An Evening to Honour Athletes, Coaches, Officials & Volunteers
Welcome

On behalf of the Board of Directors, welcome to the BC Athletics Annual Awards Banquet celebrating the 2018 season.

This is a wonderful opportunity to recognize the achievements of our athletes, coaches, officials, club executives and volunteers during the past year. They all contribute to the success of athletics in British Columbia.

I would like to thank the Province of British Columbia, viaSport, our business partners, and the Royal Canadian Legion for their on-going support. Their involvement and participation in our sport enables us to provide a high level of programs and services to our members. BC Athletics offers so much to all levels and ages of its members. It is the support of parents, family, friends and volunteers that makes this all possible.

Congratulations to all. Enjoy your evening.

Greg White
Chair, Board of Directors
BC Athletics

The Program

Opening Remarks
Dinner
Awards Presentations
Track & Field
Road Running
Cross Country
Para-Athletics
Masters
Officials
Coaches
Executive of the Year
Jane Swan Memorial Award
BC Athletics Hall of Fame
Outstanding Athletes of the Year
Canadian Team Recognition
Closing Remarks

Program Cover Photo: Paul Funk
A special Thank You to coaches, parents and club members who generously provided photos of award nominees and winners.
2018 Track & Field Athlete Of The Year Nominees

**U16 Female Track & Field Award Winners**

**Emma de Boer**
Club: Ocean Athletics
Coach: Jeannie Cockcroft
EVENT & PERFORMANCE: High Jump, 1.70m (2nd) - National Legion Championships

**Sophie Fernback**
Club: Ocean Athletics
Coach: Jeannie Cockcroft
EVENT & PERFORMANCE: High Jump, 1.62m (1st) - BC Summer Games

**Ella Foster**
Club: Royal City Track & Field Club
Coach: Cristina Weir
EVENT & PERFORMANCE: Pole Vault, 3.11m (1st) - BC Summer Games

**Sophia Gribbon**
Club: Coquitlam Cheetahs
Coach: Tara Self
EVENT & PERFORMANCE: High Jump, 1.55m (3rd) - BC Summer Games Trials Zones 3&4
Long Jump, 5.21m (2nd) - BC Summer Games

**Caroline Ho**
Club: Vancouver Thunderbirds
Coach: Andrew Cooke
EVENT & PERFORMANCE: Pole Vault, 2.60m (5th) - BC Summer Games Trials Zones 3&4
Triple Jump, 10.62m (4th) - BC Summer Games

**Sadie Joyce**
Club: Trail Track & Field Club
Coach: Dan Horan
EVENT & PERFORMANCE: High Jump, 1.58m (1st) - West Kootenay Zone Royal Canadian Outdoor Track Meet

**Olivia Lundman**
Club: Nanaimo District Track & Field Club
Coaches: Linda Campbell & Sven Donaldson
EVENT & PERFORMANCE: 1500m Race Walk, 7:22.41 (1st) - BC Summer Games Trials Zones 3&4
Pole Vault, 3.00m (2nd) - BC Summer Games

**Emma Cannan**
Club: Okanagan Athletics Club
Coach: Pat Sima-Ledding
EVENT & PERFORMANCE: 300m, 40.23 (1st) - Jack Brow Memorial

**Larissa Cote**
Club: Chilliwack Track & Field Club
Coach: James McIsaac
EVENT & PERFORMANCE: High Jump, 1.58m (1st) - Vaisakhi Festival Track & Field Meet

**Tilda Cressman**
Club: Vancouver Olympic Club
Coaches: Besnik & Tatjana Mece
EVENT & PERFORMANCE: 1500m Steeplechase, 5:19.89 (4th) - BC Summer Games

**Jaeland Cummings**
Club: Unattached
Coach: Karen Lopez
EVENT & PERFORMANCE: 100m, 12.49 (1st) - Jesse Bent Memorial

**Isabella Brunoro**
Club: Royal City Track & Field Club
Coach: Andrew Cooke
EVENT & PERFORMANCE: Pole Vault, 5.04 (1st) - BC Athletics Championships Jamboree

**Sophia Gribbon**
Club: Coquitlam Cheetahs
Coach: Tara Self
EVENT & PERFORMANCE: Pole Vault, 3.11m (1st) - BC Summer Games Trials Zones 3&4

**Katelyn Stewart-Barnett**
Club: Royal City Track & Field Club
Coach: Sean Dixon
EVENT & PERFORMANCE: 1500m Steeplechase, 4:50.45 (1st) - BC Athletics Championships Jamboree

**Laysha Tunti**
Club: Coquitlam Cheetahs
Coach: Tara Self
EVENT & PERFORMANCE: 80m Hurdles, 11.70 (1st) - BC Athletics Championships Jamboree
Long Jump, 5.53m (1st) - BC Athletics Championships Jamboree

**Sonya Urbanowicz**
Club: Nanaimo District Track & Field Club
Coach: Sven Donaldson
EVENT & PERFORMANCE: Pole Vault, 2.80m (3rd) - BC Summer Games

**Larissa Cote**
Club: Chilliwack Track & Field Club
Coach: James McIsaac
EVENT & PERFORMANCE: High Jump, 2.80m (3rd) - BC Athletics Championships Jamboree

