



# FINAL SCHEDULE OF EVENTS

## IMPORTANT – PLEASE READ

- ★ **NOTE: ANY FIELD EVENTS WITH MORE THAN 15 ENTRIES PER CATEGORY, WILL BE SPLIT INTO MULTIPLE FLIGHTS ACCORDING TO SEED MARKS**
- ★ **PARA AMBULATORY ATHLETES WILL COMPETE IN THEIR EVENT CATEGORY AND AGE GROUP**

## TRACK EVENTS | FRIDAY | 04 JULY 25

Time	Event	Sex	Round	Category	Note	#	H/F
4:00 PM	300m	Women	Semi Final	U16		24	3H
4:10 PM	300m	Men	Semi Final	U16		22	3H
4:20 PM	400m	Women	Semi Final	U18		38	5H
4:35 PM	400m	Men	Semi Final	U18		22	3H
4:45 PM	400m	Women	Semi Final	U20		11	2H
4:50 PM	400m	Men	Semi Final	U20		9	2H
4:55PM	400m	Men	Semi Final	Senior		9	2H
5:10 PM	1500mWC	Women/Men	<b>FINAL</b>	WC		5	1H
5:20 PM	1500mRW	Women/Men	<b>FINAL</b>	U16		5	1H
5:30 PM	TRACK BREAK – 30min						
6:00 PM	1500mSC	Women	<b>FINAL</b>	U16		7	1H
6:10 PM	1500mSC	Men	<b>FINAL</b>	U16		13	1H
6:20 PM	2000mSC	Women	<b>FINAL</b>	U18		4	1H
6:30 PM	3000mSC	Women	<b>FINAL</b>	U20/Senior		2	1H
6:45 PM	2000mSC	Men	<b>FINAL</b>	U18		20	2H
7:05 PM	3000mSC	Men	<b>FINAL</b>	U20/Senior		4	1H
7:20 PM	5000m	Women	<b>FINAL</b>	U20/Senior		8	1H
7:45 PM	5000m	Men	<b>FINAL</b>	U20/Senior		6	1H

**FINAL SCHEDULE OF EVENTS****FIELD EVENTS | FRIDAY | 04 JULY 25**

Time	Event	Sex	Round	Category	Note	#	H/F
1:00 PM	Hammer Throw	Women	<b>FINAL</b>	U20/Senior		8	1F
2:30 PM	Triple Jump	Women	<b>FINAL</b>	U16	Pit 1	17	2F
2:30 PM	Triple Jump	Men	<b>FINAL</b>	U16	Pit 2	7	1F
2:45 PM	Hammer Throw	Men	<b>FINAL</b>	U20/Senior		12	1F
3:30 PM	Pole Vault	Women	<b>FINAL</b>	U20/Senior		8	1F
4:30 PM	Triple Jump	Women	<b>FINAL</b>	U18	Pit 1	15	1F
4:45 PM	Hammer Throw	Women	<b>FINAL</b>	U18		11	1F
5:30 PM	Triple Jump	Men	<b>FINAL</b>	U18	Pit 1	15	1F
6:15 PM	Pole Vault	Men	<b>FINAL</b>	U20/Senior		10	1F
6:30 PM	Hammer Throw	Men	<b>FINAL</b>	U18/U16		13	1F
7:30 PM	Triple Jump	Men	<b>FINAL</b>	U20/Senior	Pit 1	12	1F
7:45 PM	Triple Jump	Women	<b>FINAL</b>	U20/Senior	Pit 2	8	
8:15 PM	Hammer Throw	Women	<b>FINAL</b>	U16		10	1F



