1.0 OVERVIEW

This document will serve as the selection document for the 2019 BC U20 Track & Field Team. All selections will be made in accordance with these criteria. Athletes and coaches are asked to please familiarize themselves with this document. If you have any questions, please contact the Technical Manager for Track & Field, Chris Winter at chris.winter@bcathletics.org.

2.0 TEAM OBJECTIVES

The selection criteria is set to select athletes as probable finalists and/or possible medallists. The specific objectives for this team include:

- To have more athletes advance to finals than in the previous year; (26 Top 8 Finishes in 2018)
- To have more athletes achieve podium performances than in the previous year (17 Podium Finishes in 2018);
- To select athletes capable of performing at their personal best level.

3.0 GENERAL INFORMATION

3.1 Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event/Note</th>
<th>Location/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 15, 2019</td>
<td>Begin Qualifying Period</td>
<td>All Events</td>
</tr>
<tr>
<td>June 2, 2019</td>
<td>Athlete Declaration Due / End Qualifying Period</td>
<td>Men's 10,000m</td>
</tr>
<tr>
<td>June 13, 2019</td>
<td>Canadian 10,000m Championships</td>
<td>Burnaby, BC</td>
</tr>
<tr>
<td>June 16, 2019</td>
<td>Athlete Declaration Due / End Qualifying Period</td>
<td>Combined Events</td>
</tr>
<tr>
<td>July 5-7, 2019</td>
<td>BC Athletics Track &amp; Field Championships / BC Team Selection Trials</td>
<td>Kamloops, BC</td>
</tr>
<tr>
<td>July 7, 2019</td>
<td>Athlete Declaration Due / End Qualifying Period</td>
<td>All Events</td>
</tr>
<tr>
<td>July 6-7, 2019</td>
<td>Canadian &amp; Pan American Combined Events Championships</td>
<td>Ottawa, ON</td>
</tr>
<tr>
<td>July 25-28, 2019</td>
<td>Canadian Track &amp; Field Championships</td>
<td>Montreal, QC</td>
</tr>
</tbody>
</table>

Athletes must submit an online declaration by the published deadlines (above).

3.2 Eligibility

In order to be eligible for the 2019 BC U20 Track & Field Team, athletes must:

A. Meet the BC Athletics General Criteria for Funding Support and Team Selection
B. Have been registered as a BC Athletics Competitive Athlete Member at the time of achieving the published selection standard (see: Appendix A or B);
C. Submit an Online Athlete Declaration Form prior to the published declaration due date (see: 3.1);
D. Achieve the published standard in the event they wish to be considered for (see: Appendix A or B) within the published qualifying period (see: 3.1).
E. Compete at the 2019 BC Athletics Track & Field Championships / BC U20 Track & Field Team Selection Trials.
F. Must comply with Competitive Readiness Requirements as outlined in section 5.0;
G. Must be at least 18 years of age (Junior / U20) as of December 31, 2019 (see: AC Rule 86e).

3.3 Funding

BC Athletics will provide support (pending confirmation of funding for 2019-20) to those athletes selected to the 2019 BC U20 Track & Field Team. For more information, please see the published criteria and standards within this document in addition to the BC Athletics General Criteria for Funding and Team Selection.

3.4 Team Information

A. Team Event(s)

2019 BC U20 Track & Field Team events are as follows:

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canadian 10,000m Championships</td>
<td>June 13, 2019</td>
<td>Burnaby, BC</td>
</tr>
<tr>
<td>BC Athletics Track &amp; Field Championships Jamboree / BC Team Selection Trials</td>
<td>July 5-7, 2019</td>
<td>Kamloops, BC</td>
</tr>
<tr>
<td>Canadian Combined Events Championships</td>
<td>July 6-7, 2019</td>
<td>Ottawa, ON</td>
</tr>
<tr>
<td>Canadian Track &amp; Field Championships</td>
<td>July 25-28, 2019</td>
<td>Montreal, QC</td>
</tr>
</tbody>
</table>

B. Team Size

BC Athletics aims for a team size of 25 athletes plus staff. In the case that additional funding is available, BC Athletics may send additional athletes. Due to high costs of travel to Montreal and budget constraints it may not be possible to send a full team of 25 athletes. Final number to be decided after the end of Qualifying Period.