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**Krysthina Vlahovic**
Club: Universal Athletics Club
Coach: Iuliana Kroeger
EVENT & PERFORMANCE: 80m Hurdles, 11.99 (2nd) - Pacific Invitational
Triple Jump, 10.39m (1st) - BC Summer Games Trials Zones 3&4

**Victoria Wideski**
Club: Kajaks Track & Field Club
Coach: Garrett Collier
EVENT & PERFORMANCE: Discus, 31.33m (1st) - BC Summer Games

**Alwilda Van Ryswyk Award**
(Top Female Age 14 Long Jump)
**Sophia Gribbon**
Club: Coquitlam Cheetahs
Coach: Tara Self
Top Performance: 5.21m (BC Summer Games)

**Praise Aniamaka**
Club: Universal Athletics Club
Coach: Iuliana Kroeger
EVENT & PERFORMANCE: 100m Hurdles, 14.17 (3rd) - BC Athletics Championships Jamboree
300m Hurdles, 39.97 (1st) - BC High School Championships
Triple Jump, 13.82m (1st) - National Legion Championships

**Cole Bibby**
Club: Unattached
Coach: Dylan Armstrong
EVENT & PERFORMANCE: Javelin, 48.62m (3rd) - National Legion Championships

**Terence Cheung**
Club: Vancouver Thunderbirds
Coach: Andrew Cooke
EVENT & PERFORMANCE: 300m Hurdles, 40.41 (2nd) - Trevor Craven Memorial

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2018 Track & Field Athlete Of The Year Nominees

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### 2018 Track & Field Athlete Of The Year Nominees

**Matti Erickson**  
Club: Kootenay Chaos Track Club  
Coach: Alex Ulazonek

**Nicholas Monro**  
Club: Langley Mustangs  
Coach: Dwayne Ulazonek

**Isaac Naumenko**  
Club: Racewalk West  
Coach: Robert Solmes

**Charanjit Nijjar**  
Club: Universal Athletics Club  
Coach: Luca Molinari

**Lucas Herold**  
Club: Kajaks Track & Field Club  
Coach: Garrett Collier

**Roy Jiang**  
Club: Ocean Athletics  
Coach: Carl Savage

**Michael Ogbeiwu**  
Club: South Surrey Athletics  
Coach: Don Allemeersch

**Nate Paris**  
Club: Nanaimo & District Track & Field Club  
Coach: Michael Viers

**Quan Ting Thomas Ma**  
Club: Vancouver Olympic Club  
Coach: Tatjana Mece

**Nolan McEachern**  
Club: Golden Ears Athletics  
Coach: Kevin Harrison

### 2018 Track & Field Athlete Of The Year Nominees

**Ben Rossouw**  
Club: Cowichan Valley Athletic Club  
Coach: Laura Dewit

**Matthew Uliana**  
Club: Vancouver Thunderbirds  
Coach: Don Allemeersch

**Kiran Wanniarachchi**  
Club: Royal City Track & Field Club  
Coach: Sean Dixon

**Rocco Wesnoski**  
Club: Ocean Athletics  
Coach: Dave McDonald

**Jarrett Chong**  
Club: South Surrey Athletics  
Coach: Don Allemeersch & Kevin Smith

**Mateya Haintz**  
Club: Unattached  
Coach: Brad Graham

**Dolly Gabri**  
Club: Unattached  
Coach: Donald Allemeersch

**Isaac Clements**  
Club: Athletics Victoria Track & Field Society  
Coach: Owen Clements

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**2018 Track & Field Athlete Of The Year Nominees**

**U18 Male Track & Field Athlete of the Year Nominees**

**Jarrett Chong**  
Club: South Surrey Athletics  
Coach: Don Allemeersch & Kevin Smith  
Event: Javelin (67.55m)

**U18 Female Track & Field Athlete of the Year Nominees**

**Dolly Gabri**  
Club: Unattached  
Coach: Donald Allemeersch  
Events: Shot Put (14.966), Discus (46.046m)

**Isaac Clements**  
Club: Athletics Victoria Track & Field Society  
Coach: Owen Clements  
Event: Pole Vault (4.30m)
2018 Track & Field Athlete Of The Year Nominees

**Bazil Spencer**
Club: Prince George Track & Field Club
Coach: Dylan Armstrong
Event: High Jump (2.01m)
HIGHLIGHTS:
National Legion Track & Field Championships - 1st
RANKINGS:
High Jump: BC Yth – 1, CAN Yth – 1

**Grace Fetherstonhaugh**
Club: Royal City Track & Field Club
Coach: Sean Dixon
Event: 3000m Steeplechase (10:01.95)
HIGHLIGHTS:
IAAF U20 Championships - 10th
RANKINGS:
3000m Steeplechase: BC Jr – 1, CAN Jr – 1

**Taryn O’Neill**
Club: Okanagan Athletics Club
Coach: Malindi Elmore
Event: 3000m (9:15.03)
HIGHLIGHTS:
IAAF U20 Championships - 1th
RANKINGS:
3000m: BC Jr – 1, CAN Jr – 1

**Camryn Rogers**
Club: Kajaks Track & Field Club
Coaches: Garrett Collier & Mo Saatara
Event: Hammer Throw (65.61m)
HIGHLIGHTS:
IAAF U20 Championships - 1st
RANKINGS:
Hammer Throw: BC Jr – 1, CAN Jr – 1