# FINAL SCHEDULE OF EVENTS

## TRACK EVENTS | SATURDAY | 05 JULY 25

Time	Event	Sex	Round	Category	Note	#	H/F
8:00 AM	10000m RW	Mixed	<b>FINAL</b>	U20/Senior		5	1H
8:00 AM	5000m RW	Mixed	<b>FINAL</b>	U18		4	1H
9:20 AM	100m DEC	Men	DECATHLON	U18/U20/Senior		14	2H
9:40 AM	80mH (30")	Women	PENTATHLON	U16		6	1H
9:45 AM	80mH (30")	Women	Semi Final	U16		14	2H
10:00 AM	100mH (30")	Women	HEPTATHLON	U18		8	1H
10:05 AM	100mH (30")	Women	Semi Final	U18		27	4H
10:20 AM	100mH (33")	Women	HEPTATHLON	U20/Senior		4	1H
10:30 AM	100mH (33")	Men	PENTATHLON	U16		5	1H
10:35 AM	100mH (33")	Men	Semi Final	U16		9	2H
10:45 AM	110mH (36")	Men	Semi Final	U18		12	2H
11:00 AM	100m	Women	Semi Final	U16		44	6H
11:20 AM	100m	Men	Semi Final	U16		29	4H
11:35 AM	100m	Women	Semi Final	U18		43	6H
11:55 AM	100m	Men	Semi Final	U18		36	5H
12:10 PM	100m	Women	Semi Final	U20		15	2H
12:15 PM	100m	Men	Semi Final	U20		20	3H
12:25 PM	100m	Women	Semi Final	Senior		15	2H
12:30 PM	100m	Men	Semi Final	Senior		30	4H
12:45 PM	TRACK BREAK - 15 min						
1:00 PM	300m	Women	<b>FINAL</b>	U16		8+	A/B
1:05 PM	300m	Men	<b>FINAL</b>	U16		8+	A/B
1:10 PM	400m	Women	<b>FINAL</b>	U18		8+	A/B
1:15 PM	400m	Men	<b>FINAL</b>	U18		8+	A/B
1:20 PM	400m	Women	<b>FINAL</b>	U20		8+	A/B
1:25 PM	400m	Men	<b>FINAL</b>	U20		8+	A/B
1:30 PM	400m	Women	<b>FINAL</b>	Senior		7	1H
1:35 PM	400m	Men	<b>FINAL</b>	Senior		8	1H



# FINAL SCHEDULE OF EVENTS

## TRACK EVENTS | SATURDAY | 05 JULY 25 (cont'd)

Time	Event	Sex	Round	Category	Note	#	H/F
1:40 PM	400mWC	Mixed	<b>FINAL</b>	WC		7	1H
1:45 PM	HURDLE SET UP – 15min						
2:00 PM	80mH (30)	Women	<b>FINAL</b>	U16		8+	A/B
2:15 PM	100mH (30)	Women	<b>FINAL</b>	U18		8+	A/B
2:25 PM	100mH (33)	Men	<b>FINAL</b>	U16		8+	A/B
2:30 PM	100mH (33)	Women	<b>FINAL</b>	U20		5	1H
2:35 PM	100mH (33)	Women	<b>FINAL</b>	Senior		8	1H
2:45 PM	110mH (36)	Men	<b>FINAL</b>	U18		8+	A/B
2:55 PM	110mH (39"/42")	Men	<b>FINAL</b>	U20/Senior		4	1H
3:00 PM	TRACK BREAK – 20min						
3:20 PM	100m	Women	<b>FINAL</b>	U16		8+	A/B
3:25 PM	100m	Men	<b>FINAL</b>	U16		8+	A/B
3:30 PM	100m	Women	<b>FINAL</b>	U18		8+	A/B
3:35 PM	100m	Men	<b>FINAL</b>	U18		8+	A/B
3:40 PM	100m	Women	<b>FINAL</b>	U20		8+	A/B
3:45 PM	100m	Men	<b>FINAL</b>	U20		8+	A/B
3:50 PM	100m	Women	<b>FINAL</b>	Senior		8+	A/B
3:55 PM	100m	Men	<b>FINAL</b>	Senior		8+	A/B
4:00 PM	100mWC	Mixed	<b>FINAL</b>	WC		7	1H
4:10 PM	1200m	Women	<b>FINAL</b>	U16		25	2H
4:25 PM	1200m	Men	<b>FINAL</b>	U16		13	1H
4:35 PM	1500m	Women	<b>FINAL</b>	U18		26	2H
4:50 PM	1500m	Men	<b>FINAL</b>	U18		30	2H
5:10 PM	1500m	Women	<b>FINAL</b>	U20		8	1H
5:20 PM	1500m	Men	<b>FINAL</b>	U20		19	1H
5:30 PM	1500m	Women	<b>FINAL</b>	Senior		3	1H
5:40 PM	1500m	Men	<b>FINAL</b>	Senior		12	1H

