



## **“INSPIRING LIFELONG EXCELLENCE THROUGH ATHLETICS”**

### **ABOUT**

The 2025 BC Athletics Outdoor Track & Field Championship is the provincial outdoor track & field championship for the U16, U18, U20, Senior and Para categories. This event will also serve as the selection meet for the U18 and 15YO BC/Yukon Command Legion Teams selected to compete at their respective National Championships.

BC Athletics would like to thank the Coquitlam Cheetahs Track & Field Club for hosting this event and viaSport and the BC/Yukon Legion Command for their continued support. Additionally, BC Athletics would like to thank our BC Athletics Officials and Event Volunteers who make this event special.

### **SPIRIT OF THE EVENT**

The BC Athletics Outdoor Track & Field Championships is an annual provincial championship event for athletes aged 14 (U16) - 34+ (Senior). This event features all track & field events in accordance with the technical specifications for all U16 – Senior age groups, including Combined Events. Athletes are invited to participate in one or more events throughout the 3 days. This event will serve as the selection trials for the 15 YO and U18 BC/Yukon Legion Team and a preparation event for the U20/ Senior BC Track & Field Team and Canada Summer Games Team. This event promotes athlete development, friendly competition, sportsmanship and camaraderie. This event is made possible by the significant volunteer contribution of event organizers, officials and event volunteers. We encourage all participants and spectators to take a moment to thank these volunteers.

As a reminder to all participants and spectators, we participate in sport because it is fun and can provide a healthy challenge to overcome hard things. Let's all do our part to uphold the spirit of the event!



## EVENT INFORMATION

<b>Event:</b>	2025 BC Athletics Outdoor Track & Field Championships
<b>Host:</b>	BC Athletics + Coquitlam Cheetahs
<b>Date:</b>	July 4-6, 2025
<b>Location:</b>	Coquitlam, BC
<b>Venue:</b>	Percy Perry Stadium   1290 Pipeline Road, Coquitlam, BC V3B 4S1
<b>Age Groups:</b>	U16 / U18 / U20 / Senior / Para
<b>Sanctioned by:</b>	BC Athletics / World Athletics (U18+)
<b>Meet Director:</b>	Nicholas Ayin ( <a href="mailto:nicholasayin0@gmail.com">nicholasayin0@gmail.com</a> )
<b>Meet Manager:</b>	Tara Self ( <a href="mailto:tself@hotmail.ca">tself@hotmail.ca</a> )
<b>Meet Entry Chair:</b>	Paul Self ( <a href="mailto:ptmdself@gmail.com">ptmdself@gmail.com</a> )
<b>BC Athletics:</b>	Garrett Collier ( <a href="mailto:garrett.collier@bcathletics.org">garrett.collier@bcathletics.org</a> )
<b>Website:</b>	<a href="#">2025 BC Athletics Outdoor Track &amp; Field Championships</a>
<b>Registration Link:</b>	<a href="#">CLICK HERE</a>

## EVENT ELIGIBILITY

To compete in the BC Athletics Outdoor Track & Field Championships, athletes must:

- ✓ Be a BC Athletics member who holds a 2025 Competitive Athlete Membership or equivalent from another Provincial Branch or World Athletics Federation\*
- ✗ Day of Event memberships are not available or eligible for this event.

\* Athletes from another Provincial Branch or World Athletics Federation should email the Track & Field Program Manager (Garrett Collier) at [garrett.collier@bcathletics.org](mailto:garrett.collier@bcathletics.org).

## ENTRY STANDARDS

There are no entry standards for events this event. Events will be seeded according to eligible performances recorded prior to the start of the Championships.

## EVENT REGISTRATION + FEES

All registration will be online at: [HERE](#)

### ENTRY DEADLINE

**11:59PM – SUNDAY JUNE 22, 2025**

### LATE ENTRY DEADLINE

**11:59PM – SUNDAY JUNE 29, 2025**

**\$25.00** for first individual event

**\$20.00** for each additional individual event

**\$35.00** for Combined Events

**\$30.00** for each Relay Event/Team\*

**\$35.00** for first individual event

**\$30.00** for each additional individual event

**\$45.00** for Combined Events

**\$40.00** for each Relay Event/Team

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**\$5.00** fee for BCA Officials Development will be charged per registrant

**\$5.00** fee for Non-Athletics Canada registrant will be charged per Non-Athletics Canada registrant

**\*LATE ENTRIES FOR RELAYS ACCEPTED UP TO 60 MINUTES PRIOR TO RACE START TIME**

**ALL OTHER EVENTS NO REGISTRATIONS ACCEPTED AFTER LATE ENTRY DEADLINE**

**NO REFUNDS AFTER REGISTRATION IS CLOSED (SEE ABOVE). NO EXCEPTIONS!**

## REGISTRATION PACKAGES

Meet Information Packages and Competitor numbers will be available for pick up at the registration table (storage shed located in southeast corner of stadium) starting **Friday, July 4 after 11:00 AM**. On Saturday and Sunday, the registration table will be open at **7:30 AM**. Please note, there will be no refunds after the online deadlines (see above).