**Georgia Ellenwood**
Club: Unattached
Coach: Nate Davis
Event: Heptathlon (6173 points)
HIGHLIGHTS:
Canadian Track & Field Championships - 1st
Pan American Combined Events Cup – 1st
RANKINGS:
Heptathlon: BC Sr – 1, CAN Sr – 1, INTL – 19

**Liz Gleadle**
Club: Vancouver Thunderbirds
Coach: Laurier Primeau
Event: Javelin (61.53m)
HIGHLIGHTS:
Canadian Track & Field Championships - 1st
Commonwealth Games – 1st
RANKINGS:
Javelin: BC Sr – 1, CAN Sr – 1, INTL – 21

**Charlie Dannatt**
Club: Hershey Harriers Athletics Club
Coaches: Cindy O’Krane & Darcie Montgomery
Event: 1500m (3:47.16)
HIGHLIGHTS:
IAAF U20 Championships - 33rd
RANKINGS:
1500m: BC Jr – 1, CAN Jr – 1

**Tyler Dozzi**
Club: UBC Track & Field Club
Coach: Chris Johnson
Event: 5000m (14:13.34)
HIGHLIGHTS:
IAAF U20 Championships - 19th
RANKINGS:
5000m: BC Jr – 1, CAN Jr – 1

**Anastas Eliopoulos**
Club: Vancouver Olympic Club
Coach: Laurier Primeau
Event: 110m Hurdles (13.39)
HIGHLIGHTS:
IAAF U20 Championships - Finalist
RANKINGS:
110m Hurdles: BC Jr – 1, CAN Jr – 1

**Nina Schultz**
Club: New West Spartans Track & Field Club
Coach: Cliff Rovelto
Event: Heptathlon (6133 points)
HIGHLIGHTS:
Commonwealth Games - 2nd
RANKINGS:
Heptathlon: BC Sr – 2, CAN Sr – 2, INTL – 26

**Natasha Wodak**
Club: Prairie Inn Harriers
Coach: Lynn Kanuka
Event: 10000m (31:50.18)
HIGHLIGHTS:
Commonwealth Games - 5th
RANKINGS:
10000m: BC Sr – 1, CAN Sr – 1, INTL – 10

**Adam Keenan**
Club: Unattached
Coaches: Anatoliy Bondarchuk & Sheldan Gmitroski
Event: Hammer Throw (72.72m)
HIGHLIGHTS:
Canadian Track & Field Championships - 1st
NACAC Championships - 3rd
Commonwealth Games - 4th
RANKINGS:
Hammer Throw: BC Sr – 1, CAN Sr – 1, INTL – 72

**Django Lovett**
Club: Valley Royals Track & Field Club
Coach: Ziggy Szelagowicz
Event: High Jump (2.30m)
HIGHLIGHTS:
Commonwealth Games - 1st
RANKINGS:
High Jump: BC Sr – 2, CAN Sr – 2, INTL – 18

**Michael Mason**
Club: Nanaimo & District Track & Field Club
Coach: Jeff Huntoon
Event: High Jump (2.32m)
HIGHLIGHTS:
NACAC Championships - 2nd
Commonwealth Games - 6th
RANKINGS:
High Jump: BC Sr – 1, CAN Sr – 1, INTL – 12

**Camryn Rogers**
Club: Kajaks Track & Field Club
Coaches: Garrett Collier & Mo Saatara
Event: Hammer Throw (65.61m)
HIGHLIGHTS:
IAAF U20 Championships - 1st
Commonwealth Games – 1st
RANKINGS:
Javelin: BC Sr – 1, CAN Sr – 1, INTL – 21

**Georgina Yee**
Club: UBC Track & Field Club
Coach: Laura Brotherton
Event: 5000m (14:13.34)
HIGHLIGHTS:
IAAF U20 Championships - 19th
RANKINGS:
5000m: BC Jr – 1, CAN Jr – 1

**Evan Dunfee**
Club: Racewalk West
Coach: Gerry Dragomir
Event: 50km Race Walk (3:50:18)
HIGHLIGHTS:
NACAC Championships - 1st
Commonwealth Games - 8th
RANKINGS:
50km Race Walk: BC Sr – 1, CAN Sr – 1, INTL – 10

**Bazil Spencer**
Club: Prince George Track & Field Club
Coach: Dylan Armstrong
Event: High Jump (2.01m)
HIGHLIGHTS:
National Legion Track & Field Championships - 1st
RANKINGS:
High Jump: BC Yth – 1, CAN Yth – 1

**Taryn O’Neill**
Club: Okanagan Athletics Club
Coach: Malindi Elmore
Event: 3000m (9:15.03)
HIGHLIGHTS:
IAAF U20 Championships - 1th
RANKINGS:
3000m: BC Jr – 1, CAN Jr – 1

**Camryn Rogers**
Club: Kajaks Track & Field Club
Coaches: Garrett Collier & Mo Saatara
Event: Hammer Throw (65.61m)
HIGHLIGHTS:
IAAF U20 Championships - 1st
RANKINGS:
Hammer Throw: BC Jr – 1, CAN Jr – 1

**Georgia Ellenwood**
Club: Unattached
Coach: Nate Davis
Event: Heptathlon (6173 points)
HIGHLIGHTS:
Canadian Track & Field Championships - 1st
Pan American Combined Events Cup – 1st
RANKINGS:
Heptathlon: BC Sr – 1, CAN Sr – 1, INTL – 19