# FINAL SCHEDULE OF EVENTS



## TRACK EVENTS | SATURDAY | 05 JULY 25 (cont'd)

Time	Event	Sex	Round	Category	Note	#	H/F
5:50 PM	200m	Women	Heptathlon	U18/U20/Senior		12	2H
6:00 PM	800m	Women	Pentathlon	U16		6	1H
6:05 PM	400m	Men	Decathlon	U18/U20/Senior		14	2H
6:10 PM*	4 x 100m	Women	FINAL	U16		5	1H
6:15 PM*	4 x 100m	Men	FINAL	U16		2	1H
6:20 PM*	4 x 100m	Women	FINAL	U18		3	1H
6:25 PM*	4 x 100m	Men	FINAL	U18		1	1H
6:30 PM*	4 x 100m	Women	FINAL	U20		2	1H
6:35 PM*	4 x 100m	Men	FINAL	U20		1	1H
6:40 PM*	4 x 100m	Women	FINAL	Senior		0	1H
6:45 PM*	4 x 100m	Men	FINAL	Senior		1	1H
6:50 PM**	1000m	Men	Pentathlon	U16		5	1H

\*Categories may be combined pending relays entries close 2 hours before the start of the first relay event (4:10 PM)

\*\*Could run earlier pending final relay schedule (entries).



# FINAL SCHEDULE OF EVENTS

## FIELD EVENTS | SATURDAY | 05 JULY 25

TIME	EVENT	SEX	ROUND	CATEGORY	Note	#	H/F
9:00 AM	High Jump	Men	<b>FINAL</b>	U18		15	1F
9:00 AM	Discus Throw	Women	<b>FINAL</b>	U16		13	1F
10:00 AM	Long Jump	Women	<b>FINAL</b>	U16	Pit 1	25	2F
10:00 AM	Pole Vault	Men	FINAL	U16/U18		10	1F
10:10 AM	Long Jump	Men	Decathlon	U18/U20	Pit 2	14	1F
10:30 AM	Javelin Throw	Women/Men	<b>FINAL</b>	Seated Throws		5	1F
10:45 AM	Discus Throw	Women	<b>FINAL</b>	U18		10	1F
11:15 AM	Long Jump	Men	Pentathlon	U16	Pit 2	5	1F
11:30 AM	High Jump	Women	Heptathlon	U18/U20/Senior		12	1F
11:30 AM	High Jump	Women	Pentathlon	U16		6	1F
12:45 PM	Discus Throw	Men	<b>FINAL</b>	U20/Senior		11	1F
1:00 PM	Shot Put	Men	Decathlon	U18/U20/Senior		14	1F
1:00 PM	Shot Put	Men	Pentathlon	U16		5	1F
1:30 PM	Pole Vault	Women	<b>FINAL</b>	U16/U18		13	1F
2:00 PM	Long Jump	Women	Pentathlon	U16	Pit 2	6	1F
2:00 PM	Long Jump	Men	<b>FINAL</b>	U18	Pit 1	26	2F
2:00 PM	Shot Put	Women	Heptathlon	U18/U20/Senior		12	1F
2:30 PM	Discus Throw	Men	FINAL	U16		14	1F
2:45 PM	High Jump	Men	Decathlon	U18/U20/Senior		14	1F
3:15 PM	Shot Put	Women	Pentathlon	U16		6	1F
4:30 PM	Discus Throw	Men	<b>FINAL</b>	U18		9	1F
5:00 PM	High Jump	Men	Pentathlon	U16		5	1F
5:15 PM	Javelin Throw	Women	<b>FINAL</b>	U20/Senior		11	1F
6:00 PM	Discus Throw	Women	<b>FINAL</b>	U20/Senior		7	
7:15 PM	Javelin Throw	Men	<b>FINAL</b>	U20/Senior		6	1F

**FINAL SCHEDULE OF EVENTS****COMBINED EVENTS – 05 JUL 25**

\* ALL TIMES APPROXIMATE. ATHLETES WILL BE GIVEN A MIN. OF 30 MINUTES BETWEEN EVENTS FROM WHEN ALL ATHLETES HAVE COMPLETE THE PREVIOUS EVENT.

DECATHLON (U18 + U20 + Senior)	
9:20 AM	100m
10:10 AM	Long Jump
1:00 PM	Shot Put
2:45 PM	High Jump
6:05 PM	400m

HEPTATHLON (U18 + U20 + Senior)	
10:00 AM (U18) / 10:20 AM	100mH
11:30 AM	High Jump
2:00 PM	Shot Put
5:50 PM	200m

PENTATHLON (U16) WOMEN	
9:40 AM	80mH
11:30 AM	High Jump
2:00 PM	Long Jump
3:15 PM	Shot Put
6:00 PM	800m

PENTATHLON (U16) MEN	
10:30 AM	100mH
11:15 AM	Long Jump
1:00 PM	Shot Put
5:00 PM	High Jump
6:50 PM**	1000m



