



ABOUT

The 2024 BC Athletics Track & Field Championship Jamboree is the Provincial Track & Field Championship for the U16, U18, U20, Senior and Para athletes. This event will also serve as the selection meet for the 2024 U18 and 15YO BC/Yukon Command Legion Teams selected to compete at the 2024 Canadian Youth Legion Track & Field Championships in Calgary AB, August 9-11, 2024.

BC Athletics would like to thank the Nanaimo Track & Field Club for hosting the 2023 and 2024 BC Athletics Track & Field Championship Jamboree viaSport and the BC/Yukon Legion Command for their continues support and to all the BC Athletics Officials and Volunteers who make this event special.



EVENT INFORMATION

Event:	2024 BC Athletics Track & Field Championship Jamboree
Host:	BC Athletics & Nanaimo Track & Field Club
Date:	July 12-14, 2024
Location:	Nanaimo, BC
Venue:	Nanaimo Rotary Bowl 355 Wakesiah Avenue, Nanaimo, BC
Age Groups:	U16 / U18 / U20 / Senior / Para
Sanctioned by:	BC Athletics / World Athletics (U18+)
Meet Director:	Mike Viers (julieandmike@shaw.ca)
Meet Manager:	Wanda Urbanowicz (wanda.urban@gmail.com)
Meet Entry Chair:	Dawn Driver (dawn_driver@hotmail.com)
BC Athletics:	Garrett Collier (garrett.collier@bcathletics.org)
Website:	2024 BC Athletics Track & Field Championship Jamboree website
Registration Link:	https://www.trackie.com/event/2024ChampionshipJamboree

EVENT ELIGIBILITY

To compete in the BC Athletics Track & Field Championships Jamboree, athletes must:

- ✓ Be a BC Athletics member who holds an Active Competitive Athlete Membership or equivalent from another Provincial Branch or World Athletics Federation*
- ✗ Day of Event memberships are not available or eligible for this event.

* Athletes from another Provincial Branch or World Athletics Federation should email the Track & Field Program Manager (Garrett Collier) at garrett.collier@bcathletics.org.

ENTRY STANDARDS

There are no entry standards for events other than the events listed below.

- 10000mRW – 60:00.00 for Men & Women
- Pole Vault – 2.00m for Senior Women / 3.00m for Senior Men

EVENT ENTRIES & REGISTRATION

FEES & DEADLINES

Entry Deadline Wednesday - July 3, 2024, by 11:59PM	Late Entry Deadline Sunday – July 7, 2024, by 11:59PM
\$25.00 for first individual event	\$35.00 for first individual event
\$20.00 for each additional individual event	\$30.00 for each additional individual event
\$35.00 for Combined Events	\$45.00 for Combined Events
\$30.00 for each Relay Event/Team*	\$45.00 for each Relay Event/Team

***LATE ENTRIES FOR RELAYS ACCEPTED UP TO 60 MINUTES PRIOR TO RACE START TIME**
ALL OTHER EVENTS NO REGISTRATIONS ACCEPTED AFTER LATE ENTRY DEADLINE
NO REFUNDS AFTER REGISTRATION IS CLOSED

ONLINE REGISTRATION

All registration will be online at: <https://www.trackie.com/event/2024ChampionshipJamboree>

REGISTRATION PACKAGES

Meet Information Packages and Competitor numbers will be available for pick up at the registration table (location TBA) starting **Friday, July 11 after 11:00 AM**. On Saturday and Sunday, the registration table will be open at 7:30 AM. There are no refunds once the online registration closes at midnight on **Sunday, July 7, 2024**.

TECHNICAL COMPETITION RULES

ORDER OF EVENTS

All Track events will be run from youngest to oldest, females then males except for hurdles.

FACILITY INFORMATION

The Nanaimo Rotary Bowl has an 8 Lane 400m Oval in addition to a separate 100m Straightaway. There are 4 Horizontal Jumping Landing Pits, a High Jump apron and a Pole Vault Runway located on the outside of the track. Throwing facilities including seated throws facilities are all inside the oval with an additional shot-put ring on the outside of the track.

