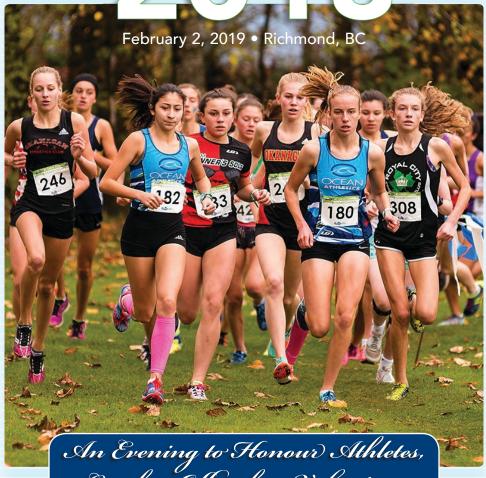


Annual Awards Banquet



An Evening to Honour Athletes, Coaches, Officials & Volunteers







On behalf of the Board of Directors, welcome to the BC Athletics Annual Awards Banquet celebrating the 2018 season.

This is a wonderful opportunity to recognize the achievements of our athletes, coaches, officials, club executives and volunteers during the past year. They all contribute to the success of athletics in British Columbia.

I would like to thank the Province of British Columbia, viaSport, our business partners, and the Royal Canadian Legion for their on-going support. Their involvement and participation in our sport enables us to provide a high level of programs and services to our members. BC Athletics offers so much to all levels and ages of its members. It is the support of parents, family, friends and volunteers that makes this all possible.

Congratulations to all. Enjoy your evening.

Greg White

Chair, Board of Directors BC Athletics









Program Cover Photo: Paul Funk

A special Thank You to coaches, parents and club members who generously provided photos of award nominees and winners.





2018 Track & Field Athlete Of The Year Nominees

2018 Track & Field Athlete Of The Year Nominees

U16 Female Track & Field Award Winners

Liepa Bajarunas

Club: Coquitlam Cheetahs Coach: Jim Lowe

EVENT & PERFORMANCE:

Javelin, 34,78m (1st) - BC Athletics Championships Jamboree



Club: Coquitlam Cheetahs

Coach: Tara Self

EVENT & PERFORMANCE:

80m Hurdles, 11.88 (4th) - National Legion Championships

Pentathlon, 3067 (1st) - BC Athletics Championships Jamboree



Club: Royal City Track & Field Club

Coach: Sean Dixon

EVENT & PERFORMANCE:

1500m Steeplechase, 5:04.49 (2nd) -BC Athletics Championships Jamboree

Emma Cannan

Club: Okanagan Athletics Club Coach: Pat Sima-Ledding

EVENT & PERFORMANCE:

300m, 40.23 (1st) - Jack Brow Memorial

Larissa Cote

Club: Chilliwack Track & Field Club Coach: James McIsaac

EVENT & PERFORMANCE:

High Jump, 1.58m (1st) - Vaisakhi Festival Track & Field Meet

Tilda Cressman

Club: Vancouver Olympic Club Coaches: Besnik & Tatjana Mece

EVENT & PERFORMANCE:

1500m Steeplechase, 5:19.89 (4th) - BC Summer Games

Jaeland Cummings

Club: Unattached Coach: Karen Lopez **EVENT & PERFORMANCE:**

100m, 12.49 (1st) - Jesse Bent Memorial

Emma de Boer

Club: Ocean Athletics Coach: Jeannie Cockcroft

EVENT & PERFORMANCE:

High Jump, 1.70m (2nd) - National Legion Championships

Sophie Fernback

Club: Ocean Athletics

Coach: Jeannie Cockcroft

EVENT & PERFORMANCE:

High Jump, 1.62m (1st) - BC Summer Games

Ella Foster

Club: Royal City Track & Field Club

Coach: Cristina Weir

EVENT & PERFORMANCE:

Pole Vault, 3.11m (1st)

- BC Summer Games

Sophia Gribbon

Club: Coquitlam Cheetahs Coach: Tara Self

EVENT & PERFORMANCE:

High Jump, 1.55m (3rd) - BC Summer Games Trials

7ones 3&4

Long Jump, 5.21m (2nd) - BC Summer Games

Caroline Ho

Club: Vancouver Thunderbirds Coach: Andrew Cooke

EVENT & PERFORMANCE:

Pole Vault, 2.60m (5th) - BC Summer Games

Triple Jump, 10.62m (4th)

- BC Summer Games

Sadie Joyce

Club: Trail Track & Field Club Coach: Dan Horan

EVENT & PERFORMANCE:

High Jump, 1.58m (1st) - West Kootenav

Zone Royal Canadian Outdoor Track Meet

Olivia Lundman

Club: Nanaimo District Track & Field Club

Coaches: Linda Campbell & Sven Donaldson

EVENT & PERFORMANCE:

1500m Race Walk, 7:22.41 (1st) - BC Summer Games Pole Vault, 3.00m (2nd) - BC Summer Games



Club: Universal Athletics Club Coach: Iuliana Kroeger

EVENT & PERFORMANCE:

100m, 12.27 (1st) - Universal Track & Field Meet

Madison Paugh

Club: Nanaimo District Track & Field Club

Coach: Dave Morris

EVENT & PERFORMANCE:

Triple Jump, 11.07m (1st)

- BC Summer Games

Kennedy Primrose

Club: Universal Athletics Club Coach: Iuliana Kroeger

EVENT & PERFORMANCE:

Triple Jump, 11.10m (3rd) - National

Legion Championships

Isla Stewart

Club: Ocean Athletics

Coach: Jeannie Cockcroft

EVENT & PERFORMANCE:

High Jump, 1.55m (4th) - BC Athletics Championships Jamboree

Katelyn Stewart-Barnett

Club: Royal City Track & Field Club Coach: Sean Dixon

EVENT & PERFORMANCE:

1500m Steeplechase, 4:50.45 (1st) - National Legion Championships

High Jump, 1.67m (3rd) - National

Legion Championships

Laysha Tunti

Club: Coquitlam Cheetahs Coach: Tara Self

EVENT & PERFORMANCE:

