



2023 BC TEAM PROGRAM

BC Senior Team Selection Criteria and Standards

OVERVIEW:

This document will serve as the selection document for the **2023 BC Senior Track & Field Team**. All selections will be made in accordance with these criteria. Athletes and coaches are asked to please familiarize themselves with this document. If you have any questions, please contact the Program Manager for Track & Field, Megann VanderVliet at megann.vandervliet@bcathletics.org.

TEAM OBJECTIVES:

The selection criterion is set to select athletes as probable finalists and/or possible medallists. The specific objectives for this team include:

- To have more athletes advance to finals than in the previous year;
- To have more athletes achieve podium performances than in the previous year;
- To select athletes capable of performing at their personal best level.

GENERAL INFORMATION:

2023 BC Senior Track & Field Team events:

- Canadian 10,000m Championships – June 23, 2023 – Langley, BC
- Canadian Track & Field Championships – July 27-30, 2023 – Langley, BC

Important Dates:

Date	Event/Note	Location/Notes
June 1, 2022	Begin Qualifying Period (Race Walk only)	Race Walk Only
March 1, 2023	Begin Qualifying Period (all other events)	All Other Events
June 1, 2023	Athlete Declaration Due End Qualifying Period 10,000m	10,000m
June 21, 2023	Automatic Team Selection Spots Announced	Athletes notified and published on BCA website
June 23, 2023	Canadian 10,000m Championships	Langley, BC
July 7-9, 2023	BC Athletics Provincial Track & Field Jamboree / BC Team Selection Trials	Nanaimo, BC
July 9, 2023	Athlete Declaration Due End Qualifying Period	All Events
July 12, 2023	Final Team Announcement	Email/BCA Website
July 27-30, 2023	Canadian U20/Sr Track & Field Championships	Langley, BC

Please note: To be eligible for selection, athletes must submit an online declaration by the published deadlines.



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ELIGIBILITY:

To be eligible for the 2023 Senior Track & Field Team, athletes must:

1. Meet the [BC Athletics General Criteria for Funding Support and Team Selection](#)
2. Have been registered as a BC Athletics Competitive Athlete Member at the time of achieving the published selection standard (see: Appendix A);
3. Compete at the 2023 BC Athletics Provincial Track & Field Championship Jamboree / Team Selection Trials
4. Submit an [Online Athlete Declaration Form](#) prior to the published declaration due date (see: 3.1);
5. Achieve the published standard in the event they wish to be considered for (see: Appendix A) within the published qualifying period (see: 3.1).
6. Must comply with Competitive Readiness Requirements as outlined in section 4.5;
7. Must be at least 18 years of age (U20) as of December 31, 2023 ([see: AC Rule 86e](#)).

FUNDING:

BC Athletics will provide support (pending confirmation of funding for 2023/2024) to those athletes selected to the 2023 BC Senior Track & Field Team. For more information, please see the published criteria and standards within this document in addition to the [BC Athletics General Criteria for Funding and Team Selection](#).

TEAM INFORMATION:

Team Selection:

All athletes seeking selection for the 2023 BC Senior Track & Field team must attend the Selection Trials at the 2023 BC Athletics Provincial Track & Field Championship Jamboree in Nanaimo, BC, July 7-9, 2023. Athletes unable to compete in the selection meet for reasons listed below, must notify BC Athletics by completing Selection Meet Exemption Form. [PLEASE COMPLETE THE FORM HERE.](#)

Exemptions will be considered for the following reasons:

- **Exemption 1:** Injury or Illness. Notification must be provided prior to the start of the BC Athletics Provincial Track & Field Championships.
- **Exemption 2:** Competing at a competition of greater importance, such as a National Team assignment, or a World Athletics Permit Meeting.
- **Exemption 3:** Domestic Affliction. Domestic Affliction. Defined as a personal or family tragedy, incident or emergency that does not allow an athlete to attend the BC Championships, or accept selection to a BC Team. Notification must be made to the BC Athletics technical manager as soon as it is possible to do so;
- **Exemption 4:** Education, Exam, or Graduation Commitment. A letter from a “school representative” must be provided to BC Athletics prior to the start of the BC Championships or selection to a BC Team.



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Team Size:

As both the Canadian 10,000m Championships & Canadian Track & Field Championships are In-Province, BC Athletics will endeavour to support as many athletes as possible who meet the selection criteria, based on 2023/24 funding available. The final team size will be determined once the qualifying period ends. **Please note that team spots will be filled up to 3 athletes per gender, per event.** Additional athletes may be added to a filled event, if the event is their secondary event and they meet the criteria for secondary events listed below.

Team Selection Announcement:

The BC Senior Track & Field Team list of selected athletes will be posted on the BC Athletics website, BC Athletics Social Media channels at least 72 hours after the last day of the qualifying period. Emails will also be sent to all named athletes.