SPIKE LENGTH

The maximum spike length allowed is **7mm** (pyramid or Christmas tree) for all events except high jump and javelin. A maximum of **9mm** spikes (pyramid or Christmas tree) can be used for high jump and javelin throw. No needle spikes allowed.

COMPETITION CATEGORIES

This event serves as the provincial championship for the following age groups: U16 (2009/2010), U18 (2007/2008), U20 (2005/2006) and Senior (2004+).

- ! Athletes are permitted to compete up one age group but must do so for all individual and combined events entered in the meet except for relay teams.
- ! Masters' athletes (aged 35+) are welcome to compete but must do so in the Senior (20+) category using senior age group specifications.

COMPEITION NUMBERS

Each athlete will receive two (2) competition numbers which must be worn on the front and back for all events except for High Jump and Pole Vault and at the discretion of the official. Competitors numbers will be included in the registration packages. Hip numbers for track events must also be worn on both hips and on the upper left chest area. Lost or destroyed numbers will be replaced with a \$10.00 replacement fee.

COMPETITION ATTIRE

All Club athletes are encouraged to wear their Club issued uniform. Unattached athletes should wear appropriate athletic gear for their event(s). Relay teams must wear matching singlets/tops (slight differences in design permitted).

MARSHALLING

All athletes must check in at the ACC (Athlete Control Centre) located on the lower warm up field behind the grandstands. Reminder that no large bags or electronic devices of any sort will be allowed in the ACC or the Competition venue. Please only bring your essentials for competition. See below for check in times at the ACC:

Events	ACC Opens	ACC Closes	Entry to Event
Track Events	30 minutes	20 minutes	10 minutes
High Jump	60 minutes	50 minutes	40 minutes
Pole Vault	80 minutes	70 minutes	60 minutes
Other Field Events	50 minutes	40 minutes	30 minutes

IMPLEMENTS

All throwing implements will be provided by the meet organizers. Athletes may use their personal implements for competition. Personal implements must meet all WA Standards and must be weighed in no later than 60 minutes prior to the scheduled start time of the event. Implement weigh-ins will be located at the southwest end of the grandstands. Once the implement has been weighed-in it will be kept by the meet until the conclusion of the event. Personal implements can be picked up at the weigh-in location.

ATHLETES WITH CONFLICTING EVENTS

All events will go as scheduled. Athletes must check in at the ACC for both events and notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return.

WA RULE 4.4 – HONEST EFFORT RULE

This event will enforce the “honest effort rule” under World Athletics Rule 4.4

An athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, including relays in cases where:

- 4.4.2 An athlete qualified in a Qualification Round of an event for further participation in that event but failed to participate further.
- 4.4.3 An athlete failed to compete honestly with bona fide effort. *(Note: the situation foreseen in Rule 4.4.3 of the Technical Rules will not apply to individual events within Combined Events).*

TRACK EVENTS

Laned track events with 8 or fewer competitors will advance to the final and compete at the **scheduled final time**.

QUALIFYING FOR FINALS

FIELD EVENTS: For Horizontal Jumps and Throws – In events where there are more than 8 BC athletes, eight (8) BC athletes will advance to the final and receive an additional 3 attempts.

Non-BC athletes who would normally qualify to the final will also advance to the final. In this case, more than 8 athletes may be in the final. For advancement in this situation, a non-BC athlete cannot displace a BC athlete. Therefore, officials will select until 8 BC athletes are selected in addition to any non-BC athletes who had a performance above the 8th ranked BC athlete.

LANED TRACK EVENTS: The 100m, 200m, 300m, 400m, 80mH, 100mH, 110mH, 300mH, 400mH events will hold an “A” Final and a “B” Final in events required to ensure that there are up to 8 athletes in the final. The “A” Final is only open to qualified BC athletes unless there are fewer than 8 BC athletes in the final whereas the “B” Final is open to non-BC athletes and the next fastest times to make up 8 athletes. Only “A” Final events will be considered for medal performances.

