

2021 BC Cross Country Championships  
Saturday, October 23, 2021  
Beaver Lake, BC , Canada

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2012 Girls (age 9) 1.5 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	5:57	22	Tamara Hamze	9	F7-9	Vancouver Thunderbirds
2	6:04	52	Kali Smith	9	F7-9	
3	6:12	66	Averie Westbrook	9	F7-9	Valley Royals Track & Field Club
4	6:14	40	Kaley Omstead	9	F7-9	Ocean Athletics Track & Field Club
5	6:20	31	Lexa Maver	9	F7-9	Ocean Athletics Track & Field Club
6	6:24	44	Thea Picardi	8	F7-9	
7	6:29	33	Emma Mccutcheon	9	F7-9	Vancouver Thunderbirds
8	6:34	7	Keira Brown	9	F7-9	
9	6:35	9	Rachel Brunelle	9	F7-9	
10	6:37	27	Isla Kingsbury	8	F7-9	
11	6:42	49	Danielle Ryan	9	F7-9	Vancouver Thunderbirds
12	6:45	37	Sefina Miguel	9	F7-9	
13	6:52	10	Sarah-Kate Campbell	9	F7-9	Langley Mustangs
14	6:53	28	Abbey Lane	9	F7-9	Vancouver Thunderbirds
15	6:56	39	Caitlin Morrill	9	F7-9	Nanaimo & District Track & Field Club
16	6:57	42	Brynn Parsons	9	F7-9	
17	6:59	35	Madison Mclean	9	F7-9	Ocean Athletics Track & Field Club
18	7:03	36	Geneva Miguel	9	F7-9	
19	7:07	29	Suraiya Laursen	9	F7-9	
20	7:07	1	Anna Andersson	9	F7-9	Langley Mustangs
21	7:12	6	Aliya Bolton	9	F7-9	Ocean Athletics Track & Field Club
22	7:12	53	Clara Smith	9	F7-9	Ocean Athletics Track & Field Club
23	7:20	47	Emma Ruault	9	F7-9	
24	7:43	5	Kate Bernakevitch	9	F7-9	
25	7:47	30	Callia Lewis	8	F7-9	
26	7:47	13	Ninoc Castellan	8	F7-9	
27	8:07	54	Sadie Stewart	9	F7-9	Ocean Athletics Track & Field Club
28	8:11	46	Lucy Robinson	7	F7-9	

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2012 Boys (age 9) 1.5 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	5:43	15	Holden Cunningham	9	M7-9	
2	5:58	16	Theo Davidson	9	M7-9	Ocean Athletics Track & Field Club
3	6:01	8	Jackson Brown	9	M7-9	
4	6:03	48	Stanley Ruckman-Utting	9	M7-9	
5	6:05	34	Evan Mckenna	9	M7-9	
6	6:05	62	Elliot Warder	9	M7-9	
7	6:06	45	Jorge Pyke	8	M7-9	
8	6:08	61	Evan Walker	9	M7-9	Royal City Track & Field Club
9	6:09	11	Shea Campbell	8	M7-9	
10	6:17	32	Billy Mavritsakis	9	M7-9	Ocean Athletics Track & Field Club
11	6:23	59	Armaan Varma-Vitug	9	M7-9	Kajaks Track & Field Club
12	6:23	2	Rakshith Arun	9	M7-9	
13	6:25	64	James Webb	8	M7-9	
14	6:28	25	George Howard	9	M7-9	Nanaimo & District Track & Field Club
15	6:31	50	Harrison Sartori	9	M7-9	
16	6:32	24	Joey Hobbs	9	M7-9	
17	6:33	60	Janeke Vipler	9	M7-9	Ocean Athletics Track & Field Club
18	6:33	20	Jackson Geen	9	M7-9	Peninsula Track & Field Club
19	6:35	55	Shep Stooksbury	9	M7-9	
20	6:36	67	Donald Williams	9	M7-9	Ocean Athletics Track & Field Club
21	6:40	19	Logan Foster	9	M7-9	Vancouver Thunderbirds
22	6:41	65	Lucas Wei	9	M7-9	
23	6:43	23	Carter Hetherington	9	M7-9	Sea to Sky Athletics
24	6:51	63	Finley Warder	7	M7-9	
25	7:05	41	Marek Osiowy	9	M7-9	Penticton Track & Field Club
26	7:10	17	Nathan Dizon	9	M7-9	
27	7:31	21	Samson Jr Haire	9	M7-9	Prairie Inn Harriers Racing Team
28	7:32	26	Greyson Inouye	9	M7-9	
29	7:35	12	Timothy Cao	9	M7-9	Langley Mustangs
30	7:46	43	Isaiah Pereira	9	M7-9	
31	7:47	51	Levi Skillings	9	M7-9	Peninsula Track & Field Club
32	8:41	14	Paarthiv Chandra	9	M7-9	

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2011 Girls (age 10) 2 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	7:40	86	Yvonne Hayden	10	F10	Penticton Track & Field Club
2	8:22	88	Avery Hind	10	F10	Ocean Athletics Track & Field Club
3	8:40	87	Katie Hill	10	F10	Nanaimo & District Track & Field Club
4	8:46	78	Charlotte Buschel	10	F10	Ocean Athletics Track & Field Club
5	8:54	111	Keil Walker	10	F10	NorWesters Track & Field Club
6	8:57	84	Natalie Difelice-Oinonen	10	F10	Prairie Inn Harriers Racing Team
7	9:00	79	Katherine Buschel	10	F10	Ocean Athletics Track & Field Club
8	9:01	71	Vera Andrew	10	F10	
9	9:04	99	Holly Mcilroy	10	F10	NorWesters Track & Field Club
10	9:12	97	Sofia Lundman	10	F10	Nanaimo & District Track & Field Club
11	9:15	89	Naomi Hodgson	10	F10	
12	9:16	91	Evelyn Howard	10	F10	Nanaimo & District Track & Field Club
13	9:21	104	Amy Robinson	10	F10	
14	9:24	75	Selina Bolton	10	F10	Ocean Athletics Track & Field Club
15	9:30	82	Rowan Clarke	10	F10	Nanaimo & District Track & Field Club
16	10:10	109	Chioma Uzozie	10	F10	Vancouver Thunderbirds
17	10:14	77	Taylor Brooks	10	F10	Langley Mustangs
18	10:32	83	Katie Cospers	10	F10	
19	11:06	107	Romina Suarez Leon	10	F10	Vancouver Thunderbirds
20	13:17	105	Rubani Sekhon	10	F10	Ocean Athletics Track & Field Club