Appeals:

Only athletes who have achieved the published standard (Appendix A) during the published qualifying period (section 3.1) or have met the selection criteria (section 4.0) may submit an appeal.

Appeals for Selection are to be submitted only by filling out the online [BC Team Program Appeal for Selection Form](#)

Appeals must be submitted within 24 hours of the announcement of the team selection (section 2.9). Appeals submitted after this time will not be accepted under any circumstances.

Team Staff:

BC Athletics Team Staff will be announced on the [BC Athletics website](#). BC Athletics will name staff to be on site for all event areas/disciplines. If deemed necessary by BC Athletics and the Head Coach, additional staff may be added.

Team Fees:

All athletes (except for Sport Canada carded athletes) selected to a BC Team are required to pay BC Team Fees. This payment can be made either by the athlete or their Club. For more information on BC Team Fees including costs per teams, and a breakdown, please consult the [BC Athletics General Criteria for Funding and Team Selection](#).

Team Entries:

BC Athletics will enter all selected athletes into the Canadian Championship event(s). Selected athletes must compete in their selected event. An athlete may be entered in additional events if performances in those event(s):

- a. Are equal to, or surpass, the published team standard (see: Appendix A); and/or
- b. Would not hinder performance in the primary selected event as determined by the BC Athletics Track & Field Committee in consultation with the athlete and personal coach.

If the performance in the secondary event does not meet Criteria A (above), then the athlete may still enter the event. If the performance in the secondary event does not meet Criteria B (above), and would hinder the performance of the primary (selected) event, then the athlete would not be able to compete in the secondary event.



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Team Travel:

The 2023 U20/SR Canadian National Championships will be hosted in at **McLeod Athletic Park Langley, BC**. Travel costs to Langley, BC will be covered by BC Athletics (air, ferry, car etc). In the case where air travel is required, BC Athletics will be booking flights from BC departure locations only. Athletes residing in Zone 3, 4, 5 (Lower Mainland), will be provided **\$50 CAD** for mileage for each event registered in.

Athletes wishing to make their own travel arrangements must contact the Program Manager for approval prior to the online declaration due date (see: Section 3.1). Athletes must include the following information:

- Travel Information (Dates, Times, Flight # etc.);
- Cost of Travel

Athletes who have been approved to make their own travel arrangements are asked to send receipts to the BC Athletics office (megann.vandervliet@bcathletics.org) for reimbursement no later than 2 weeks after the completion of the BC Team event. Selected athletes will receive a refund for either A) the cost of travel incurred by the athlete, or B) what the cost to BC Athletics would have been to send an athlete from a BC location, whichever is less.

Team Accommodation:

BC Team athletes are responsible for the payment of their accommodations. BC Athletics will make reservations at a designated hotel for all BC Team athletes and staff who need accommodation in Langley. Athletes are encouraged to use BC Team accommodations. **Local athletes may choose to stay at their home residence.**

Athletes wishing to make their own accommodation arrangements or stay at their home residence must contact the BC Athletics Program Manager for approval prior to the declaration due date (see: Section 4.6). Athletes must provide BC Athletics with the name and address of the accommodations.

Team Meetings

Attendance at all team meetings is mandatory. There will be a **VIRTUAL TEAM MEETING** the week prior to the start of the Championships.

TEAM SELECTION

THE 2023 BC ATHLETICS PROVINCIAL TRACK & FIELD CHAMPIONSHIP JAMBOREE WILL SERVE AS THE SELECTION TRIALS FOR THIS TEAM

Athletes who have achieved the published standards (see: Appendix A) will be considered in the following order, with up to 3 athletes per event.

1. **Automatic Selection:** One automatic standard spot per event will be awarded to the top ranked athlete, who has:
 - (a) Achieved the **Automatic Standard** between **March 1, 2023 – June 18, 2023**.
 - (b) Has declared to be on the BC Team by **June 18, 2023**.
 - (c) Athletes selected in this step are not required to attend Jamboree. If they do attend Jamboree, their automatic selection spot is secured, and the rest of the spots will be filled using the steps below.
2. **Winner in Standard**, in the finals of the selection trials;



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3. **Non-Winner, in Standard**, in the finals of the selection trials;
4. **Winner in Non-Standard**, in the finals of the selection trials, but having achieved the published standard during the published qualifying period (see: Section 3.1);
5. **Non-Winner in Non-Standard**, in the finals of the selection trials, but having achieved the published standard during the published qualifying period (see: Section 3.1). Highest % of standard met.
6. **Exemptions:** Athletes unable to compete in the selection meet for the reasons listed below will have their performances considered at this step. Athletes considered at this step will be ranked according to their best performance achieved during the published qualifying period (see: Section 3.1). Notification to BC Athletics is required prior to the start of the first day of competition of the selection meet. [PLEASE COMPLETE FORM HERE.](#)
7. **Other** athletes may be considered to nearness to the standard and medal potential based on the results of the selection meet.

