



## **2019 U16 Royal Canadian Legion Youth Championships**

**August 09 – 11, 2019**

**Sydney, Nova Scotia**

### **BC Athletes Performance Summary**

#### **Personal Bests:**

1. Jeland Cummings, 200m, 25.34 – Unattached
2. Sonya Urbanowicz, Pole Vault, 3.30m – Nanaimo & District Track & Field Club
3. Michael Ogbeiwi, Discus Throw, 58.03m – South Surrey Athletics
4. Michael Ogbeiwi, Shot Put, 17.47m – South Surrey Athletics
5. George Kordas, High Jump, 1.77m – Ocean Athletics Track & Field Club
6. Michael Ogbeiwi, Hammer Throw, 61.50m – South Surrey Athletics
7. Kai Hussein, Shot Put, 16.81m – Coquitlam Cheetahs
8. Nate Paris, Pentathlon, 2674 – Nanaimo & District Track & Field Club
9. Nate Paris, 100mH, 14.05 – Nanaimo & District Track & Field Club
10. Team British Columbia/Yukon Territory, 1600m Sprint Medley Men, 3:54.33  
Ethan Tansky – Comox Valley Cougars  
George Kordas – Ocean Athletics Track & Field Club  
Cayden Arnold – Ocean Athletics Track & Field Club  
Jaxon Kuchar – Trail Track & Field Club
11. Jaxon Kuchar, 1200m, 3:18.12 – Trail Track & Field Club
12. Mason Andulajevic, Hammer Throw, 55.30m – Unattached
13. Sonya Urbanowicz, Javelin, 34.88m – Nanaimo & District Track & Field Club
14. Isabella Hall, Shot Put, 10.30m – Alberni Valley Track Club

### **Gold Medalists:**

1. Jaeland Cummings, 100m, 12.55 – Unattached
2. Jaeland Cummings, 200m, 25.34 – Unattached
3. Isaac Naumenko, 1500m RW, 7:07.35 – Unattached
4. Jaxon Kuchar, 1500mSC, 4:29.83 – Trail Track & Field Club
5. Nate Paris, High Jump, 1.80m – Nanaimo & District Track & Field Club
6. Sonya Urbanowicz, Pole Vault, 3.30m – Nanaimo & District Track & Field Club
7. Michael Ogbeiwi, Discus Throw, 58.03m – South Surrey Athletics
8. Cole Bibby, Javelin, 54.94m – Kamloops Track & Field Club
9. Michael Ogbeiwi, Shot Put, 17.47m – South Surrey Athletics

### **Silver Medalists:**

1. Krysthina Vlahovic, 80mH, 12.55 – Universal Athletics Club
2. George Kordas, High Jump, 1.77m – Ocean Athletics Track & Field Club
3. George Kordas, Pole Vault, 3.55m – Ocean Athletics Track & Field Club
4. Michael Ogbeiwi, Hammer Throw, 61.50m – South Surrey Athletics
5. Kai Hussein, Shot Put, 16.81m – Coquitlam Cheetahs
6. Nate Paris, Pentathlon, 2674 – Nanaimo & District Track & Field Club

### **Bronze Medalists:**

1. Jaeland Cummings, 300m, 40.95 – Unattached
2. Nate Paris, 100mH, 14.05 – Nanaimo & District Track & Field Club

### **Team BC Performance Summary - 2019 Canadian Legion Youth Championships**

# of BC Athletes with Podium Finish	10	# of Athletes on Team BC	15	% with Podium Finish	66.67%
# of BC Athletes in Top 8	13	# of Athletes on Team BC	15	% in Top 8	86.67%
# of BC Athletes that Achieved or Tied their Personal Best	10	# of Athletes on Team BC	15	% Achieved or Tied their Personal Best	66.67%