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2011 Boys (age 10) 2 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	7:23	74	Benjamin Beitel	10	M10	Golden Ears Athletics
2	7:25	110	Hudson Van Tongeren	10	M10	
3	7:32	72	Rhys Beare	10	M10	
4	7:34	106	Noah Sexton	10	M10	Prairie Inn Harriers Racing Team
5	7:36	94	Kelly Keats	10	M10	Vancouver Thunderbirds
6	7:48	100	Gavin Miles	10	M10	
7	8:13	96	Porter Lowther	10	M10	Prairie Inn Harriers Racing Team
8	8:28	103	Ethan Nelson	10	M10	
9	8:33	85	Matthew Haberl	10	M10	Vancouver Thunderbirds
10	8:36	95	Ennio Losacco	10	M10	Langley Mustangs
11	8:38	80	Luca Carter	10	M10	
12	8:45	93	Solomon Kaplycz-Keown	10	M10	Nanaimo & District Track & Field Club
13	9:07	90	Coen Holmgren	10	M10	Peninsula Track & Field Club
14	10:16	108	Kyle Turkington	10	M10	Nanaimo & District Track & Field Club
15	13:03	81	Loic Castellan	10	M10	
16	13:13	73	Shehzaad Begowal	10	M10	Ocean Athletics Track & Field Club

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2010 Girls (age 11) 2 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	7:37	2	Claire Babiuk	11	F11	
2	7:39	37	Rylen Wade	11	F11	Coquitlam Cheetahs
3	7:49	30	Leanna Morgans	11	F11	
4	7:59	22	Charlotte Lang	11	F11	Vancouver Thunderbirds
5	8:03	1	Bahar Azadeh	11	F11	Ocean Athletics Track & Field Club
6	8:04	27	Ciara Mcgrath	11	F11	Ocean Athletics Track & Field Club
7	8:09	36	Sophia Shearcroft	11	F11	Golden Ears Athletics
8	8:14	17	Maelle Hetherington	11	F11	Sea to Sky Athletics
9	8:15	35	Jane Serowka	11	F11	Prairie Inn Harriers Racing Team
10	8:46	12	Emily Forsyth	11	F11	Royal City Track & Field Club
11	8:49	14	Anna Hall	11	F11	NorWesters Track & Field Club
12	8:53	5	Madeleine Blesch	11	F11	Vancouver Thunderbirds
13	9:04	15	Rosie Haynes	11	F11	Peninsula Track & Field Club
14	9:05	21	Carly Lane	11	F11	Vancouver Thunderbirds
15	9:24	8	Avery Charles	11	F11	Vancouver Thunderbirds
16	10:22	7	Wren Carter Ruddell	11	F11	Nanaimo & District Track & Field Club
17	10:25	3	Amari Bhangu	11	F11	Ocean Athletics Track & Field Club
18	10:49	16	Ellie Heath	11	F11	Valley Royals Track & Field Club

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2010 Boys (age 11) 2 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	7:14	18	Jack Houser	11	M11	
2	7:16	6	Kai Carter	11	M11	
3	7:17	26	Simon Mccutcheon	11	M11	Vancouver Thunderbirds
4	7:17	25	Max Mcarthur	11	M11	Prairie Inn Harriers Racing Team
5	7:18	33	Sebastian Osiowy	11	M11	Penticton Track & Field Club
6	7:21	11	Dylan Dumont	11	M11	Ocean Athletics Track & Field Club
7	7:52	10	Carter Cunning	11	M11	Nanaimo & District Track & Field Club
8	7:55	29	James Millard	11	M11	NorWesters Track & Field Club
9	7:55	13	Fraser Glynes	11	M11	Penticton Track & Field Club
10	7:59	20	Michael Lam	11	M11	Vancouver Thunderbirds
11	8:00	23	Jesse Li	11	M11	Ocean Athletics Track & Field Club
12	8:25	19	Patrick Kuac	11	M11	Langley Mustangs
13	8:30	34	Emmett Redekop	11	M11	Valley Royals Track & Field Club
14	8:31	24	John Martindale	11	M11	Vancouver Thunderbirds
15	9:33	31	James Morrill	11	M11	Nanaimo & District Track & Field Club
16	9:50	9	Josh Clarke	11	M11	
17	10:13	4	Andrew Bitonti	11	M11	Nanaimo & District Track & Field Club
18	11:15	32	Sumukh Nitsure	11	M11	Ocean Athletics Track & Field Club

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2009 Girls (age 12) 3 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	11:08	5	Jaime Armstrong	12	F12	Vancouver Thunderbirds
2	11:18	50	Lily Mindell	12	F12	Vancouver Thunderbirds
3	11:30	21	Sasha Dehal	12	F12	Ocean Athletics Track & Field Club
4	11:33	75	Mina Stefanovic	12	F12	
5	11:49	6	Paige Bailey	12	F12	Vancouver Thunderbirds
6	12:03	41	Katherine Kennedy	12	F12	Kajaks Track & Field Club
7	12:10	39	Alexandra Inkman	12	F12	Ocean Athletics Track & Field Club
8	12:23	72	Alexia Smith	12	F12	Valley Royals Track & Field Club
9	12:31	83	Annika Vipler	12	F12	Ocean Athletics Track & Field Club
10	12:44	7	Anna Blair	12	F12	Ocean Athletics Track & Field Club
11	13:04	35	Aislyn Hill	12	F12	
12	13:11	58	Amelia Preston	12	F12	
13	13:15	32	Renee Hayden	12	F12	
14	13:23	14	Anna Campbell	12	F12	Langley Mustangs
15	13:44	13	Stella Burch	12	F12	Sea to Sky Athletics
16	14:11	62	Lauren Relitz	12	F12	Ocean Athletics Track & Field Club
17	15:24	66	Gurbani Sekhon	12	F12	Ocean Athletics Track & Field Club
18	16:13	1	Emily Andersson	12	F12	Langley Mustangs
19	17:50	79	Meghan Turkington	12	F12	Nanaimo & District Track & Field Club
20	19:36	16	Itziar Castellan	12	F12	