**Liz Gleadle**
Club: Vancouver Thunderbirds
Coach: Laurier Primeau
Event: Javelin (61.53m)
HIGHLIGHTS:
Canadian Track & Field Championships - 1st
Commonwealth Games – 1st
RANKINGS:
Javelin: BC Sr – 1, CAN Sr – 1, INTL – 21

**Charlie Dannatt**
Club: Hershey Harriers Athletics Club
Coaches: Cindy O’Krane & Darcie Montgomery
Event: 1500m (3:47.16)
HIGHLIGHTS:
IAAF U20 Championships - 33rd
RANKINGS:
1500m: BC Jr – 1, CAN Jr – 1
2018 Cross Country Runners Of The Year

U16 Female Cross-Country Runners of the Year
Christina Peet Williams
Club: Unattached
Coach: Kathy Peet
HIGHLIGHTS:
BC Cross-Country F14 Championships – 1st
BC High School Jr. Cross-Country Championships – 3rd

Madelyn Bonikowsky
Club: Ocean Athletics
Coach: Lynn Kanuka
HIGHLIGHTS:
BC Cross-Country F15 Championships – 2nd
BC High School Jr. Cross-Country Championships – 1st

U16 Male Cross-Country Runners of the Year
Isaac Baker
Club: Ocean Athletics
Coach: Lynn Kanuka
HIGHLIGHTS:
BC Cross-Country M14 Championships – 1st
BC High School Jr. Cross-Country Championships – 16th

Matti Erickson
Club: Kootenay Chaos
Coach: Alex Ulaszonek
HIGHLIGHTS:
BC Cross-Country M15 Championships – 1st
BC High School Jr. Cross-Country Championships – 1st

U18 Female Cross-Country Runner of the Year
Kendra Lewis
Club: Vancouver Olympic Club
Coach: Besnik Mece
HIGHLIGHTS:
BC Cross-Country U18 Championships – 1st
BC High School Sr. Cross-Country Championships – 1st
Canadian Cross-Country U18 Championships – 1st

Joshua Woolgar
Club: Coastal Track Club
Coach: Scott Kent
HIGHLIGHTS:
BC Cross-Country U18 Championships – 1st
BC High School Sr. Cross-Country Championships – 1st
Canadian Cross-Country U18 Championships – 85th

U18 Male Cross-Country Runner of the Year

U20 Female Cross-Country Runner of the Year
Taryn O’Neill
Club: Okanagan Athletics
Coaches: Malindi Elmore & Gina Poraccio
HIGHLIGHTS:
Canadian Cross-Country U20 Championships – 4th
NCAA D1 Cross-Country Mid-Atlantic Regional Championships – 15th
NCAA D1 Cross-Country Championships – 174th

U20 Male Cross-Country Runner of the Year
Tyler Dozzi
Club: UBC Track & Field Club
Coach: Chris Johnson
HIGHLIGHTS:
BC Cross-Country U20 Championships – 1st
U Sports Cross-Country Championships – 57th
Canadian Cross-Country U20 Championships – 1st

2018 Cross Country Runners Of The Year

Senior Female Cross-Country Runner of the Year
Natasha Wodak
Club: Prairie Inn Harriers
Coach: Lynn Kanuka
HIGHLIGHTS:
BC Cross-Country Championships – 1st
Canadian Cross-Country Championships – 2nd

Luc Bruchet
Club: Vancouver Thunderbirds
Coach: Richard Lee
HIGHLIGHTS:
BC Cross-Country Sr. Championships – 1st
Canadian Cross-Country Championships – 1st

2018 Para-Athletics Athletes Of The Year

Female Para-Athletics Athlete of the Year
Ness Murby
Club: Unattached
Coach: Ingrid Ruys
EVENT:
F11 Javelin, 25.33m
F11 Discus, 32.46m
HIGHLIGHTS:
Canadian Track & Field Championships - 1st
Victorian Masters & Athletics Track & Field Championships - 1st
RANKINGS:
F11 Javelin: BC – 1, CAN – 1, INTL – 1
F11 Discus: BC – 1, CAN – 1, INTL – 4

Male Para-Athletics Athlete of the Year
Nathaniel Riech
Club: Unattached
Coach: Mike van Tighem
EVENT:
T38 800m, 1:57.78 (World Record)
T38 1500m, 3:57.92 (World Record)
HIGHLIGHTS:
Canadian Track & Field Championships - 1st
Berlin Open Grand Prix - 2nd
RANKINGS:
T38 800m: BC – 1, Can – 1, INTL – 1
T38 1500m: BC – 1, CAN – 1, INTL – 1
2018 Road Runner of the Year Nominees

Senior Female Road Runner of the Year Nominees

Rachel Cliff
- Club: Vancouver Thunderbirds
- Coach: Richard Lee
- HIGHLIGHTS:
  - Canadian 10k Champion
  - Canadian Half-Marathon Record
  - BC Marathon Record
  - Berlin Marathon – 11th
- RANKINGS:
  - 5k: 16:39, BC – 5, CAN – 8
  - 10k: 30:44, BC – 8, CAN – 3
  - Half: 1:11:31, BC – 2, CAN – 2
  - Marathon: 2:19:25, BC – 1, CAN – 1

Dayna Pidhoresky
- Club: Unattached
- Coach: Josh Seifarth
- HIGHLIGHTS:
  - BC 8k Champion
  - BC 10k Champion
  - Canadian Half-Marathon Champions – 2nd
- RANKINGS:
  - 5k: 16:39, BC – 5, CAN – 8
  - 10k: 33:20, BC – 3, CAN – 4

