community and ensure that each athlete is able to reach their full potential.

Safe Sport is a growing priority across amateur sport. From a governance perspective, how do you think BC Athletics can continue to strengthen policies and practices that ensure a sport environment that is safe, accessible, and inclusive for all participants?

Our best tool as an organization is education. We, as a Board, ought to continue to stay up-to-date on developments in this area and ensure all members in our organization are taking regular training and education in this field. I also think there is an inherent cultural shift that we need to make as an organization from Safe Sport training primarily as a regulatory obligation to all taking responsibility and interest in doing everything that we can to make our sport safer.

If elected to the Board of Directors, what do you see as the most significant contribution you can make to the organization?

If I am re-elected to the Board, the most significant contribution I can make is helping BC Athletics navigate the ever-changing Safe Sport environment, including handling current and future complaints in this regard.