***Combined Events Selection:** Athletes seeking selection for the BC Team in the COMBINED EVENTS DO NOT have to compete in the full Heptathlon or Decathlon at the BC Athletics Provincial Track & Field Championship Jamboree, but must compete in a RUN, JUMP and THROW event. Those 3 events will be scored, and the score must meet or exceed 30% of the 2023 Decathlon Standard, and 42% of the 2023 Heptathlon standard. Percentages are reflective of 3 events from the total number of events in each combined events discipline (3/10 for Decathlon and 3/7 for Heptathlon).

*This was an amendment made to the criteria on May 15, 2023.

Selection Standards Methodology

When producing team standards, BC Athletics works with the philosophy of “probable finalist, possible medallist”. The 2023 BC Senior Team Standards are based on the average National 6th ranked performance from 2019, 2021, 2022, OR the average National 8th ranked performance from 2019, 2021, 2022. When the 6th Ranked performance in 2022 was a lesser performance than the 3-year average, the average National 8th ranked performance was used (with some exceptions in field events).

RACE WALK: The 20K Race Walk standard is based on the average National 1st ranked performance from 2017, 2018, 2019, 2021, 2022 & the 2023 Pan Am Race Walking Cup U24 Standards.

As only the 10,000m Race Walk will be contested at the BC Athletics Provincial Championship Jamboree, athletes seeking selection for the 20km Race Walk, must contest the 10,000m Race Walk at the Jamboree (unless an exemption request is filed), and have achieved the 20km Standard during the qualifying period.

Eligible Performances

All performances must appear on the [2023 Outdoor Athletics Canada Rankings](#). It is the responsibility of the athlete to ensure eligible performances appear in the rankings in order to be considered for selection. Please submit results to results@athletics.ca.

Ineligible Performances

For purposes of selection the following performances will not be eligible for selection or funding:



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- i. Wind-Aided Performances;
- ii. Hand-Timed Performances for events 800m and shorter.
 - a. Hand – timed performance in individual and relay events, 800m and shorter will not be accepted for the purposes of team selection. For other events, hand time results will be accepted for selection when accompanied by documentation signed by the chief track referee.

COMPETITIVE READINESS

Selected athletes are expected to be competitive ready at the time of selection and leading up to, and at, the provincial team events. As part of demonstrating competitive readiness, athletes will be required to complete steps outline below.

BC Team Selection Acknowledgement Form

All athletes, and primary coaches of athletes, selected to a BC Team must complete, sign and submit the BC Team Selection Acknowledgement Form prior to receiving team information (travel, accommodations etc.). As a part of this form disclose to BC Athletics if there are any reasons (i.e. injury) that may affect their competitive readiness.

Competitive Readiness

If a selected athlete presents reasons (i.e. injury or illness) that may result in questionable competitive readiness, BC Athletics will work with the athlete and coach on a case by case basis to certify the athletes competitive readiness.

- Athletes with questionable competitive readiness will be required to prove fitness. This may be done through proof of fitness at a competition. In some cases, medical documentation may be used as an evaluation tool if competition is not possible.
- If an athlete and personal coach falsely certify that a selected athlete is competitive ready resulting in a poor performance or non-performance at the BC Team event, that athlete and coach may be responsible for refunding BC Athletics the total costs incurred for team travel, entries, equipment transportation or other costs associated with the BC Team. BC Athletics will consider these situations on a case by case basis.



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APPENDIX A – BC Senior Track and Field Team Selection Standards

F Auto	F Team	Event	M Auto	M Team
11.08	11.46	100m	10.00	10.26
22.60	23.38	200m	20.16	20.66
51.00	52.30	400m	45.00	46.47
1:59.80	2:02.62	800m	1:44.70	1:48.24
4:03.50	4:11.17	1500m	3:34.20	3:40.03
14:57.00	15:45.81	5000m	13:07.00	13:37.36
30:40.00	33:25.39	10,000m	27:10.00	28:59.50
1:29:20	49:30 / 1:43:00	10,000m Walk / 20KM Walk	1:20:10	44:31 / 1:32:00
12.78	13.44	100mH		
		110mH	13.28	14.18
55.90	59.14	400mH	48.70	52.43
9:23.00	9:55.32	3000mSC	8:15.00	8:49.26
1.97m	1.75m	High Jump	2.32m	2.11m
4.71m	4.00m	Pole Vault	5.81m	5.03m
6.85m	6.17m	Long Jump	8.25m	7.36m
14.52m	12.43m	Triple Jump	17.20m	15.03m
18.80m	14.46m	Shot Put	21.40m	16.71m
64.20m	50.34m	Discus	67.00m	48.82m
73.60m	62.02m	Hammer	78.00m	57.24m
63.80m	49.87m	Javelin	85.20m	66.92m
6480 Points	5240 Points	Heptathlon		
		Decathlon	8460 Points	6560 Points