## TECHNICAL COMPETITION RULES

### COMPETITION CATEGORIES

This event serves as the outdoor provincial championship for the following age groups: U16 (2010/2011), U18 (2008/2009), U20 (2006/2007), Senior (2005+) and Para.

- ! Athletes are permitted to compete up one age group but must do so for all individual and combined events entered in the meet except for relay teams.
- ! Masters aged athletes are eligible to participate but must do so with the senior technical specifications.

## ORDER OF EVENTS

All Track events will be run from youngest to oldest, females then males except for hurdles.

## FACILITY INFORMATION

Percy Perry Track is a World Athletics compliant track, surfaced with a 400m polyflex synthetic track surface with Long/Triple Jump, High Jump, Pole Vault and Throws Facilities located outside of the track within the stadium.

### Facility amenities include:

- ! Washrooms and changerooms
- ! Covered grandstand
- ! Concession
- ! Water fountains

## SPIKE LENGTH

The maximum spike length allowed is **7mm** (pyramid or Christmas tree) for all events except high jump and javelin. A maximum of **9mm** spikes (pyramid or Christmas tree) can be used for high jump and javelin throw. No needle spikes allowed.

## COMPETITION NUMBERS

Each athlete will receive two (2) competition numbers which must be worn on the front and back for all events except for High Jump, Pole Vault and throwing events and at the discretion of the official. Competitors numbers will be included in the registration packages. Hip numbers for track events must also be worn on both hips and on the upper left chest area. Lost or destroyed numbers will be replaced with a **\$10.00** replacement fee. Replacement numbers can be obtained from the Meet Secretary at the finish line tent.

## COMPETITION ATTIRE

All Club athletes are encouraged to wear their Club issued uniform. Unattached athletes should wear appropriate athletic gear for their event(s). Relay teams must wear matching singlets/tops (slight differences in design permitted).

## CALL ROOM & MARSHALLING

All athletes must check in at the Call Room located at the southeast corner of the stadium. Reminder that no large bags or electronic devices of any sort will be allowed in the Call Room or the Competition venue. Please only bring your essentials for competition.

**CALL ROOM CHECK-IN TIMES**

Events	Call Room	Call Room	Entry to Event
Track Events	30 minutes	20 minutes	10 minutes

For all Field Events, athletes are asked to report directly to the event site by the following times:

Events	Check in at event location:
High Jump	40 minutes before start of event
Pole Vault	60 minutes before start of event
Other Field Events	20 minutes before start of event

**IMPLEMENTS**

All throwing implements will be provided by the meet organizers. Athletes may use their personal implements for competition. Personal implements must meet all WA Standards and must be weighed in no later than 60 minutes prior to the scheduled start time of the event.

Implement weigh-ins will be located at the southeast corner of the stadium. Once the implement has been weighed-in it will be kept by the meet until the conclusion of the event. Personal implements can be picked up at the weigh-in location.

**ATHLETE WARM UP**

Athletes will be permitted to warm up on the infield. Please stay in the designated warm up area and stay away from the finish line tent and only cross the track at designated crossing areas. Athletes may also use the surrounding public park trails for warm up and cool down.

Field event athletes will be provided with a warm-up opportunity at the event venue.

**Pole Vault** – minimum 60 minutes

**High Jump** – minimum 40 minutes

**Long Jump/Triple Jump** – minimum 20 minutes

**Throwing Events** – minimum 20 minutes

**ATHLETES WITH CONFLICTING EVENTS**

All events will go as scheduled. Athletes must check in at the Call Room for both events and notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return. Athletes will not be able to “make up” missed attempts.

## WA TECHNICAL RULE 4.4 – HONEST EFFORT RULE

This event will enforce the “honest effort rule” under World Athletics Technical Rule 4.4

An athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, including relays in cases where:

WA TR 4.4.2 An athlete qualified in a Qualification Round of an event for further participation in that event but failed to participate further.

WA TR 4.4.3 An athlete failed to compete honestly with bona fide effort. (*Note: the situation foreseen in Technical Rule 4.4.3 of the Technical Rules will not apply to individual events within Combined Events*).

## EXCEPTION – B FINALS

Athletes who qualify for a B final in laned events, may officially scratch from the B Final without violation of the above WA Technical Rule (4.4). Athletes must scratch at the finish line with the meet registrar once finals heats have been posted.