**Performance analysis, ranked by placing in the final, of Team BC at the 2019 Canadian Legion Youth Championships**

Last Name	First Name	Sex	Club	Event	Performance	Place	SB	PB
Cummings	Jaeland	F	Unattached	100m	12.55	1	12.50	12.49
Cummings	Jaeland	F	Unattached	200m	25.34	1	25.34	25.34
Naumenko	Isaac	M	Unattached	1500m RW	7:07.35	1	7:05.68	7:05.68
Kuchar	Jaxon	M	Trail Track & Field Club	1500mSC	4:29.83	1	4:28.68	4:28.68
Paris	Nate	M	Nanaimo & District T&F	High Jump	1.80m	1	1.80m	1.80m
Urbanowicz	Sonya	F	Nanaimo & District T&F	Pole Vault	3.30m	1	3.30m	3.30m
Ogbeiwi	Michael	M	South Surrey Athletics	Discus	58.03m	1	58.03m	58.03m
Bibby	Cole	M	Kamloops T&F Club	Javelin	54.94m	1	60.94m	60.94m
Ogbeiwi	Michael	M	South Surrey Athletics	Shot Put	17.47m	1	17.47m	17.47m
Vlahovic	Krysthina	F	Universal Athletics Club	80mH	11.96	2	11.62	11.62
Kordas	George	M	Ocean Athletics T&F Club	High Jump	1.77m	2	1.77m	1.77m
Kordas	George	M	Ocean Athletics T&F Club	Pole Vault	3.55m	2	3.60m	3.60m
Ogbeiwi	Michael	M	South Surrey Athletics	Hammer	61.50m	2	61.50m	61.50m
Hussein	Kai	M	Coquitlam Cheetahs	Shot Put	16.81m	2	16.81m	16.81m
Paris	Nate	M	Nanaimo & District T&F	Pentathlon	2674	2	2674	2674
Cummings	Jaeland	F	Unattached	300m	40.95	3	40.45	40.45
Paris	Nate	M	Nanaimo & District T&F	100mH	14.05	3	14.05	14.05
Tansky Kordas Arnold Kuchar	Ethan George Cayden Jaxon	M	Comox Valley Cougars Ocean Athletics T&F Club Ocean Athletics T&F Club Trail Track & Field Club	1600m Sprint Medley	3:54.33	4	3:54.33	3:54.33
Kuchar	Jaxon	M	Trail Track & Field Club	1200m	3:18.12	4	3:18.12	3:18.12
Vlahovic	Krysthina	F	Universal Athletics Club	200mH	28.88	4	28.88	28.85
Arnold	Cayden	M	Ocean Athletics T&F Club	Pole Vault	3.40m	4	3.75m	3.75m
Andulajevic	Mason	M	Unattached	Hammer	55.30m	4	55.30m	55.30m

Urbanowicz	Sonya	F	Nanaimo & District T&F	Javelin	34.88m	4	34.88m	34.88m
Hall	Isabella	F	Alberni Valley Track Club	Shot Put	10.30m	5	10.30m	10.30m
Hall	Isabella	F	Alberni Valley Track Club	Hammer	38.71m	6	45.82m	45.82m
Andulajevic	Mason	M	Unattached	Discus	39.43m	10	42.34m	42.34m
Hussein	Kai	M	Coquitlam Cheetahs	100m	11.93	11	11.72	11.72
Hussein	Kai	M	Coquitlam Cheetahs	200m	24.27	13	23.85	23.85
Tansky	Ethan	M	Comox Valley Cougars	200mH	28.72	13	28.40	28.40
Stewart	Isla	F	Ocean Athletics T&F Club	High Jump	NH		1.64m	1.64m

### Team BC Event Summary – 2019 Canadian Legion Youth Championships

# of BC Female Athletes	5	# of BC Male Athletes	10	# of Athletes on Team BC	15
# of Events BC Female Athletes took part in	10	# of Events BC Male Athletes took part in	15	# of Events BC Team took part in	25
# of BC Female Athletes with Podium Finish	3	# of BC Male Athletes with Podium Finish	7	# of BC Team Athletes with Podium Finish	10
% of Podium Finish in Events Contested	30%	% of Podium Finish in Events Contested	46.67%	% of Podium Finish in Events Contested	40%
Total # of medals won by BC Female Athletes	5	Total # of medals won by BC Male Athletes	12	Total # of medals	17
% of medals won in Events Contested	50%	% of medals won in Events Contested	80%	% of medals won in Events Contested	68%

# BC Club Athletes – Canadian Legion Youth Championships

## **Personal Bests:**

1. Caiden Lee, 2000m, 5:52.43 – Ocean Athletics Track & Field Club
2. Caiden Lee, 1200m, 3:17.53 – Ocean Athletics Track & Field Club
3. Adria Sellers, 200mH, 28.59 – Vancouver Olympic Club
4. Tyson Carr, 200mH, 25.30 – Okanagan Athletics Club
5. Aidan Turner, Pole Vault, 3.55m – Ocean Athletics Track & Field Club
6. Matthew Uliana, Discus Throw, 55.06m – Vancouver Thunderbirds
7. Matthew Uliana, Shot Put, 15.83m – Vancouver Thunderbirds
8. Tyson Carr, 300m, 36.78 – Okanagan Athletics Club
9. Sophie Forsyth, 1500mSC, 5:00.35 – Vancouver Olympic Club
10. Ethan Longley, Shot Put, 14.93m – South Surrey Athletics
11. Connor Nagle, Triple Jump, 11.81m – Unattached
12. Ethan Longley, Discus Throw, 45.13m – South Surrey Athletics

## **Gold Medalists:**

1. Caiden Lee, 2000m, 5:52.43 – Ocean Athletics Track & Field Club
2. Kaia Haintz, 1500m RW, 8:40.66 – Unattached
3. Kian Zabihi, Hammer Throw, 67.21m – Kamloops Track & Field Club