Natasha Wodak
- Club: Prairie Inn Harriers
- Coach: Lynn Kanuka
- HIGHLIGHTS:
  - Canadian 5k Champion
  - BC 5k Champion
  - BC Half-Marathon Champion
  - BC Super Series Champion
- RANKINGS:
  - 5k: 15:39, BC – 1, CAN – 1
  - 8k: 26:39, BC – 2, CAN – 2
  - 10k: 33:12, BC – 2, CAN – 3
  - Half: 1:11:31, BC – 2, CAN – 2

2018 Masters Athletes Of The Year

Senior Male Road Runner of the Year Nominees

Lucas Bruchet
- Club: Vancouver Thunderbirds
- Coach: Richard Lee
- HIGHLIGHTS:
  - BC 5k Champion
  - Canadian 5k Championships – 2nd
- RANKINGS:
  - 5k: 14:12, BC – 1, CAN – 2
  - 8k: 24:06, BC – 2, CAN – 2
  - 10k: 29:50, BC – 1, CAN – 2

Cam Levins
- Club: Unattached
- Coach: Eric Houle
- HIGHLIGHTS:
  - Canadian Marathon Champion
  - Canadian Marathon Record
  - IAAF World Half-Marathon Championships – 30th
- RANKINGS:
  - Half: 1:02:15, BC – 1, CAN – 1
  - Marathon: 2:09:25, BC – 1, CAN – 1

Geoff Martinson
- Club: Prairie Inn Harriers
- Coach: Richard Lee
- HIGHLIGHTS:
  - IAAF World Half-Marathon Championships – 79th
- RANKINGS:
  - 10k: 30:44, BC – 3, CAN – 8
  - Half: 1:03:38, BC – 2, CAN – 2

2018 Masters Athletes Of The Year

Road Running

FEMALE: Marilyn Arsenault – W50
- Marilyn achieved the highest age-graded result for her five best road races this year. She won her division at the Harriers Pioneer 8K, the BMO St. Patrick’s Day 5K, the Bazan Bay 5K, the Vancouver Sun Run 10K and the Goodlife Fitness Victoria Half-Marathon. In 2018, Marilyn was ranked first in Canada in the 8K (W45) and first in the W50 5K, 10K and Half-Marathon.
- MALE: David Guss – M55
  - David won the M55-59 age category at the Goodlife Fitness Victoria 8K (Canadian age group record, 27:38), the Sport Chek Kamloops Half-Marathon, the Midsummer 8k and the Rivers Spring Runoff 10K. He’s ranked first in Canada in his age category in the 5K, the 8K, the 10K and the half-marathon. He is ranked third in the world among M55 for the half-marathon.

Track

FEMALE: Christa Bortignon – W80
- In 2018, Christa set an age group world record in the pentathlon (4838 points), Canadian records in the 100m (17.06) and 80m hurdles and a BC record in the 400m. She scored an impressive 96.7% average for her five best track events, won the 100m and 80m hurdles at the Canadian Championships and won the 100m and 200m at the US Championships. Christa is ranked No. 1 in the world in the 60m (indoors), and in the 100m and 200m for W80-85.
- MALE: Michael Deady – M65
  - After turning 65 this summer, Michael set a Canadian record of 46.10m in the M65 discus at the Cory Holly Classic in Vernon. He also threw an impressive 12.54m in the shot put at the same event, a new BC record in the M65 age group. His top five performances in the shot put and discus averaged 93.52% of the Canadian records.

Cross-Country

FEMALE: Jill Delane – W50
- Jill won the W50 division of the Pine Tree Classic and the Vancouver Spirit Run. She finished second among W50 at the BC Cross-Country Championships and counted towards a second place team finish for BC at the Canadian Cross-Country Championships.
- MALE: David Guss – M55
  - David won his age division in cross-country races in Penticton, Summerland and Kelowna this year. He finished first among M55 at the BC Cross-Country Championships and second among M55 at the Canadian Cross-Country Championships. He was the top age-graded athlete at both the BC Cross-Country Championships and the Canadian Cross-Country Championships in Kingston, Ont.
2018 Coaching Excellence Awards

Junior Development Coach of the Year

Kevin Smith
A former decathlete, Kevin began his coaching career more than 20 years ago as the head coach of the Powell River Track and Field Club. Since 2010, he has coached with both Royal City and the Burnaby Striders. Kevin is extremely positive but honest, and all of his athletes appreciate that the constant praise he gives is genuine. He teaches athletes to be proud of themselves and knows just what each athlete needs in order to progress and have fun. His patience allows athletes to explore and make mistakes in a safe place. Kevin is admired not only for his knowledge but for how he carries himself and interacts with each and every person.

Bruce Deacon
Bruce Deacon, a two-time Olympian in the marathon (1996 & 2000), is head coach of the Prairie Inn Harriers youth team. With a focus on middle-distance events, he guides his athletes to success regularly at provincial, national, and international Competitions and was Canada’s head coach for the 2018 IAAF Half-Marathon Championships. 2018 was another successful year as Bruce coached two athletes to medal performances at the Canadian Championships. In the men’s para ambulatory 800m, Michael Barber won gold while Paralympian Liam Stanley took bronze in the para ambulatory 1500m breaking his existing T37 1500m Canadian record (4:06.64). Both also set new Canadian records in 2018, Liam Stanley (T37 800m; 2:00.58), Michael Barber (T20 800m; 1:57.98).