SEED MARKS

Coaches and Athletes are expected to submit current electronic seed times when registering for all track events to ensure correct seeding. Trackie will verify any seed marks for Athletics Canada athletes.

PROTESTS

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event (**WA Rule 8.2**). Result announcements and posting must be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee, e.g., the Field Referee for the Field event, or the Track Referee for the Track event.

A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre if the Referee is not immediately available. No deposit is required for a PROTEST.

In track events, “if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete “under protest” in order to preserve the rights of all concerned (**WA Rule 8.4**). Please also refer to the remaining rules in RULE 8.4 for clarification of other potential issues.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

APPEALS TO THE JURY

The original protestor, or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A \$50.00 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

JURY OF APPEALS: A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

AWARDS

BC Athletics Championship medals will be awarded for 1st to 3rd place for all events, including BC and non-BC Athletes.

A medal ceremony will take place for each final event once the final results are posted (30 minutes following the conclusion of the event). Medal ceremony location TBA.

BC/YUKON U18+15YO LEGION TEAM SELECTION TRIALS

This meet will act as the Selection Trials for the 2024 BC/Yukon Command Legion Team to compete at the 2024 Canadian Legion Youth Track & Field Championships. For more information on the selection process for this team, athletes, coaches, and parents are asked to please familiarize themselves with the 2024 BC/Yukon U18+15YO Selection Criteria and Standards. For any questions regarding the BC Provincial Team Program, please contact the BC Athletics Track & Field Program Manager at garrett.collier@bcathletics.org.

MEDICAL AND FIRST AID

Emergency first aid care will be onsite provided by St. John Ambulance. Water and ice baths will also be provided at the meet. The nearest hospital is:

- **Nanaimo Regional General Hospital (3.8 KM away)**
1200 Dufferin Crescent
Nanaimo, BC V9S 2B7

VOLUNTEERS

Volunteers are always needed for our BC Athletics Championships! If you or someone you know would like to be a volunteer at this year's BC Athletics Track & Field Championship Jamboree, please click the link below to sign up!

[CLICK HERE FOR SIGN-UP GENIUS](#)

MERCHANDISE AND CONCESSION

Jamboree Merchandise will be available for pre-order and onsite sales. Available styles, sizes and pre-order information will be announced on BC Athletics social media and event registration page.

There will be a concession onsite at the concession stand located on the southeast end of the track. There will also be a food truck onsite located near the finish line at the northeast end of the track.

TRAVEL

Travel via BC FERRIES

- [RESERVE NOW](#)
- Horseshoe Bay to Departure Bay (Nanaimo)
- Tsawwassen to Duke Point (Nanaimo)

Travel via HARBOUR AIR

- [BOOK NOW](#)
- Downtown Vancouver to Nanaimo Harbour
- Richmond (YVR-South) to Nanaimo Harbour

Travel via HELIJET

- [BOOK NOW](#)
- Downtown Vancouver to Nanaimo Harbour
- Richmond (YVR-South) to Nanaimo Harbour

ACCOMODATIONS

Please note that this will be a busy weekend in Nanaimo and hotels will fill up fast. Clubs, Athletes and Coaches are pleased asked to book accommodations ASAP. BC Athletics with the assistance of the Nanaimo Track & Field Club has secured the following hotels:

The Coast Bastion

- [Reservation Website](#)
- Hotel to provide a sport group discount.

Inn on Long Lake

- Reservation Email: reservations@innonlonglake.com
- Reservation Phone: 1-800-565-5832
- Use Code: **NanaimoJamboree2024**

Grand Hotel

- [Reservation Website](#)
- Reservation Code: **138458**
- Group Name: **2024 Provincial Track & Field Jamboree**