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2009 Boys (age 12) 3 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	10:03	1	Dawson Abraham	12	M12	Kootenay Chaos Track Club
2	10:22	61	Liam Reid	12	M12	Penticton Track & Field Club
3	10:44	34	Casey Hemstead	12	M12	NorWesters Track & Field Club
4	10:48	67	Coulter Sieben	12	M12	Okanagan Athletics Club
5	10:54	80	Willem Urban	12	M12	
6	11:05	78	Nikolas Toliias	12	M12	
7	11:15	77	Damian Sutton	12	M12	Valley Royals Track & Field Club
8	11:28	85	Liam Whiteside	12	M12	
9	11:29	42	Declan Kirker	12	M12	Vancouver Thunderbirds
10	11:36	2	Finn Adamson	12	M12	Black Jack RC2
11	11:45	48	Maahi Marwaha	12	M12	Vancouver Thunderbirds
12	11:47	22	Theodore Difelice-Oinonen	12	M12	Prairie Inn Harriers Racing Team
13	12:01	76	William Steiger	12	M12	Valley Royals Track & Field Club
14	12:02	51	Jacob Minter	12	M12	Prairie Inn Harriers Racing Team
15	12:17	38	Torsten Hopkins	12	M12	Peninsula Track & Field Club
16	12:25	45	Henry Lazare	12	M12	Vancouver Thunderbirds
17	12:48	10	Anthony Bortolin	12	M12	Nanaimo & District Track & Field Club
18	13:11	69	Alex Sikkel	12	M12	Prairie Inn Harriers Racing Team
19	13:13	37	Emilian Holmgren	12	M12	Peninsula Track & Field Club
20	13:14	65	Enzo Sartori	12	M12	
21	14:01	68	Evan Sikkel	12	M12	Prairie Inn Harriers Racing Team

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2008 Girls (age 13) 3 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	11:02	46	Nelle Liefsoens	13	F13	Powell River Track Club
2	11:18	71	Aleah Smith	13	F13	Kootenay Chaos Track Club
3	11:20	64	Jeevut Sajjan	13	F13	Vancouver Thunderbirds
4	11:21	12	Adrianna Buitelaar	13	F13	Valley Royals Track & Field Club
5	11:23	24	Ava Forsyth	13	F13	Royal City Track & Field Club
6	11:25	20	Taylor De Witt	13	F13	Vancouver Thunderbirds
7	11:37	44	Ruby Kump	13	F13	Kajaks Track & Field Club
8	11:40	28	Jasmin Guarasci	13	F13	
9	11:51	25	Ava Gauthier	13	F13	Nanaimo & District Track & Field Club
10	12:07	52	Alexia Morgans	13	F13	
11	12:41	55	Chloe Ostrosser	13	F13	Ocean Athletics Track & Field Club
12	12:53	63	Shae-Lynn Robinson	13	F13	Nanaimo & District Track & Field Club
13	12:55	31	Jasmine Halwas	13	F13	Valley Royals Track & Field Club
14	13:04	49	Aoife Mcgrath	13	F13	Ocean Athletics Track & Field Club

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2008 Boys (age 13) 3 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	9:56	33	Miles Hayden	13	M13	Penticton Track & Field Club
2	10:26	17	Elijah Clarke	13	M13	Vancouver Thunderbirds
3	10:33	9	Harris Boomer	13	M13	Vancouver Thunderbirds
4	10:36	56	Ethan Peregrym	13	M13	Kamloops Track & Field Club
5	10:41	70	Riley Simmonds	13	M13	Valley Royals Track & Field Club
6	10:50	73	Benjamin Smith	13	M13	Vancouver Thunderbirds
7	10:58	82	Levi Venables	13	M13	
8	11:02	18	Cai Collingwood	13	M13	Okanagan Athletics Club
9	11:08	53	Christian Myint	13	M13	Nanaimo & District Track & Field Club
10	11:12	74	Cieran Smith	13	M13	Victoria Speed Project
11	11:18	54	Henry Nestmann	13	M13	Ocean Athletics Track & Field Club
12	11:22	81	Daimon Van Dyk	13	M13	Langley Mustangs
13	11:24	40	Nickolas Jang	13	M13	Vancouver Thunderbirds
14	11:44	11	Sam Brownsey	13	M13	Coquitlam Cheetahs
15	11:48	4	Oscar Antscherl	13	M13	Ocean Athletics Track & Field Club
16	12:00	26	Jericho Geddes	13	M13	Ocean Athletics Track & Field Club
17	12:43	8	Luca Blandy	13	M13	Ocean Athletics Track & Field Club
18	12:59	43	Martin Kuac	13	M13	Langley Mustangs
19	13:03	19	Chase Coulter	13	M13	Langley Mustangs
20	13:19	15	George Cao	13	M13	Langley Mustangs