80m Hurdles, 11.70 (1st) - BC Athletics Championships Jamboree

Long Jump, 5.53m (1st) - National Legion Championships

Sonya Urbanowicz

Club: Nanaimo District Track & Field Club

Coach: Sven Donaldson

EVENT & PERFORMANCE: Pole Vault, 2.80m (3rd) - BC Summer Games

Krysthina Vlahovic

Club: Universal Athletics Club Coach: Iuliana Kroeger

EVENT & PERFORMANCE:

80m Hurdles, 11.99 (2nd) - Pacific

Invitational

Triple Jump, 10.39m (1st) - BC Summer Games Trials Zones 3&4

Victoria Wideski

Club: Kajaks Track & Field Club Coach: Garrett Collier

EVENT & PERFORMANCE:

(Top Female Age 14 Long Jump)

Club: Coguitlam Cheetahs

5.21m (BC Summer Games)

U16 Male Track & Field Award Winners

Club: Universal Athletics Club

Triple Jump, 13.82m (1st) - National Legion

Club: Unattached

EVENT & PERFORMANCE:

Javelin, 48.62m (3rd) - National Legion

Terence Cheuna

Coach: Andrew Cooke

EVENT & PERFORMANCE:

300m Hurdles, 40.41 (2nd) - Trevor

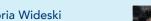












Discus, 31.33m (1st) - BC Summer Games



Sophia Gribbon

Coach: Tara Self

Top Performance:







Coach: Iuliana Kroeger **EVENT & PERFORMANCE:**

100m Hurdles, 14.17 (3rd) - BC Athletics Championships Jamboree

300m Hurdles, 39.97 (1st) - BC High School Championships

Championships



Coach: Dylan Armstrong

Craven Memorial











2018 Track & Field Athlete Of The Year Nominees

2018 Track & Field Athlete Of The Year Nominees

Matti Erickson

Club: Kootenav Chaos Track Club Coach: Alex Ulaszonek **EVENT & PERFORMANCE:**

800m, 1:56.58 (6th) - Harry Jerome International Track Classic

300m Hurdles, 41.30 (1st) - West Kootenav Zone Roval Canadian Outdoor Track Meet



Club: Universal Athletics Club Coach: Iulianna Kroeger **EVENT & PERFORMANCE:**



Lucas Herold

Club: Kajaks Track & Field Club Coach: Garrett Collier **EVENT & PERFORMANCE:**

Hammer Throw, 40.66m (3rd) - Universal Track & Field Meet

Roy Jiang

Club: Ocean Athletics Coach: Carl Savage

EVENT & PERFORMANCE: 200m, 23.11 (1st) - Universal Track & Field Meet

Ethan Longley

Club: South Surrey Athletics Coach: Don Allemeersch **EVENT & PERFORMANCE:**

Hammer Throw, 41.77m (4th) - BC Athletics Championships Jamboree

Quan Ting Thomas Ma

Club: Vancouver Olympic Club Coach: Tatjana Mece

EVENT & PERFORMANCE:

100m Hurdles, 13.45 (3rd) - National Legion Championships 300m Hurdles, 39.62 (1st) - BC Athletics

Championships Jamboree

Nolan McEachern

Club: Golden Fars Athletics Coach: Kevin Harrison

EVENT & PERFORMANCE:

High Jump, 1.87m (1st) - National Legion Championships

Nicholas Monro

Club: Langley Mustangs Coach: Dwayne Lotnick **EVENT & PERFORMANCE:** Long Jump, 6.67m (3rd) - National Legion Championships



Isaac Naumenko

Club: Racewalk West Coach: Robert Solmes **EVENT & PERFORMANCE:**

1500m Race Walk, 7:20.58 (1st) - BC Summer Games

Charanjit Nijjar

Club: Universal Athletics Club Coach: Luca Molinari **EVENT & PERFORMANCE:**

Discus, 49.37m (1st) - BC Summer Games Trials Zones 3&4

Shot Put. 15.11m (1st) - BC Summer Games Trials 7ones 3&4

Michael Ogbeiwi

Club: South Surrey Athletics Coach: Don Allemeersch

EVENT & PERFORMANCE:

Discus, 52.30m (1st) - BC Summer Games

Hammer Throw, 60.15m (1st) - National Legion Championships

Shot Put, 16.22m (1st) - National Legion Championships

Nate Paris

Club: Nanaimo & District Track & Field Club

Coach: Michael Viers

EVENT & PERFORMANCE:

100m Hurdles, 15.13 (1st) - BC Athletics Championships Jamboree

Adam Pederson

Club: Ocean Athletics Coach: Michaela Collunev

EVENT & PERFORMANCE:

100m Hurdles, 13.86 (4th) - National Legion Championships

Adrian Price-Roberts

Club: Okanagan Athletics Club Coach: James O'Kane

EVENT & PERFORMANCE:

Pole Vault, 3.50m (1st) - BC Summer Games



Club: Cowichan Valley Athletic Club Coach: Laura Dewit

EVENT & PERFORMANCE:

High Jump, 1.81m (2nd) - National Legion Championships

Matthew Uliana

Club: Vancouver Thunderbirds Coach: Don Allemeersch

EVENT & PERFORMANCE:

Discus, 51.36m (2nd) - National Legion Championships

Hammer Throw, 56.57m (3rd) - National Legion Championships

Kiran Wanniarachchi

Club: Royal City Track & Field Club Coach: Sean Dixon

EVENT & PERFORMANCE:

High Jump, 1.80m (3rd) - BC Athletics Championships Jamboree

Rocco Wesnoski

Club: Ocean Athletics Coach: Dave McDonald

EVENT & PERFORMANCE:

Hammer Throw, 51.21m (1st) - Universal Track & Field Meet

U18 Female Track & Field Athlete of the Year Nominees

Dolly Gabri

Club: Unattached Coach: Donald Allemeersch

Events: Shot Put (14.96m), Discus (46.04m)

HIGHLIGHTS:

Youth Olympic Games - 11th (Discus) National Legion Track & Field Championships

- 1st (Discus + Shot Put)

Jamaican U18 Invitational - 1st (Discus + Shot Put)

RANKINGS:

Shot Put: BC Yth - 1, CAN Yth - 1

Discus: BC Yth - 1, CAN Yth - 1

Mateya Haintz

Club: Unattached Coach: Brad Graham

Event: Hammer Throw (61.01m)

