



2018 BC YOUTH, JUNIOR, SENIOR & MASTERS CROSS COUNTRY TEAM

BC Team Selection Criteria

I. OVERVIEW

- The 2018 BC Youth, Junior, Senior & Masters Team will be selected for competition representing BC at the:

**2018 Canadian Cross Country Championships
Kingston, ON – Saturday, November 24, 2018**

<http://athletics.ca/championnat/canadian-cross-country-championships>

- The 2018 Canadian Cross Country Championships will be the selection meet for the following Junior and Senior National teams:

**2019 NACAC Cross Country Championships
*To be confirmed**

**2019 IAAF World Cross Country Championships
Aarhus, Denmark – Saturday, March 30, 2019**

See the Athletics Canada National Team Programs at: <http://athletics.ca/national-team>. The Canadian Championships are a critical step towards this event.

- **BC Athletics will provide support to those qualifying athletes.** (See: General Criteria for Funding & Team Selection at <http://www.bcatletics.org/documents/gensel.pdf> and the Selection Guidelines below).
- **MAXIMUM TEAM SIZE = 44 Athletes + Staff**

II. GENERAL INFORMATION

Championships Information:

**2018 Canadian Cross Country Championships,
Fort Henry, Kingston, ON
November 24, 2018**

Dates	Description	Location/Notes
October 27, 2018	BC Cross Country Championships	Abbotsford, BC
November 3, 2018	BC High Schools Cross Country Championships	Nanaimo, BC
November 5, 2018	BC Team Selection	
November 19, 2018 (1:00pm PST)	Entry Deadline for Canadian Championships	BC Athletics will enter all BC Team Members
November 24, 2018	2018 Canadian Cross Country Championships	Kingston, ON

III. SELECTION GUIDELINES

Athletes wishing to be considered for selection to the BC Youth, Junior, Senior and Masters Cross Country Team must:

1. Meet the BC Athletics General Criteria for Funding Support and Selection
2. Compete in the events they wish to be considered for at the 2018 BC Cross Country Championships, unless due to the following reasons are unable to compete, in which case notification should be sent by email to clifton.cunningham@bcathletics.org or fax 604-333-3551. All notifications of non-participation must be accompanied by current - Fall 2018 - Cross Country performances.
 - a. **Competing on a Canadian Team or BC Team** - Notification to BC Athletics 2 weeks prior to the BC Championships.
 - b. **Injury or Illness** - ONLY a letter from a medical doctor will be accepted. This must be presented prior to the start of the Championships.
 - c. **Domestic Affliction** - defined as a personal or family tragedy, incident or emergency that does not allow you to attend the Championships. Notification must be received prior to the start of the Championships unless this is impossible.
 - d. **Education, Exam or Graduation Commitment** - Notification to BC Athletics 2 weeks prior to the BC Championships.
3. Have been a Registered Competitive Athlete Member of BC Athletics at the time of the 2018 BC Cross Country Championships.
4. Meet the Selection Criteria below.

IV. SELECTION CRITERIA

Selection for the BC Teams will be based upon results from the BC Cross Country Championships, with consideration given to athletes under #2 above, should such be warranted.

NOTE 1: Midget Boys and Girls are not eligible for selection to the BC Youth teams, and cannot contest the BC Youth Cross Country Championship. Midget Boys and Girls may enter the Canadian Youth Cross Country Championships as individuals.

NOTE 2: Youth Boys and Youth Girls who will be 17 or 18 in 2019 will be considered for selection to the BC Junior Men's & Women's teams if they run the BC Junior Championship.

NOTE 3: Junior Men & Junior Women who will be 20 in 2019 will be considered for selection to the BC Senior Men's & Women's teams if they run the BC Senior Championship.

1. **Youth Girls** - Top 4 automatic **from the BC Youth Girls Cross Country Championship Race**, plus up to 2 selected by the selection committee, if performance warrants, following the BC High School Cross Country Championships. Note, non-automatic selections must have run either the Youth or Junior BC Cross Country Championship Race, or received exemption under #2 above.
2. **Youth Boys** - Top 4 automatic **from the BC Youth Boys Cross Country Championship Race**, plus up to 2 selected by the selection committee, if performance warrants, following the BC High School Cross Country Championships. Note, non-automatic selections must have run either the Youth or Junior BC Cross Country Championship Race, or received exemption under #2 above.
3. **Junior Women** - Top 4 automatic **from the BC Junior Women's Cross Country Championship Race**, plus up to 2 selected by the selection committee, if performance warrants. Note, Youths must run the Junior race in order to be considered for selection to the Junior team.
4. **Junior Men** - Top 4 automatic **from the BC Junior Men's Cross Country Championship Race**, plus up to 2 selected by the selection committee, if performance warrants. Note, Youths must run the Junior race in order to be considered for selection.
5. **Senior Women** - Top 4 automatic **from the BC Senior Women's Cross Country Championship Race**, plus up to 2 selected by the selection committee, if performance warrants.
6. **Senior Men** - Top 4 automatic **from the BC Senior Men's Cross Country Championship Race**, plus up to 2 selected by the selection committee, if performance warrants.
7. **Masters Men and Women** - The first finisher plus the top 3 performers **from each of the Masters Men and the Masters Women race**, using the "age graded tables", will be considered for the Masters Team, should performance warrant. **Up to 8 athletes may be selected.**

- **NOTE:** Athletes not selected to the BC Team may still enter the Canadian Cross Country Championships as non-BC Team members.