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U16 Girls (age 14 & 15) 3 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	10:02	11	Maella Hodgson	15	F-U16	Ocean Athletics Track & Field Club
2	10:17	4	Addyson Benefield	15	F-U16	Vancouver Thunderbirds
3	10:17	5	Alexa Dow	14	F-U16	Prairie Inn Harriers Racing Team
4	11:13	29	Feron Wallace	14	F-U16	Kamloops Track & Field Club
5	11:17	24	Danica Renwick	15	F-U16	Kamloops Track & Field Club
6	11:24	10	Brooke Hemstead	14	F-U16	
7	11:28	20	Rachel Mcdonald	15	F-U16	Ocean Athletics Track & Field Club
8	11:32	8	Brea Gillette	14	F-U16	Nanaimo & District Track & Field Club
9	11:32	21	Helena Meier	14	F-U16	Langley Mustangs
10	11:33	1	Maya Abraham	15	F-U16	
11	11:36	22	Soleil Migneault	15	F-U16	Langley Mustangs
12	11:40	26	Zoe Unger	15	F-U16	Valley Royals Track & Field Club
13	11:41	28	Maya Vizina	14	F-U16	Victoria Speed Project
14	11:41	18	Haley Martin	15	F-U16	Nanaimo & District Track & Field Club
15	11:47	9	Maya Guarasci	15	F-U16	Kelowna Secondary School
16	11:54	14	Chanine Klaus	14	F-U16	
17	12:12	27	Sophia Venables	15	F-U16	
18	12:18	25	Ava Rodway	14	F-U16	Vancouver Thunderbirds
19	12:31	19	Arden Mathis	14	F-U16	Ocean Athletics Track & Field Club
20	12:35	23	Darla Pitkanen	15	F-U16	Vancouver Thunderbirds
21	12:40	3	Genevieve Bacon	14	F-U16	
22	12:45	2	Eve Antscherl	14	F-U16	Ocean Athletics Track & Field Club
23	12:47	13	Lucie King	15	F-U16	Ocean Athletics Track & Field Club
24	12:52	16	Annika Lundman	15	F-U16	Nanaimo & District Track & Field Club
25	12:55	6	Mira Everaars	14	F-U16	Royal City Track & Field Club
26	13:20	12	Elisabeth Jordan	14	F-U16	Langley Mustangs
27	13:21	7	Jenna Friesen	14	F-U16	Langley Mustangs
28	13:36	17	Marley Macdonald	14	F-U16	Langley Mustangs
29	14:41	15	Merina Lau	14	F-U16	Kajaks Track & Field Club

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U16 Boys (age 14 & 15) 3 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	9:07	20	Connor Nicol	15	M-U16	Ocean Athletics Track & Field Club
2	9:16	15	Kai Martland	15	M-U16	Vancouver Thunderbirds
3	9:16	9	James Hodgson	15	M-U16	Ocean Athletics Track & Field Club
4	9:20	10	Max Holmes	15	M-U16	Vancouver Thunderbirds
5	9:29	30	Stephanus Snyman	14	M-U16	Ocean Athletics Track & Field Club
6	9:31	22	Brendan O'brien	15	M-U16	Ocean Athletics Track & Field Club
7	9:31	21	Ethan Nozick	14	M-U16	Prairie Inn Harriers Racing Team
8	9:39	23	Niall O'hara	14	M-U16	Nanaimo & District Track & Field Club
9	9:42	18	Mark Molina	15	M-U16	Valley Royals Track & Field Club
10	9:47	32	Cole Timko	14	M-U16	Vancouver Olympic Club
11	9:48	26	Bernardo Sada	14	M-U16	
12	9:48	33	Oliver Van Dijk	15	M-U16	West Vancouver Track & Field club
13	9:52	29	Kynan Shurniak	15	M-U16	Nanaimo & District Track & Field Club
14	9:54	28	Theo Serowka	15	M-U16	Prairie Inn Harriers Racing Team
15	9:55	27	Owen Sandquist-Sherman	14	M-U16	Prairie Inn Harriers Racing Team
16	10:06	6	Mitchell Erickson	15	M-U16	Kootenay Chaos Track Club
17	10:10	11	Keyaan Jivraj	15	M-U16	
18	10:12	19	Arata Nakanishi	14	M-U16	Valley Royals Track & Field Club
19	10:14	24	Sam Pitzey	15	M-U16	Golden Ears Athletics
20	10:17	12	Zachary Kennedy	15	M-U16	Kajaks Track & Field Club
21	10:17	34	Will Van Schagen	14	M-U16	Valley Royals Track & Field Club
22	10:18	35	Xavier Wallace	15	M-U16	Kamloops Track & Field Club
23	10:18	36	Arie Wassenaar	15	M-U16	Valley Royals Track & Field Club
24	10:28	7	Aidan Evans	15	M-U16	Golden Ears Athletics
25	10:33	31	Tristan Steiger	14	M-U16	Valley Royals Track & Field Club
26	10:34	5	Lucien Dixon-Lawless	15	M-U16	Golden Ears Athletics
27	10:44	8	Miles Graham	14	M-U16	Chilliwack Track & Field Club
28	11:02	16	Colin Mcintosh	14	M-U16	Coquitlam Cheetahs
29	11:05	1	Ethan Blake	14	M-U16	Royal City Track & Field Club
30	11:16	13	Maé Labert	14	M-U16	Ocean Athletics Track & Field Club
31	11:30	37	Zoe Zhao-Gysemans	15	M-U16	Royal City Track & Field Club
32	12:02	3	Samuel Bullock	14	M-U16	Ocean Athletics Track & Field Club
33	12:32	2	Steven Brittain	15	M-U16	Ocean Athletics Track & Field Club
34	12:35	17	William Millard	14	M-U16	NorWesters Track & Field Club
35	13:01	25	Daniel Relitz	15	M-U16	Ocean Athletics Track & Field Club



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U18 Girls 4 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	13:05	6	Ruby Broadbent	16	F-U18	Victoria Speed Project
2	13:40	19	Juane Klaus	17	F-U18	
3	13:44	24	Christina Peet Williams	17	F-U18	Chilliwack Track & Field Club
4	13:58	3	Ella Ballard	16	F-U18	Prairie Inn Harriers Racing Team
5	14:28	9	Sidney Clement	16	F-U18	West Vancouver Track & Field club
6	14:41	20	Viviana Li	17	F-U18	Coastal Track Club
7	14:46	10	Adelaide Confaloneri	17	F-U18	
8	14:48	21	Ella Madsen	16	F-U18	Coquitlam Cheetahs
9	14:53	2	Maya Baechler	16	F-U18	Vancouver Thunderbirds
10	15:02	23	Nanette Novak-Klotz	17	F-U18	Vancouver Thunderbirds
11	15:04	31	Abigail Yakemchuk	17	F-U18	Ocean Athletics Track & Field Club
12	15:19	29	Rachael Watkins	17	F-U18	West Vancouver Track & Field club
13	15:24	13	Gemma Dumas	16	F-U18	Ocean Athletics Track & Field Club
14	15:24	12	Sofia Day	17	F-U18	West Vancouver Track & Field club
15	15:32	30	Ella Wigmore	17	F-U18	West Vancouver Track & Field club
16	15:39	1	Monika Arcadi	17	F-U18	Royal City Track & Field Club
17	15:46	25	Anna Richter	17	F-U18	
18	15:47	27	Naeva Scott Bouris	17	F-U18	Prairie Inn Harriers Racing Team
19	16:05	26	Elena Sales	17	F-U18	Mid Island Distance
20	16:11	22	Halle May	17	F-U18	Valley Royals Track & Field Club
21	16:19	11	Tilda Cressman	17	F-U18	Vancouver Olympic Club
22	16:34	17	Emily Hunt	17	F-U18	Mid Island Distance
23	16:34	16	Kaitlyn Heslop	17	F-U18	Royal City Track & Field Club
24	16:52	8	Ines Ciccateri	17	F-U18	
25	16:58	4	Dana Bechet	17	F-U18	Okanagan Athletics Club
26	17:08	5	Emily Bourgault Kennaley	16	F-U18	
27	17:26	7	Kate Brooks	17	F-U18	
28	17:57	18	Allyssa Hutchison	17	F-U18	Valley Royals Track & Field Club
29	18:35	15	Kayla Hermiston	17	F-U18	Kamloops Track & Field Club