HIGHLIGHTS:

National Legion Track & Field Championships - 1st Canadian Junior Track & Field Championships - 1st

Hammer Throw: BC Yth - 1, CAN Yth - 2

Jasneet Nijjar

Club: Universal Athletics Club Coach: Jessie Dosanjh

Event: 400m (55.71)

HIGHLIGHTS:

Youth Olympic Games - 14th

Canadian Junior Track & Field Championships - 1st

Jamaican U18 Invitational - 1st

RANKINGS:

400m: BC Yth - 1, CAN Yth - 1

U18 Male Track & Field Athlete of the Year Nominees

Jarrett Chong

Club: South Surrey Athletics Coach: Don Allemeersch & Kevin Smith Event: Javelin (67.55m)

HIGHLIGHTS:

National Legion Track & Field Championships - 1st Canadian Junior Track & Field Championships - 2nd Jamaican U18 Invitational - 1st

RANKINGS:

Javelin: BC Yth - 1, CAN Yth - 1

Isaac Clements

Club: Athletics Victoria Track & Field Society Coach: Owen Clements Event: Pole Vault (4.30m)

HIGHLIGHTS:

National Legion Track & Field Championships - 1st RANKINGS.

Pole Vault: BC Yth - 1, CAN Yth - 1









2018 Track & Field Athlete Of The Year Nominees

Bazil Spencer

Club: Prince George Track & Field Club Coach: Dylan Armstrong

Event: High Jump (2.01m)

HIGHLIGHTS:

National Legion Track & Field Championships - 1st RANKINGS:

High Jump: BC Yth - 1, CAN Yth - 1



Grace Fetherstonhaugh

Club: Royal City Track & Field Club Coach: Sean Dixon

Event: 3000m Steeplechase (10.01.95)

HIGHLIGHTS:

IAAF U20 Championships - 11th

RANKINGS:

3000m Steeplechase: BC Jr - 1, CAN Jr - 1

Taryn O'Neill

Club: Okanagan Athletics Club Coach: Malindi Elmore

Event: 3000m (9:15.03)

HIGHLIGHTS:

IAAF U20 Championships - 10th

RANKINGS:

3000m: BC Jr - 1, CAN Jr - 1

Camryn Rogers

Club: Kajaks Track & Field Club Coaches: Garrett Collier & Mo Saatara

Event: Hammer Throw (65.61m) HIGHLIGHTS:

IAAF U20 Championships - 1st

RANKINGS:

Hammer Throw: BC Jr - 1, CAN Jr - 1



Charlie Dannatt

Club: Hershey Harriers Athletics Club Coaches: Cindy O'Krane & Darcie Montgomery

Event: 1500m (3:47.16)

HIGHLIGHTS:

IAAF U20 Championships - 33rd

RANKINGS:

1500m: BC Jr - 1, CAN Jr - 1



Club: UBC Track & Field Club Coach: Chris Johnson

Event: 5000m (14:13.34)

HIGHLIGHTS:

IAAF U20 Championships - 19th

RANKINGS:

5000m: BC Jr - 1, CAN Jr - 1

Anastas Eliopoulos

Club: Vancouver Olympic Club Coach: Laurier Primeau

Event: 110m Hurdles (13.39)

HIGHLIGHTS:

IAAF U20 Championships - Finalist

RANKINGS:

110m Hurdles: BC Jr – 1. CAN Jr – 1



Georgia Ellenwood

Club: Unattached Coach: Nate Davis

Event: Heptathlon (6173 points)

HIGHLIGHTS:

Canadian Track & Field Championships - 1st Pan American Combined Events Cup – 1st

RANKINGS:

Heptathlon: BC Sr - 1, CAN Sr - 1, INTL - 19

Liz Gleadle

Club: Vancouver Thunderbirds Coach: Laurier Primeau

Event: Javelin (61.53m)

HIGHLIGHTS:

Canadian Track & Field Championships - 1st

Commonwealth Games - 4th

Javelin: BC Sr - 1, CAN Sr - 1, INTL - 21

Christabel Nettey

Club: Unattached Coach: Stuart McMillan

Event: Long Jump (6.92m)

HIGHLIGHTS:

Canadian Track & Field Championships

Commonwealth Games - 1st

RANKINGS:

Long Jump: BC Sr - 1, CAN Sr - 1, INTL - 5



Nina Schultz

Club: New West Spartans Track & Field Club

Coach: Cliff Rovelto

Event: Heptathlon (6133 points)

HIGHLIGHTS:

Commonwealth Games - 2nd

RANKINGS:

Heptathlon: BC Sr - 2, CAN Sr - 2, INTL - 26

Natasha Wodak

Club: Prairie Inn Harriers Coach: Lynn Kanuka

Event: 10000m (31:50.18)

HIGHLIGHTS:

Commonwealth Games - 5th

RANKINGS:

10000m: BC Sr - 1, CAN Sr - 1, INTL - 10



Senior Male Track & Field Athlete of the Year Nominees

Jerome Blake

Club: Coquitlam Cheetahs Coach: Tara Self

Event: 200m (20.38)

HIGHLIGHTS:

Canadian Track & Field Championships - 2nd

NACAC Championships - 5th

RANKINGS:

200m: BC Sr - 1, CAN Sr - 3, INTL - 62

Evan Dunfee

Club: Racewalk West Coach: Gerry Dragomir

Event: 50km Race Walk (3:50:18)

HIGHLIGHTS:

NACAC Championships - 1st Commonwealth Games - 8th

50km Race Walk: BC Sr - 1, CAN Sr - 1, INTL - 18



Adam Keenan

Club: Unattached Coaches: Anatoliy Bondarchuk & Sheldan Gmitroski

Event: Hammer Throw (72.72m)

HIGHLIGHTS:

Canadian Track & Field Championships - 1st

NACAC Championships - 3rd

Commonwealth Games - 4th

RANKINGS:

Hammer Throw: BC Sr – 1, CAN Sr – 1, INTL – 72

Diango Lovett

Club: Valley Royals Track & Field Club Coach: Ziggy Szelagowicz

Event: High Jump (2.30m)