High-Performance Coach of the Year

Ziggy Szelagowicz
Ziggy’s had a long and successful tenure as the head coach of the Valley Royals Track & Field Club’s power/speed program. Over his career he’s developed a number of internationally competitive athletes and in 2018 Ziggy helped guide Django Lovett to new heights. At the 2018 Commonwealth Games in Gold Coast, Australia, Django jumped a career best 2.30m to capture bronze. Other notable performances include Django’s bronze medal at the 2018 NACAC Championships, Alexa Porpazcy’s gold medal at the 2018 U20 Canadian Championships, and Eric Chatten’s 4th place finish at the 2018 Canadian Championship.

U20/Senior Coach of the Year

Dave Coupland Award - Inspirational

The Dave Coupland Award is presented to a BC Athletics member who has been an inspiration for Officials; someone who has made it fun.

Bob Adams
Bob, at 94, is an active, personable, reliable, and inspiring official, with over 50 years of officiating experience. A former Olympic decathlete, Bob transitioned first to coaching then officiating. Advancing through the official level, by 1976 Bob was a chief judge of the pole vault at the 1976 Olympic Games in Montreal. These credentials were instrumental in developing the Bob Adams Foundation in Saskatchewan, designed to develop track & field athletes, officials, and coaches to achieve their fullest potential. A level 5 vertical jumps official, Bob continues to officiate in the Victoria area and is an inspirational mentor and guide to all athletes and officials he comes in contact with.

Ralph Coates Memorial Award - Longstanding Service

A registered Official who has contributed dependable, long term and versatile service to Track and Field.

Dale Loewen
A long time track starter, Dale Loewen has been a BC official for decades. Dale served in numerous capacities, both at the club level and provincially. Notably, Dale has been the provincial advisor for athletics at the BC Summer Games for many years. As well, Dale has been the photographer for the BC Athletics Awards night and for many years has produced outstanding videos for both the BC Officials and BC Athletics AGMs, providing entertainment and respectfully honouring outstanding members of the athletics community. A successful clinician, Dale has mentored many other officials, while continuing to be a huge promoter of our sport, dedicated to the inclusion of youth into our sporting programs.

2018 Excellence in Officiating Awards

U16/U18 Youth Coach of the Year

Donald Allemeersch
Don, a coach with both the Vancouver Thunderbirds and South Surrey Athletics, guided his athletes to an exceptionally successful year buoyed by numerous personal bests and podium performances at provincial, national and international competitions. Highlights from 2018 include having five athletes compete at a national championship including three athletes named as members of BC teams. Those athletes achieved a number of personal bests and returned home with 11 medals. Additionally, Jarrett Chong (Jamaican U18 Invitational Team) and Dolly Gabri (Jamaican U18 Invitational Team & the 2018 Youth Olympic Games) went on to represent Canada on national teams.

Mary Temple Award - Novice Official

A registered Official who, in his/her first 5 years, has focused substantial effort on learning to be an official as well as contributed willingly and unselfishly as a beginner Official.

Anthony Thomson
A member of the Vancouver Island Region team of Officials, in 2018 Anthony officiated 13 days of school and club meets across BC, including two Provincial Championship. He was also invited and officiated at the Canadian Track & Field Youth Championships (Legions) in Manitoba. With only four years of officiating experience, Anthony is well on his way to achieving his level 4 certification as a Starter’s Assistant, where he will become one of just over a dozen certified starter’s assistants at the national Level in Canada. Anthony has also been an active participant of the BC Officials Committee and will be full member in 2019. Personable and comfortable with all he interacts with, Anthony has a great future in officiating.

Ian McNeil Award - Official of the Year

A registered Official who made an outstanding contribution to track and field and was conspicuous in their excellence in the calendar year. The recipient is automatically nominated for the ‘NOC Official of the Year’.

Jason Swan
A dedicated member of the Lower Mainland officials group, Jason demonstrated exemplary service during 2018 through his extensive travel supporting events outside his home region. Jason travelled to Cranbrook for the BC 55+ Games, hauling a trailer full of equipment which he set up and took down. Working at a venue which had not previously hosted this level of event, Jason contributed and will be full member in 2019. As a photo timer with cheer, skill, and dedication to our sport. In addition, Jason was invited to act as the Chief Photo Finish Judge at the Canadian Youth Track & Field Championships (Legions). He was valued as a member of the finish line team, and supervised the local officials in his capacity as Chief. Jason is viewed as a worthy recipient of the Ian McNeil Award by all who work with him.
Judy became involved in track & field when her son, Dylan, joined the Kamloops Track & Field Club in 1990 at nine years of age. Over the years she has held many positions with the Kamloops Track & Field Club - including telephone coordinator, secretary, coach liaison, vice president and now for many years president.

In addition to her role as president, Judy serves as the meet manager for all Kamloops track & field meets, with the club hosting close to 10 meets each year. She has also been the meet director for provincial and national championships of all levels including junior development track & field championships, the BC Jamboree, BC Senior Games, Canadian Masters Championships, World Masters Championships, Western Canada Summer Games, and NACAC Championships.