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U18 Boys 5 km  
Overall Results

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Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	15:16	53	Caiden Lee	16	M-U18	Ocean Athletics Track & Field Club
2	15:35	59	Yemane Mulugeta	16	M-U18	Ocean Athletics Track & Field Club
3	15:43	55	Tion Mcleish	17	M-U18	Victoria Speed Project
4	15:47	32	Isaac Baker	17	M-U18	Ocean Athletics Track & Field Club
5	15:59	68	Paul Van Raamsdonk	17	M-U18	Vancouver Thunderbirds
6	16:06	70	Cole Wheeler	16	M-U18	Coquitlam Cheetahs
7	16:17	45	Ryan Goodwin	16	M-U18	
8	16:18	50	Jaxon Kuchar	17	M-U18	Black Jack RC2
9	16:20	42	Kaelem Dumont	17	M-U18	Ocean Athletics Track & Field Club
10	16:28	46	Hudson Irvine	16	M-U18	Coastal Track Club
11	16:41	36	Adam Crespi	17	M-U18	Coquitlam Cheetahs
12	16:43	61	Basil Parkins	17	M-U18	Prairie Inn Harriers Racing Team
13	16:45	38	Liam Dachner	16	M-U18	Vancouver Olympic Club
14	16:46	41	Marten Dommann	16	M-U18	West Vancouver Track & Field club
15	16:51	56	Boston Migneault	17	M-U18	
16	16:56	49	Mitchell Klassen	16	M-U18	Vancouver Thunderbirds
17	17:01	85	Max Kempin	17	M-U18	Kajaks Track & Field Club
18	17:06	84	John Zhang	16	M-U18	West Vancouver Track & Field club
19	17:08	60	Peter Neill	16	M-U18	Vancouver Thunderbirds
20	17:11	57	Renaldo Miya	17	M-U18	Vancouver Thunderbirds
21	17:24	69	Jordan Werstiuk	17	M-U18	Vancouver Thunderbirds
22	17:29	63	Jake Putz	17	M-U18	Nanaimo & District Track & Field Club
23	17:30	58	Mateo Moore	17	M-U18	Mid Island Distance
24	17:33	48	Charlie Kanuka	17	M-U18	West Vancouver Track & Field club
25	17:46	35	Julian Cameron	17	M-U18	Prairie Inn Harriers Racing Team
26	17:50	65	Yousuf Shamsi	17	M-U18	Coastal Track Club
27	17:59	62	Miles Powell	16	M-U18	Prairie Inn Harriers Racing Team
28	18:05	52	Trenton Lau	16	M-U18	Kajaks Track & Field Club
29	18:09	47	Kyle Janzen	17	M-U18	Ocean Athletics Track & Field Club
30	18:23	51	Jesse Lamarche	16	M-U18	Prairie Inn Harriers Racing Team
31	18:33	34	Andre Blazhkevych	17	M-U18	Royal City Track & Field Club
32	18:39	37	Zachary Croome	16	M-U18	Nanaimo & District Track & Field Club
33	18:45	54	Jorge Martinez	17	M-U18	West Vancouver Track & Field club
34	19:09	39	Alexander Dalmann	17	M-U18	Coquitlam Cheetahs
35	19:13	31	Charles Antscherl	17	M-U18	Ocean Athletics Track & Field Club
36	19:38	43	William Flint	17	M-U18	Mid Island Distance
37	20:31	67	Ashton Takhar	17	M-U18	Vernon Amateur Athletics Association
38	21:25	64	Nicholas Sakamoto	16	M-U18	Mid Island Distance
39	26:08	44	Noah Gladstone	16	M-U18	West Vancouver Track & Field club

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U20 Women 6 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	21:42	46	Angelina Shandro	19	F-U20	Prairie Inn Harriers Racing Team
2	22:58	52	Abby Ylipahkala	18	F-U20	UBC Thunderbirds
3	23:17	12	Samara Cockburn	17	F-U20	EDMONTON HARRIERS
4	23:39	45	Alicia Ranahan	19	F-U20	
5	24:53	50	Olivia Uliana	19	F-U20	Vancouver Thunderbirds
6	25:07	51	Emma Vizina	17	F-U20	Prairie Inn Harriers Racing Team
7	29:34	27	Christina Heslop	19	F-U20	Royal City Track & Field Club