HIGHLIGHTS:

Canadian Track & Field Championships - 2nd

NACAC Championships - 3rd Commonwealth Games - 3rd

RANKINGS:

High Jump: BC Sr - 2, CAN Sr - 2, INTL - 21

Michael Mason

Club: Nanaimo & District Track & Field Club Coach: Jeff Huntoon

Event: High Jump (2.32m)

HIGHLIGHTS:

Canadian Track & Field Championships - 1st

NACAC Championships - 2nd Commonwealth Games - 6th

RANKINGS:









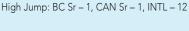






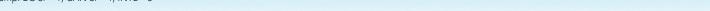
















2018 Cross Country Runners Of The Year

U16 Female Cross-Country Runners of the Year

Christina Peet Williams

Club: Unattached Coach: Kathy Peet HIGHLIGHTS:

BC Cross-Country F14 Championships

BC High School Jr. Cross-Country Championships

- 3rd



Club: Ocean Athletics Coach: Lvnn Kanuka HIGHLIGHTS:

BC Cross-Country F15 Championships - 2nd

BC High School Jr. Cross-Country Championships – 1st



U16 Male Cross-Country Runners of the Year

Isaac Baker

Club: Ocean Athletics Coach: Lynn Kanuka

HIGHLIGHTS:

10

BC Cross-Country M14 Championships

BC High School Jr. Cross-Country Championships



Club: Kootenay Chaos Coach: Alex Ulaszonek HIGHLIGHTS:

BC Cross-Country M15 Championships

BC High School Jr. Cross-Country Championships – 1st



U18 Female Cross-Country Runner of the Year

Kendra Lewis

Club: Vancouver Olympic Club Coach: Besnik Mece

HIGHLIGHTS:

BC Cross-Country U18 Championships

BC High School Sr. Cross-Country Championships - 1st

Canadian Cross-Country U18 Championships - 1st

U18 Male Cross-Country Runner of the Year

Joshua Woolgar

Club: Coastal Track Club Coach: Scott Kent

HIGHLIGHTS:

BC Cross-Country U18 Championships

BC High School Sr. Cross-Country Championships - 1st

Canadian Cross-Country U18 Championships - 85th

U20 Female Cross-Country Runner of the Year

Taryn O'Neill

Club: Okanagan Athletics Coaches: Malindi Elmore & Gina Poraccio

HIGHLIGHTS:

Canadian Cross-Country U20 Championships – 4th

NCAA D1 Cross-Country Mid-Atlantic Regional Championships - 15th

NCAA D1 Cross-Country Championships - 174th

U20 Male Cross-Country Runner of the Year

Tvler Dozzi

Club: UBC Track & Field Club Coach: Chris Johnson

HIGHLIGHTS:

BC Cross-Country U20 Championships

U Sports Cross-Country Championships

Canadian Cross-Country U20 Championships – 1st

2018 Cross Country Runners Of The Year

Senior Female Cross-Country Runner of the Year

Natasha Wodak

Club: Prairie Inn Harriers Coach: Lynn Kanuka HIGHLIGHTS:

BC Cross-Country Championships - 1st

Canadian Cross-Country Championships – 2nd



Senior Male Cross-Country Runner of the Year

Luc Bruchet

Club: Vancouver Thunderbirds Coach: Richard Lee HIGHLIGHTS:

BC Cross-Country Sr. Championships – 1st

Canadian Cross-Country Championships - 1st





2018 Para-Athletics Athletes Of The Year

Female Para-Athletics Athlete of the Year

Ness Murby

Club: Unattached Coach: Ingrid Ruys

EVENT:

F11 Javelin, 25.33m F11 Discus, 32,46m



Canadian Track & Field Championships - 1st Victorian Masters & Athletics Track & Field Championships - 1st

RANKINGS:

F11 Javelin: BC - 1, CAN - 1, INTL - 1 F11 Discus: BC -1, CAN - 1, INTL - 4

Male Para-Athletics Athlete of the Year

Nathaniel Riech

Club: Unattached Coach: Mike van Tighem

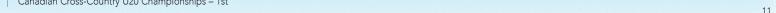
EVENT:

T38 800m, 1:57.78 (World Record) T38 1500m 3:57 92 (World Record)

HIGHLIGHTS:

Canadian Track & Field Championships - 1st Berlin Open Grand Prix - 2nd **RANKINGS:**

T38 800m: BC - 1, Can - 1, INTL - 1 T38 1500m: BC - 1, CAN - 1, INTL - 1





BC ATHLETICS Continues ordenses theorem

2018 Road Runner of the Year Nominees

Senior Female Road Runner of the Year Nominees

Rachel Cliff

Club: Vancouver Thunderbirds Coach: Richard Lee

HIGHLIGHTS:

Canadian 10k Champion Canadian Half-Marathon Record BC Marathon Record Berlin Marathon – 11th



5k: 15:51, BC – 2, CAN – 2 8k: 26:23, BC – 1, CAN – 1 10k: 32:23, BC – 1, CAN – 2 Half: 1:10:08, BC – 1, CAN – 1 Marathon: 2:28:53, BC – 1, CAN – 1



Club: Unattached Coach: Josh Seifarth

HIGHLIGHTS:

BC 8k Champion BC 10k Champion Canadian Half-Marathon Championships – 2nd

RANKINGS:

5k: 16:39, BC – 5, CAN – 8 10k: 33:20, BC – 3, CAN – 4 Half: 1:12:38, BC – 4, CAN – 5

Natasha Wodak

Club: Prairie Inn Harriers Coach: Lynn Kanuka HIGHLIGHTS:

Canadian 5k Champion BC 5k Champion BC 5k Record BC Half-Marathon Champion

BC Super Series Champion

RANKINGS:

5k: 15:39, BC – 1, CAN – 1 8k: 26:39, BC – 2, CAN – 2 10k: 33:12, BC – 2, CAN – 3 Half: 1:11:31, BC – 2, CAN – 2



Senior Male Road Runner of the Year Nominees

Lucas Bruchet

Club: Vancouver Thunderbirds Coach: Richard Lee

HIGHLIGHTS:

BC 5k Champion

Canadian 5k Championships – 2nd

RANKINGS:

5k: 14:12, BC – 1, CAN – 2 8k: 24:06. BC – 2, CAN – 2

10k: 29:50. BC – 2, CAN – 2



Cam Levins

Club: Unattached Coach: Eric Houle

HIGHLIGHTS:

Canadian Marathon Champion Canadian Marathon Record IAAF World Half-Marathon Championships – 30th

RANKINGS:

Half: 1:02:15, BC – 1, CAN – 1 Marathon: 2:09:25, BC – 1, CAN – 1

Geoff Martinson

Club: Prairie Inn Harriers Coach: Richard Lee

HIGHLIGHTS:

IAAF World Half-Marathon Championships – 79th

RANKINGS:

10k: 30:44, BC – 3, CAN – 8 Half: 1:03:38, BC – 2, CAN – 2





2018 Masters Athletes Of The Year

Road Running

FEMALE: Marilyn Arsenault - W50

Marilyn achieved the highest age-graded result for her five best road races this year. She won her division at the Harriers Pioneer 8K, the BMO St. Patrick's Day 5K, the Bazan Bay 5K, the Vancouver Sun Run 10K and the Goodlife Fitness Victoria Half-Marathon. In 2018, Marilyn was ranked first in Canada in the 8K (W45) and first in the W50 5K, 10K and Half-Marathon.



David won the M55-59 age category at the Goodlife Fitness Victoria 8K (Canadian age group record, 27:38), the Sport Chek Kamloops Half-Marathon, the Midsummer 8k and the Rivers Spring Runoff 10K. He's ranked first in Canada in his age category in the 5K, the 8K, the 10K and the half-marathon. He is ranked

10K and the half-marathon. He is ranked third in the world among M55 for the half-marathon.

Track

FEMALE: Christa Bortignon – W80

In 2018, Christa set an age group world record in the pentathlon (4838 points), Canadian records in the 100m (17.06) and 80m hurdles and a BC record in the 400m. She scored an impressive 96.7% average for her five best track events, won the 100m and 80m hurdles at the Canadian Championships and won the

100m and 200m at the US Championships. Christa is ranked No. 1 in the world in the 60m (indoors), and in the 100m and 200m for W80-85.

MALE: Dmitry Babenko - M45

Dmitry set four Canadian race walk records this year (outdoor 1500m, 3000m and 5000m and indoor 1500m), and seven BC race walk records. He was fourth at the WMA Championships in the 5000m race walk and in the 10K race walk. He won a bronze medal in the WMA 20K race walk as well. Dmitry also

won two silver medals at the WMA Championships in the 3x10K and 3x20K relays. He won every race walk event he entered in Canada this year.

Field

FEMALE: Christa Bortignon - W80

Christa won the long jump and triple jump at all six meets she competed in this year: the BC Indoor Championships, Dylan Armstrong, BC Outdoor Championships, Trevor Craven, USA Championships and Canadian Championships. Christa scored an impressive 95.49%



of her own Canadian records for her five best performances. Christa is ranked No. 1 in the world in the long jump and triple jump for W80-85.

MALE: Michael Deady - M65

After turning 65 this summer, Michael set a Canadian record of 46.10m in the M65 discus at the Cory Holly Classic in Vernon. He also threw an impressive 12.54m in the shot put at the same event, a new BC record in the M65 age group. His top five

performances in the shot put and discus averaged 93.52% of the Canadian records.

Cross-Country

CANADA

FEMALE: Jill Delane - W50

Jill won the W50 division of the Pine Tree Classic and the Vancouver Spirit Run. She finished second among W50 at the BC Cross-Country Championships and counted towards a second place team finish for BC at the Canadian Cross-Country Championships.



MALE: David Guss - M55

David won his age division in cross-country races in Penticton, Summerland and Kelowna this year. He finished first among M55 at the BC Championships and second among M55 at the Canadian Cross-Country Championships. He was the top age-graded athlete at both the BC Cross-



Country Championships and the Canadian Cross-Country Championships in Kingston, Ont.







2018 Coaching Excellence Awards

Junior Development Coach of the Year

Kevin Smith

A former decathlete, Kevin began his coaching career more than 20 years ago as the head coach of the Powell River Track and Field Club. Since 2010, he has coached with both Royal City and the Burnaby Striders. Kevin is extremely positive but honest, and all of his athletes



appreciate that the constant praise he gives is genuine. He teaches athletes to be proud of themselves and knows just what each athlete needs in order to progress and have fun. His patience allows athletes to explore and make mistakes in a safe place. Kevin is admired not only for his knowledge but for how he carries himself and interacts with each and every person.

U16/U18 Youth Coach of the Year

Donald Allemeersch

Don, a coach with both the Vancouver Thunderbirds and South Surrey Athletics, guided his athletes to an exceptionally successful year buoyed by numerous personal bests and podium performances at provincial, national and international competitions. Highlights from 2018 include



having five athletes compete at a national championship including three athletes named as members of BC teams. Those athletes achieved a number of personal bests and returned home with 11 medals. Additionally, Jarrett Chong (Jamaican U18 Invitational Team) and Dolly Gabri (Jamaican U18 Invitational Team & the 2018 Youth Olympic Games) went on to represent Canada on national teams.

U20/Senior Coach of the Year

Bruce Deacon

Bruce Deacon, a two-time Olympian in the marathon (1996 & 2000), is head coach of the Prairie Inn Harriers youth team. With a focus on middle-distance events, he guides his athletes to success regularly at provincial, national, and international Competitions and was Canada's head coach for the 2018



IAAF Half-Marathon Championships. 2018 was another successful year as Bruce coached two athletes to medal performances at the Canadian Championships. In the men's para ambulatory 800m, Michael Barber won gold while Paralympian Liam Stanley took bronze in the para ambulatory 1500m breaking his existing T37 1500m Canadian record (4:06.64). Both also set new Canadian records in 2018, Liam Stanley (T37 800m; 2:00.58), Michael Barber (T20 800m; 1:57.98).