## TRACK EVENTS

Laned track events with 8 or fewer competitors will advance to the final and compete at the **scheduled final time**.

## QUALIFYING FOR FINALS

### FIELD EVENTS

For Horizontal Jumps and Throws – In events where there are more than eight (8) BC athletes, eight (8) BC athletes will advance to the final and receive an additional 3 attempts.

Non-BC athletes who would normally qualify to the final will also advance to the final. In this case, more than 8 athletes may be in the final. For advancement in this situation, a non-BC athlete cannot displace a BC athlete. Therefore, officials will select until 8 BC athletes are selected in addition to any non-BC athletes who had a performance above the 8<sup>th</sup> ranked BC athlete.

### LANED TRACK EVENTS

The 100m, 200m, 300m, 400m, 80mH, 100mH, 110mH, 300mH, 400mH events will hold an “A” Final and a “B” Final in events required to ensure that there are up to 8 athletes in the final. The “A” Final is only open to qualified BC athletes unless there are fewer than 8 BC athletes in the final whereas the “B” Final is open to non-BC athletes and the next fastest times to make up 8 athletes. Only “A” Final events will be considered for medal performances and team selections.

### SEED MARKS

Coaches and Athletes must enter a valid 2025 (January 1, 2025) outdoor performance when registering for all events to ensure correct seeding. All seeds marks will be validated once registration is closed.

Throwing and horizontal jumping events with more than 15 athletes entered will be scheduled into flights for the preliminary rounds. Flights will be organized from lowest to highest entry seeds.

### PROTESTS

Protests concerning the result or conduct of an event shall be made within **30 minutes** of the official posting of the results of that event (**WA TR 8.2**). Result announcements and posting must be time stamped, and that time is considered the beginning of the **30-minute** period. The Protest is made orally to the relevant Referee, e.g., the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete and their representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre if the Referee is not immediately available. No deposit is required for a PROTEST.

In track events, “if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete “under protest” in order to preserve the rights of all concerned (**WA TR 8.4**). Please also refer to the remaining rules in RULE 8.4 for clarification of other potential issues.

The Referee should record their decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has **30 minutes** to lodge a protest concerning this decision.

### APPEALS TO THE JURY

The original protestor, or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within **30 minutes** of the official announcement of that decision.

An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A **\$50.00 deposit** shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

**JURY OF APPEALS:** A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

### AWARDS

BC Athletics Championship medals will be awarded for 1st to 3rd place for all events and age group for **BC Athletics members only**.

A medal ceremony will take place for each final event once the final results are posted (30 minutes following the conclusion of the event). Athletes should check in at the Awards table for their award ceremony. Medal ceremony location TBA.

## MEDICAL AND FIRST AID

Emergency first aid care will be onsite provided by Empire Sport & Health. The medical tent will be located on the concourse at the north end of the stadium. Some performance services may be available.

The nearest hospital is:

- **Eagle Ridge Hospital (4.5 KM away)**  
475 Guilford Way  
Port Moody, BC V3H 3W9

## VOLUNTEERS

Volunteers are always needed for our BC Athletics Championships! Stay tuned for sign up opportunities. Interested in becoming an official? More information can be found [here](#).

## SOUVENIR MERCHANDISE

Championships merchandise will be available for pre-order via online store and onsite sales. Available styles, sizes and pre-order information will be announced on BC Athletics social media and event registration page.

## ACCOMMODATIONS

Please note that this will be a busy weekend in Coquitlam and hotels will fill up fast. Clubs, Athletes and Coaches are pleased asked to book accommodations ASAP.

### EXECUTIVE PLAZA HOTEL

- Address: 405 North Road Coquitlam, BC V3K 3V9
- Phone:
- Booking ID:

### POCO INN AND SUITES – **BOOK BY APRIL 6, 2025**

- Address: 1545 Lougheed Highway, Port Coquitlam, British Columbia, Canada, V3B 1A5
- Phone: (604) 941-6216
- Email: [generalreservations@poco-inn-and-suites.com](mailto:generalreservations@poco-inn-and-suites.com)
- Booking Reference: **BC Athletics Track & Field Championship**
- Hotel Information: [Click Here](#)



## 2025 BC TEAM SELECTION TRIALS

This meet will act as the Selection Trials for the 2025 15 YO and U18 BC/Yukon Command Legion Team. For more information including selection criteria, please visit the [BC Team Program webpage here](#). For any questions concerning the BC Team program please contact the Program Manager for Track & Field at [garrett.collier@bcathletics.org](mailto:garrett.collier@bcathletics.org).

## DOCUMENT CHANGE HISTORY

02.28.25	Document Published
03.26.25	\$5.00 fee for non-Athletics Canada registrant information added
03.26.25	\$5.00 fee for BCA Officials Development information added