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Senior Women 8 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	27:13	28	Sarah Inglis	30	F-SEN	
2	27:31	33	Genevieve Lalonde	30	F-SEN	
3	27:58	8	Alycia Butterworth	29	F-SEN	
4	28:00	6	Lisa Brooking	34	F-SEN	
5	28:02	9	Lindsay Carson	32	F-SEN	
6	28:08	5	Rebecca Bassett	26	F-SEN	
7	28:31	38	Jenna Melanson	23	F-SEN	
8	28:35	24	Ally Ginther	26	F-SEN	
9	28:49	31	Sandra Kilmartin	28	F-SEN	Vancouver Thunderbirds
10	28:52	4	Katelyn Ayers	26	F-SEN	
11	28:59	35	Kirsten Lee	28	F-SEN	Mile2Marathon
12	29:06	26	Jamie Hennessey	22	F-SEN	UBC Thunderbirds
13	29:12	7	Madelyn Brunt	25	F-SEN	Vancouver Thunderbirds
14	29:18	49	Mikayla Tinkham	23	F-SEN	Golden Ears Athletics
16	29:51	41	Rachel Mortimer	20	F-SEN	UBC Thunderbirds
17	30:19	1	Katrina Allison	27	F-SEN	Vancouver Thunderbirds
18	30:22	29	Emma Jourdain	22	F-SEN	Vancouver Falcons Athletic Club
19	30:24	47	Keila Stark	25	F-SEN	UBC Thunderbirds
20	30:44	42	Amelia Pfohl	18	F-U20	UBC Thunderbirds
22	30:56	19	Elysse Fleming	18	F-U20	UBC Thunderbirds
23	30:59	10	Jouen Chang	22	F-SEN	Trinity Western Spartans
24	31:11	23	Kyra Gillette	18	F-U20	UBC Thunderbirds
26	32:32	16	Sofia Donnecke	25	F-SEN	UVIC Track Club
27	33:04	48	Molly Strain	18	F-U20	UBC Thunderbirds
28	33:28	32	Laura Kissack	24	F-SEN	
30	34:39	25	Anna Goodwin	22	F-SEN	
34	38:21	44	Nuzhat Rahman	20	F-SEN	Royal City Track & Field Club
37	39:55	34	Brigitte Larkin	21	F-SEN	Victoria Vikes

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U20 Men 8 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	25:25	80	Dylan Uhrich	19	M-U20	UBC Thunderbirds
2	25:36	79	Jaiveer Tiwana	19	M-U20	UBC Thunderbirds
3	25:44	82	Jacob Wadhwani	18	M-U20	UBC Thunderbirds
4	26:09	36	Spencer Hardy	19	M-U20	UBC Thunderbirds
5	26:43	17	Sebastian Cino	18	M-U20	Vancouver Thunderbirds
6	26:54	21	Joseph Curtis	18	M-U20	Coquitlam Cheetahs
7	27:02	69	Benjamin Schoening	19	M-U20	
8	27:22	85	David Waller	19	M-U20	UVIC Track Club
9	27:45	23	Yeabsira Davidoff	19	M-U20	Vancouver Thunderbirds
10	28:02	71	Jack Screen	18	M-U20	Vernon Amateur Athletics Association
11	28:43	90	Jacob Webster	18	M-U20	UVIC Track Club
12	28:53	44	Brett Kehler	18	M-U20	Valley Royals Track & Field Club
13	28:56	92	Evan Wong	19	M-U20	Vancouver Thunderbirds
14	29:12	46	Jonah Kirkham	18	M-U20	Trinity Western Spartans
15	29:25	66	Lucas Robertson	18	M-U20	West Vancouver Track & Field club
16	29:29	9	William Burke	18	M-U20	Valley Royals Track & Field Club
17	29:35	33	Ethan Gremaud	18	M-U20	Kamloops Track & Field Club
18	30:29	1	Kyran Alikamik	18	M-U20	Vancouver Thunderbirds
19	32:47	31	Hunter Gladstone	19	M-U20	West Vancouver Track & Field club
20	33:56	76	Blake Steel	18	M-U20	Mid Island Distance
21	35:20	54	Fraser Mckay	19	M-U20	Ocean Athletics Track & Field Club

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Senior Men 8 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	23:26	30	John Gay	25	M-SEN	Vancouver Thunderbirds
2	23:37	61	Thomas Nobbs	22	M-SEN	UBC Thunderbirds
3	23:39	65	Cameron Proceviat	28	M-SEN	Simon Fraser University Athletics
4	23:48	25	Tyler Dozzi	22	M-SEN	UBC Thunderbirds
5	24:27	7	Thomas Broatch	23	M-SEN	Vancouver Thunderbirds
6	24:31	24	Cole Dinsdale	23	M-SEN	
7	24:35	91	Brendan Wong	27	M-SEN	Coquitlam Cheetahs
8	24:35	40	Theo Hunt	33	M-SEN	Mile2Marathon
9	24:37	32	Christian Gravel	27	M-SEN	Vancouver Thunderbirds
10	24:39	47	Joshua Kozelj	23	M-SEN	UBC Thunderbirds
11	25:04	58	Reid Muller	24	M-SEN	
12	25:20	29	Mathieu Gauthier	26	M-SEN	Toronto West Athletics
13	25:23	8	Jonah Brost	20	M-SEN	UBC Thunderbirds
15	25:27	48	Liam Kramer	20	M-SEN	UBC Thunderbirds
16	25:28	27	Liam Dwyer	20	M-SEN	UBC Thunderbirds
18	25:38	60	Alexander Nemethy	24	M-SEN	
19	25:42	52	Bill Makwae	20	M-SEN	UBC Thunderbirds
21	25:45	55	Riley Miller	21	M-SEN	UBC Thunderbirds
22	25:45	37	Owen Harris	22	M-SEN	UBC Thunderbirds
23	25:50	6	Connor Block	20	M-SEN	UBC Thunderbirds
24	26:04	73	Matthew Sharpe	30	M-SEN	RUNNING ROOM ATHLETIC CLUB ALBERTA
31	27:01	3	Dayton Bath	22	M-SEN	Vancouver Thunderbirds
33	27:04	49	Zac Labrie	21	M-SEN	Vancouver Thunderbirds
34	27:16	56	Evan Miller	30	M-SEN	Vancouver Thunderbirds
35	27:20	42	Ammad Hussain	20	M-SEN	Vancouver Thunderbirds
41	28:35	2	Kieran Baird	31	M-SEN	
44	28:49	78	James Sutherland	22	M-SEN	UBC Thunderbirds
47	29:00	74	Lucas Smith	20	M-SEN	Trinity Western Spartans
59	31:00	10	Connor Byrne	20	M-SEN	Trinity Western Spartans
69	34:06	15	Jordan Cheung	24	M-SEN	