High-Performance Coach of the Year

Ziggy Szelagowicz

Ziggy's had a long and successful tenure as the head coach of the Valley Royals Track & Field Club's power/ speed program. Over his career he's developed a number of internationally competitive athletes and in 2018 Ziggy helped guide Django Lovett to new heights. At the 2018



Commonwealth Games in Gold Coast, Australia, Django jumped a career best 2.30m to capture bronze. Other notable performances include Django's bronze medal at the 2018 NACAC Championships, Alexa Porpaczy's gold medal at the 2018 U20 Canadian Championships, and Eric Chatten's 4th place finish at the 2018 Canadian Championship

2018 Excellence in Officiating Awards

Dave Coupland Award - Inspirational

The Dave Coupland Award is presented to a BC Athletics member who has been an inspiration for Officials; someone who has made it fun.

Bob Adams

Bob, at 94, is an active, personable, reliable, and inspiring official, with over 50 years of officiating experience. A former Olympic decathlete, Bob transitioned first to coaching



then officiating. Advancing through the official level, by 1976 Bob was a chief judge of the pole vault at the 1976 Olympic Games in Montreal. These credentials were instrumental in developing the Bob Adams Foundation in Saskatchewan, designed to develop track & field athletes, officials, and coaches to achieve their fullest potential. A level 5 vertical jumps official, Bob continues to officiate in the Victoria area and is an inspirational mentor and guide to all athletes and officials he comes in contact with.

Ralph Coates Memorial Award - Longstanding Service

A registered Official who has contributed dependable, long term and versatile service to Track and Field.

Dale Loewen

A long time track starter, Dale Loewen has been a BC official for decades. Dale served in numerous capacities, both at the club

level and provincially. Notably, Dale has been the provincial advisor for athletics at the BC Summer Games for many years. As well, Dale has been the photographer for the BC Athletics Awards night and for many years has produced outstanding videos for both the BC Officials and BC Athletics AGMs, providing entertainment and respectfully honouring outstanding members of the athletics community. A successful clinician, Dale has mentored many other officials, while continuing to be a huge promoter of our sport, dedicated to the inclusion of youth into our sporting programs.

Mary Temple Award - Novice Official

A registered Official who, in his/her first 5 years, has focused substantial effort on learning to be an official as well as contributed willingly and unselfishly as a beginner Official.

Anthony Thomson

A member of the Vancouver Island Region team of Officials, in 2018 Anthony officiated 13 days of school and club meets across BC, including two Provincial Championship. He



was also invited and officiated at the Canadian Track & Field Youth Championships (Legions) in Manitoba. With only four years of officiating experience, Anthony is well on his way to achieving his level 4 certification as a Starter's Assistant, where he will become one of just over a dozen certified starter's assistants at the national Level in Canada. Anthony has also been an active participant of the BC Officials Committee and will be full member in 2019. Personable and comfortable with all he interacts with, Anthony has a great future in officiating.

Ian McNeil Award - Official of the Year

A registered Official who made an outstanding contribution to track and field and was conspicuous in their excellence in the calendar year. The recipient is automatically nominated for the 'NOC Official of the Year'.

Jason Swan

A dedicated member of the Lower Mainland officials group, Jason demonstrated exemplary service during 2018 through his extensive travel supporting events outside his home region. Jason travelled to Cranbrook for



the BC 55+ Games, hauling a trailer full of equipment which he set up and took down. Working at a venue which had not previously hosted this level of event, Jason competently worked the four-day meet as a photo timer with cheer, skill, and dedication to our sport. In addition, Jason was invited to act as the Chief Photo Finish Judge at the Canadian Youth Track & Field Championships (Legions). He was valued as a member of the finish line team, and supervised the local officials in his capacity as Chief. Jason is viewed as a worthy recipient of the lan McNeil Award by all who work with him.

14. inclusion of youth into our sporting programs.





2018 BC Athletics Annual Awards

Recognition of 50 Years of Officiating Service

NAME	RESIDES	OFFICIAL SINCE	STATUS
Bob Adams	Victoria	1963	Active
lain Fisher	Coquitlam	1967	Active
Alice Kubek	Victoria	1969	Active
Rafael Melendez-Duke	Victoria	1968	Active
Keith Newell	Victoria	1969	Active
Ken Porter	Victoria	1964	Retired

Jane Swan Award

Judy Armstrong

udy became involved in track & field when her son, Dylan, joined the Kamloops Track & Field Club in 1990 at nine years of age. Over the years she has held many positions with the Kamloops Tracvk & Field Club - including telephone coordinator, secretary, coach liaison, vice president and now for many years president.

In addition to her role as president, Judy serves as the meet manager for all

Kamloops track & field meets, with the club hosting close to 10 meets each year. She has also been the meet director for provincial and national championships of all levels including junior development track & field championships, the BC Jamboree, BC Senior Games, Canadian Masters Championships, World Masters Championships, Western Canada Summer Games, and NACAC Championships (North American, Central American, & Caribbean).

A level 5 throws official, over the years Judy has officiated at both Youth and Junior National Championships. She also officiated



Judy was instrumental to bringing the Canadian Throws Centre to Kamloops, in which high performance throw athletes could training under Dr. Bondarchuk, and acted as Centre Manager until its

Judy also leads fundraising efforts for

Kamloops TFC, successfully applying for regional and federal grants to purchase equipment, hire coaches, and lead outreach efforts with local elementary schools. Additionally, each year she organizes a manure sale, a major fundraiser for the club.

In 2017, Judy was inducted into the Canadian Athletics Hall of Fame as a builder and has also been recognized on the Officials Wall of Honour in Ottawa.

Judy is to the Kamloops Track and Field Club as Jane Swan was to the Abbotsford Track and Field Club.

2018 BC Athletics Annual Awards

Executives of the Year Award

Blaine Castle Sport Chair Athletics, 2018 Cowichan BC Summer Games and Vice President, Cowichan Valley Athletic Club



middle distance coach and vice president of the Cowichan Valley Athletic Club, Blaine's involvement with the 2018 BC Summer Games was initially as the Sport Chair for swimming. When the appointed chain was unable to continue, Blaine stepped forward to take on Athletics, successfully "diving" in to lead the athletics organizing committee.

Blaine planned the delivery of the BC Games Track & Field Competition, ensuring the track & field facility, equipment, officials and volunteers were up to the levels and numbers needed to present the best competition at the Games. He also worked with the facility owners, Games HOC, the athletics Provincial Sport Advisor and BC Athletics technical staff.