# FINAL SCHEDULE OF EVENTS

## TRACK EVENTS | SUNDAY | 06 JULY 25

Time	Event	Sex	Round	Category	Note	#	H/F
8:15 AM	3000m	Women	<b>FINAL</b>	U18		18	1H
8:30 AM	3000m	Men	<b>FINAL</b>	U18		20	1H
8:45 AM	2000m	Women	<b>FINAL</b>	U16		19	1H
8:55 AM	2000m	Men	<b>FINAL</b>	U16		11	1H
9:10 AM	110mH	Men	Decathlon	U18/ U20/Senior		14	3H
9:15 AM	TRACK BREAK – 15min						
9:30 AM	200m	Women	Semi Final	U16		41	6H
9:50 AM	200m	Men	Semi Final	U16		33	5H
10:05 AM	200m	Women	Semi Final	U18		42	6H
10:25 AM	200m	Men	Semi Final	U18		32	4H
10:40 AM	200m	Women	Semi Final	U20		20	3H
10:50 AM	200m	Men	Semi Final	U20		18	3H
11:00 AM	200m	Women	Semi Final	Senior		16	2H
11:05 AM	200m	Men	Semi Final	Senior		26	4H
11:20 PM	TRACK BREAK – 40min						
12:00 PM	300mH (30")	Women	<b>TIMED FINAL</b>	U16		13	2H
12:05 PM	300mH (30")	Men	<b>TIMED FINAL</b>	U16		10	2H
12:10 PM	400mH (30")	Women	<b>TIMED FINAL</b>	U18		22	3H
12:25 PM	400mH (30")	Women	<b>FINAL</b>	U20		6	1H
12:30 PM	400mH (30")	Women	<b>FINAL</b>	Senior		2	1H
12:35 PM	400mH (33")	Men	<b>TIMED FINAL</b>	U18		14	2H
12:40 PM	400mH (36")	Men	<b>FINAL</b>	U20		5	1H
12:45 PM	400mH (36")	Men	<b>FINAL</b>	Senior		3	1H
12:50 PM	TRACK BREAK – 25min						
1:15 PM	200mWC	Mixed	<b>FINAL</b>	WC		7	1H
1:25 PM	200m	Women	<b>FINAL</b>	U16		8+	A/B
1:30 PM	200m	Men	<b>FINAL</b>	U16		8+	A/B
1:35 PM	200m	Women	<b>FINAL</b>	U18		8+	A/B
1:40 PM	200m	Men	<b>FINAL</b>	U18		8+	A/B
1:45 PM	200m	Women	<b>FINAL</b>	U20		8+	A/B
1:50 PM	200m	Men	<b>FINAL</b>	U20		8+	A/B
1:55 PM	200m	Women	<b>FINAL</b>	Senior		8+	A/B
2:00 PM	200m	Men	<b>FINAL</b>	Senior		8+	A/B



**FINAL SCHEDULE OF EVENTS****TRACK EVENTS | SUNDAY | 06 JULY 25 (cont'd)**

TIME	EVENT	SEX	ROUND	CATEGORY	Note	#	H/F
2:20 PM	800mWC	Women/Men	<b>FINAL</b>	WC		5	1H
2:25 PM	800m	Women	<b>TIMED FINAL</b>	U16		35	3H
2:35 PM	800m	Men	<b>TIMED FINAL</b>	U16		24	2H
2:45 PM	800m	Women	<b>TIMED FINAL</b>	U18		26	3H
2:55 PM	800m	Men	<b>TIMED FINAL</b>	U18		31	3H
3:05 PM	800m	Women	<b>TIMED FINAL</b>	U20		15	2H
3:15 PM	800m	Men	<b>TIMED FINAL</b>	U20		19	2H
3:25 PM	800m	Women	<b>FINAL</b>	Senior		12	1H
3:35 PM	800m	Men	<b>FINAL</b>	Senior		17	2H
3:45 PM	800m	Women	Heptathlon	U18/U20/Senior		12	1H
4:00 PM*	4 x 400m	Women	FINAL	U18		8	1H
4:10 PM*	4 x 400m	Men	FINAL	U18		5	1H
4:20 PM*	4 x 400m	Women	FINAL	U20		0	1H
4:30 PM*	4 x 400m	Men	FINAL	U20		2	1H
4:40 PM*	4 x 400m	Women	FINAL	Senior		0	1H
4:50 PM*	4 x 400m	Men	FINAL	Senior		3	1H
5:00 PM**	1500m	Men	Decathlon	U18/U20/Senior		14	1H

\*Categories may be combined pending relays entries close 2 hours before the start of the first relay event (2:00 PM)

\*\*Could run earlier pending final relay schedule (entries).