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Masters Women 8 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	29:30	39	Jen Millar	42	F-MAST	
2	30:46	43	Robyn Poulin	39	F-MAST	Vernon Amateur Athletics Association
3	31:17	36	Heather Macdonald	44	F-MAST	
4	33:40	15	Alita Dommann	53	F-MAST	West Vancouver Track & Field club
5	36:11	18	Victoria Fiddick	56	F-MAST	Nanaimo & District Track & Field Club
6	36:13	14	Jill Delane	57	F-MAST	Lions Gate Road Runners
7	36:42	2	Kathy Andrews (Rung)	46	F-MAST	
8	38:44	20	Sheila Gelinias	46	F-MAST	NorWesters Track & Field Club
9	39:44	30	Patricia Kearney	63	F-MAST	
10	49:47	13	Wendy Davies	63	F-MAST	Prairie Inn Harriers Racing

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70+ Women 6 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	33:24	17	Avril Douglas	75	F-70+	Kajaks Track & Field Club

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Masters Men 8 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	26:08	39	Aaron Holmgren	39	M-MAST	Peninsula Track & Field Club
2	26:31	43	Nicolas Jiot	39	M-MAST	Valley Royals Track & Field Club
3	26:51	84	Nicholas Walker	38	M-MAST	
4	27:27	72	Ian Sharp	42	M-MAST	Trinity Western Spartans
5	28:09	81	Oliver Utting	48	M-MAST	
6	28:45	34	David Guss	61	M-MAST	Kelowna Running Club
7	29:06	11	Lindsay Carswell	49	M-MAST	
8	29:15	53	Daniel Marrett	40	M-MAST	
9	29:17	89	Liam Watson	44	M-MAST	Vancouver Falcons Athletic Club
10	29:25	20	Dave Cressman	53	M-MAST	
11	29:29	59	Chris Napier	43	M-MAST	
12	30:41	62	Craig Odermatt	51	M-MAST	Prairie Inn Harriers Racing Team
13	31:19	57	Marc Molgat	54	M-MAST	Gatineau
14	32:10	41	Jeff Hunt	48	M-MAST	Prairie Inn Harriers Racing Team
15	32:18	75	Guy Smith	65	M-MAST	Vancouver Falcons Athletic Club
16	32:43	14	Armel Castellan	43	M-MAST	
17	32:49	77	Brian Stewart	62	M-MAST	
18	33:15	70	Brent Scott	65	M-MAST	
19	33:44	83	Keith Wakelin	63	M-MAST	
20	34:08	26	Gary Duncan	64	M-MAST	Prairie Inn Harriers Racing Team
21	34:56	63	Kennedy Okondo	37	M-MAST	
22	35:20	4	Jeff Beddoes	62	M-MAST	Prairie Inn Harriers Racing Team
23	35:49	13	Gwendal Castellan	45	M-MAST	
24	36:19	88	Lance Watson	53	M-MAST	
25	36:20	19	Mark Corbishley	38	M-MAST	
26	37:14	38	Doug Henderson	65	M-MAST	Greyhounds Masters Track & Field Club
27	38:18	12	Stephen Carter	41	M-MAST	
28	38:59	87	Robin Wark	46	M-MAST	Sooke Trail and Road Runners
29	39:44	67	Everett Romain	66	M-MAST	

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70+ Men 6 km  
Overall Results

Place	Time	BIB	Participant Name	Age	DIV	Team Name
1	29:48	18	Brian Connon	75	M-70+	Prairie Inn Harriers Racing Team
2	30:40	28	Eric Ellis	75	M-70+	
3	34:37	64	Fred Pawluk	74	M-70+	Kajaks Track & Field Club

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Masters Women - Age Graded Results

Total	Place		Div	Ag	BIB	Name	Time	Age-Graded	
	Gender	Division						Time	Percent
1	1/10	1/10	F-MAST	42	164	Jen Millar	0:29:30	28:19	84.91%
2	2/10	2/10	F-MAST	53	140	Alita Dommann	0:33:40	28:52	83.29%
1	1/1	1/1	F-70+	75	142	Avril Douglas	0:33:24	21:30	83.05%
3	3/10	3/10	F-MAST	44	161	Heather MacDonald	0:31:17	29:34	81.32%
4	4/10	4/10	F-MAST	56	139	Jill Delane	0:36:13	29:56	80.31%
5	5/10	5/10	F-MAST	63	155	Patricia Kearney	0:39:44	29:59	80.16%
6	6/10	6/10	F-MAST	39	473	Robyn Poulin	0:30:46	30:04	79.93%
7	7/10	7/10	F-MAST	55	143	Victoria Fiddick	0:36:11	30:17	79.39%
8	8/10	8/10	F-MAST	46	127	Kathy Andrews (Rung)	0:36:42	34:03	70.60%
9	9/10	9/10	F-MAST	46	145	Sheila Gelinis	0:38:44	35:56	66.89%
10	10/10	10/10	F-MAST	63	138	Wendy Davies	0:49:47	37:34	63.98%

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Masters Men - Age Graded Results