Thanks to Blaine's leadership, and 70+ volunteers who seamlessly moved equipment in and out of the venue, the track & field competition ran perfectly and on time and won the praise and thanks of many of the track & field officials.

THANK YOU BLAINE CASTLE

John Bird Past President, Vancouver Thunderbirds Track & Field Club



n 2001, John, together with Laurier Primeau, resurrected the Vancouver Thunderbirds TFC growing and expanding the programs, services and community outreach programs. Working tirelessly, and largely behind the scenes. John has been involved in:

Leading the technical and equipment management for the Harry Jerome International Track Classic and the Jerome Indoor Meets;

Heading the first ever North American Masters Games Track & Field Competition in 2016:

Expanding the Vancouver Thunderbirds Track & Field Outreach Programs through: Making Track/XC Fun; KM Club; and School Outreach – all of which increased opportunities for children and youth to develop physical literacy skills at no cost to their schools:

Past BC Athletics Board of Director plus planning and human resources committees of the association;

While stepping back in his many roles, John still continues to provide advice and assist while encouraging the next generation of leaders to step into leadership roles in our sport.

THANK YOU JOHN BIRD

16



BC ATHLETICS Breithert - Preference - Exercises

2018 BC Athletics Annual Awards

BC Athletics Hall Of Fame Inductees, 2018

LLOYD SWINDELLS

(IN MEMORIAM): COACH, BUILDER, VANCOUVER OLYMPIC CLUB

loyd Swindells was a tireless worker for track & field in British Columbia and Canada

A founding member of the Vancouver Olympic Club in 1953 and helped develop the Vancouver Olympic Club into a strong and dynamic club during the 1960s through 1970s.

He began coaching in 1947 with the Vancouver Boy's Club and went on to coach and advised many athletes during his career – several to name only a few including Norm Trerise, Bill Smart, Bob McLaren of who went on to represent Canada at Olympic, Pan American and Commonwealth Games.

LLOYD'S HONOURS AND HIGHLIGHTS INCLUDE:

- Head Coach of numerous BC Teams during the 1950's, 1960's and early 1970's.
- Seeding Committee Chair for the 1954 British Empire Games in Vancouver.
- Member of Canada's Records Committee and Chair of Public Relations for BC for more than 10 years.
- President of BC Amateur Athletic Union in 1951.
- Head Coach of Canada's Pan American Games Team in Mexico City 1955, Winnipeg 1967, Sao Paulo 1963 and Manager Pan American Games - Chicago 1959.
- Manager of Canadian Olympic Team 1968
 Mexico City and Coach for the 1972 and 1976
 Canadian Olympic track & field teams.



- Coach of the Year by Pacific Northwest Committee – 1957.
- Named as a member of the Canadian Olympic Committee – 195.7
- Member of the Canadian Track and Field Selection Committee - 1964-70.
- Director of Canadian Track and Field Association - 1967-74.
- Inducted into the BC Sports Hall Of Fame In 1976

Lloyd was an outstanding contributor to the sport of Track & Field and an outstanding coach and advisor to many developing and high performance athletes in British Columbia.

It is a great honour to induct Lloyd Swindells into the BC Athletics Hall of Fame.

2018 BC Athletics Annual Awards

BC Athletics Hall Of Fame Inductees, 2018

MAUREEN DE ST. CROIX

ATHLETE, BUILDER, HEAD COACH, OCEAN ATHLETICS CLUB

aureen has given back to the sport of athletics for many years. In 2006, Maureen co-founded the

Ocean Athletics Track and Field Club and was

the first president and head coach of the club. A member of BC Athletics committees - junior development and strategic planning. A BC Athletics Run Jump Throw Wheel Instructor -Maureen brings her knowledge, passion and commitment through teaching both physical literacy and track & field skills to children and youth in British Columbia. Maureen is a visionary who leads often leads the hosting and organizing of club, provincial and national Events – providing opportunities for developing and high performance

athletes. Not



having enough on her plate Maureen, in 2008 she became a BC Athletics official, volunteering at many of the Lower Mainland track meets.

The sport of athletics in British Columbia and Canada truly benefits from Maureen's involvement.

It is a great honour to induct Maureen de St Croix into the BC Athletics Hall of Fame.

AS AN ATHLETE:

Maureen won a bronze medal at the 1974 British Commonwealth Games in New Zealand.

Won gold medals at the Canadian and US National Masters Championships.

Canadian Masters cross-country champion seven times in the W40, W50 and W55 age groups.

Competed in six WMA (World Masters Athletics) Championships in New York, Great Britain, Australia, Puerto Rico, Spain and Sacramento, winning 16 medals, including 11 gold.

INTERNATIONALLY:

Maureen represented Canada at:

- 1974 Commonwealth Games
- Ekiden Relays in Japan and Korea
- Three times in the IAAF World Cross-Country Championships: West Germany (1977), Ireland (1979) and Switzerland (1986).

PROVINCIAL, NATIONAL, WORLD RECORDS:

In the W45 age category, Maureen broke Canadian records in the 800m, 1500m, mile, 3000m, 5000m and 10k road.

In the W50 age category, Maureen broke the Canadian and World records in the 800m (2:16.62), 1500m (4:40.92), outdoor mile (5:02.80) and indoor mile (5:10.87).