C. Team Selection Announcement

The BC U20 Track & Field Team list of selected athletes will be posted on the BC Athletics website, BC Athletics Facebook page, and BC Athletics Twitter feed at least 72 hours after the last day of the qualifying period. Emails will also be sent to all named athletes.

D. Team Staff

BC Athletics Team Staff will be announced on the BC Athletics website. BC Athletics will name staff to be on site for all event areas/disciplines. If deemed necessary by BC Athletics and the Head Coach, additional staff may be added.

E. Team Fees

All athletes selected to a BC Team are required to pay BC Team Fees. For more information on BC Team Fees including costs per teams, and a breakdown, please consult the BC Athletics General Criteria for Funding and Team Selection.
F. Team Entries

BC Athletics will enter all selected athletes into the Canadian Championship event(s). Selected athletes must compete in their selected event. An athlete may be entered in additional events if performances in those event(s):

(a) Are equal to, or surpass, the published team standard (see: Appendix A); and/or
(b) Would not hinder performance in the primary selected event as determined by the BC Athletics Track & Field Committee in consultation with the athlete and personal coach.

If the performance in the secondary event does not meet Criteria 1 (above), then the athlete may still enter the event but the athlete will be responsible for entering that event. If the performance in the secondary event does not meet Criteria 2 (above), and would hinder the performance of the primary (selected) event, then the athlete would not be able to compete in the secondary event.

G. Team Travel

BC Athletics will be booking flights from BC departure locations only. Athletes wishing to make their own travel arrangements must contact the Technical Manager for approval prior to the online declaration due date (see: Section 3.1). Athletes must include the following information:

- Travel Information (Dates, Times, Flight # etc.);
- Cost of Travel

Athletes who have been approved to make their own travel arrangements are asked to send receipts to the BC Athletics office (chris.winter@bcathletics.org) for reimbursement no later than 2 weeks after the completion of the BC Team event. Selected athletes will receive a refund for either A) the cost of travel incurred by the athlete, or B) what the cost to BC Athletics would have been to send an athlete from a BC location, whichever is less.

H. Team Accommodations

BC Team athletes are responsible for the payment of their accommodations. BC Athletics will make reservations at a designated hotel for all BC Team athletes and staff. Athletes are encouraged to use BC Team accommodations.

Athletes wishing to make their own accommodation arrangements must contact the BC Athletics Technical Manager for approval prior to the declaration due date (see: Section 4.6). Athletes must provide BC Athletics with the name and address of the accommodations.

I. Team Meetings

Attendance at all team meetings is mandatory. Athletes who are not staying in the BC Team accommodations are reminded that they must attend all team meetings.
J. Selection Trials

The selection trials for the 2019 BC U20 Track & Field team will be held at the 2019 BC Athletics Track & Field Championships Jamboree on July 5-7, 2019 in Kamloops, BC.

*Note there will not be a selection trials for the Men’s 10,000m, Heptathlon, and Decathlon events. Athletes will be selected to these events based on achieving a selection standard during the qualifying window.

4.0 SELECTION CRITERIA & STANDARDS

4.1 Methodology

When producing team standards, BC Athletics works with the philosophy of “probable finalist, possible medallist”. The 2019 BC U20 Team Standards are based on the higher performance of either A) the average 3rd place finish over the previous 5 Canadian U20 Track & Field Championships, or B) the 8th ranked performance of 2018. The term “Higher Performance” is defined as the more difficult standard (fastest, highest, furthest or greater points depending on the event). The Standards for the 10K Walk are set based on the average IAAF Points of all other events. If necessary, standards are adjusted by the event group representatives on the BC Athletics Track & Field Committee.

4.2 Eligible Performances

All performances must appear on the 2019 Outdoor Athletics Canada Rankings. It is the responsibility of the athlete to ensure eligible performances appear in the rankings in order to be considered for selection. Please submit results to results@athletics.ca.