Total	Place		Div	Ag	BIB	Name	Time	Age-Graded	
	Gender	Division						Time	Percent
1	1/29	1/29	M-MAST	60	199	David Guss	0:28:45	23:24	90.64%
2	2/29	2/29	M-MAST	65	505	Guy Smith	0:32:18	25:07	84.43%
3	3/29	3/29	M-MAST	39	204	Aaron Holmgren	0:26:08	25:14	84.04%
4	4/29	4/29	M-MAST	48	511	Oliver Utting	0:28:09	25:21	83.65%
5	5/29	5/29	M-MAST	52	185	Dave Cressman	0:29:25	25:38	82.70%
6	6/29	6/29	M-MAST	38	208	Nicolas Jiro	0:26:31	25:46	82.26%
7	7/29	7/29	M-MAST	65	500	Brent Scott	0:33:15	25:51	82.02%
8	8/29	8/29	M-MAST	42	502	Ian Sharp	0:27:27	25:54	81.85%
9	9/29	9/29	M-MAST	49	176	Lindsay Carswell	0:29:06	26:00	81.58%
10	10/29	10/29	M-MAST	38	514	Nicholas Walker	0:26:51	26:06	81.24%
11	11/29	11/29	M-MAST	62	507	Brian Stewart	0:32:49	26:14	80.84%
12	12/29	12/29	M-MAST	63	513	Keith Wakelin	0:33:44	26:43	79.37%
13	13/29	13/29	M-MAST	64	191	Gary Duncan	0:34:08	26:47	79.16%
14	14/29	14/29	M-MAST	54	222	Marc Molgat	0:31:19	26:50	79.00%
15	15/29	15/29	M-MAST	51	492	Craig Odermatt	0:30:41	26:58	78.64%
16	16/29	16/29	M-MAST	44	519	Liam Watson	0:29:17	27:12	77.91%
17	17/29	17/29	M-MAST	42	224	Chris Napier	0:29:29	27:49	76.20%
18	18/29	18/29	M-MAST	40	218	Daniel Marrett	0:29:15	28:02	75.65%
19	19/29	19/29	M-MAST	62	169	Jeff Beddoes	0:35:20	28:14	75.08%
1	1/3	1/3	M-70+	74	183	Brian Connon	0:29:48	20:57	74.96%
2	2/3	2/3	M-70+	75	193	Eric Ellis	0:30:40	21:13	74.04%
20	20/29	20/29	M-MAST	47	206	Jeff Hunt	0:32:10	29:12	72.62%
21	21/29	21/29	M-MAST	64	203	Doug Henderson	0:37:14	29:13	72.57%
22	22/29	22/29	M-MAST	66	497	Everett Romain	0:39:44	30:37	69.28%
23	23/29	23/29	M-MAST	43	179	Armel Castellan	0:32:43	30:38	69.20%
24	24/29	24/29	M-MAST	52	518	Lance Watson	0:36:19	31:39	66.99%
3	3/3	3/3	M-70+	74	494	Fred Pawluk	0:34:37	24:20	64.53%
25	25/29	25/29	M-MAST	45	178	Gwendal Castellan	0:35:49	33:02	64.20%
26	26/29	26/29	M-MAST	37	493	Kennedy Okondo	0:34:56	34:09	62.07%
27	27/29	27/29	M-MAST	38	184	Mark Corbishley	0:36:20	35:18	60.04%
28	28/29	28/29	M-MAST	46	517	Robin Wark	0:38:59	35:40	59.45%
29	29/29	29/29	M-MAST	41	177	Stephen Carter	0:38:18	36:25	58.21%

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Masters Women - 8.0 km  
Female Age Group: 35 - 39

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Place	Time	BIB	Participant Name	Team Name
1	1/1	30:46	43 Robyn Poulin	Vernon Amateur Athletics Association

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Masters Women - 8.0 km  
Female Age Group: 40 - 44

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Place	Time	BIB	Participant Name	Team Name
1	1/2	29:30	39 Jen Millar	
2	2/2	31:17	36 Heather Macdonald	

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Masters Women - 8.0 km  
Female Age Group: 45 - 49

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Place	Time	BIB	Participant Name	Team Name
1	1/2	36:42	2 Kathy Andrews (Rung)	
2	2/2	38:44	20 Sheila Gelinias	Norwesters Track & Field Club

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Masters Women - 8.0 km  
Female Age Group: 50 - 54

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Place	Time	BIB	Participant Name	Team Name
1	1/1	33:40	15 Alita Dommann	West Vancouver Track & Field Club

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Masters Women - 8.0 km  
Female Age Group: 55 - 59

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Place	Time	BIB	Participant Name	Team Name
1	1/2	36:11	18 Victoria Fiddick	Nanaimo & District Track & Field Club
2	2/2	36:13	14 Jill Delane	Lions Gate Road Runners

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Masters Women - 8.0 km  
Female Age Group: 60 - 64

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Place	Time	BIB	Participant Name	Team Name
1	1/2	39:44	30 Patricia Kearney	
2	2/2	49:47	13 Wendy Davies	Prairie Inn Harriers Racing Team

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Masters Men - 8.0 km  
Male Age Group: 35 - 39

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Place	Time	BIB	Participant Name	Team Name
1	1/5	26:08	39 Aaron Holmgren	Peninsula Track & Field Club
2	2/5	26:31	43 Nicolas Jiro	Valley Royals Track & Field Club
3	3/5	26:51	84 Nicholas Walker	
4	4/5	34:56	63 Kennedy Okondo	
5	5/5	36:20	19 Mark Corbishley	

Masters Men - 8.0 km  
Male Age Group: 40 - 44

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Place	Time	BIB	Participant Name	Team Name
1	1/6	27:27	72 Ian Sharp	Trinity Western Spartans
2	2/6	29:15	53 Daniel Marrett	
3	3/6	29:17	89 Liam Watson	Vancouver Falcons Athletic Club
4	4/6	29:29	59 Chris Napier	
5	5/6	32:43	14 Armel Castellan	

Masters Men - 8.0 km  
Male Age Group: 45 - 49

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Place	Time	BIB	Participant Name	Team Name
1	1/5	28:09	81 Oliver Utting	
2	2/5	29:06	11 Lindsay Carswell	
3	3/5	32:10	41 Jeff Hunt	Prairie Inn Harriers Racing Team
4	4/5	35:49	13 Gwendal Castellan	
5	5/5	38:59	87 Robin Wark	Sooke Trail And Road Runners

Masters Men - 8.0 km  
Male Age Group: 50 - 54

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Place	Time	BIB	Participant Name	Team Name
1	1/4	29:25	20 Dave Cressman	
2	2/4	30:41	62 Craig Odermatt	Prairie Inn Harriers Racing Team
3	3/4	31:19	57 Marc Molgat	Gatineau
4	4/4	36:19	88 Lance Watson	

Masters Men - 8.0 km  
Male Age Group: 60 - 64

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Place	Time	BIB	Participant Name	Team Name
1	1/5	28:45	34 David Guss	Kelowna Running Club
2	2/5	32:49	77 Brian Stewart	
3	3/5	33:44	83 Keith Wakelin	
4	4/5	34:08	26 Gary Duncan	Prairie Inn Harriers Racing Team
5	5/5	35:20	4 Jeff Beddoes	Prairie Inn Harriers Racing Team

Masters Men - 8.0 km  
Male Age Group: 65 - 69

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Place	Time	BIB	Participant Name	Team Name
1	1/4	32:18	75 Guy Smith	Vancouver Falcons Athletic Club
2	2/4	33:15	70 Brent Scott	
3	3/4	37:14	38 Doug Henderson	Greyhounds Masters Track & Field Club
4	4/4	39:44	67 Everett Romain	