HONOURS & ACHIEVEMENTS:

- Maureen was the BC Athletics Masters Female T&F Athlete of the year (2001 and 2005).
- Masters Female Cross-Country Runner of the year eight times (2001, 2004, 2005, 2006, 2007, 2009, 2010 and 2011.
- 2001 Sport BC Masters Athlete of the Year.
- 2017 Sport BC President's Award for Athletics
- 2018 inducted into the Canadian Masters Athletics Hall of Fame

18





2018 Canadian Teams Recognition

Pan American Cross-Country Championships February 17, San Salvador, El Salvador

NAME	EVENT	HOMETOWN	CLUB
Tyler Dozzi	8km	Terrace	PIHR
Thomas Nobbs	8km	Vancouver	VOC
Lisa Brooking	10km	West Vancouver	UNBC
Lindsay Carson	10km	Burnaby	LANG
Erica Digby	10km	Vancouver	TBIR
John Gay	10km	Kelowna	TBIR
Theo Hunt	10km	Vancouver	UNBC
Jack Williams	10km	Vancouver	OATF
Justin Kent	10km	Burnaby	CTC1
Mark Gottfried	Team Medical	Surrey	

IAAF World Indoor Championships March 1-4, Birmingham, United Kingdom

NAME	EVENT	HOMETOWN	CLUB
Christabel Nettey	Long Jump	Surrey	UNBC

IAAF World Race Walking Team Championships

March 5-6, Taicang, China

EVENT	HOMETOWN	CLUB
50km RW	Richmond	KJAK
20km RW	Vancouver	WALK
20km RW	Kitimat	WALK
	50km RW 20km RW	50km RW Richmond 20km RW Vancouver

IAAF World Half Marathon Championships

March 24, Valencia, Spain

NAME	EVENT	HOMETOWN	CLUB
Cameron Levins	Half-Marathon	Black Creek	UNBC
Geoff Martinson	Half-Marathon	Prince George	PIHR
Kinsey Middleton	Half-Marathon	Guelph	UNBC
Bruce Deacon	Head Coach	Victoria	
Kimen Petersen	IST	Vancouver	

2018 Canadian Teams Recognition

Commonwealth Games

April 4-15, Gold Coast, Australia

NAME	EVENT	<u>HOMETOWN</u>	CLUB
Rachel Cliff	10000m	Vancouver	TBIRD
Evan Dunfee	20km RW	Richmond	KJAK
Elizabeth Gleadle	Javelin	Vancouver	TBIRD
Adam Keenan	Hammer Throw	Victoria	UNBC
Django Lovett	High Jump	Surrey	VRTC
Michael Mason	High Jump	Nanoose Bay	NTFC
Christabel Nettey	Long Jump	Surrey	UNBC
Nina Schultz	Heptathlon	New Westminster	NWSA
Tristan Smyth	T54 Marathon	Maple Ridge	WCRS
Benjamin Thorne	20km RW	Kitimat	WALK
Alyxandria Treasure	High Jump	Prince George	PGTF
Natasha Wodak	10000m	Vancouver	PIHR
Dr. Padraig McCluskey	Team Physician	Victoria	

World Para Athletics Grand Prix

May 25-27, Nottwil, Switzerland

NAME	EVENT	HOMETOWN	CLUB
Dr. Duriell Bernard	Chiropractor	Port Moody	

Jamaican U18 Invitational

June 30 - July 1, Kingston, Jamaica

NAME	EVENT	HOMETOWN	CLUB
Baneet Bains	2000m SC	Surrey	CTC1
Jarrett Chong	Javelin	Port Coquitlam	CITY
Dolly Gabri	Discus, Shot Put	Surrey	SOSA
Aiden Grout	High Jump	Pitt Meadows	LANG
Kendra Lewis	1500m	Vancouver	VOC
Jenevieve Patry-Smith	Javelin	Port Moody	CITY
Phoebe Price-Roberts	Hammer Throw	Lake Country	UNBC
Adam Vilo	400mH	Surrey	OATF
Dr. Linda Thyer	Team Physician	Vancouver	
Mark Gottfried	Team Physiotherapist	Victoria	

21.





2018 Canadian Teams Recognition

Harry Jerome International Track Classic

June 26-27, Vancouver

Whitney Rowe 4x100m Burnaby **UNBC** Dr. Simon Pearson Chiropractor Victoria

NACAC Pan American Combined Events Cup

July 3-4, Ottawa

EVENT HOMETOWN CLUB Georgia Ellenwood Heptathlon Langley **UNBC**

IAAF World U20 Championships July 19-24, Tampere, Finland

NAME	EVENT	HOMETOWN	CLUB
Megan Champoux	400mH	Vancouver	UNBC
Charlie Dannatt	1500m	Vancouver	HHAC
Tyler Dozzi	5000m	Terrace	TBIR
Anastas Eliopoulos	100mH	Vancouver	TBIR
Grace Fetherstonhau	gh3000m SC	New Westminster	CITY
Keira McCarrell	Javelin	Burnaby	UNBC
Taryn O'Neill	1500m/3000m	Lake Country	OAC
Camryn Rogers	Hammer Throw	Richmond	KJAK
Sheldan Gmitroski	Throws Coach	Victoria	

IAAF Continental Cup

September 8-9, Ostrava, Czech Republic

HOMETOWN Christabel Nettey Long Jump Surrey **UNBC**



NACAC Championships August 10-12, Toronto

NAME	EVENT	HOMETOWN	CLUB
Lindsey Butterworth	800m	North Vancouver	CTC1
Rachel Cliff	10,000m	Vancouver	TBIR
Whitney Rowe	4x100m	Burnaby	UNBC
Alyxandria Treasure	High Jump	Prince George	PGTF
Jerome Blake	300m, 4x100m	Burnaby	COQC
Evan Dunfee	20km RW	Richmond	KJAK
Nathan George	4x400m	Pitt Meadows	COQC
Adam Keenan	Hammer	Victoria	UNBC
Django Lovett	High Jump	Surrey	VRTC
Michael Mason	High Jump	Nanoose Bay	NTFC
Dr. Trent Stellingwerff	IST Lead	Victoria	
Dr Padraig McCluskey	Team Physician	Victoria	
Dr. Simon Pearson	Chiropractor	Victoria	

Youth Olympic Games

October 6-18, Buenos Aires, Argentina

NAME	EVENT	HOMETOWN	CLUB
Dolly Gabri	Discus	Surrey	SOSA
Kendra Lewis	1500m	Vancouver	VOC
Jasneet Niiiar	400m	Surrev	UATH

WPA Winter Challenge (Throws)

October 26-28, Ancona, Italy

EVENT HOMETOWN CLUB **Greg Stewart** F46 Shot Put Kamloops KTFC Ness Murby F11 Discus Salt Spring Island UNBC



23.



2018 B.C. Athletics Annual Awards Banquet

Thank You!

...To Our Partners, Sponsors, Friends and Members who helped to make the 2018 Year in Athletics "A GREAT SUCCESS!!!"

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