# FINAL SCHEDULE OF EVENTS

## FIELD EVENTS | SUNDAY | 06 JULY 25

Time	Event	Sex	Round	Category	Note	#	H/F
8:30 AM	High Jump	Men	<b>FINAL</b>	U16		9	1F
9:00 AM	Long Jump	Women	<b>FINAL</b>	U18	Pit 1	23	2F
9:00 AM	Javelin Throw	Women	<b>FINAL</b>	U16		18	2F
9:00 AM	Shot Put	Men	<b>FINAL</b>	U16		11	1F
10:00 AM	Long Jump	Women	Heptathlon	U18/ U20/Senior	Pit 2	12	1F
10:00 AM	Discus Throw	Men	Decathlon	U18/U20/Senior		14	1F
10:30 AM	Shot Put	Men	<b>FINAL</b>	U18		9	1F
10:30 AM	High Jump	Women	<b>FINAL</b>	U16		13	1F
11:30 AM	Javelin Throw	Women	<b>FINAL</b>	U18		11	1F
11:30 AM	Pole Vault	Men	Decathlon	U18/U20/Senior		14	1F
11:30 AM	Discus Throw	Mixed	<b>FINAL</b>	Seated Throws		5	1F
12:00 PM	Long Jump	Men	<b>FINAL</b>	U20	Pit 1	9	1F
12:00 PM	Shot Put	Women	<b>FINAL</b>	U16		10	1F
12:00 PM	Long Jump	Women	<b>FINAL</b>	U20	Pit 2	10	1F
1:15 PM	High Jump	Men	<b>FINAL</b>	U20/Senior		8	1F
1:30 PM	Shot Put	Women	<b>FINAL</b>	U18		12	1F
1:30 PM	Javelin Throw	Women	Heptathlon	U18/U20/Senior		12	1F
2:00 PM	Long Jump	Men	<b>FINAL</b>	U16	Pit 2	17	2F
2:30 PM	Shot Put	Women/Men	<b>FINAL</b>	Seated Throws		5	1F
2:45 PM	Javelin Throw	Men	Decathlon	U18/U20/Senior		14	1F
3:00 PM	Shot Put	Men	<b>FINAL</b>	U20		9	1F
3:15 PM	High Jump	Women	<b>FINAL</b>	U18		11	1F
4:00 PM	Long Jump	Women	<b>FINAL</b>	Senior	Pit 1	7	1F
4:00 PM	Long Jump	Men	<b>FINAL</b>	Senior	Pit 2	6	1F
4:00 PM	Javelin Throw	Men	<b>FINAL</b>	U16		9	1F
4:30 PM	Shot Put	Women/Men	<b>FINAL</b>	U20(W)/Senior (M/W)		8	1F
5:00 PM	High Jump	Women	<b>FINAL</b>	U20/Senior		8	1F
5:30 PM	Javelin Throw	Men	<b>FINAL</b>	U18		13	1F

# FINAL SCHEDULE OF EVENTS



## COMBINED EVENTS – 06 JUL 25

\* ALL TIMES APPROXIMATE. \* ALL TIMES APPROXIMATE. ATHLETES WILL BE GIVEN A MIN. OF 30 MINUTES BETWEEN EVENTS FROM WHEN ALL ATHLETES HAVE COMPLETE THE PREVIOUS EVENT.

DECATHLON (U18 + U20 + Senior)	
9:10 AM	110mH
10:00 AM	Discus Throw
11:30 AM	Pole Vault
2:45 PM	Javelin
5:00PM	1500m

HEPTATHLON (U18 + U20 + Senior)	
10:00 AM	Long Jump
1:30 PM	Javelin Throw
3:25 PM	800m

# FINAL SCHEDULE OF EVENTS



## LEGEND

Note	Explanation
m	Meters (ex. 800m = 800 meters).
WC	Wheelchair / Para (ex. 1500mWC = 1500m Wheelchair).
H	Heat (ex. In track events 2H = 2 Heats).
F	Flight (ex. In field events 2F = 2 Flights).
A/B	A Final + B Final (ex. In track events where non-BCA entries are noted).
+	Additional athletes if A/B Final is run.