Track Master of the Year Nomination Form

Nominated by: _____ (may be the nominee)

BCA Membership Number: _____

Nominee: _____

 BCA Membership Number: _____

 Date of Birth: _____(MM/DD/YYYY)

 Gender: _____

 Five Best Age Graded performances for the year (may be the same event or different events)

(Use age at beginning of age category eg. 40,45,50 etc.)

 For example, could provide results for: 100m,100m,200m,400m,1500m

 Age grading calculator may be found at www.howardgrubb.co.uk/athletics/wmalookup06.html

Event	Event Date	Location	Result	Age Graded Result (%)
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Note: The award is based on the average of the five best age graded performances for the year.

Other significant information:

        (such as records set, ranking in BC/Canada/World. For World ranking, number of participants is important for the Sport BC Award).

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