A level 5 throws official, over the years Judy has officiated at both Youth and Junior National Championships. She also officiated the 2001 World Track & Field Championships in Edmonton, and multiple World Masters Championships as recently as 2018.

Judy was instrumental to bringing the Canadian Throws Centre to Kamloops, in which high performance throw athletes could training under Dr. Bondarchuk, and acted as Centre Manager until its closure.

Judy also leads fundraising efforts for Kamloops TFC, successfully applying for regional and federal grants to purchase equipment, hire coaches, and lead outreach efforts with local elementary schools. Additionally, each year she organizes a manure sale, a major fundraiser for the club.

In 2017, Judy was inducted into the Canadian Athletics Hall of Fame as a builder and has also been recognized on the Officials Wall of Honour in Ottawa.

Judy is to the Kamloops Track and Field Club as Jane Swan was to the Abbotsford Track and Field Club.

Jane Swan Award

Judy Armstrong

Blaine was instrumental to bringing the Canadian Throws Centre to Kamloops, in which high performance throw athletes could training under Dr. Bondarchuk, and acted as Centre Manager until its closure.

Blaine planned the delivery of the BC Games Track & Field Competition, ensuring the track & field facility, equipment, officials and volunteers were up to the levels and numbers needed to present the best competition at the Games. He also worked with the facility owners, Games HOC, the athletics Provincial Sport Advisor and BC Athletics technical staff.

Thanks to Blaine’s leadership, and 70+ volunteers who seamlessly moved equipment in and out of the venue, the track & field competition ran perfectly and on time and won the praise and thanks of many of the track & field officials.

THANK YOU BLAINE CASTLE

John Bird
Past President, Vancouver Thunderbirds Track & Field Club

Thank you John Bird.
Lloyd Swindells was a tireless worker for track & field in British Columbia and Canada. A founding member of the Vancouver Olympic Club in 1953 and helped develop the Vancouver Olympic Club into a strong and dynamic club during the 1960s through 1970s. He began coaching in 1947 with the Vancouver Boy's Club and went on to coach and advise many athletes during his career – several to name only a few including Norm Trerise, Bill Smart, Bob McLaren of who went on to represent Canada at Olympic, Pan American and Commonwealth Games.

LLOYD'S HONOURS AND HIGHLIGHTS INCLUDE:

• Head Coach of numerous BC Teams during the 1950's, 1960's and early 1970's.
• Seeding Committee Chair for the 1954 British Empire Games in Vancouver.
• Member of Canada's Records Committee and Chair of Public Relations for BC for more than 10 years.
• President of BC Amateur Athletic Union in 1951.
• Head Coach of Canada's Pan American Games Team in Mexico City 1955, Winnipeg 1967, Sao Paulo 1963 and Manager Pan American Games - Chicago 1959.
• Manager of Canadian Olympic Team - 1968 Mexico City and Coach for the 1972 and 1976 Canadian Olympic track & field teams.
• Coach of the Year by Pacific Northwest Committee – 1957.
• Named as a member of the Canadian Olympic Committee – 1957.
• Member of the Canadian Track and Field Selection Committee - 1964-70.
• Director of Canadian Track and Field Association - 1967-74.
• Inducted into the BC Sports Hall Of Fame in 1976

Lloyd was an outstanding contributor to the sport of Track & Field and an outstanding coach and advisor to many developing and high performance athletes in British Columbia. It is a great honour to induct Lloyd Swindells into the BC Athletics Hall of Fame.

Maureen has given back to the sport of athletics for many years. In 2006, Maureen co-founded the Ocean Athletics Track and Field Club and was the first president and head coach of the club. A member of BC Athletics committees – junior development and strategic planning. A BC Athletics Run Jump Throw Wheel Instructor – Maureen brings her knowledge, passion and commitment through teaching both physical literacy and track & field skills to children and youth in British Columbia. Maureen is a visionary who leads often leads the hosting and organizing of club, provincial and national Events – providing opportunities for developing and high performance athletes. Not having enough on her plate Maureen, in 2008 she became a BC Athletics official, volunteering at many of the Lower Mainland track meets. The sport of athletics in British Columbia and Canada truly benefits from Maureen's involvement.

AS AN ATHLETE:

INTERNATIONALLY:
Maureen represented Canada at:
- 1974 Commonwealth Games
- Ekiden Relays in Japan and Korea
- Three times in the IAAF World Cross-Country Championships: West Germany (1977), Ireland (1979) and Switzerland (1986).

PROVINCIAL, NATIONAL, WORLD RECORDS:
In the W45 age category, Maureen broke Canadian records in the 800m, 1500m, mile, 3000m, 5000m and 10k road.
In the W50 age category, Maureen broke the Canadian and World records in the 800m (2:16.62), 1500m (4:40.92), outdoor mile (5:02.80) and indoor mile (5:10.67).

