



## 2024 BC Athletics Awards Announcement

### Cross Country Award Categories U16 Cross Country Athlete Performance Award Recipients

Recipient	Club	Coach
<b>14-Year-Old Female</b>		
Eula Palmer Brid	Unattached BC	Aaron Heidt
Sasha Dehal	Ocean Athletics Track & Field Club	Ted De St Croix
Katherine Kennedy	Kajaks Track & Field Club	Nurten Tasdemir
Kate Rourke	Vancouver Thunderbirds Track & Field Club	Cindy Crowther
<b>14-Year-Old Male</b>		
Dawson Abraham	Kootenay Chaos Track Club	Alex Ulaszonek
Isaiah Johnston	Vancouver Thunderbirds Track & Field Club	Ron Loewen
Coen Kissman	UBCO	Malindi Elmore
<b>15-Year-Old Female</b>		
Adrianna Buitelaar	Valley Royals Track & Field Club	Scott Svelander
Ava Gauthier	Nanaimo & District Track & Field Club	Tyler Heisterman
Maya Royle	Unattached BC	Rob Millar
<b>15-Year-Old Male</b>		
Jericho Geddes	Ocean Athletics Track & Field Club	Ted De St. Croix
Arjun Sandhu	Vancouver Thunderbirds Track & Field Club	Ron Loewen
Riley Simmonds	Valley Royals Track & Field Club	Scott Svelander



### U18 Cross Country Athlete of the Year

Finalist	Club	Coach
Alexa Dow	Prairie Inn Harriers Racing Team	Bruce Deacon
Delphine Gosselin	Vancouver Thunderbirds Track & Field Club	Cindy Crowther
Maella Hodgson	Ocean Athletics Track & Field Club	Ted De St Croix

James Hodgson	Ocean Athletics Track & Field Club	Ted De St Croix
Kai Martland	Vancouver Thunderbirds Track & Field Club	Cindy Crowther
Charli Mlotshwa	Prairie Inn Harriers Racing Team	Bruce Deacon

### U20 Cross Country Athlete of the Year

Finalist	Club	Coach
Ruby Broadbent	Victoria Speed Project	Louie Quintana
Rachael Watkins	West Vancouver Track & Field Club	Brit Townsend
Abigail Yakemchuk	Ocean Athletics Track & Field Club	Ted De St. Croix / Malindi Elmore

Aven Kifle	Vancouver Thunderbirds Track & Field Club	Ron Loewen
Tion McLeish	Victoria Endurance Track Club	Hilary Stellingwerff
Yemane Mulugeta	Ocean Athletics Track & Field Club	Ted De St. Croix

### Senior Cross Country Athlete of the Year

Finalist	Club	Coach
Ceili McCabe	Unattached BC	Sean Cleary
Katie Newlove	Vancouver Thunderbirds Track & Field Club	Steve Weiler
Glynis Sim	Vancouver Thunderbirds Track & Field Club	Steve Weiler

Cole Dinsdale	Unattached BC	Norman Tinkham
Keiran Lumb	Vancouver Thunderbirds Track & Field Club	Andy Powell
John Perrier	Vancouver Thunderbirds Track & Field Club	Steve Weiler



### **Masters Cross Country Athlete of the Year**

<b>Winner</b>	<b>Club</b>	<b>Coach</b>
Alita Dommann	Vancouver Falcons Athletic Club	Kevin O'Connor
David Guss	Kelowna Running Club	

### **Road Running Award Categories U20 Road Running Athlete of the Year**

<b>Winner</b>	<b>Club</b>	<b>Coach</b>
Robyn Astridge	Vancouver Thunderbirds Track & Field Club	Leslie Sexton
Yemane Mulugeta	Ocean Athletics Track & Field Club	Ted De St. Croix

### **Senior Road Running Athlete of the Year**

<b>Finalists</b>	<b>Club</b>	<b>Coach</b>
Julia Hawkins	Mile 2 Marathon	Justin Kent
Samantha Jory	Unattached BC	Natasha Wodak
Natasha Wodak	Prairie Inn Harriers Racing Team	Trent Stellingwerff

Trevor Hofbauer	Mile 2 Marathon	Richard Lee
Justin Kent	Mile 2 Marathon	Richard Lee
Cameron Levins	Unattached BC	Jim Finlayson

### **Masters Road Running Athlete of the Year**

<b>Winner</b>	<b>Club</b>	<b>Coach</b>
Malindi Elmore	UBCO	Graeme Hood
David Guss	Kelowna Running Club	



**Mountain & Trail Award Categories**  
**Mountain & Trail Athlete or the Year Awards**

<b>Winner</b>	<b>Club</b>	<b>Coach</b>
Care Nelson	Prairie Inn Harriers Racing Team	Jim Finlayson
Kalie McCrystal	Unattached BC	

Alexandre Ricard	Unattached BC	
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