## **Silver Medalists:**

1. Caiden Lee, 1200m, 3:17.53 – Ocean Athletics Track & Field Club

## **Bronze Medalists:**

1. Adria Sellers, 200mH, 28.59 – Vancouver Olympic Club
2. Tyson Carr, 200mH, 25.30 – Okanagan Athletics Club
3. Aidan Turner, Pole Vault, 3.55m – Ocean Athletics Track & Field Club
4. Matthew Uliana, Discus Throw, 55.06m – Vancouver Thunderbirds
5. Matthew Uliana, Hammer Throw, 59.92m – Vancouver Thunderbirds
6. Matthew Uliana, Shot Put, 15.83m – Vancouver Thunderbirds

### BC Club Athlete Performance Summary at 2019 Canadian Legion Youth Championships

# of BC Athletes with Podium Finish	7	# of BC Athletes Competing	14	% with Podium Finish	50%
# of BC Athletes in Top 8	11	# of BC Athletes Competing	14	% in Top 8	78.57%
# of BC Athletes that Achieved or Tied their Personal Best	8	# of BC Athletes Competing	14	% Achieved or Tied their Personal Best	57.14%

### Performance analysis, ranked by placing in the final, of BC Club athletes at the 2019 Canadian Legion Youth Championships

Last Name	First Name	Sex	Club	Event	Performance	Place	SB	PB
Lee	Caiden	M	Ocean Athletics T&F Club	2000m	5:52.43	1	5:52.43	5:52.43
Haintz	Kaia	F	Unattached	1500m RW	8:40.66	1	8:22.08	8:06.43
Zabihi	Kian	M	Kamloops T&F Club	Hammer	67.21m	1	67.87m	67.87m
Lee	Caiden	M	Ocean Athletics T&F Club	1200m	3:17.53	2	3:17.53	3:17.53
Sellers	Adria	F	Vancouver Olympic Club	200mH	28.59	3	28.59	28.59
Carr	Tyson	M	Okanagan Athletics Club	200mH	25.30	3	25.30	25.30
Turner	Aidan	M	Ocean Athletics T&F Club	Pole Vault	3.55m	3	3.55m	3.55m
Uliana	Matthew	M	Vancouver Thunderbirds	Discus	55.06m	3	55.06m	55.06m
Uliana	Matthew	M	Vancouver Thunderbirds	Hammer	59.92m	3	60.13m	60.13m
Uliana	Matthew	M	Vancouver Thunderbirds	Shot Put	15.83m	3	15.83m	15.83m
Carr	Tyson	M	Okanagan Athletics Club	300m	36.78	4	36.78	36.78
Forsyth	Sophie	F	Vancouver Olympic Club	1500mSC	5:00.35	4	5:00.35	5:00.35
Sellers	Adria	F	Vancouver Olympic Club	80mH	12.40	5	12.27	12.27
Longley	Ethan	M	South Surrey Athletics	Shot Put	14.93m	5	14.93m	14.93m
Lee	Caiden	M	Ocean Athletics	800m	2:03.24	6	2:01.25	2:01.25
Macwhinnie	Makenna	F	Comox Valley Cougars	200mH	29.91	6	29.61	29.61
Longley	Ethan	M	South Surrey Athletics	Hammer	48.25m	6	53.95m	53.95m

Gordon	Madison	F	Langley Mustangs	Pentathlon	2661	6	2933	2933
Nagle	Connor	M	Unattached	Triple Jump	11.81m	7	11.81m	11.81m
Longley	Ethan	M	South Surrey Athletics	Discus	45.13m	7	45.13m	45.13m
Carr	Tyson	M	Okanagan Athletics Club	200m	24.10	9	23.59	23.59
Gordon	Madison	F	Langley Mustangs	80mH	13.15	11	13.06	13.06
Turner	Aiden	M	Ocean Athletics T&F Club	200mH	27.83	11	27.24	27.24
Baechler	Maya	F	Vancouver Thunderbirds	1200m	3:45.26	12	3:30.29	3:30.29
Nagle	Connor	M	Unattached	High Jump	1.60m	12	1.65m	1.65m
Hunt	Emily	F	Mid Island Distance	2000m	7:26.96	15	7:01.00	6:56.99
Morrison	Samuel	M	Nanaimo & District T&F	1500m RW	DNF		8:49.79	8:49.79

### BC Club Event Summary – 2019 Canadian Legion Youth Championships

# of BC Female Athletes	6	# of BC Male Athletes	8	# of Athletes Competing	14
# of Events BC Female Athletes took part in	7	# of Events BC Male Athletes took part in	13	# of Events BC Athletes took part in	20
# of BC Female Athletes with Podium Finish	2	# of BC Male Athletes with Podium Finish	5	# of Athletes with Podium Finish	7
% of Podium Finish in Events Contested	28.57%	% of Podium Finish in Events Contested	38.46%	% of Podium Finish in Events Contested	35%
Total # of medals won by BC Female Athletes	2	Total # of medals won by BC Male Athletes	8	Total # of medals	10
% of medals won in Events Contested	28.57%	% of medals won in Events Contested	61.54%	% of medals won in Events Contested	50%