HONOURS & ACHIEVEMENTS:
- Maureen was the BC Athletics Masters Female T&F Athlete of the year (2001 and 2005).
- 2001 Sport BC Masters Athlete of the Year.
- 2017 Sport BC President's Award for Athletics
- 2018 inducted into the Canadian Masters Athletics Hall of Fame
## Pan American Cross-Country Championships
**February 17, San Salvador, El Salvador**

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<th>EVENT</th>
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<td>PIHR</td>
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<tr>
<td>Thomas Nobbs</td>
<td>8km</td>
<td>Vancouver</td>
<td>VOC</td>
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<tr>
<td>Lisa Brookings</td>
<td>10km</td>
<td>West Vancouver</td>
<td>UNBC</td>
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<tr>
<td>Lindsay Carson</td>
<td>10km</td>
<td>Burnaby</td>
<td>LANG</td>
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<td>Erica Digby</td>
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<td>John Gay</td>
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<td>Jack Williams</td>
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<td>Justin Kent</td>
<td>10km</td>
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<td>CTC1</td>
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<tr>
<td>Mark Gottfried</td>
<td>Team Medical</td>
<td>Surrey</td>
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## IAAF World Indoor Championships
**March 1-4, Birmingham, United Kingdom**

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<th>EVENT</th>
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<tr>
<td>Christabel Nettey</td>
<td>Long Jump</td>
<td>Surrey</td>
<td>UNBC</td>
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## IAAF World Race Walking Team Championships
**March 5-6, Taicang, China**

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<tr>
<td>Evan Dunfee</td>
<td>50km RW</td>
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<td>20km RW</td>
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<td>WALK</td>
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<td>20km RW</td>
<td>Kitimat</td>
<td>WALK</td>
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## IAAF World Half Marathon Championships
**March 24, Valencia, Spain**

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<tr>
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<td>Kimen Petersen</td>
<td>IST</td>
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## Commonwealth Games
**April 4-15, Gold Coast, Australia**

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<th>NAME</th>
<th>EVENT</th>
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<tr>
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<td>KJAK</td>
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<td>Elizabeth Gleadle</td>
<td>Javelin</td>
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<td>TBIRD</td>
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<td>High Jump</td>
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<td>Michael Mason</td>
<td>High Jump</td>
<td>Nanook Bay</td>
<td>NTFC</td>
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<td>UNBC</td>
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<td>Nina Schultz</td>
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<td>T54 Marathon</td>
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<td>Natasha Wodak</td>
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<tr>
<td>Dr. Padraig McCluskey</td>
<td>Team Physician</td>
<td>Victoria</td>
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## World Para Athletics Grand Prix
**May 25-27, Nottwil, Switzerland**

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<tr>
<td>Dr. Duriell Bernard</td>
<td>Chiropractor</td>
<td>Port Moody</td>
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## Jamaican U18 Invitational
**June 30 - July 1, Kingston, Jamaica**

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<td>2000m SC</td>
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<td>Javelin</td>
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<tr>
<td>Dolly Gabri</td>
<td>Discus, Shot Put</td>
<td>Surrey</td>
<td>SOSA</td>
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<td>High Jump</td>
<td>Pitt Meadows</td>
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<td>Kendra Lewis</td>
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## Canadian Teams Recognition

**2018 Canadian Teams Recognition**

## 2018 Canadian Teams Recognition
2018 Canadian Teams Recognition

Harry Jerome International Track Classic
June 26-27, Vancouver

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<th>NAME</th>
<th>EVENT</th>
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<tr>
<td>Whitney Rowe</td>
<td>4x100m</td>
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<td>Dr. Simon Pearson</td>
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NACAC Pan American Combined Events Cup
July 3-4, Ottawa

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<th>NAME</th>
<th>EVENT</th>
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<tr>
<td>Georgia Ellenwood</td>
<td>Heptathlon</td>
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IAAF World U20 Championships
July 19-24, Tampere, Finland

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<td>400mH</td>
<td>Vancouver</td>
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<td>Charlie Dannatt</td>
<td>1500m</td>
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<tr>
<td>Taryn O’Neill</td>
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<td>Lake Country</td>
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<td>Sheldan Gmitroski</td>
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IAAF Continental Cup
September 8-9, Ostrava, Czech Republic

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<tr>
<td>Christabel Nettey</td>
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NACAC Championships
August 10-12, Toronto

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<tr>
<td>Lindsey Butterworth</td>
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<td>North Vancouver</td>
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<tr>
<td>Rachel Cliff</td>
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<td>TBIR</td>
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<td>Whitney Rowe</td>
<td>4x100m</td>
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<tr>
<td>Alexsandra Treasure</td>
<td>High Jump</td>
<td>Prince George</td>
<td>PGTF</td>
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<tr>
<td>Jerome Blake</td>
<td>300m, 4x100m</td>
<td>Burnaby</td>
<td>COQC</td>
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<td>20km RW</td>
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<td>KJAK</td>
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<td>Nathan George</td>
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Youth Olympic Games
October 6-18, Buenos Aires, Argentina

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<tr>
<td>Dolly Gabri</td>
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<td>Surrey</td>
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<tr>
<td>Kendra Lewis</td>
<td>1500m</td>
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<tr>
<td>Jasneet Nijjar</td>
<td>400m</td>
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WPA Winter Challenge (Throws)
October 26-28, Ancona, Italy

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<th>NAME</th>
<th>EVENT</th>
<th>HOMETOWN</th>
<th>CLUB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greg Stewart</td>
<td>F46 Shot Put</td>
<td>Kamloops</td>
<td>KTFK</td>
</tr>
<tr>
<td>Ness Murby</td>
<td>F11 Discus</td>
<td>Salt Spring Island</td>
<td>UNBC</td>
</tr>
</tbody>
</table>
Thank You!

...To Our Partners, Sponsors, Friends and Members who helped to make the 2018 Year in Athletics “A GREAT SUCCESS!!!”

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