



2025 MSA Vertical October 18th, 2025

Name	Club	Coach
Sandra Kilmartin	UNBC Unattached British Columbia	Jenny Quilty
Anton Kuipers	Speedfarm	Chad Johnston
Andrew Russell	Prairie Inn Harriers Racing Team	Rowan DeBues

2025 MSA Classic Up & Down October 19th, 2025

NAME	CLUB	COACH
Sandra Kilmartin	UNBC Unattached British Columbia	Jenny Quilty
Shannon Penway	UNBC Unattached British Columbia	Self Coached
Anton Kuipers	Speedfarm	Chad Johnston
Andrew Russell	Prairie Inn Harriers Racing Team	Rowan DeBues
Shaun Stephens-Whale	UNBC Unattached British Columbia	Kris Swanson