4.3 In-Eligible Performances

For purposes of selection the following performances will not be eligible for selection or funding:

i. Wind-Aided Performances;

ii. Hand-Timed Performances;
4.4 Selection Process (All Events; Exception: Men’s 10,000m, Heptathlon, Decathlon)

Athletes who have achieved the published standards (see: Appendix A or B) will be considered in the following order:

1. Winner in Standard, in the finals of the selection trials;

2. Non-Winner, in Standard, in the finals of the selection trials;

3. Winner in Non-Standard, in the finals of the selection trials, but having achieved the published standard during the published qualifying period (see: Section 2.7);

4. Athletes who meet one of the following criteria will have their best performance achieved during the published qualifying period (see: Section 2.7) ranked by percentage of the selection standard in their respective event.
   - Non-Winner in Non-Standard, in the finals of the selection trials, but having achieved the published standard during the published qualifying period (see: Section 2.7).
   - Eligible athletes who competed in the Selection Trials but not in their declared event(s), but having achieved the standard in their declared event during the qualifying period (see: Section 2.7), will be considered for their declared event(s) according to their best performance achieved during the published qualifying period (see: Section 2.7).
   - Athletes unable to compete in the selection meet for one of the reasons listed below will have their performances considered at this step. Notification to BC Athletics is required prior to the start of the first day of competition of the selection meet. BC Track & Field Championship Exemption Form.

5. Other athletes may be considered by their nearness to the published standard and medal potential based on the results of the selection meet. Athletes will be ranked by percentage of the selection standard in their respective event.

Exemption 1: Injury or Illness. Notification must be provided prior to the start of the BC Championships. Only notification from a medical doctor will be accepted;

Exemption 2: Named to or competing on an Athletics Canada, BC Athletics or Team BC team, or athletes competing at an Athletics Canada National Championships. Notification must be provided to the BC Athletics technical manager prior to the start of the BC Championships;

Exemption 3: Domestic Affliction. Defined as a personal or family tragedy, incident or emergency that does not allow an athlete to attend the BC Championships, or accept selection to a BC Team. Notification must be made to the BC Athletics technical manager as soon as possible;

Exemption 4: Education, Exam or Graduation Commitment. A letter from a “school representative” must be provided to BC Athletics prior to the start of the BC Championships.
4.5 SELECTION PROCESS (M 10,000M & Combined Events)

Eligible athletes who have achieved the selection standard during the respective qualifying period will be selected up until a maximum of 2 athletes per event is reached. There will be NO Selection Trials for these events.

4.6 COMPETITIVE READINESS

Selected athletes are expected to be competitive ready at the time of selection and leading up to, and at, the provincial team events. As part of demonstrating competitive readiness, athletes will be required to complete steps outline below.

A. BC Team Selection Acknowledgement Form

All athletes, and primary coaches of athletes, selected to a BC Team must complete, sign and submit the BC Team Selection Acknowledgement Form prior to receiving team information (travel, accommodations etc.). As a part of this form disclose to BC Athletics if there are any reasons (i.e. injury) that may affect their competitive readiness.

B. Competitive Readiness

If a selected athlete presents reasons (i.e. injury or illness) that may result in questionable competitive readiness, BC Athletics will work with the athlete and coach on a case by case basis to certify the athletes competitive readiness.

C. Evaluation of Competitive Readiness

Athletes with questionable competitive readiness will be required to prove fitness. This may be done through proof of fitness at a competition. In some cases, medical documentation by a medical doctor only may be used as an evaluation tool if competition is not possible.

D. Violation of Competitive Readiness

If an athlete and personal coach falsely certify that a selected athlete is competitive ready resulting in a poor performance or non-performance at the BC Team event, that athlete and coach may be responsible for refunding BC Athletics the total costs incurred for team travel, entries, equipment transportation or other costs associated with the BC Team. BC Athletics will consider these situations on a case by case basis.

5.0 APPEALS

I. Only athletes who have achieved the published standard (Appendix A or B) during the published qualifying period (section 3.1) or have met the selection criteria (section 4.0) may submit an appeal.

II. Appeals for Selection are to be submitted only by filling out the online BC Team Program Appeal for Selection Form

III. Appeals must be submitted within 24 hours of the announcement of the team selection (section 2.9). Appeals submitted after this time will not be accepted under any circumstances.
APPENDIX A – BC U20 Track and Field Team Selection Standards

<table>
<thead>
<tr>
<th>Women</th>
<th>Event</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.97</td>
<td>100m</td>
<td>10.79</td>
</tr>
<tr>
<td>24.20</td>
<td>200m</td>
<td>21.70</td>
</tr>
<tr>
<td>55.00</td>
<td>400m</td>
<td>48.00</td>
</tr>
<tr>
<td>2:08.70</td>
<td>800m</td>
<td>1:51.10</td>
</tr>
<tr>
<td>4:27.82</td>
<td>1500m</td>
<td>3:51.23</td>
</tr>
<tr>
<td>9:41.00</td>
<td>3000m</td>
<td></td>
</tr>
<tr>
<td>16:42.60</td>
<td>5000m</td>
<td></td>
</tr>
<tr>
<td>10000m</td>
<td>14:41.85</td>
<td></td>
</tr>
<tr>
<td>*10KM Walk</td>
<td>31:05.00</td>
<td></td>
</tr>
<tr>
<td>14:10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>51:00.00</td>
<td>110mH</td>
<td>14.48 – U20</td>
</tr>
<tr>
<td>14.10</td>
<td>110mH</td>
<td>15.08 - SR</td>
</tr>
<tr>
<td>60.75</td>
<td>400mH</td>
<td>53.85</td>
</tr>
<tr>
<td>11:04.88</td>
<td>3000mSC</td>
<td>9:18.95</td>
</tr>
<tr>
<td>1.71m</td>
<td>High Jump</td>
<td>2.00m</td>
</tr>
<tr>
<td>3.64m</td>
<td>Pole Vault</td>
<td>4.47m</td>
</tr>
<tr>
<td>5.71m</td>
<td>Long Jump</td>
<td>6.97m</td>
</tr>
<tr>
<td>11.90m</td>
<td>Triple Jump</td>
<td>14.20m</td>
</tr>
<tr>
<td>12.91m</td>
<td>Shot Put</td>
<td>16.07m - U20</td>
</tr>
<tr>
<td>45.10m</td>
<td>Discus</td>
<td>46.16m - U20</td>
</tr>
<tr>
<td>53.52m</td>
<td>Hammer</td>
<td>57.05m - U20</td>
</tr>
<tr>
<td>44.47m</td>
<td>Javelin</td>
<td>57.94m</td>
</tr>
<tr>
<td>4683 Points</td>
<td>Heptathlon</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Decathlon</td>
<td>6082 Pts - U20</td>
</tr>
</tbody>
</table>

- The 10KM RW standard is based on the average of IAAF Points for all other events;
- In cases where both A or B options resulted in a standard higher than the IAAF World U20 Standard, the team standard was set at the IAAF World U20 Standard (W200m, W400m, W800m, W10KM RW, W100MH, W400mh);
- Senior specifications are provided for relevant events;
- M 10,000m standard is based on IAAF points for M 5000m standard (866 pts);
- W 5000m standard is based on IAAF points for W 3000m standard (973 pts);
- M 10,000m standard is based on IAAF points for M 5000m standard (866 pts);
- W 5000m standard is based on IAAF points for W 3000m standard (973 pts);

6.0 AMENDMENTS

BC Athletics reserves the right to amend this document at any time up to the Selection Date for changes imposed by parties external to BC Athletics, or for changes that, in the opinion of BC Athletics would improve or enhance the selection process. Any changes made by BC Athletics are deemed to come into effect immediately upon publication on the BC Athletics website. Additional publication of the amended Selection Criteria will be made by whatever means and wherever the original Selection Criteria was published.